Tea Ellis Aquatics Schedule July 8th – August 2nd Open Swim Times

Mondays	5:00-9:15am, 12:20pm-4:35pm, 7:40-9:45pm
Tuesdays	5:00-8:45am, 9:30am-4:45pm, 7:50-9:45pm
Wednesdays	5:00-9:15am, 12:20pm-4:35pm, 7:40-9:45pm
Thursdays	5:00-8:45am, 9:30am-4:45pm, 7:50-9:45pm
Fridays	5:00-9:15am, 12:20pm-9:45pm
Saturdays	7:00-8:45am, 9:30am-5:45pm
Sundays	10:00am-5:45pm

Water Group Fitness Classes

Mondays	9:15-10:00am Total Body H2O 5:45-6:30pm Aqua PUMP
Tuesdays	8:45-9:30am Aqua Yogalates 5:45-6:30pm Total Body H2O
Wednesdays	9:15-10:00am Aqua PUMP
Thursdays	8:45-9:30am Aqua Yogalates 5:45-6:30pm PowerWaves
Fridays	9:15-10:00am Get WET for the Weekend
Saturdays	8:45-9:30am Aqua Fitness

*NO OPEN SWIM DURING SWIM LESSONS OR GROUP FITNESS CLASSES EXCEPT IN THE ZERO DEPTH AREA.

*THE LAP LANE IS CLOSED DURING WATER GROUP FITNESS CLASSES.

Preschool Water Playtime

Fridays 9:10-10:20am

Ages 3-5

Zero Depth Area

