



Sanford Children's CHILD SERVICES OF ABERDEEN

Region 3 Newsletter | April, May, June 2019

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SANFORD
Children's

Being a Mandated Reporter

What is a mandated reporter?

A mandated reporter is an individual or agency who is required by state law to report any instance where he or she has reasonable cause to suspect that a child under the age of 18 has been abused or neglected. A mandated reporter does not have to prove or investigate abuse, only report it. As a childcare provider, you are a mandated reporter and are legally required to report any suspicion of child abuse or neglect to relevant authorities.

Why should you report suspected child abuse or neglect?

These reporting laws are in place to prevent children from being abused and to end any possible abuse or neglect at the earliest possible stage. It is your responsibility to help protect children that could be at risk for being abused or neglected.

How do I report suspected child abuse or neglect?

It can be nerve racking to be in a situation in which you need to make a report. The law requires that all reporting is kept confidential. It is important to remember that any person reporting in good faith is immune from any liability, civil or criminal, that might otherwise be imposed. To report suspected child abuse or neglect, contact one of the following entities relevant to the county in which the child resides or is present in:

- The state's attorney of the county
- The Department of Social Services (DSS)
- Law enforcement officers

If the report is found to have been made in a malicious manner, not in good faith, a judge can require the reporter's name be divulged.

What happens after I report?

Child protective services gathers information and determines the report's category of concern and what actions need to be taken. The goal of child protection intervention is to strengthen and preserve families. Parents may be referred to training in parenting skills and home management, or to counseling and other assistance.

How can I become knowledgeable about signs of child abuse and neglect?

Signs and signals of abuse and neglect have been researched and published for your guidance. If you need more information, there are resources available to you such as:

- The Child Welfare site and look up "Child Abuse & Neglect" at <https://www.childwelfare.gov/topics/can/>
- Classes offered through Sanford CHILD Services
- Local childcare representative you can talk to for more information

Your licensing specialist can also answer additional questions you might have about reporting child abuse or neglect.

Check out the upcoming "Toxic Stress & Children" class, June 11th from 6 – 7 p.m. See page 3 for more information.

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Classroom Instruction Classes

For more class information and/or registration call Sanford Children's CHILD Services of Aberdeen (605) 226-5675 or (800) 982-6404. Child care is not provided.



CPR and First Aid – Classes for caregivers for all ages and all settings.

- CPR and First Aid classes are held quarterly at Aberdeen CHILD Services
- Course renewal is every 2 years

CPR Policy:

CPR payment must be received within 48 hours of the CPR class. If payment has not been received 48 hours in advance, you will be notified that your class reservation is no longer valid. This class reservation will be given to the first participant that secures this reservation with a payment.

CPR and First Aid Class Refund Policy:

CPR or First Aid class cancellation is required 24 hours prior to class, otherwise payment will be forfeited and is non-transferable.

CPR and First Aid

Classes for caregivers for all ages and all settings.

CPR and First Aid Certified eCard: In order to receive your CPR and First Aid certified card, you will need to provide an email at time of registration.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Saturday, April 13 9 a.m. – 12:30 p.m.	Heartsaver Adult/Child and Infant CPR (O) This course is designed for a person who is expected to know and able to provide CPR in their workplace (i.e. childcare centers). Credential provided.	\$20	Eagle Butte	Program Health & Safety
Saturday, June 15 8:30 a.m. – Noon	Heartsaver Adult/Child and Infant CPR (O) This course is designed for a person who is expected to know and able to provide CPR in their workplace (i.e. childcare centers). Credential provided.	\$20	Aberdeen	Program Health & Safety
Saturday, June 15 1 – 3:30 p.m.	Certified First Aid (O) Learn how to manage illness and injuries in a child in the first few minutes until professional help arrives.	\$5	Aberdeen	Program Health & Safety

Sanford CHILD Services fitCare Saturday Spectacular

A one-day event with classes for caregivers of all ages and all settings.

When: Saturday, May 4th • 9 a.m. – 4 p.m.; Sign- in begins at 8:30 a.m.

Location: Sanford Aberdeen Medical Center **Cost:** Free

Register: Call (605) 226-5675 or 1-800-982-6404. Call early; space is limited.

6 hours of licensing-approved training. Providers must register for the conference; individual class registration is not available.

Date/Time	Class Title	Licensing/Pathways
9 – 10:30 a.m.	Motivate Your Mood Our MOOD influences the choices we make. Help children learn about MOOD and how to turn their MOOD around to make healthy choices.	Guidance & Behavior Management
10:30 a.m. – Noon	Think Your Food Food habits start early in life. Learn how to teach children about making healthy food choices.	Nutrition for Children
1 – 2:30 p.m.	Move Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	Child Growth & Development
2:30 – 4 p.m.	Be fit ... Recharge Your Energy Learn about what it means to be fit as well as ways to ensure children get their rest and relaxation so they have the energy to make healthy choices.	Program Health & Safety

Check out our newsletter online • www.sanfordhealth.org/CHILDservices

e-Learning Online Opportunities

We know life can be busy...
So we are bringing learning right to you.



Credit Card payments are now accepted

For more class information and/or registration call Sanford Children's CHILd Services of Aberdeen (605) 226-5675 or (800) 982-6404.

Live engaging online classes via the internet.

Requirements:

- Computer with internet connectivity
- Adobe Flash Player 10.1 or higher
Free Flash Player – download at www.adobe.com
- Due to technical incompatibility, do not use smart phones to access online classes

e-Learning Online Class Policy:

- Class registration is closed 48 hours prior to scheduled class start time.
- Monday class registration is closed 5 p.m. on the Thursday prior to the class.
- Online classes are \$5 per class hour.
- Class registration is secured once payment is received.
- Class participants are emailed the class link the day before class.
- **Class credit:** Credit is given once all class requirements are completed:
 - Log into class within 5 minutes of the class start time.
 - Demonstrate attendance by participating in class polls and chats.
 - Complete 3 learning statements at the end of class.
- Refunds: No cash refunds are given for online classes. Credit will be given towards another online class if cancellation is received 24 hours prior to class.

General Learning Opportunities Classes for caregivers of all ages of children.

Classes

Learn and Take: Learn today-put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Thursday, April 4 7 – 8 p.m.	<u>Be A Top (Role) Model!</u> Learn to model age-appropriate language for children, and give them labels for their feelings, thoughts, and experiences.	\$5	Online	<i>Interpersonal Communication & Relationships</i>
Thursday, May 9 7:30 – 8:30 p.m.	<u>Got the Miscommunication Blues?</u> Struggling with how to communicate well with parents? Learn ways to get your message across in a clear, non-confrontational manner.	\$5	Online	<i>Partnerships with Parents</i>
Thursday, June 6 6 – 7 p.m.	<u>Transition Magician</u> Learn how to provide effective transition techniques to guide behavior and make the day run smoother	\$5	Online	<i>Guidance & Behavior Management</i>
Tuesday, June 11 6 – 7 p.m.	<u>Toxic Stress & Children</u> Learn about positive, tolerable, and toxic stress responses in children, and how to provide environments & relationships that support them.	\$5	Online	<i>Child Abuse & Neglect</i>
Thursday, June 13 6:30 – 7:30 p.m.	<u>Healthy You = Happy Children</u> In order to take care of others, you need to take care of yourself. Learn self-care tips for a healthy you.	\$5	Online	<i>Professionalism</i>
Thursday, June 13 7:30 – 8:30 p.m.	<u>Basic First Aid for Child Care Providers (O)</u> Participants will gain knowledge related to common childhood accidents and injuries and will receive instruction that will enable caregivers to perform first aid.	\$0	Online	<i>Program Health & Safety</i>

Lesson Planning Series

Registration per class is not available. Participants must register for the entire series.

Monday, June 3 7:30 – 9 p.m.	<u>Lesson Plan Basics</u> Explore strategies & techniques for creating lesson plans based on children's needs and interests.	\$20	Online	<i>Program Management & Regulations</i>
Monday, June 10 7:30 – 9 p.m.	<u>Developing and Creating Lesson Plans</u> Explore a variety of lesson plans; evaluate activity ideas to meet children's needs, and how to plan in a timely fashion.		Online	<i>Child Growth & Development</i>
Monday, June 17 7:30 – 9 p.m.	<u>Using Child Interests, Themes and Projects</u> Learn about different approaches to planning and how each can lead to quality learning for children.		Online	<i>Observing Children</i>
Monday, June 24 7:30 – 9 p.m.	<u>Purposeful Activities</u> Bring together all the lesson planning pieces and share creative ideas that have worked. (Birth to age 8 focused).		Online	<i>Age Appropriate Planning</i>

Social Emotional Learning Opportunities Insight to positive guidance and behavior management techniques

Social Emotional Infant Toddler Series Registration per class is not available. Participants must register for the entire series.

Tuesday, April 2 7:30 – 9 p.m.	Importance of Relationships Social emotional development begins at birth & continues throughout life, providing a foundation for meaningful relationships & learning.	\$20	Online	<i>Guidance & Behavior Management</i>
Tuesday, April 9 7:30 – 9 p.m.	Creating Supportive Environments & Routines Explore ways to create meaningful & engaging learning spaces which promote social emotional development & support appropriate behaviors.		Online	<i>Learning Environments</i>
Tuesday, April 16 7:30 – 9 p.m.	Social Emotional Teaching Strategies Focus on a variety of approaches to support the development of social emotional skills; identify strategies to support social emotional literacy.		Online	<i>Guidance & Behavior Management</i>
Tuesday, April 23 7:30 – 9 p.m.	Supporting Children's Success Learn to react to challenging behaviors and support children learning problem solving skills and to handle anger & disappointment.		Online	<i>Guidance & Behavior Management</i>

Social Emotional Preschool Series Registration per class is not available. Participants must register for the entire series.

Tuesday, June 4 7:30 – 9 p.m.	Importance Of Relationships How exactly do our relationships with children influence the connection between children's social emotional development and challenging behaviors? We will explore this question along with ways to support positive behavior and build relationships.	\$20	Online	<i>Guidance & Behavior Management</i>
Tuesday, June 11 7:30 – 9 p.m.	Environment, Routines, And Strategies Environmental elements, their impact on children's development & behaviors, and strategies to support children's positive social behaviors.		Online	<i>Learning Environments</i>
Tuesday, June 18 7:30 – 9 p.m.	Social Emotional Teaching Strategies Participants will discuss ways to be intentional about teaching social emotional skills, identify strategies for supporting the development of friendship skills and activities that build children's feeling vocabularies.		Online	<i>Guidance & Behavior Management</i>
Tuesday, June 25 7:30 – 9 p.m.	Supporting Children's Success Learn to react to challenging behaviors and support children learning problem solving skills and to handle anger & disappointment.		Online	<i>Guidance & Behavior Management</i>

Infant/Toddler Learning Opportunities Emphasis on caring for children six weeks to three years old.

Classes Learn and Take: Learn today-put your learning into practice tomorrow.

Date/Time	Class Title <small>(O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Tuesday, June 11 7 – 8 p.m.	Explore and Play Throughout the Day with Infants and Toddlers Young children love to explore and learn. Learn how to support children as they explore and learn about their world through play.	\$5	Online	<i>Learning Environments</i>

Infant/Toddler Early Learning Guideline Series Registration per class is not available. Participants must register for the entire series.

Tuesday, May 7 7:30 – 9 p.m.	Approaches To Learning For Infants & Toddlers The use of play, everyday tasks, and an enriching environment to support infant and toddler's creativity, imagination, and problem-solving.	\$20	Online	<i>Age Appropriate Planning</i>
Tuesday, May 14 7:30 – 9 p.m.	Social & Emotional Development In Infants & Toddlers Supporting foundational social & emotional skills such as relationship building and recognizing, managing, & expressing emotions.		Online	<i>Guidance & Behavior Management</i>
Tuesday, May 21 7:30 – 9 p.m.	Communication, Language & Literacy In Infants & Toddlers Supporting infant's and toddler's daily exploration, play, & social interactions for learning communication & early literacy skills.		Online	<i>Interpersonal Communication & Relationships</i>
Tuesday, May 28 7:30 – 9 p.m.	Cognitive, Health & Physical Development In Infants & Toddlers Building relationships and providing an environment & activities to encourage reasoning, motor development, and health & safety skills.		Online	<i>Child Growth & Development</i>

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Preschool Learning Opportunities

Classes with an emphasis on caring for three to five year old children.

Classes

Learn and Take: Learn today-put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Thursday, June 6 7 – 8 p.m.	Including All in the Preschool Setting Is your preschool setting as inclusive as possible? Learn best practices in inclusive care.	\$5	Online	<i>Inclusion of All Children</i>

Preschool Entry Level Series

Registration per class is not available. Participants must register for the entire series.

Thursday, May 9 7:30 – 9 p.m.	Child Growth & Development Fostering the growth and development of children through appropriate environment, activities, and interactions.	\$20	Online	<i>Child Growth & Development</i>
Thursday, May 16 7:30 – 9 p.m.	Behavior Management & Guidance Using positive guidance techniques and establishing a program climate that promotes positive behavior.		Online	<i>Guidance & Behavior Management</i>
Thursday, May 23 7:30 – 9 p.m.	Program Health & Safety The importance of implementing teaching practices that promote child health and safety.		Online	<i>Program Health & Safety</i>
Thursday, May 30 7:30 – 9 p.m.	Social Interactions And Learning Environments Supporting children's individual needs through learning environments and relationships.		Online	<i>Learning Environments</i>

Preschool Best Practice Series

Registration per class is not available. Participants must register for the entire series.

Thursday, April 4 7:30 – 9 p.m.	Best Practices In Preschool Cultural Diversity Cultural continuity and building partnerships with parents; incorporating cultural practices in caregiving.	\$20	Online	<i>Cultural Diversity</i>
Thursday, April 11 7:30 – 9 p.m.	Developmentally Appropriate Preschool Curriculum Planning a developmentally appropriate curriculum that builds on children's needs and interests.		Online	<i>Age Appropriate Planning</i>
Thursday, April 18 7:30 – 9 p.m.	The Role Of Observation, Documentation, & Assessment Best practices in implementing observation, documentation and assessment tools & techniques for preschool children.		Online	<i>Observing Children</i>
Thursday, April 25 7:30 – 9 p.m.	Appropriate Guidance & Promoting Behavior Understanding preschooler's behavior; ways to provide positive guidance & build conflict resolution skills.		Online	<i>Guidance & Behavior Management</i>

Out of School Time Learning Opportunities

Classes with an emphasis on caring for school age children.

Classes

Learn and Take: Learn today-put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Thursday, April 4 6 – 7 p.m.	Engaging Families in Afterschool Programs Parents are so busy; it can be hard to get them involved in your OST program. Learn ways to increase family engagement which helps build positive relationships.	\$5	Online	<i>Partnerships with Parents</i>
Thursday, May 9 6:30 – 7:30 p.m.	Don't Laugh at Me Gain an understanding of the effects of labeling and discrimination relative to school-age children.	\$5	Online	<i>Inclusion of All Children</i>

Out of School Time Entry Level Classes				
Registration per class is not available. Participants must register for the entire series.				
Thursday, June 6 7:30 – 9 p.m.	Child Growth And Development Fostering the growth and development of children through appropriate environment, activities, interactions, and inclusion.	\$20	Online	<i>Child Growth & Development</i>
Thursday, June 13 7:30 – 9 p.m.	Program Health And Safety The importance of implementing teaching practices that promote child health and safety.		Online	<i>Program Health & Safety</i>
Thursday, June 20 7:30 – 9 p.m.	Fostering Learning Environments Supporting children's individual needs through learning environments and relationships.		Online	<i>Learning Environments</i>
Thursday, June 27 7:30 – 9 p.m.	Behavior Management And Guidance Using positive guidance techniques and establishing a program climate that promotes positive behavior.		Online	<i>Guidance & Behavior Management</i>

fitCare Learning Opportunities				
Classes to help caregivers provide a healthy lifestyle program for children in all child care settings. All fitCare classes provide caregivers with activities to help teach children about making healthy choices.				
Classes				
Learn and Take: Learn today-put your learning into practice tomorrow.				
Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Tuesday, April 2 6:30 – 8:30 p.m.	Think Your FOOD Food habits start early in life. Learn how to teach children about making healthy food choices.	\$0	Online	<i>Nutrition for Children Learning Environments</i>
Thursday, May 30 6:30 – 8:30 p.m.	Think Your FOOD Food habits start early in life. Learn how to teach children about making healthy food choices.	\$0	Online	<i>Nutrition for Children Learning Environments</i>
Thursday, May 23 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth & Development Age Appropriate Activities</i>
fitCare Technical Assistance	<u>Taking a fitCare class is required to participate</u> Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	Licensing Credit Available		<i>Categories determined based on Action Plan</i>

Family Child Care Provider Focus Learning Opportunities				
Classes specific to care provided in a family day care setting.				
Family Day Care Entry Level Series				
Registration per class is not available. Participants must register for the entire series.				
Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Tuesday, April 30 7:30 – 9 p.m.	Keeping It Safe & Healthy Best basic health and safety practices for your children, environment, and family childcare program.	\$20	Online	<i>Program Health & Safety</i>
Tuesday, May 7 7:30 – 9 p.m.	What Children Need To Learn & Grow Your role in supporting children's social, emotional, physical and cognitive growth and development at all stages.		Online	<i>Child Growth & Development</i>
Tuesday, May 14 7:30 – 9 p.m.	It All Begins With Relationships Appropriate, respectful & responsive care based on individual children's needs; positive communication & relationships with children & families.		Online	<i>Interpersonal Communication & Relationships</i>
Tuesday, May 21 7:30 – 9 p.m.	The Business Of Family Child Care Basic business practices, program management, and policies & practices to meet licensing regulations.		Online	<i>Program Management & Regulations</i>

Pathways to Professional Development Series (Formerly Supplemental Training Series)

- Three courses conveniently offered online.
 - Open enrollment allowed for each course of the series.
 - Registration per class is not available. Participants must register for all classes that are part of a course.
- Out-of-class time work required for course credit.
- Complete your CDA and take all three courses of the Pathways to Professional Development Series to receive college credit when you enroll in participating South Dakota colleges and universities.
 - Earn up to twelve college credits (credits allowed depend on participating South Dakota college or university policy).

You The Professional (SDCDA 320)

Monday, June 3 7:30 – 10 p.m.	Exploring Adult Learning Styles Influencing factors and theories of adult learning; individual learning styles.	\$10	Online	<i>Interpersonal Communication & Relationships</i>
Monday, June 10 7:30 – 10 p.m.	Best Practice: Program Administration and Leadership An overview of staff supervision and development strategies, basic fiscal management skills, and 'best practice' program administration policies and procedures.		Online	<i>Program Management & Regulations</i>

Meeting Children's Basic Needs (SDCDA 300)

Monday, June 17 7:30 – 10 p.m.	Providing a Safe & Healthy Environment Early childhood health and safety standards and applications.	\$10	Online	<i>Program Health & Safety</i>
Monday, June 24 7:30 – 10 p.m.	Providing for Children's Nutritional Needs Professional and personal use of USDA SuperTracker resources, childcare nutritional standards & responsibilities.		Online	<i>Nutrition for Children</i>

How Children Learn and Grow (SDCDA 310)

Monday, July 1 7:30 – 10 p.m.	Theories of Child Development: Prenatal, Birth & Early Brain Development Overview of the latest research in early brain development and its impact and applications for ECE professionals.	\$25	Online	<i>Child Growth & Development</i>
Monday, July 8 7:30 – 10 p.m.	Theories of Child Development: Dewey & Montessori Overview of research methods and the history of theories of child development; the theories of Dewey & Montessori.		Online	<i>Child Growth & Development</i>
Monday, July 15 7:30 – 10 p.m.	Theories of Child Development: Erikson, Bronfenbrenner & Bandura Developmental theories of Erikson, Bronfenbrenner & Bandura; ongoing critical thinking and comparison of various theories.		Online	<i>Child Growth & Development</i>
Monday, July 22 7:30 – 10 p.m.	Theories of Child Development: Piaget & Vygotsky Developmental theories of Piaget & Vygotsky; professional and personal implications of Gardner's theories of multiple intelligences.		Online	<i>Child Growth & Development</i>
Monday, July 29 7:30 – 10 p.m.	Growth and Development of School-Age Children Overview of school age children's growth and development.		Online	<i>Child Growth & Development</i>

ECE Class Policy

To ensure accurate class registration, individuals must call to register for classes.

e-Learning Online Classes

In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats
3. Complete 3 learning statements at the end of the class.

Classroom Classes

1. Class participants arriving later than 10 minutes past the class start time will not be given credit for class attendance.
2. CHILD Services strives to provide a positive learning environment for all participants. If a class participant disrupts the positive learning environment, the participant risks not being given credit for the class.
3. CHILD Services respects the attention needs of young children and the learning needs of class participants. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes with a class participant.



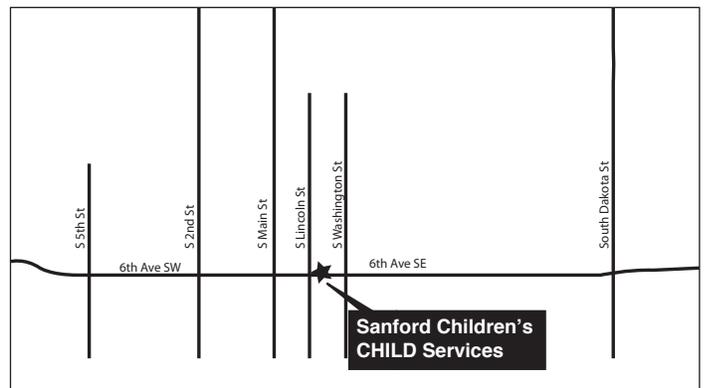
SANFORD Children's

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Classes are held at Sanford Children's
CHILD Services office.

