

# Sanford Children's CHILD Services of Sioux Falls

Region Five Newsletter | March/April/May 2019



## Being a Mandated Reporter

### What is a mandated reporter?

A mandated reporter is an individual or agency who is required by state law to report any instance where he or she has reasonable cause to suspect that a child under the age of 18 has been abused or neglected. A mandated reporter does not have to prove or investigate abuse, only report it. As a childcare provider, you are a mandated reporter and are legally required to report any suspicion of child abuse or neglect to relevant authorities.

### Why should you report suspected child abuse or neglect?

These reporting laws are in place to prevent children from being abused and to end any possible abuse or neglect at the earliest possible stage. It is your responsibility to help protect children that could be at risk for being abused or neglected.

### How do I report suspected child abuse or neglect:

It can be nerve racking to be in a situation in which you need to make a report. The law requires that all reporting is kept confidential. It is important to remember that any person reporting in good faith is immune from any liability, civil or criminal, that might otherwise be imposed. To report suspected child abuse or neglect, contact one of the following entities relevant to the county in which the child resides or is present in:

- The state's attorney of the county
- The Department of Social Services (DSS)
- Law enforcement officers

If the report is found to have been made in a malicious manner, not in good faith, a judge can require the reporter's name be divulged.

### What happens after I report?

Child protective services gathers information and determines the report's category of concern and what actions need to be taken. The goal of child protection intervention is to strengthen and preserve families. Parents may be referred to training in parenting skills and home management, or to counseling and other assistance.

### How can I become knowledgeable about signs of child abuse and neglect?

Signs and signals of abuse and neglect have been researched and published for your guidance. If you need more information, there are resources available to you such as:

- The Child Welfare site and look up "Child Abuse & Neglect" at <https://www.childwelfare.gov/topics/can/>
- Classes offered through Sanford CHILD services
- Local childcare representative you can talk to for more information

Your licensing specialist can also answer additional questions you might have about reporting child abuse or neglect.

### Check out the upcoming classes:

- Help! What Should I Do Next? • April 11th from 7:30 – 8:30 p.m.
- Child Abuse: Family Support Strategies • May 14th from 6:30 – 7:30 p.m.

See page 3 for more information.

## Meet the Staff

### ECE Region 5 Director:

Kim Overby

### CHILD Manager:

Terra Johnson

### CHILD Supervisor:

Margie Schade

### Infant Toddler Specialist:

Naomi Hoffman

### Training Staff:

Casey Johnston

Jessica Fick

Karli Dubro

Katrina Anderson

Margie Schade

Mindy Greenfield

Naomi Hoffman

Sarah Shin

Sue Illg

Teri Pieters

### CHILD Services Office Hours:

Monday – Friday,  
8 a.m. – 5 p.m.



**SANFORD**  
Children's

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## South Dakota Early Childhood Education Conference

April 4 – 6, 2019

Pierre, SD  
Ramkota Hotel &  
Convention Center

Find more information at  
[www.sdaeyc.org/conferences](http://www.sdaeyc.org/conferences)

## Child Care Professionals Conference

April 26 – 27, 2019

Watertown, SD  
Watertown Event Center

Find more information at  
<https://fccpsd.org>

## The Week of the Young Child™

April 8-12, 2019

For more information, resources and tips  
check out [www.naeyc.org/events/woyc/overview](http://www.naeyc.org/events/woyc/overview)

## ECE Class Policy

To ensure accurate class registration, individuals must call to register for classes.

### e-Learning Online Classes

In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats
3. Complete 3 learning statements at the end of the class.

### Classroom Classes

1. Class participants arriving later than 10 minutes past the class start time will not be given credit for class attendance.
2. CHILD Services strives to provide a positive learning environment for all participants. If a class participant disrupts the positive learning environment, the participant risks not being given credit for the class.
3. CHILD Services respects the attention needs of young children and the learning needs of class participants. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes with a class participant.



## CPR and Certified First Aid

### CPR and Certified First Aid Class Registration

**and Payment Policy:** Certified First Aid & CPR reservation is not confirmed until payment is received. If payment has not been received 24 hours prior to the start of the class, this class reservation will be given to the first participant that secures this reservation with a payment.

**CPR and Certified First Aid Class Refund Policy:** *Class cancellation is required prior to the start of class, otherwise payment will be forfeited and is non-transferable.*

### Heartsaver® CPR AED

This video-based, instructor-led course teaches adult, child and infant CPR, AED use, and how to relieve choking. This course teaches skills with the AHA's practice-while-watching technique, which allows instructors to observe the students and provide feedback.

**Fee:** \$20 per class

### Class Dates:

Saturday, March 9, 2019 • 8:30 – Noon – Sioux Falls  
Tuesday, March 26, 2019 • 6:30 – 10 p.m. – Sioux Falls  
Saturday, April 6, 2019 • 9 a.m. – 12:30 p.m. – Yankton  
Saturday, April 13, 2019 • 8:30 – Noon – Sioux Falls  
Tuesday, April 30, 2019 • 6:30 – 10 p.m. – Sioux Falls  
Saturday, May 11, 2019 • 8:30 – Noon – Sioux Falls  
Saturday, May 18, 2019 • 8:30 – Noon – Mitchell  
Tuesday, May 21, 2019 • 6:30 – 10 p.m. – Sioux Falls

### Certified First Aid

The American Heart Association's Heartsaver Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives. A Heartsaver Pediatric First Aid Course Completion Card will be given to students upon successful completion of the course.

**Fee:** \$5 per class

### Class Dates:

*(Additional classes may be added – check website for updates)*

Tuesday, April 9, 2019  
6:30 – 9 p.m. – Sioux Falls

See General classes for Basic First Aid  
for Child Care Providers

# General Learning Opportunities

Classes for caregivers of all ages of children.  
(Location details given upon registration)



## Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Saturday, March 2 9 – 10 a.m.	<b><u>Supporting Social Emotional Development with Sanford Harmony</u></b> Sanford Harmony is a research-based, social-emotional learning program. Participants will receive a toolkit with materials designed to teach children about cooperation, empathy, and effective communication.	\$0	Mitchell	<i>Guidance &amp; Behavior Management</i>
Monday, March 11 6:30 – 7:30 p.m.	<b><u>Basic First Aid for Child Care Providers (O)</u></b> Participants will gain knowledge related to common childhood accidents and injuries and will receive instruction that will enable caregivers to perform first aid.	\$0	Online	<i>Program Health &amp; Safety</i>
Thursday, March 14 6:30 – 7:30 p.m.	<b><u>Moving Beyond "Use Your Words" - The Magic of I-Statements</u></b> Learn how adults and children can use "I-Statements" to improve, rather than deteriorate, communication and relationships.	\$0	Dell Rapids	<i>Interpersonal Communication &amp; Relationships</i>
Thursday, March 14 7:30 – 8:30 p.m.	<b><u>The Winning Attitude</u></b> You can control one thing in life - your attitude. Be a positive role model for children. Get tips on how to have a positive attitude in work and life.	\$0	Dell Rapids	<i>Professionalism</i>
Monday, March 18 6 – 7 p.m.	<b><u>All the World's A Stage. Of Play!</u></b> As children learn and grow, so does their style of play. Learn the stages of socialization skills in play and how it supports their learning.	\$5	Online	<i>Child Growth &amp; Development</i>
Monday, March 18 7 – 8 p.m.	<b><u>Sharing Gerny News</u></b> It's tough to have a positive conversation about the latest bug going around. Learn to confidently find & share accurate health information with families & authorities.	\$5	Online	<i>Identification &amp; Prevention of Communicable Diseases</i>
Thursday, April 4 7 – 8 p.m.	<b><u>Be A Top (Role) Model!</u></b> Learn to model age-appropriate language for children, and give them labels for their feelings, thoughts, and experiences.	\$5	Online	<i>Interpersonal Communication &amp; Relationships</i>
Thursday, April 11 7:30 – 8:30 p.m.	<b><u>Help! What Should I Do Next?</u></b> Help your staff better manage stressful situations and take proper action when they see anyone mishandling children and coworkers.	\$0	Sioux Falls	<i>Child Abuse &amp; Neglect</i>
Thursday, April 25 6:30 – 7:30 p.m.	<b><u>Food Handling Techniques</u></b> Keep everyone safe from food related illness. Learn about precautions during food preparation, storage and while feeding infants.	\$0	Sioux Falls	<i>Food Handling Techniques</i>
Thursday, April 25 7:30 – 8:30 p.m.	<b><u>"I'll Have What They're Having"</u></b> Learn how to promote a relaxed, child-friendly atmosphere that encourages conversations and healthy eating habits.	\$0	Sioux Falls	<i>Nutrition for Children</i>
Monday, April 29 6:30 – 7:30 p.m.	<b><u>Introduction to the Early Learning Guidelines</u></b> What children learn between birth and age 5 creates the foundation for learning for years to come. Learn how you can use the ELG's to guide you in your curriculum planning.	\$0	Sioux Falls	<i>Age Appropriate Planning</i>
Thursday, May 9 7:30 – 8:30 p.m.	<b><u>Got the Miscommunication Blues?</u></b> Struggling with how to communicate well with parents? Learn ways to get your message across in a clear, non-confrontational manner.	\$5	Online	<i>Partnerships with Parents</i>
Tuesday, May 14 6:30 – 7:30 p.m.	<b><u>Child Abuse: Family Support Strategies</u></b> Help prevent child maltreatment by recognizing, supporting & encouraging at-risk families working to build their child-rearing skills & strengths.	\$0	Sioux Falls	<i>Child Abuse &amp; Neglect</i>
Tuesday, May 14 7:30 – 8:30 p.m.	<b><u>Germs—They're Everywhere!</u></b> Germs are lurking everywhere, just waiting to make you and your kids sick. Fight back with good general hygiene habits.	\$0	Sioux Falls	<i>Identification &amp; Prevention of Communicable Diseases</i>

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).  
Register for classes by calling (605) 312-8390 or (800) 235-5923.

# Social Emotional Learning Opportunities

Ideas and insight to positive guidance and behavior management techniques

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Monday, March 11 6:30 – 7:30 p.m.	<b>You Can't Say You Can't Play</b> Children often get left out of play. Find out ways to include each child and let them know they belong.	\$0	Sioux Falls	<i>Inclusion of All Children</i>
<b>Social Emotional Infant Toddler Series: Registration per class is not available. Participants must register for the entire series.</b>				
Tuesday, April 2 7:30 – 9 p.m.	<b>Importance of Relationships</b> Social emotional development begins at birth & continues throughout life, providing a foundation for meaningful relationships & learning.	\$20	Online	<i>Guidance &amp; Behavior Management</i>
Tuesday, April 9 7:30 – 9 p.m.	<b>Creating Supportive Environments &amp; Routines</b> Explore ways to create meaningful & engaging learning spaces which promote social emotional development & support appropriate behaviors.		Online	<i>Learning Environments</i>
Tuesday, April 16 7:30 – 9 p.m.	<b>Social Emotional Teaching Strategies</b> Focus on a variety of approaches to support the development of social emotional skills; identify strategies to support social emotional literacy.		Online	<i>Guidance &amp; Behavior Management</i>
Tuesday, April 23 7:30 – 9 p.m.	<b>Supporting Children's Success</b> Explore the meaning of behaviors & what a child may be attempting to communicate, & how learning social emotional skills affects all development.		Online	<i>Guidance &amp; Behavior Management</i>
<b>Social Emotional Preschool Series: Registration per class is not available. Participants must register for the entire series.</b>				
Tuesday, March 5 7:30 – 9 p.m.	<b>Importance Of Relationships</b> Relationships affect children's social emotional development & behaviors. Learn to support positive behavior & build relationships.	\$20	Online	<i>Guidance &amp; Behavior Management</i>
Tuesday, March 12 7:30 – 9 p.m.	<b>Environment, Routines, And Strategies</b> Environmental elements, their impact on children's development & behaviors, and strategies to support children's positive social behaviors.		Online	<i>Learning Environments</i>
Tuesday, March 19 7:30 – 9 p.m.	<b>Social Emotional Teaching Strategies</b> Strategies for supporting the development of friendship skills, & activities that build children's feeling vocabularies.		Online	<i>Guidance &amp; Behavior Management</i>
Tuesday, March 26 7:30 – 9 p.m.	<b>Supporting Children's Success</b> Learn to react to challenging behaviors and support children learning problem solving skills and to handle anger & disappointment.		Online	<i>Guidance &amp; Behavior Management</i>

## Challenging Behaviors?

There are many factors that may be influencing challenging behaviors.

- Room Environment
- Child's Temperament
- Developmental Age
- And more

## We're here to help find the reason!

CHILD Services can support you, your staff and your families with strategies and a collaborative approach to finding the reason for the challenging behaviors and together build the social emotional development foundation that is so important towards a child's success. Call (605) 312-8390 or email [childsrv@sanfordhealth.org](mailto:childsrv@sanfordhealth.org).



Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

# Infant/Toddler Learning Opportunities

Classes with an emphasis on caring for children

6 weeks to three years old.

(Location details given upon registration)



Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Saturday, March 2 10:15 a.m. – 12:15 p.m.	<b><u>Building a Policy: Safe Sleep</u></b> Learn the steps to creating, implementing, sustaining and evaluating a policy with the focus on safe sleep.	\$0	Mitchell	Program Health & Safety
Saturday, April 6 9:30 – 11:30 a.m.	<b><u>Building a Policy: Safe Sleep</u></b> Learn the steps to creating, implementing, sustaining and evaluating a policy with the focus on safe sleep.	\$0	Vermillion	Program Health & Safety
Thursday, April 11 6:30 – 7:30 p.m.	<b><u>The Period of PURPLE Crying (O)</u></b> The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$0	Sioux Falls	Child Abuse & Neglect
Monday, April 29 7:30 – 8:30 p.m.	<b><u>Professionalism in Infant Care</u></b> Infant caregivers work with the most vulnerable of ages but often aren't perceived as early childhood professionals. Learn ways to promote yourself as a professional to parents, supervisors and coworkers.	\$0	Sioux Falls	Professionalism
Saturday, May 4 9 – 11 a.m.	<b><u>Building a Policy: Safe Sleep</u></b> Learn the steps to creating, implementing, sustaining and evaluating a policy with the focus on safe sleep.	\$0	Yankton	Program Health & Safety

**Infant/Toddler Entry Level Series: Registration per class is not available. Participants must register for the entire series.**

Tuesday, March 5 7:30 – 9 p.m.	<b><u>Ages Of Infancy</u></b> Developmental needs of infants and toddlers as they grow and explore.	\$20	Online	Child Growth & Development
Tuesday, March 12 7:30 – 9 p.m.	<b><u>Social Emotional Development: Understanding Temperament</u></b> Understanding each infant and toddler's social & emotional development and temperament; appropriate guidance techniques.		Online	Guidance & Behavior Management
Tuesday, March 19 7:30 – 9 p.m.	<b><u>How Young Children Learn: Appropriate Environments For Infants &amp; Toddlers</u></b> Providing appropriate environments and learning experiences that support the learning needs of infants and toddlers.		Online	Age Appropriate Planning
Tuesday, March 26 7:30 – 9 p.m.	<b><u>Health &amp; Safety For Infants &amp; Toddlers</u></b> Best basic health and safety practices in infant and toddler care.		Online	Program Health & Safety

**Infant/Toddler Early Learning Guidelines Series: Registration per class is not available. Participants must register for the entire series.**

Tuesday, May 7 7:30 – 9 p.m.	<b><u>Approaches To Learning For Infants &amp; Toddlers</u></b> The use of play, everyday tasks, and an enriching environment to support infant and toddler's creativity, imagination, and problem-solving.	\$20	Online	Age Appropriate Planning
Tuesday, May 14 7:30 – 9 p.m.	<b><u>Social &amp; Emotional Development In Infants &amp; Toddlers</u></b> Supporting foundational social & emotional skills such as relationship building and recognizing, managing, & expressing emotions.		Online	Guidance & Behavior Management
Tuesday, May 21 7:30 – 9 p.m.	<b><u>Communication, Language &amp; Literacy In Infants &amp; Toddlers</u></b> Supporting infant's and toddler's daily exploration, play, & social interactions for learning communication & early literacy skills.		Online	Interpersonal Communication & Relationships
Tuesday, May 28 7:30 – 9 p.m.	<b><u>Cognitive, Health &amp; Physical Development In Infants &amp; Toddlers</u></b> Building relationships and providing an environment & activities to encourage reasoning, motor development, and health & safety skills.		Online	Child Growth & Development

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

# Preschool Learning Opportunities

Classes with an emphasis on caring for three to five year old children.

(Location details given upon registration)



## Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Monday, March 11 7:30 – 8:30 p.m.	<b>Setting Goals for Professional Growth</b> Do you think about where you want to go in the early childhood profession? Learn how goal-setting can get you on a path to success in the field.	\$5	Online	Professionalism

**Preschool Entry Level Series: Registration per class is not available. Participants must register for the entire series.**

Thursday, May 9 7:30 – 9 p.m.	<b>Child Growth &amp; Development</b> Fostering the growth and development of children through appropriate environment, activities, and interactions.	\$20	Online	Child Growth & Development
Thursday, May 16 7:30 – 9 p.m.	<b>Behavior Management &amp; Guidance</b> Using positive guidance techniques and establishing a program climate that promotes positive behavior.		Online	Guidance & Behavior Management
Thursday, May 23 7:30 – 9 p.m.	<b>Program Health &amp; Safety</b> Understand the importance of promoting and teaching practices that keep children safe and healthy.		Online	Program Health & Safety
Thursday, May 30 7:30 – 9 p.m.	<b>Social Interactions And Learning Environments</b> Supporting children's individual needs through learning environments and relationships.		Online	Learning Environments

**Preschool Best Practice Series: Registration per class is not available. Participants must register for the entire series.**

Thursday, April 4 7:30 – 9 p.m.	<b>Best Practices In Preschool Cultural Diversity</b> Cultural continuity and building partnerships with parents; incorporating cultural practices in caregiving.	\$20	Online	Cultural Diversity
Thursday, April 11 7:30 – 9 p.m.	<b>Developmentally Appropriate Preschool Curriculum</b> Planning a developmentally appropriate curriculum that builds on children's needs and interests.		Online	Age Appropriate Planning
Thursday, April 18 7:30 – 9 p.m.	<b>The Role Of Observation, Documentation, &amp; Assessment</b> Best practices in implementing observation, documentation and assessment tools & techniques for preschool children.		Online	Observing Children
Thursday, April 25 7:30 – 9 p.m.	<b>Appropriate Guidance &amp; Promoting Behavior</b> Understanding preschooler's behavior; ways to provide positive guidance & build conflict resolution skills.		Online	Guidance & Behavior Management

## Physical Activity Technical Assistance (PATA) Program

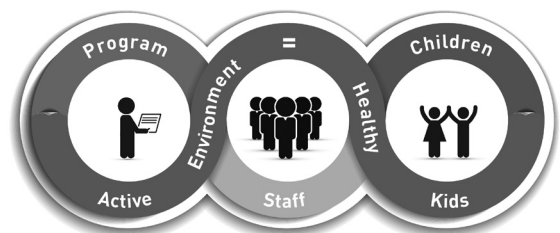
The PATA program can help you add more physical activity into your daily routine by assisting with:

- Policy development
- Staff technical assistance
- Resources

Call (605) 312-8390 or email [childsrv@sanfordhealth.org](mailto:childsrv@sanfordhealth.org) for more information or to get started.

### BENEFITS OF THE PROGRAM

- Increase daily physical activity
- Improve positive behaviors
- Personalized help in writing and implementing your physical activity policy
- Receive physical activity ideas for different ages
- Learn indoor and outdoor activities



HAVE CHILDREN WITH ENDLESS AMOUNTS OF ENERGY?

LOOKING FOR WAYS TO CHANNEL THAT ENERGY INTO POSITIVE PLAY?

WANT INDOOR/OUTDOOR PHYSICAL ACTIVITY IDEAS TO MAXIMIZE YOUR SPACE?

# Out of School Time Learning Opportunities

Classes with an emphasis on caring for three to five year old children.

(Location details given upon registration)



## Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Thursday, April 4 6 – 7 p.m.	<b>Engaging Families in Afterschool Programs</b> Parents are so busy; it can be hard to get them involved in your OST program. Learn ways to increase family engagement which helps build positive relationships.	\$5	Online	Partnerships with Parents
Thursday, May 9 6:30 – 7:30 p.m.	<b>Don't Laugh at Me</b> Gain an understanding of the effects of labeling and discrimination relative to school-age children.	\$5	Online	Inclusion of All Children

**Out of School Time Best Practice Series: Registration per class is not available. Participants must register for the entire series.**

Thursday, March 7 7:30 – 9 p.m.	<b>Building Relationships With Communities, Families And Schools</b> Fostering the growth and development of children through appropriate environment, activities, and interactions.	\$20	Online	Interpersonal Communication & Relationships
Thursday, March 14 7:30 – 9 p.m.	<b>Observation, Assessment And Inclusion</b> The importance of observations and assessment to support all OST children in an inclusive setting.		Online	Child Growth & Development
Thursday, March 21 7:30 – 9 p.m.	<b>Developmentally Appropriate Planning And Curriculum</b> Learn how planning high quality program activities and experiences will promote children's success.		Online	Age Appropriate Planning
Thursday, March 28 7:30 – 9 p.m.	<b>Guidance And Behavior Management</b> Learn about managing groups, modeling leadership, and effective use of routines and schedules.		Online	Guidance & Behavior Management

# Family Child Care Provider Focus Learning Opportunities

Classes specific to care provided in a family day care setting. (Location details given upon registration)

## Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Tuesday, April 30 7:30 – 9 p.m.	<b>Keeping It Safe &amp; Healthy</b> Best basic health and safety practices for your children, environment, and family childcare program.	\$20	Online	Program Health & Safety
Tuesday, May 7 7:30 – 9 p.m.	<b>What Children Need To Learn &amp; Grow</b> Your role in supporting children's social, emotional, physical and cognitive growth and development at all stages.		Online	Child Growth & Development
Tuesday, May 14 7:30 – 9 p.m.	<b>It All Begins With Relationships</b> Appropriate, respectful & responsive care based on individual children's needs; positive communication & relationships with children & families.		Online	Interpersonal Communication & Relationships
Tuesday, May 21 7:30 – 9 p.m.	<b>The Business Of Family Child Care</b> Basic business practices, program management, and policies & practices to meet licensing regulations.		Online	Program Management & Regulations

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

# fitCare Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings.

## Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Thursday, March 7 6:30 – 8:30 p.m.	<b><u>Be fit ... RECHARGE Your Energy</u></b> Learn about what it means to be <i>fit</i> as well as ways to ensure children get their rest and relaxation so they have the energy to make healthy choices.	\$0	Online	Program Health & Safety Learning Environments
Thursday, March 14 6:30 – 8:30 p.m.	<b><u>Motivate Your MOOD</u></b> Our MOOD influences the choices we make. Help children learn about MOOD and how to turn their MOOD around to make healthy choices.			Guidance & Behavior Management Age Appropriate Activities
Thursday, March 21 6:30 – 8:30 p.m.	<b><u>Think Your FOOD</u></b> Food habits start early in life. Learn how to teach children about making healthy food choices.			Nutrition for Children Learning Environments
Thursday, March 28 6:30 – 8:30 p.m.	<b><u>MOVE Your Body</u></b> Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.			Child Growth & Development Age Appropriate Activities
Tuesday, April 16 6:30 – 8:30 p.m.	<b><u>Be fit ... RECHARGE Your Energy</u></b> Learn about what it means to be <i>fit</i> as well as ways to ensure children get their rest and relaxation so they have the energy to make healthy choices.	\$0	Sioux Falls	Program Health & Safety Learning Environments
Tuesday, April 23 6:30 – 8:30 p.m.	<b><u>Motivate Your MOOD</u></b> Our MOOD influences the choices we make. Help children learn about MOOD and how to turn their MOOD around to make healthy choices.			Guidance & Behavior Management Age Appropriate Activities
Tuesday, April 30 6:30 – 8:30 p.m.	<b><u>Think Your FOOD</u></b> Food habits start early in life. Learn how to teach children about making healthy food choices.			Nutrition for Children Learning Environments
Tuesday, May 7 6:30 – 8:30 p.m.	<b><u>MOVE Your Body</u></b> Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.			Child Growth & Development Age Appropriate Activities
Tuesday, April 2 6:30 – 8:30 p.m.	<b><u>Think Your FOOD</u></b> See above for class descriptions.	\$0	Online	Nutrition for Children Learning Environments
Thursday, May 23 6:30 – 8:30 p.m.	<b><u>MOVE Your Body</u></b> See above for class descriptions.	\$0	Online	Child Growth & Development Age Appropriate Activities
Thursday, May 30 6:30 – 8:30 p.m.	<b><u>Think Your FOOD</u></b> See above for class descriptions.	\$0	Online	Nutrition for Children Learning Environments
<b>fitCare Technical Assistance</b>	<b><u>Taking a fitCare class is required to participate</u></b> Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	Licensing Credit Available		Categories determined based on Action Plan

Check out the newsletter online at [www.sanfordhealth.org/CHILDServices](http://www.sanfordhealth.org/CHILDServices)

Check out our classes online at [www.sanfordhealth.org/CHILDServices](http://www.sanfordhealth.org/CHILDServices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.



# Rural Child Care Provider Learning Opportunities

Classes offered in rural areas in southeastern South Dakota.  
(Location details given upon registration)



## Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Thursday, March 14 6:30 – 7:30 p.m.	<b>Moving Beyond "Use Your Words" - The Magic of I-Statements</b> Learn how adults and children can use "I-Statements" to improve, rather than deteriorate, communication and relationships.	\$0	Dell Rapids	<i>Interpersonal Communication and Relationships</i>
Thursday, March 14 7:30 – 8:30 p.m.	<b>The Winning Attitude</b> You can control one thing in life - your attitude. Be a positive role model for children. Get tips on how to have a positive attitude in work and life.	\$0	Dell Rapids	<i>Professionalism</i>
Saturday, March 2 9 – 10 a.m.	<b>Supporting Social Emotional Development with Sanford Harmony</b> Sanford Harmony is a research-based, social-emotional learning program. Participants will receive a toolkit with materials designed to teach children about cooperation, empathy, and effective communication.	\$0	Mitchell	Guidance & Behavior Management
Saturday, March 2 10:15 a.m. – 12:15 p.m.	<b>Building a Policy: Safe Sleep</b> Learn the steps to creating, implementing, sustaining and evaluating a policy with the focus on safe sleep.	\$0	Mitchell	<i>Program Health &amp; Safety</i>
Saturday, May 18 8:30 a.m. – Noon	<b>CPR</b> See page 2 for CPR payment/refund policy along with more information.	\$20	Mitchell	<i>Program Health &amp; Safety</i>
Saturday, April 6 9:30 – 11:30 a.m.	<b>Building a Policy: Safe Sleep</b> Learn the steps to creating, implementing, sustaining and evaluating a policy with the focus on safe sleep.	\$0	Vermillion	<i>Program Health &amp; Safety</i>
Saturday, April 6 9 a.m. – 12:30 p.m.	<b>CPR</b> See page 2 for CPR payment/refund policy along with more information.	\$20	Yankton	<i>Program Health &amp; Safety</i>
Saturday, May 4 9 – 11 a.m.	<b>Building a Policy: Safe Sleep</b> Learn the steps to creating, implementing, sustaining and evaluating a policy with the focus on safe sleep.	\$0	Yankton	<i>Program Health &amp; Safety</i>

## e-Learning Online Opportunities

We know life can be busy...  
So we are bringing learning right to you.



Live engaging online classes via the internet.

Requirements:

- Computer with internet connectivity
- Adobe Flash Player 10.1 or higher  
Free Flash Player – download at [www.adobe.com](http://www.adobe.com)
- Due to technical incompatibility, do not use smart phones to access online classes

### e-Learning Online Class Policy:

- Class registration is closed 48 hours prior to scheduled class start time.
- Monday class registration is closed 5 p.m. on the Thursday prior to the class.
- Online classes are \$5 per class hour.

- Class registration is secured once payment is received.
- Class participants are emailed the class link within 24 hours prior to scheduled class start time.
- **Class credit:** Credit is given once all class requirements are completed:
  - Log into class within 5 minutes of the class start time.
  - Demonstrate attendance by participating in class polls and chats.
  - Complete 3 learning statements at the end of the class.
- **Refunds:** No cash refunds are given for online classes. Credit will be given towards another online class if cancellation is received 24 hours prior to class.

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

# e-Learning Online Opportunities

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Monday, March 11 6:30 – 7:30 p.m.	<b>Basic First Aid for Child Care Providers (O)</b> Participants will gain knowledge related to common childhood accidents and injuries and will receive instruction that will enable caregivers to perform first aid.	\$5	Online	Program Health & Safety
Monday, March 11 7:30 – 8:30 p.m.	<b>Setting Goals for Professional Growth</b> Do you think about where you want to go in the early childhood profession? Learn how goal-setting can get you on a path to success in the field.	\$5	Online	Professionalism
Monday, March 18 6 – 7 p.m.	<b>All the World's A Stage. Of Play!</b> As children learn and grow, so does their style of play. Learn the stages of socialization skills in play and how it supports their learning.	\$5	Online	Child Growth & Development
Monday, March 18 7 – 8 p.m.	<b>Sharing Gergy News</b> It's tough to have a positive conversation about the latest bug going around. Learn to confidently find & share accurate health information with families & authorities.	\$5	Online	Identification & Prevention of Communicable Diseases
Thursday, April 4 6 – 7 p.m.	<b>Engaging Families in Afterschool Programs</b> Parents are so busy; it can be hard to get them involved in your OST program. Learn ways to increase family engagement which helps build positive relationships.	\$5	Online	Partnerships with Parents
Thursday, April 4 7 – 8 p.m.	<b>Be A Top (Role) Model!</b> Learn to model age-appropriate language for children, and give them labels for their feelings, thoughts, and experiences.	\$5	Online	Interpersonal Communication and Relationships
Thursday, May 9 6:30 – 7:30 p.m.	<b>Don't Laugh at Me</b> Gain an understanding of the effects of labeling and discrimination relative to school-age children.	\$5	Online	Inclusion of All Children
Thursday, May 9 7:30 – 8:30 p.m.	<b>Got the Miscommunication Blues?</b> Struggling with how to communicate well with parents? Learn ways to get your message across in a clear, non-confrontational manner.	\$5	Online	Partnerships with Parents

## More e-Learning Online Opportunities in this Newsletter

Infant Toddler Entry Level Series • See page 5 for more information	Online	Various Categories
Preschool Entry Level Series • See page 6 for more information	Online	Various Categories
Family Day Care Entry Level Series • See page 7 for more information	Online	Various Categories
Preschool Best Practice Series • See page 6 for more information	Online	Various Categories
Out of School Time Best Practice Series • See page 7 for more information	Online	Various Categories
Infant Toddler Early Learning Guidelines Series • See page 5 for more information	Online	Various Categories
Social Emotional Infant Toddler Series • See page 4 for more information	Online	Various Categories
Social Emotional Preschool Series • See page 4 for more information	Online	Various Categories
fitCare Classes • See page 8 for more information	Online	Various Categories

Licensing  
Credit  
Available

## fitCare Technical Assistance

Help combat childhood obesity by teaching the children in your care skills to make healthy lifestyle choices. Receive tools and tips to teach children how to increase physical activity, make healthy food choices and manage their feelings.

\*Taking a fitCare class is required to participate

# Management Learning Opportunities

Classes with an emphasis on managing child care programs.

Learn and Take: Learn today – put your learning into practice tomorrow.

Tuesday, March 12 6:30 – 7:30 p.m.	<b>Building a Policy: Physical Activity</b> Learn the steps to creating, implementing, sustaining and evaluating a policy with the focus on physical activity.	\$0	Online	<i>Professionalism</i>
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## Have you hired new staff recently?

After July 1, 2017 all new hires have 90 days to complete orientation training. South Dakota state-specific orientation training can be accessed through this website: <http://www.sdstate.edu/frn>

Click on Orientation to Child Care then South Dakota Orientation Training On-Demand.

# Professional Development Opportunities

## Child Development Associate Classes

Classes to prepare participants to apply for a Child Development Associate (CDA) credential.

### CDA Hybrid

#### What is CDA Hybrid?

- CDA Hybrid is a combination of online and in-person classes.
- Each CDA course is three online classes and one in-person class.

#### Why Earn a CDA?

1. Increase your **professional knowledge**.
2. Have **confidence** when working with the children in your care.
3. Establish your **credibility** with parents.
4. Gain **professional recognition** in your field.
5. **Articulates to Associate or Bachelor degree credits** in higher education program in South Dakota.

#### How many classes do I need to take to apply for my CDA?

- 32 classes in total (8 courses with 4 classes each)

#### What's the cost for CDA classes and CDA Credential application?

- \$95 registration fee (covers the cost of the books)
- \$700 course tuition fee (includes classes and paperwork assistance)
- \$425 to apply for your CDA Credential

\*Scholarships and payment plans are available based on eligibility

#### I'm interested but have questions. What's my next step?

Call to speak with our CDA Specialist or register for the CDA Informational Meeting.

#### I want to take CDA classes. What's my next steps?

Call for a CDA application.

#### I've finished taking the CDA classes and ready to apply for my credential.

##### What's my next steps?

Checkout [www.cdacouncil.org](http://www.cdacouncil.org) or call CHILD Services and talk to our CDA specialist.

#### What do I need to do to renew my CDA Credential?

You can go to [www.cdacouncil.org](http://www.cdacouncil.org) and find out how to renew your certification.

### Benefits of CDA Hybrid

Combines the best of both class types!

#### Online classes provide:

- Live interactive experiences
- Less travel time
- Convenient access

#### In-person classes provide:

- Support with assignment completion
- Networking with others
- Engaging discussions

**CDA Classes resume September 2019 and held on Mondays.**

Watch for more details on an upcoming CDA Informational Meeting to learn about CDA class requirements, fees, and scholarship opportunities.

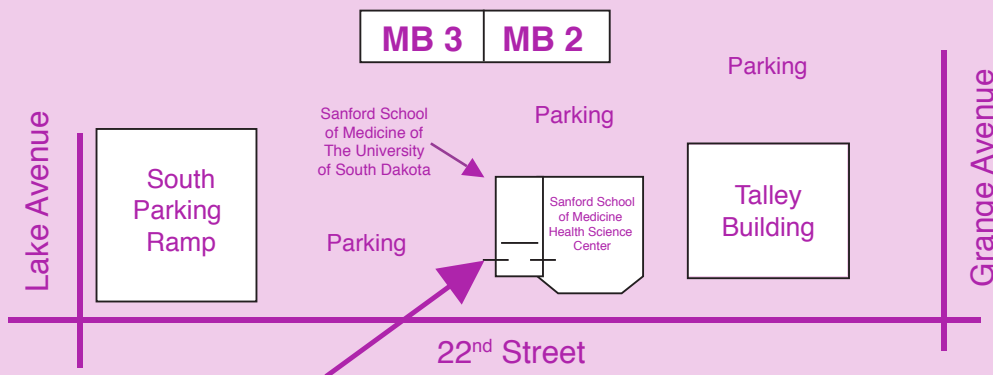
Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

**2019 Training Schedule**  
**March/April/May**

These classes meet the South Dakota child care training requirements for licensing and registration.

Address Service Requested



Go in the main entrance of the Sanford School of Medicine Health Science Center (1400 W. 22nd). Instead of going straight ahead into the Wegner Library, turn left and go through the double doors. Signs will be posted to guide you.

**Office Location:**  
CHILD Services Office  
1115 W. 41 St.  
Sioux Falls, SD  
(605) 312-8390  
(800) 235-5923

