

January Kids Activities

Open Gym

Kids ages 3-14 play freely in the gymnastics/ninja warrior space with staff supervision. Equipment included: trampoline, foam pit, climbing wall, gymnastics mats and obstacle course. Let the kids play while you work out on your fitness goals! Cost is included in family memberships or \$8 per child for those without family memberships and non-members.

Mondays: 11:00 am – Noon
Wednesdays: 3:15 pm – 4:15 pm
Thursdays: 3:30 pm – 4:30 pm
Saturdays: 9:00 am – 10:00 am

Create & Play

Tuesday, January 22nd

Kids of all ages can come play in the Kids fitZone and make a snowman Craft! Cost is included in family memberships or \$5 per child for those without family memberships and non-members. All supplies are provided.

4:00 pm -7:00pm

Pre-registration is required. Call (218) 683-4367 to register.

*Fitness that **fits** your life.*

