



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Spin 5:30am Sculpt 7:00am (at Pool)	2 Kickboxing 8:00am
3 Spin 4:00pm	4 Just Pump Hiit 5:30am Bootcamp 7:00am Walk Fit Lite 9:00am Cardio/Strength 5:00pm	5 Core Cardio 5:30am Spin 7:00am Fuze 4:30pm Spin 5:30pm	6 Just Pump Hiit 5:30am Bosu/Spin 5:00pm	7 Core Cardio 5:30am Spin 7:00am Better Balance 9:00am Intervals 5:00pm	8 Spin 5:30am Sculpt 7:00am (at Pool)	9 Kickboxing 8:00am
10 Daylight Savings Time!  Spin 4:00pm	11 Just Pump Hiit 5:30am Bootcamp 7:00am Walk Fit Lite 9:00am Cardio/Strength 5:00pm	12 Core Cardio 5:30am Spin 7:00am Fuze 4:30pm Spin 5:30pm	13 Just Pump Hiit 5:30am Bosu/Spin 5:00pm	14 Core Cardio 5:30am Spin 7:00am Better Balance 9:00am Intervals 5:00pm	15 Spin 5:30am Sculpt 7:00am (at Pool)	16 Kickboxing 8:00am
17 Spin 4:00pm	18 Just Pump Hiit 5:30am Bootcamp 7:00am Walk Fit Lite 9:00am Cardio/Strength 5:00pm	19 Core Cardio 5:30am Spin 7:00am Fuze 4:30pm Spin 5:30pm	20 Just Pump Hiit 5:30am Bosu/Spin 5:00pm	21 Core Cardio 5:30am Spin 7:00am Better Balance 9:00am Intervals 5:00pm	22 Spin 5:30am Sculpt 7:00am (at Pool)	23 Kickboxing 8:00am
24 Spin 4:00pm	25 Just Pump Hiit 5:30am Bootcamp 7:00am Walk Fit Lite 9:00am Cardio/Strength 5:00pm	26 Core Cardio 5:30am Spin 7:00am Fuze 4:30pm Spin 5:30pm	27 Just Pump Hiit 5:30am Bosu/Spin 5:00pm	28 Core Cardio 5:30am Spin 7:00am Better Balance 9:00am Intervals 5:00pm	29 Spin 5:30am Sculpt 7:00am (at Pool)	30 Kickboxing 8:00am
31 Spin 4:00pm	Cardio/Strength 5:00pm	Spin 5:30pm	Bosu/Spin 5:00pm	Better Balance 9:00am Intervals 5:00pm	Sculpt 7:00am (at Pool)	Kickboxing 8:00am