

# Tea Ellis Aquatics Schedule

## Sept. 7<sup>th</sup> – Oct. 26<sup>th</sup> Open Swim Times

Mondays	5:00-9:15am, 10:00am-5:45pm, 6:30-9:45pm
Tuesdays	5:00-8:45am, 9:30am-5:45pm, 6:30-9:45pm
Wednesdays	5:00-9:15am, 10:00am-9:45pm
Thursdays	5:00-8:45am, 9:30am-5:45pm, 6:30-9:45pm
Fridays	5:00-9:15am, 10:00am-9:45pm
Saturdays	7:00-8:45am, 11:00am-5:45pm
Sundays	10:00am-5:45pm

### Water Group Fitness Classes

Mondays	9:15-10:00am Total Body H2O 5:45-6:30pm Aqua PUMP
Tuesdays	8:45-9:30am Aqua Yopalates 5:45-6:30pm Total Body H2O
Wednesdays	9:15-10:00am Aqua PUMP
Thursdays	8:45-9:30am Aqua Yopalates 5:45-6:30pm PowerWaves
Fridays	9:15-10:00am Get WET for the Weekend
Saturdays	8:45-9:30am Aqua Fitness

\*NO OPEN SWIM DURING SWIM LESSONS OR GROUP FITNESS CLASSES EXCEPT IN THE ZERO DEPTH AREA.

\*THE LAP LANE IS CLOSED DURING WATER GROUP FITNESS CLASSES.

