

# Kid Gym Schedule

## Monday

Hi5 Fitness	9:15-10am
Supervised Gym	10-10:30am
Open Family Time	10:30am-4:30pm
Kids Forte	4:30pm-5:15pm
Open Family Time	6:30-9pm

## Tuesday

Hi5 Fitness	9:15-10am
Supervised Gym	10-10:30am
Open Family Time	10:30am-5:30pm
Kids Forte	4:30-5:15pm
Open Family Time	6:30-9pm

## Wednesday

Hi5 Fitness	9:15-10am
Supervised Gym	10-10:30am
Open Family Time	10:30am-4:30pm
Kids Forte	4:30pm-5:15pm
Open Family Time	6:30-9pm

## Thursday

Hi5 Fitness	9:15-10am
Supervised Gym	10-10:30am
Open Family Time	10:30am-9pm
Kids Forte	4:30-5:15pm

## Friday

Hi5 Fitness	9:15-10am
Supervised Gym	10-10:30am
Open Family Time	10:30am-8pm

## Saturday

Open Family Time	9:15am-5:00pm
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## Sunday

Open Family Time	10am-5pm
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