

Kid Gym Schedule

Monday

Hi5 Fitness	9:15-10am
Supervised Gym	10-10:30am
Open Family Time	10:30am-9:00pm

Tuesday

Hi5 Fitness	9:15-10am
Supervised Gym	10-10:30am
Open Family Time	10:30am-9:00pm
Kids Forte	4:30pm- 5:00pm

Wednesday

Hi5 Fitness	9:15-10:00am
Supervised Gym	10:00-10:30am
Open Family Time	10:30am-9:00pm
Kids Forte	4:30pm-5:00pm

Thursday

Hi5 Fitness	9:15-10:00am
Supervised Gym	10:00-10:30am
Open Family Time	10:30am-9pm

Friday

Hi5 Fitness	9:15-10:00am
Supervised Gym	10:00-10:30am
Open Family Time	10:30am-8pm

Saturday

Open Family Time	9:15am-5:00pm
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Sunday

Open Family Time	10:00am-5:00 pm
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