

Warm Water Pool Schedule

April 1-May 4, 2025

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 – 8:30 am	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	
8:30-9:30 am	Adult Water Walking 9:00-10:00 am	Adult Water Walking 8:30-9:30 am	Pool Closed	Pool Closed	Advanced Joints-N-Motion 8:30-9:15 am	Pool Closed	
9:30 – 10:30 am	Pool Closed	Adult/Family Swim 9:30-10:30 am	Pool Closed	Bridging the Gap 9:15-11:00 am	Pool Closed	Pool Closed	Please Note: During Adult open swim times there may be Physical Therapy or Private Swim lessons
10:30 – 12 pm	Pool Closed	Pool Closed	Pool Closed	Bridging the Gap 9:15-11:00 am	Pool Closed	Pool Closed	
12 – 1 pm	Joints-N-Motion 12:00-12:45 pm	Pool Closed	Joints-N-Motion 12:00-12:45 pm	Pool Closed	Pool Closed	Pool Closed	Pool Closed
1 – 2 pm	Advanced Joint-N-Motion 1:00-1:45 pm	Pulmonary Rehab Pool Closed	Advanced Joint-N-Motion 1:00-1:30 pm	Pulmonary Rehab Pool Closed	Pool Closed	Pool Closed	Pool Closed
2 – 3 pm	Pool Closed	Adult Open Swim 2:00-4:00 pm *PT & PSL Bridging the Gap 3:00-5:15 pm	Pool Closed	Adult Open Swim 2:00-4:00 pm *PT & PSL Bridging the Gap 3:00-5:15 pm	Adult Open Swim 2:00-4:00 pm *PT & PSL	Pool Closed	Adult/Family Swim 2:00-4:00 pm
3 – 4 pm	Adaptive Aquatics	Adult Open Swim 2:00-4:00 pm *PT & PSL Bridging the Gap 3:00-5:15 pm	Adaptive Aquatics	Adult Open Swim 2:00-4:00 pm *PT & PSL Bridging the Gap 3:00-5:15 pm	Adult Open Swim 2:00-4:00 pm *PT & PSL	Pool Closed	Adult/Family Swim 2:00-4:00 pm
4 – 5:30 pm	Adaptive Aquatics	Bridging the Gap 3:00-5:15 pm	Adaptive Aquatics	Bridging the Gap 3:00-5:15 pm	Pool Closed	Pool Closed	Pool Closed
5:30 – 7:30 pm	Adaptive Aquatics	Pool Closed	Adaptive Aquatics	Pool Closed	Pool Closed		
7:30 – 8 pm	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed		