

Sanford Wellness Center Oxbow Location

Summer Session Swim Lessons 2019

Summer Session 1

June 3-27, 2019

Registration Details

Online Member registration opens on

May 4, 2019 at 9:00 AM. (Staff available 9-10 am)

This is for both June and July Sessions

Non-member registration is “call in” only starting at 10:00AM.

June session – May 23 – May 30, 2019

July session- June 27- July 5, 2019

For Members:

To make registration easier please make sure the following are correct in the membership office

- Your email account
- Member taking lessons is active on the account, birthdate and age are correct.

Please see Membership if these items need to be updated.

Preschool level 1 (Therapy Pool)	
Days	Times
Mon/Wed	4:15-4:45
Mon/Wed	5:45-6:15
Tues/Thurs	10:00-10:30
Tues/Thurs	4:30-5:00

Preschool Level 2 (Therapy pool)	
Days	Times
Mon/Wed	4:45-5:15
Mon/Wed	5:15-5:45
Mon/Wed	6:45 -7:15
Tues/Thurs	10:30-11:00
Tues/Thurs	11:30-12:00
Tues/Thurs	4:00-4:30

Preschool Level 3 (Therapy Pool)	
Days	Times
Mon/Wed	6:15-6:45
Tue/Thurs	11:00-11:30

Level 1 (Main Pool)	
Days	Times
Mon/Wed	4:00-4:30
Tues/Thurs	10:00-10:30
Tues/Thurs	6:00-6:30

Level 2 (Main Pool)	
Days	Times
Tues/Thurs	4:00-4:30
Tues/Thurs	6:00-6:30
Tues/Thurs	6:35-7:05

Level 3 (Main pool)	
Days	Times
Tue/Thurs	10:35-11:15
Tues/Thurs	4:35- 5:15
Tues/Thurs	6:35-7:15

Level 4 (Main Pool)	
Days	Times
Mon/Wed	4:35-5:15
Tues/Thurs	11:20-12:00
Tues/Thurs	6:35-7:15

Level 5/6 Personal water safety (Main Pool)	
Days	Times
Tues/Thurs	7:20-8:00

Adults (advanced) (Main pool)	
Days	Times
Tues/Thurs	7:20-8:00

***All classes must have at least three participants in order to hold the class.**

Summer Session 2

July 8- August 1, 2019

Other Important Information

Prices for swimming lessons

- \$5 per child who is on a membership
- \$50 per child who is not on a membership, (non-member)

These payments are for Red Cross Fees and therefore are NONREFUNDABLE, please be sure to register your child for a session that works with your schedule.

To ensure safety and success in swim lessons students must be able to successfully demonstrate all of the skills at a given level to enroll in the next level. If you are unsure what level in which to enroll your child, please call or email Megan in the Aquatics Department at (605)328-1633 or megan.koepp@sanfordhealth.org.

Ages for Swimming Lessons

Parent/Child Lessons (A Parent/Adult is in the water with the child) 6 months- 36 months

Preschool Level 1 Ages 3-4

Preschool Level 2-3 Ages 4-6

Red Cross Levels 1-4 Ages 6 and up

Preschool Level 1 (Therapy pool)	
Days	Times
Mon/Wed	4:15-4:45
Mon/Wed	5:45-6:15
Tues/Thurs	10:30-11:00
Tues/Thurs	4:30-5:00

Preschool Level 2 (Therapy Pool)	
Days	Times
Mon/Wed	4:45-5:15
Mon/Wed	6:15-6:45
Mon/Wed	6:45-7:15
Tues/Thurs	11:00-11:30
Tues/Thurs	11:30-12:00
Tues/Thurs	4:00-4:30

Preschool Level 3 (Therapy pool)	
Days	Times
Mon/Wed	5:15-5:45
Tues/Thurs	10:00-10:30

Level 1 (Main Pool)	
Days	Times
Tues/Thurs	4:00-4:30
Tues/Thurs	6:00-6:30

Level 2 (Main Pool)	
Days	Times
Mon/Wed	4:00-4:30
Tues/Thurs	11:30-12:00
Tues/Thurs	6:00-6:30
Tues/Thurs	6:35-7:05

Level 3 (Main pool)	
Days	Times
Tue/Thurs	10:45-11:25
Tues/Thurs	4:35- 5:15
Tues/Thurs	6:35-7:15

Level 4 (Main Pool)	
Days	Times
Tues/Thurs	10:00-10:40
Tues/Thurs	4:35-5:15
Tues/Thurs	6:35-7:15

Level 5/6 Fitness Swimmer (Main Pool)	
Days	Times
Mon/Wed	4:35-5:15

Adults (Main pool)	
Days	Times
Tues/Thurs	7:20-8:00

***All classes must have at least three participants in order to hold the class.**

If your child is under the age of 7 the parent or guardian must remain in the pool area at all times. Thanks!

If you would like to take pictures during swimming lessons you must first obtain a photo authorization from the Front Desk.

Sanford Wellness Aquatics believes that ALL children enrolled in swimming lessons have the right to safely learn to swim. Children that are unable to safely participate in a class or children that are distracting from the learning environment will be given three chances to correct their behavior. If the child is still unable to be successful, the child will be asked to sit on the edge of the pool for a short amount of time. Parents are encouraged to assist in correcting their child's behavior during this time, but should not interrupt the class. Parents with concerns are encouraged to talk to instructor about their child before/after class if the instructor is available or schedule a later time for discussion.

We thank you for your cooperation in ensuring the best learning environment for our students.

The Sanford Wellness Aquatics Team

Thank you for choosing Sanford Wellness Center for your Swim lessons. We appreciate all of our members.



