



Avery is 3 years old and has CP. She has been attending Adaptive Aquatics since she was 2. However, recently, we made the decision to up our sessions from weekly to twice a week. She has

many therapies throughout the week and I was nervous that this would make her too busy and tired. Since that time we have seen so much growth. Her stamina in her walker has grown by leaps and bounds. She is able to walk to and from her classroom at school which is quite a distance and has decreased the need for her wheelchair.



Both my husband and I have noticed that when she gets out of the pool, she is able to walk at a much faster speed and with much more control than she does at any other time! We have seen changes in her not only physically but socially as well! She can be quite quiet and shy and fearful of particular people. Carole recognizes this and pushes her past those fears with different activities and interactions! We are so thankful for Adaptive Aquatics and all it has done for Avery!

I will send another email with pictures from my phone if you need or want them! :) Thanks for all you do Carole! We so appreciate you and all of the staff that work with you! You are all amazing!!



Jared, Mindy & Avery Hill

