



## Sanford Arts Internship

“We are human because of our brain, our hand, and our heart. Only the human being can express inspiration and emotion by combining all three and thus produce the expression of the human condition in writing, poetry, music, dance, visual art and design, and theatrical art, both stage and screen – all a creative expression of heart and soul. The arts can be used to heal both clinically as preventive medicines in mental health and for those suffering physically from illness.”

- WILMA BULKIN SIEGEL, MD pioneer in the hospice movement and award winning artist known for her portraits of people living with AIDS, breast cancer survivors, the homeless and the elderly.

### INTRODUCTION

At Sanford Health our vision is: *To improve the human condition through exceptional care, innovation and discovery.* This sets us apart as a healthcare system, which sees beyond medicine, helping to build hope and courage for each patient- even in the most challenging of situations. The Sanford Arts’ mission works towards health and healing through creativity. When artists and patients collaborate to make art the capacity to heal- even when there may be no cure- is presented.



Our primary purpose at Sanford Arts is to encourage wellness through creativity, the arts, and art activities. Our clients are patients, family members, and staff. Thus, the purpose of the Sanford Arts Internship is to prepare students to work with clients on directed projects within the healthcare environment. The goal of Sanford Arts’ internship is to provide the student intern an opportunity to learn both what it means to work in the healthcare environment and how to use artistic talents, as a means to improve the quality of the visit, for our patients and participants.

### DESCRIPTION

**Sanford Arts** was started, in Sioux Falls, employing a few professional artists to provide a method of distraction for patients, while waiting for various appointments and during infusion treatments. Today, using the benefits of scientific inquiry, Sanford Arts is able to operate on a more educated platform. Interns will learn the benefits creativity has to offer patients, and will operate in an environment that enjoys the manifestations of those benefits.

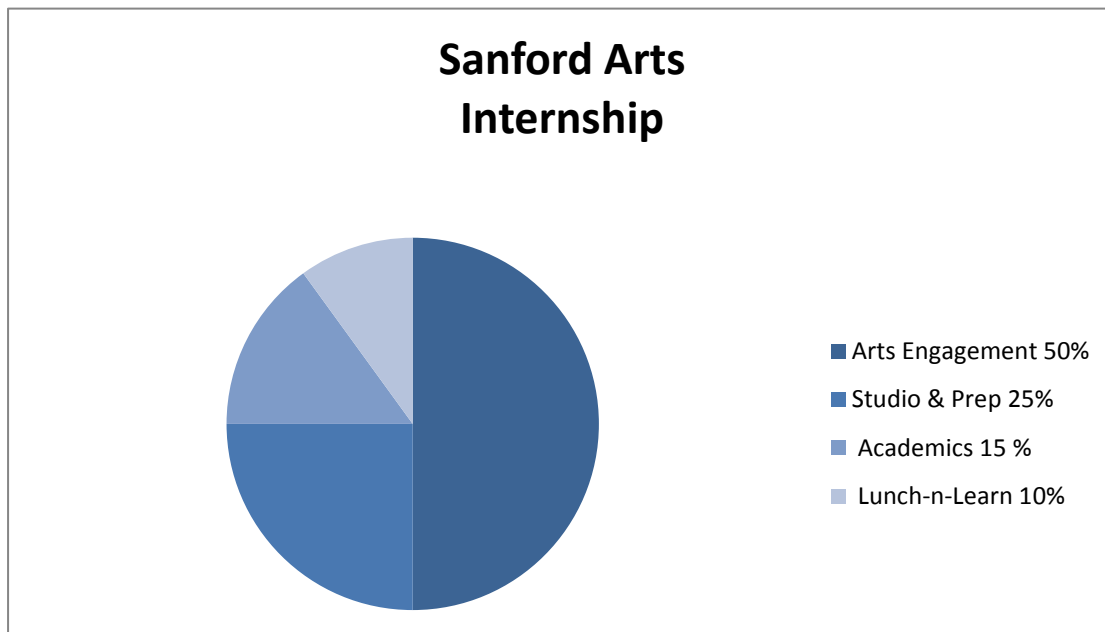
The Sanford Arts Internship seeks to provide interns with a well-rounded set of opportunities to work in different areas of our facility. For an ideal internship, we require students to aspire to 200 hours or at least 15-hours per week during a semester, or 20-hours per week, over the summer. In order to thrive in the hospital environment, students will need to be flexible, creative, mature, compassionate, and outgoing in their work at Sanford. Sanford Arts requires students to work collaboratively with other artists as well

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as independently on projects. During the course of the internship, the primary responsibility of the student intern and the artist is to engage with participants working on various and collaborative artistic activities. All Sanford Arts/Sanford USD Medical Center internships are unpaid. With reference to compensation, students may elect to earn college credit from their university. Sanford staff will work with students and university advisors in this endeavor.

This opportunity is available to any college/ university level student in their junior or senior year and graduate students, who are currently enrolled in a visual arts, art education, music, theater, dance, psychology, counseling or sociology program. The majority of time spent as an intern will be dedicated toward collaborating and meeting with participants, engaging in those arts-based activities.

The Sanford Arts Internship consists of four interdependent modules chosen to help prepare students to work in a health and healing environment and to engage directly with patients in creative projects. These four areas include:



- *Arts Engagement (50%)* – Maximizing quality patient encounters, including documentation. Art-making with patients and for patients. The emphasis is on the process of art-making rather than the finished product
- *Studio & Prep (25%)* – Time dedicated to preparing for those successful collaborations. Time here is also dedicated to learning new modalities or creating activity mock-ups. Studio and prep time include an end-of-internship art exhibition, which features both the individual works and collaborations.
- *Academics (15%)* – Analysis of the scientific literature on arts in healthcare and best practices, including a weekly group critique and a speaker series during the internship. A final written summary of the internship experience is also required academic component.
- *Lunch-n-Learn (10%)* –Comprehensive understanding of working on a healthcare team through lectures given by professionals from Sanford USD Medical Center.

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## ART IN HEALTH AND HEALING

Arts in Healthcare is a multidisciplinary, dynamic and burgeoning field. The best programs combine the work and talents of both artists and therapists where each is trained and skilled in the use of specific tools to achieve well-defined goals. However, because of the overuse and misuse of the term *therapy*, there tends to be blurring of the qualifications and competency between artists and art therapists.

Please note: this internship is not an Art Therapy/ Music Therapy/ Expressive Therapy nor Dance Therapy internship, it is an Arts in Healthcare internship. You will have the opportunity to explore the field of Creative Arts Therapy, however.

## EXPECTATIONS & GUIDELINES

Students can expect to spend a majority of their time engaging with participants. At the same time we acknowledge and appreciate the need for extra time to fulfill the requirements of the internship, and to allow for sufficient studio time and documentation.

1. *Academic Credit:* The internship can be applied for academic credit per specific university/college guidelines. Sanford Arts will support the student's pursuit of academic credit.
2. *Commitment:* Strive for a minimum of 200 hours per semester. The completion of daily arts engagement, documentation; weekly reading assignments; individual and group projects and individual and group supervision.
3. *Attendance:* It is expected the student intern will be present every day they are scheduled, during the internship, except for rare excused absences. Student interns will attend all shadowing opportunities, and all scheduled meetings.
4. *Art Exhibition & Artwork:* The internship will conclude with an Art Exhibition. Each student is required to produce up to 10 individual pieces. These can be finished collaborations with patients or individual creations. The supplies and studio time will be provided by Sanford Arts and because of this we require that the works remain at Sanford for up to one year, following the conclusion of the internship. After one year the student will be given the choice to reclaim the works or donate them.
5. *Final Paper:* Each student intern will complete a final, retrospective paper to be presented during the exit interview.

## INTERNSHIP BENEFITS

1. Promote the role of the arts in the healthcare setting, and exemplify how the arts can be used effectively to promote wellness.
2. Examine and study the intrinsic need and power of the arts.
3. Gain experience working on a health care team within a healthcare organization.
4. Obtain the ability to differentiate between the work of an Artist and the work of an Expressive Therapist. Recognize competency boundaries and adhere to them. Utilize resources.
5. Learn about possible career opportunities for artists in healthcare.
6. For those interested in further study in Art/Expressive Therapies: learn and study the basic tenants of Expressive Therapy/Art Therapy as it applies to your work.

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## APPLICATION MATERIALS

Please send items 1-6 in one, completed envelope rather than in 6 different iterations.

1. Application
2. University Transcript
3. Up to 5 Examples of work; or 2 audio examples of performances: or DVD of Theater performance
4. Self -Evaluation (see enclosed form)
5. 1-2 pg. essay regarding the goals you have for this internship and the connection to your career after university
6. Three completed recommendations(see enclosed form)

**Finished.** electronic versions of the application may be sent to [Jessie.Park@Sanfordhealth.org](mailto:Jessie.Park@Sanfordhealth.org) , or you may submit all materials via regular post.

*Mail completed applications to:*

Sanford Medical Center, c/o Jessie Park in Sanford Arts  
Route #6881  
1305 W. 18<sup>th</sup> Street  
Sioux Falls, SD 57104

OR  
[Jessie.Park@sanfordhealth.org](mailto:Jessie.Park@sanfordhealth.org)

*Application submission dates:*  
(submission dates are flexible)  
Please indicate semester of choice

**Internship**  
Spring, 2020  
Summer, 2020  
Fall, 2020  
Spring, 2021

**Due Date**  
December, 2019  
May, 2020  
July, 2020  
December, 2020

## SELECTION CRITERIA

We will evaluate each application according to the following five criteria.

- *Leadership:* This can range from actual leadership positions to acting as a leader in group situations or even leading a group project.
- *Character:* An education of the situation our participants are in and what they are going through will be given to students. We want to trust that along with the education and support, students will show compassionate understanding and give the necessary amount of empathy when interacting with the most prized element in our hospital.
- *Flexibility:* Be open and flexible to opportunities and new ideas presented. Change is imminent and something that is dealt with everyday at Sanford Arts.
- *Communication:* Your ability to communicate your needs, communicate well with others, communicate well in writing to include reading and finally your ability to listen.
- *Artistic Skill:* Ultimately, we see students bringing their unique skills and character to the work of creating extraordinary patient experiences.

## SUPPLEMENTAL INFORMATION

1. The applicant will be contacted for an interview if the applicant meets eligibility requirements and if a position is available. If selected, written confirmation of acceptance will be provided to the student, and the student's time commitment will be established.
2. Before any student may become a student intern, the student, the student's university advisor and Sanford's Center for Learning and Innovation (CLI) will work together to complete an

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- agreed upon set of goals and expectations. All necessary requirements of CLI must be completed before the student may begin said internship. Jessie will connect CLI with the advisor and the student.
3. CLI requires that each intern complete and pass a background check facilitated by Sanford, prior to starting within Sanford Arts. If the cost of a background check is not covered by the student's university internship program, Sanford will cover the cost of the background check.
  4. Each intern will be required to complete some of the same computerized Sanford Learn courses required of every new employee. The course material will reflect general facility orientation and any other areas of education required to keep patients and staff safe within the Sanford Arts program.
  5. All internship positions are unpaid. Per affiliation agreements with area Universities and Colleges, all unpaid internships at Sanford may be pursued for academic credit. In the event a student desires to intern with the program, but not pursue academic credit, the application will be equally considered but treated as a Volunteer Application.

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