


KEEP ME SAFE
2-3 YEARS OLD



THE **ENERGETIC** Learner

Because your child is moving around more and busy learning about the world, your child will come across more dangers as well. Dangerous situations can happen quickly, so keep a close eye on your child. Here are a few tips to help keep your growing child safe.

I HAVE A MIND OF MY OWN

- I see it –I want it. I will find a way to get it so I can learn more about it.
- I can turn doorknobs and I love to open doors to discover what is behind them; inside and out. I can easily open doors to get outside if you aren't watching.

I HAVE ENERGY TO KEEP ME GOING TO DISCOVER NEW THINGS

- I am oblivious to dangers around me.
- I have a mind of my own and I can be stubborn when I want something; even if it is unsafe for me.
- I love playing with water, but I have no idea it can be dangerous.
- I can climb.



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KEEP ME SAFE WHILE I CHECK OUT THE WORLD AROUND ME:

- Drowning is the leading cause of injury and death among my age group.
 - Do NOT leave me near or around water (for example, bathtubs, pools, ponds, lakes, whirlpools, or the ocean) without someone watching me.
 - Fence off backyard pools.
 - Never leave me alone in a bathtub or wading pool. I can drown in 1 inch of water.
- I won't master the skill of chewing until the age of 4.
 - Encourage me to sit when eating and to chew my food thoroughly to prevent choking.
- Encourage me to not put pencils or crayons in my mouth when coloring or drawing. I don't want to choke on a broken piece.
- Remind me to not run with things in my mouth; especially suckers.
- I am busy. Do NOT hold hot drinks while I sit on your lap. My sudden movements can cause a spill and might result in me being burned.
- Never put a cup of a hot beverage near the counter edge. It tests my curiosity.
- Keep the bathroom door shut to keep me from getting into unsafe places.
- Put protectors on sharp corners to prevent unwanted bumps and bruises.
- Keep cupboards and drawers locked with safety locks to hinder my "what's in here curiosity" from becoming an accident waiting to happen.
- Turn pot and pan handles on stove to back wall to prevent me from grabbing things that will burn me.
- My toys should not have sharp edges or points.
- Keep balloons out of my reach (inflated or uninflated). I will put the balloon in my mouth and if it pops, I can suffocate on a piece that becomes lodged in my throat.

I AM VERY CURIOUS ABOUT HOW THINGS WORK

- Prevent cuts and bruises; have me wear toddler sized knee protectors.
- Be sure my safety seat is correctly installed in the back seat of all vehicles.
- Attach a set of chimes to the door to indicate if I have gone outside.
- Never leave me alone in our home or yard, especially near cars, without a mature adult in charge.
- I can move quickly. When backing out of the garage or driving in the driveway, have another adult hold me a safe distance from the moving car.
- I am very curious about how things work. Keep me away from lawn mowers, garage doors, weed wackers, etc.
- Limit my time in the sun. Put a hat and 30 SPF sunscreen on me before I go outside.
- I am curious and like animals; teach me to ask if it is OK to pet a dog or other animal before touching it.
- Be sure I wear an approved safety helmet when riding trikes or in a seat on adult bikes.

I CAN TURN DOORKNOBS AND GET OUTSIDE QUICKLY; KNOW WHERE I AM AT

THE BOTTOM LINE:

- I can turn doorknobs and get outside quickly; know where I am at.
- In case help is needed, have emergency numbers written down and easily accessible.
- The best way for me to be safe is to have a safety alert adult watching me to prevent me from hurting myself.

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