

BATHING

[SANFORD CHILDREN'S SAFETY CENTER]

Through the eyes of a child...

Water is a fascinating
toy to explore.



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Children's

SPLISH, SPLASH I AM TAKING A BATH...KEEP ME SAFE

Bath time is usually a fun time for kids. However, drowning is the leading cause of death and injuries in children ages 1-4. It only takes two minutes for a child to drown. Young children can drown in less than one inch of water. Children can also be accidentally scalded during bathing, due to hot water.

THROUGH THE EYES OF A CHILD:

- Bath time is playtime and water is a toy.
- I do not understand that playing in water has potential danger.

POINTS FOR PARENTS TO REMEMBER:

- Be prepared; have everything you need before placing your child in the tub.
- Never leave your child in the bathtub alone to run and get something. It only takes 2 minutes for a child to drown.
- Water first. Fill the tub before placing your child in the tub.
- Babies and preschoolers like a cooler bath than adults.
- Never leave a child younger than 6 unattended in or near the bathtub.
- Drowning can be very quick – it can take only a moment. Young children can drown silently, without coughing or splashing; you might not even realize they're in danger.
- A baby bath seat is not a substitute for supervision.
- Older siblings should never be put in charge of bath time supervision.
- Teach your child to sit, not stand in the tub.
- Make sure the tub is empty before leaving the bathroom.

KEEPING BATH TIME SAFE CHECKLIST

Bath Time Checklist

1. Gather bath time items
2. Fill tub with 90-100° water
3. Check water temperature
4. Put child in tub

Bath Toys

- Check that toys are free of mold
- Check for sharp edges or loose parts

General

- Keep hot water heater set below 120° to prevent scalding.
- Use non-skid decals or a non-slip mat in the tub.
- Prevent accidental hot water burns. Use a spout cover.

SUGGESTED SAFETY PRODUCTS:

- Water Temperature Gauge
- Non-Skid Bath Mats and Decals
- Spout Guard

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