

BUYING A car seat

Sanford Safe Kids

Car seat basics

Congratulations! Being mid-way through your pregnancy, there are so many exciting things to plan and prepare for. One of the most important things should be at the top of your list: purchasing a safe car seat that properly fits your vehicle. You will need to know how to install your baby's car seat correctly and be able to make appropriate adjustments as your baby grows.



Buying a car seat — What to know

- Make sure the car seat can rear-face.
 - Infant-only car seats are rear-facing, usually coming in two pieces: a carrier and base.
 - The convertible style of car seat can face the rear to meet the needs of younger children and can also front-face for older children.
- Make sure the car seat is new or from someone you trust.

Car seat education

- Read the car seat manual very carefully. Don't have the manual? Find it online through the manufacturer's website.
- Read the child restraint section of your vehicle manual in detail.
- Take a car seat class. Sanford offers a FREE car seat class for expectant parents.
- Attend a car seat check session. Just bring your vehicle, your car seat and yourself. We'll train you how to correctly use and properly install your car seat.
- Car seat safety checks are available at the Sanford Children's Safety Centers.

For more information

- Visit sanfordhealth.org and use keywords 'Safety Center' to find a location near you.

