

SIoux FALLS FAMILY Childcare News

■ OCTOBER, NOVEMBER
& DECEMBER 2022

This publication was funded by the city of Sioux Falls, Department of Health

WHAT IS SOCIAL EMOTIONAL DEVELOPMENT?



Social emotional development is learning to manage and express feelings, create relationships, interact with others, and use self-control. Development of social and emotional skills begins in infancy, but continues as the child grows. Interactions at home and in childcare settings are important for development socially and emotionally. Caring for children in their most formative years is an important job. An understanding of what social emotional development is and what it means plays a vital role in how you care for and interact with children and their growth.

A Deeper Dive into Social Emotional Development

Social emotional development refers to a child's capacity to experience, manage, and express the full range of emotions. The development of social emotional skills is instrumental for children in order to develop close, satisfying relationships with other children and adults. It gives children the ability to learn and explore their environment through relationships and interactions. Children who develop strong social emotional skills tend to be happier, more motivated to learn, and perform better academically.

Skills children learn throughout social emotional development are important as children learn to manage emotions, interact and create relationships with others, and begin to feel/show empathy to those around them. When interacting with children, it is important to model these skills in order to promote the growth and development of them in children.

How we perceive and define children's social emotional development will in turn effect how we respond and connect with them. Modeling these skills can look like:

- Calm, positive, consistent, and age appropriate responses
- Playing and interacting with children down on their level
- Provide opportunity for choice (this promotes a positive sense of self)
- Approaching mistakes as an opportunity to learn

Now what?

Communication = Success! The best outcome for children's social emotional development happens when the childcare staff and parents work together for the good of the child. What does this mean? Communicate. The communication partnership between providers and parents is vital for success to ensure consistent care for the child between home and day care settings. Take time to discuss what is going well both at home and in the classroom and new ideas to address challenging outbursts. It is important for providers and parents to collaboratively communicate regarding the care of a child to promote trust, teamwork, and consistency. Providers should consider asking questions like:

- What is your child's favorite/least favorite activity?
- What do you do to encourage your child to use positive behaviors?
- How do you handle and manage outbursts at home?

Keep in Mind

The development of a child's social emotional skills is not 'one size fits all'. Each child is unique and will have their own way of understanding themselves and interacting with the world. A child's characteristics and personality will affect their path to social emotional development. Be aware each child will respond differently to interactions and take notice what those reactions are like. Use those observations to guide interactions with the child to assist them in experiencing, managing, and learning to express their own emotions. Just like the ABC's children are not expected to learn these skills overnight, be consistent.

Meet the Staff

REGION 5 DIRECTOR

Dianna Rajski

CHILD MANAGER

Terra Johnson

ADMINISTRATIVE STAFF

Rachelle Borah

Rebecca Hinton

SUPERVISORS

Mindy Greenfield

Nikki McLaughlin

Nancy Raether

Sharon Schmidt

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Abby Christiansen

Kiana Haveman

Britney Kullander

Jessica Stokes

Sara Tirrel

SANFORD CHILDREN'S CHILD SERVICES

5015 S Western Ave, Ste 120

Sioux Falls, SD 57108

Phone: (605) 312-8390

CHILD SERVICES OFFICE HOURS

Monday-Friday

8 a.m. – 5 p.m.

EMAIL

childsrv@sanfordhealth.org

WEBSITE

[www.sanfordhealth.org/
CHILDServices](http://www.sanfordhealth.org/CHILDServices)



SANFORD
Children's

"I've come to a frightening conclusion that I am the decisive element in the classroom. It's my personal approach that creates the climate. It's my daily mood that makes the weather... In all situations, it is my response that decides whether a crisis will be escalated or de-escalated and a child humanized or dehumanized" – Haim G. Ginott.



A Word from the Department of Health

The Sioux Falls Health Department appreciates the assistance from our local community of providers in helping to identify and educate persons providing care while not being registered to do so.

As a reminder, all in-home daycares within Sioux Falls city limits are required to be registered with the City of Sioux Falls. Thank you for helping us in our efforts to get all of our in-home daycares in conformance with city ordinance.

Learning Opportunities

Classes offered for Family Child Care Providers registered with the City of Sioux Falls. Location details given upon registration.

DATE/TIME	CLASS TITLE	LOCATION	CATEGORY
Thursday, October 13 7 – 8 p.m.	<u>The Period of PURPLE Crying</u> The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	Sioux Falls	Child Abuse & Neglect
Tuesday, October 18 6:30 – 9 p.m.	<u>Certified First Aid</u> Learn to handle child illness and injuries in the first few minutes until professional help arrives.	Sioux Falls	Program Health & Safety
Thursday, October 20 6:30 – 7:30 p.m.	<u>Positive Descriptive Acknowledgement</u> Learn about Positive Descriptive Acknowledgement and how you can use it in your classroom to increase children's positive behavior and interactions.	On-line	Child Growth & Development
Wednesday, October 26 6:30 – 8:30 p.m.	<u>We Are What We Eat!</u> Creating Healthy Nutrition Environments	On-line	Nutrition for Children
Wednesday, November 9 6:30 – 7:30 p.m.	<u>Child Care Essentials: Reducing the Risk of SIDS</u> Protect the children in your care by creating a safe sleep environment to prevent sudden infant death syndrome (SIDS).	Sioux Falls	Program Health & Safety
Wednesday, November 9 7:30 – 8:30 p.m.	<u>Using Positive Discipline Model</u> Use the Positive Discipline model to be both kind and firm so the children in your care can learn self-discipline and creative cooperation.	Sioux Falls	Guidance & Behavior Management
Monday, November 14 6:30 – 7:30 p.m.	<u>Supporting Foster Children in Childcare Classrooms</u> Learn how to best support foster children in your classroom. Hear from interviews with a child protection worker, foster parent, and a childcare director who has worked with foster children in the past to gain tips and strategies.	Sioux Falls	Interpersonal Communication and Relationships
Monday, November 14 7:30 – 8:30 p.m.	<u>Supporting Children Through Divorce</u> Learn about the effects of divorce and how you can support children and families through during this difficult life transition.	Sioux Falls	Interpersonal Communication and Relationships
Thursday, December 1 7 – 8 p.m.	<u>Serve & Return</u> Learn what serve and return is in childcare and the developmental benefits it has on young children.	Sioux Falls	Interpersonal Communication & Relationships
Monday, December 12 6:30 – 7:30 p.m.	<u>Calm During the Storm</u> Recognize signs of emotional flooding in children. Learn how to become the external regulator for children, calming experiences of overwhelm and increasing adaptability.	On-line	Child Growth & Development

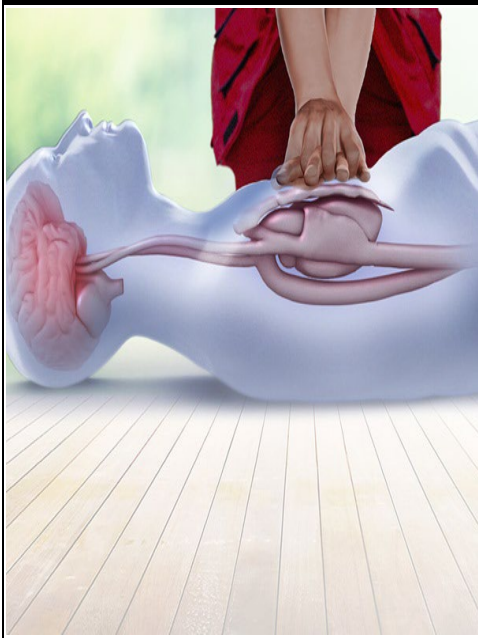
Face to Face CPR

ADULT, CHILD & INFANT CPR/AED			
This video-based, instructor-led course teaches adult, child and infant CPR, AED use, and how to relieve choking. This course teaches the American Heart Association's practice-while-watching technique, which allows instructors to observe the students and provide feedback.			
DATE/TIME	FEE	LOCATION	LICENSING/PATHWAYS
Saturday, October 29 8:30 a.m. – Noon	\$0	Sioux Falls	Program Health & Safety
Thursday, November 17 6:30 – 10 p.m.	\$0	Sioux Falls	Program Health & Safety
Saturday, December 10 12:30 – 4 p.m.	\$0	Sioux Falls	Program Health & Safety

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CPR AED Online Blended Learning



Online CPR Training Option

Providers have an option to complete the education portion online and conduct face to face skill testing in Sioux Falls.

Below is the process to conduct the education portion online and skill testing face to face in Sioux Falls:

- Contact us to receive the online course link
- Complete the online course
- Contact our office to schedule 1:1 skill testing. Certificate of completion of online course must be brought to skill testing.
- After completion of the online course, you will have 60 days to complete the face-to-face skill testing portion

For additional questions or to schedule a 1:1 skill testing, please call 605-312-8390

CPR Class Policy

CPR classes sponsored by the City of Sioux Falls Health Department through Sanford CHILD Services are provided free of charge to Sioux Falls City registered family day care providers and their helpers.

Registration for CPR classes is limited to 9 people per class. To help ensure CPR education is available throughout the year to Sioux Falls City registered family day care providers, the following policy exists:

1. Class registration is limited to Sioux Falls city registered family day care providers and their helpers.
2. Sioux Falls City registered providers, and their helpers, receive one free CPR class per year.

CPR Cancellation Policy

Cancellation of CPR class registration needs to be made 24 hours prior to the start of the CPR class. By doing so, allows others to enroll in the CPR class.

1. If notice of cancellation is not received 24 hours prior to the CPR class, the registrant will have used up his/her free CPR class for the year. A payment of \$20 will be needed to enroll in another City of Sioux Falls Health Department sponsored CPR class.

CPR & Certified First Aid Registration & Payment Policy

Certified First Aid & CPR reservation is not confirmed until payment is received. If payment has not been received 24 hours prior to the start of the class, this class reservation will be given to the first participant that secures this reservation with a payment.

CPR & Certified First Aid Class Refund Policy

Class cancellation is required prior to the start of class, otherwise payment will be forfeited and is non-transferrable.

Call to Action for Providers:

1. For more information regarding state registration, please contact the local Child Care Licensing Specialist for your region.
2. For more information on local training opportunities, please contact the local Early Childhood Enrichment program for your region.
3. For more information on the South Dakota Child & Adult Care Food Program, please contact the South Dakota Department of Education.
4. Join the Family Child Care Professionals of South Dakota for support and networking.





Sanford Children's CHILD Services
5015 S Western Ave
Suite 120
Sioux Falls, SD 57108

**2022 TRAINING SCHEDULE
OCTOBER/NOVEMBER/DECEMBER**

