

SANFORD CHILDREN'S CHILD Services

■ JULY - SEPTEMBER 2023

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PREVENTION IS KEY! UNDERSTANDING BEHAVIOR MANAGEMENT



Behavior management is no small undertaking and can seem impossible at times. Often with unwanted behaviors, the focus is on how to calm the child down as quickly as possible. Rather, let us look at some prevention techniques that may get to the root of the behavior and decrease the chance of it happening at all.

Behavior, of any kind, is communication. Focus on what the behavior is trying to tell you. Think about what need the behavior is trying to meet or the goal of it. The root of the unwanted behavior is not always easily identified. However, in the long run, working to identify the root will be more helpful than repeatedly reacting to unwanted behavior.

Techniques

- **Solutions based thinking**
Talk with children about what they should be doing instead of telling them what they should not be doing. For example, instead of “don’t paint on the table” say “keep paint on the paper”. It is more helpful to children to say the behavior you want to see happening, rather than what you do not. Kids often know what they are not supposed to be doing.

- **Positive descriptive acknowledgement**

Focus on giving children positive descriptive acknowledgement of their actions. Look for the positive behavior happening, no matter how big or small. Tell children with a quick sentence the good behavior you are seeing. For example, “you are sitting cross applesauce”.

- **Build relationships**

Create a strong relationship with each child. Relationships do not fix everything, but they help a lot of things. If the only time we are talking to children is to correct them or tell them what they are doing wrong, it is not fun to talk to us and children will not look forward to it because they likely do not care much about what we have to say. However, if relationship is built in the neutral times through something like play and positive comments are also made, then if there is a correction to behavior that must be made, it increases the chance of it going better.

- **Set expectations and create routine**

Having clear, consistent expectations for children and the classroom will help them thrive. Children need structure as it helps them understand expectations better and gives them a sense of security.

Look beyond the unwanted behavior to try to identify what is causing it. Prevention techniques do not always seem to work the first time because children need time to get used to something new.

Be consistent and do not give up right away, long-term behavior changes will not happen overnight.

Meet the Staff

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WEBSITE

- www.sanfordhealth.org/CHILDServices
- www.sdece.org

FACE TO FACE Learning Opportunities

General Classes

Classes for caregivers of all ages of children

DATE/TIME	CLASS TITLE	LOCATION	LICENSING/PATHWAYS
Saturday, September 16 11 a.m. – Noon	Developmentally Appropriate Practice Explore planning methods that use program resources, materials, space, and personnel to appropriately promote children's development.	Aberdeen	Program Management & Regulations

Infant/Toddler Classes

Classes with an emphasis on caring for six week to three year old children

DATE/TIME	CLASS TITLE	LOCATION	LICENSING/PATHWAYS
Monday, July 17 6:30 – 7:30 p.m.	Typical Sexual Development in Children Young children are curious about everything - including their own bodies. Discover how to help young children learn about sexual development in a safe and thoughtful way.	Sioux Falls	Child Growth & Development
Monday, July 17 7:30 – 8:30 p.m.	Supporting Children Through Divorce Learn about the effects of divorce and how you can support children and families during this difficult life transition.	Sioux Falls	Interpersonal Communication and Relationships
Monday, July 24 7 – 8 p.m.	Attachment Answers: Forming a Secure Attachment Learn about attachment theory and the four types of attachment. Better understand the importance of a healthy attachment in early childhood.	Sioux Falls	Guidance & Behavior Management
Thursday, September 14 6:30 – 7:30 p.m.	Intentional Interactions with Infant and Toddlers Discover the importance of intentional and meaningful interactions and optimal times to create them with infants and toddlers.	Sioux Falls	Child Growth & Development
Saturday, September 16 9 – 10 a.m.	Explore and Play Throughout the Day with Infants and Toddlers Young children love to explore and learn. Learn how to support children as they explore and learn about their world through play.	Aberdeen	Learning Environments
Saturday, September 16 10 – 11 a.m.	Nurturing Environments Providing a nurturing environment that helps children develop trust through acceptance and love.	Aberdeen	Learning Environments

Preschool Classes

Classes with an emphasis on caring for three to five year old children

DATE/TIME	CLASS TITLE	LOCATION	LICENSING/PATHWAYS
Wednesday, August 2 6:30 – 7:30 p.m.	Planning Activity Areas: Social Studies Explore various ways to make social studies meaningful to children. Inspired by the South Dakota Early Learning Guidelines.	Sioux Falls	Age Appropriate Planning
Wednesday, August 2 7:30 – 8:30 p.m.	Planning Activity Areas: Language & Literacy Discover ideas and strategies to lead children to become successful readers and writers. Inspired by the South Dakota Early Learning Guidelines.	Sioux Falls	Age Appropriate Planning

Monday, September 11 6 – 7 p.m.	Planning Activity Areas: Social Wellness & Emotional Wellness Discover strategies to assist children in learning about and managing their emotions during daily routines and play. Inspired by the South Dakota Early Learning Guidelines.	Sioux Falls	Age Appropriate Planning
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Out of School Time Classes

Classes specific to care provided in out of school time settings

DATE/TIME	CLASS TITLE	LOCATION	LICENSING/PATHWAYS
Monday, August 7 6:30 – 8 p.m.	Using Books to Support Social Wellness & Emotional Wellness Development in Out of School Time Programs In this class you will receive high-quality books and book nooks which have hands on activities to support out of school time social wellness and emotional wellness skill building.	Sioux Falls	Guidance & Behavior Management

fitCare Classes

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings



DATE/TIME	CLASS TITLE	LOCATION	LICENSING/PATHWAYS
Tuesday, July 18 6:30 – 8:30 p.m.	Sweet Dreams! Exploring Strategies for Sleep and Relaxation	Sioux Falls	Program Health & Safety
Thursday, September 7 6:30 – 8:30 p.m.	Ready, Set, Move! Promoting Physical Activity and Development	Sioux Falls	Child Growth & Development

Certified First Aid Classes

The American Heart Association's Pediatric First Aid course trains participants how to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives.

DATE/TIME	LOCATION	LICENSING/PATHWAYS
Saturday, July 8 1 – 3:30 p.m.	Sioux Falls	Program Health & Safety
Saturday, August 5 1 – 3:30 p.m.	Aberdeen	Program Health & Safety



FACE TO FACE CLASS

- Class participants arriving later than 10 minutes past the class start time will not be allowed to attend class as the facility doors will be locked.
- In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes.

Adult/Child & Infant CPR/AED Classes

American Heart Association's course offers instructor-led course and teaches adult, child and infant CPR/AED and choking

DATE/TIME	LOCATION	LICENSING/PATHWAYS
Saturday, July 15 8:30 a.m. – Noon	Sioux Falls	Program Health & Safety
Saturday, August 5 8:30 a.m. – Noon	Aberdeen	Program Health & Safety
Saturday, August 5 8:30 a.m. – Noon	Sioux Falls	Program Health & Safety
Saturday, August 19 8:30 a.m. – Noon	Sioux Falls	Program Health & Safety
Tuesday, August 22 6:30 – 10 p.m.	Sioux Falls	Program Health & Safety
Saturday, September 16 8:30 a.m. – Noon	Vermillion	Program Health & Safety
Monday, September 18 6:30 – 10 p.m.	Sioux Falls	Program Health & Safety
Saturday, September 23 8:30 a.m. – Noon	Sioux Falls	Program Health & Safety
Monday, September 25 6:30 – 10 p.m.	Sioux Falls	Program Health & Safety

ONLINE ADULT/CHILD & INFANT CPR/AED TRAINING OPTION



Providers have an option to complete the education portion online and conduct face to face skill testing in Aberdeen or Sioux Falls.

Below is the process to conduct the education portion online and face to face skill testing:

- Complete the online course. Contact our office to receive online course link information.
- Contact our office to schedule 1:1 skill testing. Certificate of completion of online course must be brought to skill testing.
- After completion of the online course, you will have 60 days to complete the face-to-face skill testing portion.

Online Learning Opportunities

General Classes

Classes for caregivers of all ages of children

DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS
Tuesday, July 25 6– 7 p.m.	Conflict Management Among Staff Learn conflict resolution techniques and ways to effectively communicate with staff.	Professionalism

Infant/Toddler Classes

Classes with an emphasis on caring for six week to three year old children

DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS
Tuesday, July 18 6 – 7 p.m.	Trauma and the Brain Providers will learn about how trauma affects the brain and future development of infants and toddlers.	Child Growth & Development
Tuesday, July 18 7 – 8 p.m.	Rough and Tumble Play Learn about rough play in young children. Find out what is appropriate and when you should be more concerned. Discover tips on how to respond when play gets rough.	Guidance & Behavior Management
Thursday, July 20 6 – 7 p.m.	Building Resilience in Children with Challenging Behaviors Learn to help children co-regulate strong emotions, increase attention & impulse control, and encourage problem solving & self-esteem.	Guidance & Behavior Management
Thursday, July 20 7 – 8 p.m.	Connection Seeking Behaviors We often hear the term attention seeking in reference to children's behavior. In this class we are going to focus on rephrasing this to connection seeking. Learn about what connection seeking means and strategies on how to respond.	Guidance & Behavior Management
Tuesday, July 25 7 – 8 p.m.	Safe Infant Sleep Environments Learn to identify common hazards of infant sleep environments and safe sleep practices for injury prevention.	Program Health & Safety
Thursday, August 31 6:30 – 7:30 p.m.	Supporting Foster Children in Childcare Classrooms Learn how to best support foster children in your classroom. Hear from interviews with a child protection worker, foster parent, and a childcare director who has worked with foster children in the past to gain tips and strategies.	Interpersonal Communication & Relationships
Tuesday, September 12 6 – 7 p.m.	What is Inclusive Care for Infants and Toddlers? Infants and toddlers come to your setting with all sorts of needs, learn how easy it is to adapt your practices to meet the needs of all the children in your care.	Inclusion of All Children
Tuesday, September 12 7 – 8 p.m.	Explore and Play Throughout the Day with Infants and Toddlers Young children love to explore and learn. Learn how to support children as they explore and learn about their world through play.	Learning Environments



ONLINE CLASS POLICY

Participants are emailed the class link, with instructions, within 24 hours prior to scheduled class start time. In order to receive credit for online classes, participants must:

- Log into class within 5 minutes of the class start time.
- Demonstrate attendance by participating in class polls and chats.
- Complete 1 learning statement at the end of the class.

Family Child Care Classes

Classes specific to care provided in family child care settings

DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS
Tuesday, September 19 6:30 – 7:30 p.m.	Child Care as a Business Learn about the importance of having contracts and policies for owning your own child care business.	Program Management & Regulations
Tuesday, September 19 7:30 – 8:30 p.m.	Setting Boundaries with Parents Boundaries can be blurred when you run your business out of your home, learn ways to keep parent relationships friendly but professional.	Partnerships with Parents



fitCare Classes

Classes to help caregivers provide a healthy lifestyle program for children in their care

DATE/TIME	CLASS TITLE	LICENSING/PATHWAYS
Monday, August 7 6:30 – 8:30 p.m.	We Are What We Eat! Creating Healthy Nutrition Environments	Nutrition for Children



NEWS FROM DEPARTMENT OF HEALTH, SIOUX FALLS

Are you a family child care provider in Sioux Falls?

Believe it or not, the end of the year is just around the corner. Please remember to get your 6 hours of continuing education before the end of the year. Year end classes have a tendency to fill up, so get your hours in now.



REGISTER ONLINE. IT'S FAST & CONVENIENT!

1. Go to <https://www.sanfordhealth.org/classes-and-events>

2. Select 'Daycare Providers'

By Category	
<input type="checkbox"/> Pregnancy	+213
<input type="checkbox"/> Women's	+272
<input type="checkbox"/> Children's	+190
<input checked="" type="checkbox"/> Daycare Providers	66

3. Click the title class you would like to sign up for

4. Select 'Register Now'

Register Now

Sanford Children's CHILD Services

Did you know, if your child care program is licensed or registered with the state of South Dakota you belong to the South Dakota ECE System?

These services are available to you! Call your local ECE office for more information

Educational Opportunities

Trainings are accessible to child care providers across the state of South Dakota through in-person, online and on-site delivery.

Technical Assistance

A collaborative, problem-solving process between the provider and CHILD Services staff. Includes consultations, coaching, modeling, observation and support.

Temperament Program

Collaborative approach between parents, child care providers and ECE staff to understand a child's temperament.

fitCare

fitCare classes and technical assistance is offered to child care providers to teach young children healthy lifestyle habits.

Child Development Associate

A credential is a nationally recognized early childhood professional credential administered by the Council for Professional Recognition.

Social Emotional Program

Support to child care providers and parents involving children who exhibit challenging behaviors or developmental concerns.
(Region 1 & 5 only)

Physical Activity

Technical Assistance

Staff assist provider in creating an environment where physical activity is incorporated into the program culture.
(Region 1, 4 & 5 only)

REGION 1: EARLY CHILDHOOD CONNECTIONS

3645 Sturgis Rd, Suite 110
Rapid City, SD 57702
(605) 342-6464

REGION 2: THE RIGHT TURN, INC.

115 E Sioux Ave
Pierre, SD 57501
(605) 773-4755

REGION 3: SANFORD CHILDREN'S CHILD SERVICES

110 6TH Ave, SE, Suite 100
Aberdeen, SD 57401
(605) 226-5675

REGION 4: CHILD & FAMILY RESOURCE NETWORK

South Dakota State University, PO Box 2218
Brookings, SD 57007
(605) 688-5730

REGION 5: SANFORD CHILDREN'S CHILD SERVICES

5015 S. Western Ave. Suite. 120
Sioux Falls, SD 57108
(605) 312-8390



RETURN SERVICE REQUESTED

2023 TRAINING SCHEDULE
JULY/AUGUST/SEPTEMBER