

CHILD SERVICES OF Aberdeen

■ APRIL, MAY, JUNE
■ REGION THREE

This publication was funded by the Department of Social Services, Division of Child Care Services.

Children & Stress: What is stress?



What is stress?

Stress is the body's reaction to change, adjustments, and difficult life circumstances. We often think of stress as a "bad" or "negative" experience. However, stress can be positive and a learning experience. Think about stress in terms of these three categories:

Positive: A normal and essential part of healthy development. For example, the first day in a new classroom or getting the flu shot.

Tolerable: Usually buffered by nurturing relationships and the body recovers from any harmful effects.

Toxic: Strong, frequent, and prolonged stress or adversity. For example, neglect, abuse, caregiver substance abuse or other ongoing harmful effects. Toxic stress is not easily buffered because positive, nurturing relationships may not be present.

Warm and nurturing relationships between children and adults are the most important factor in developing resilience and overcoming potential negative effects of stress. Resilience is the ability for an individual to bounce back from stress and adversity. Resilience occurs in our lives when the good factor outweighs the bad.

Identifying stress in young children

Stress in children looks and feels a lot different than in adults. It is important to be aware of signs and symptoms of childhood stress because early intervention is key!

Loss of appetite

Regressing to a younger age or previous behaviors

Clinginess

Crying or screaming a lot

More aggressive behaviors

Difficulty sleeping or sleeping more than usual

Complaining of physical pain (headache, stomach ache)

Not wanting to participate or withdrawing

Self-soothing behaviors (nail biting, hair twirling, etc.)

Tips to reducing stress

Maintain a normal structure and routine.

Get down at the child's level to play and interact.

Demonstrate sensitivity and validation of children's needs and feelings.

Help children feel safe, protected, and valued.



General Learning Opportunities

Classes for caregivers of all ages of children. (Location details given upon registration)

(Q): Qualify for required orientation training topics

(Q): Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Classes				
Learn and Take: Learn today-put your learning into practice tomorrow				
Monday, April 20 6:30 – 7:30 p.m.	Take Time to Breathe Learn ways to relieve your stress in the midst of your chaotic day.	\$5	Online	Professionalism
Tuesday, May 26 6:30 – 7:30 p.m.	1-2-3 Science Learn to integrate science concepts, exploration, and developmentally appropriate activities into children's daily experiences.	\$5	Online	Learning Environments
Thursday, June 18 1 – 2 p.m.	Building The Brain Through Play Playful learning builds children's brains. Guided play and other support strategies provide meaningful learning opportunities for children.	\$5	Online	Child Growth & Development
Early Learning Guidelines for Caregivers				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Tuesday, May 5 7:30 – 9 p.m.	Approaches to Learning The use of play, everyday tasks, and an enriching environment to support young children's creativity, imagination and increasingly complex & challenging play.	\$5	Online	<i>Age Appropriate Planning</i>
Tuesday, May 12 7:30 – 9 p.m.	Social & Emotional Development Supporting foundational social & emotional skills such as relationship building and recognizing, managing, & expressing emotions.	\$5	Online	<i>Guidance & Behavior Management</i>
Tuesday, May 19 7:30 – 9 p.m.	Communication, Language & Literacy Strategies to set up an environment that encourages exploration, play and social interactions for young children and the development of literacy skills and oral language.	\$5	Online	<i>Interpersonal Communication & Relationships</i>
Tuesday, May 26 7:30 – 9 p.m.	Cognitive, Health & Physical Development Building relationships and providing an environment & activities to support reasoning, motor development, and health & safety skills.	\$5	Online	<i>Child Growth & Development</i>
Ins and Outs of Lesson Planning				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Monday, June 1 7:30 – 9 p.m.	Lesson Plan Basics Explore strategies & techniques for creating lesson plans based on children's needs and interests.	\$5	Online	<i>Program Management & Regulations</i>
Monday, June 8 7:30 – 9 p.m.	Developing and Creating Lesson Plans Explore a variety of lesson plans, evaluate activity ideas to meet children's needs, and how to plan in a timely fashion.	\$5	Online	<i>Child Growth & Development</i>
Monday, June 15 7:30 – 9 p.m.	Using Child Interests, Themes and Projects Learn about different approaches to planning and how each can lead to quality learning for children.	\$5	Online	<i>Observing Children</i>
Monday, June 22 7:30 – 9 p.m.	Purposeful Activities Bring together all the lesson planning pieces and share creative ideas that have worked. (Birth to age 8 focused).	\$5	Online	<i>Age Appropriate Planning</i>

Social Emotional Learning Opportunities

Ideas and insight to positive guidance and behavior management techniques

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Thursday, June 18 6:30 – 7:30 p.m.	A Circle of Support for Social Emotional Development Explore how to work with parents to support children's social emotional needs.	\$5	Online	<i>Partnerships with Parents</i>
INFANT/TODDLER ENTRY LEVEL SERIES (Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Tuesday, April 7 7:30 – 9 p.m.	Importance of Relationships How exactly do our relationships with children influence the connection between children's social emotional development and challenging behaviors? We will explore this question along with ways to support positive behavior and build relationships.	\$5	Online	<i>Guidance & Behavior Management</i>
Tuesday, April 14 7:30 – 9 p.m.	Creating Supportive Environments & Routines Explore ways to create meaningful & engaging learning spaces which promote social emotional development & support appropriate behaviors.	\$5	Online	<i>Learning Environments</i>
Tuesday, April 21 7:30 – 9 p.m.	Social Emotional Teaching Strategies Participants will discuss ways to be intentional about teaching social emotional skills, identify strategies for supporting the development of friendship skills and activities that build children's feeling vocabularies.	\$5	Online	<i>Guidance & Behavior Management</i>
Tuesday, April 28 7:30 – 9 p.m.	Supporting Children's Success Learn to react to challenging behaviors and support children learning problem solving skills and to handle anger & disappointment.	\$5	Online	<i>Guidance & Behavior Management</i>
PRESCHOOL SOCIAL AND EMOTIONAL FOUNDATIONS FOR LEARNING (Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Wednesday, June 3 7:30 – 9 p.m.	Importance Of Relationships Relationships affect children's social emotional development & behaviors. Learn to support positive behavior & build relationships.	\$5	Online	<i>Guidance & Behavior Management</i>
Wednesday, June 10 7:30 – 9 p.m.	Environment, Routines, And Strategies Environmental elements, their impact on children's development & behaviors, and strategies to support children's positive social behaviors.	\$5	Online	<i>Learning Environments</i>
Wednesday, June 17 7:30 – 9 p.m.	Social Emotional Teaching Strategies Strategies for supporting the development of friendship skills, & activities that build children's feeling vocabularies.	\$5	Online	<i>Guidance & Behavior Management</i>
Wednesday, June 24 7:30 – 9 p.m.	Supporting Children's Success Learn to react to challenging behaviors and support children learning problem solving skills and to handle anger & disappointment.	\$5	Online	<i>Guidance & Behavior Management</i>

Infant/Toddler Learning Opportunities

Classes with an emphasis on caring for children six weeks to three year old. (Location details given upon registration)

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Monday, April 13 6:30 – 7:30 p.m.	Be Intentional With Playful Planning Learn how planning, observing and guiding children's play can help you achieve developmental and curriculum benchmarks.	\$5	Online	Age Appropriate Planning

Monday, June 15 12:30 – 1:30 p.m.	<u>Giving the Gift of a Secure Attachment</u> Learn how a secure bond of attachment creates resilience in children, reduces toxic stress and prevents challenging behavior.	\$5	Online	<i>Enter Licensing/Pathway</i>
--------------------------------------	---	-----	--------	--------------------------------

Preschool Learning Opportunities

Classes with an emphasis on caring for three to five year old children. (Location details given upon registration)

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Tuesday, May 26 7:30 – 8:30 p.m.	<u>De-Stress Your Lesson Planning</u> Take the stress out of creating effective lesson plans through developing a deeper understanding of your children's goals and abilities.	\$5	Online	<i>Age Appropriate Planning</i>
PRESCHOOL ENTRY LEVEL SERIES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Thursday, May 7 7:30 – 9 p.m.	<u>Child Growth & Development</u> Fostering the growth and development of children through appropriate environment, activities, and interactions.	\$5	Online	<i>Child Growth & Development</i>
Thursday, May 14 7:30 – 9 p.m.	<u>Behavior Management & Guidance</u> Using positive guidance techniques and establishing a program climate that promotes positive behavior.	\$5	Online	<i>Guidance & Behavior Management</i>
Thursday, May 21 7:30 – 9 p.m.	<u>Program Health & Safety</u> Understand the importance of promoting and teaching practices that keep children safe and healthy.	\$5	Online	<i>Program Health & Safety</i>
Thursday, May 28 7:30 – 9 p.m.	<u>Social Interactions & Learning Environments</u> Supporting children's individual needs through learning environments and relationships.	\$5	Online	<i>Learning Environments</i>
PRESCHOOL BEST PRACTICE SERIES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Thursday, April 2 7:30 – 9:30 p.m.	<u>Best Practices In Preschool Cultural Diversity</u> Cultural continuity and building partnerships with parents; incorporating cultural practices in caregiving.	\$5	Online	<i>Cultural Diversity</i>
Thursday, April 9 7:30 – 9:30 p.m.	<u>Developmentally Appropriate Preschool Curriculum</u> Planning a developmentally appropriate curriculum that builds on children's needs and interests.	\$5	Online	<i>Age Appropriate Planning</i>
Thursday, April 16 7:30 – 9:30 p.m.	<u>The Role Of Observation, Documentation, & Assessment</u> Best practices in implementing observation, documentation and assessment tools & techniques for preschool children.	\$5	Online	<i>Observing Children</i>
Thursday, April 23 7:30 – 9:30 p.m.	<u>Appropriate Guidance & Promoting Behavior</u> Understanding preschooler's behavior; ways to provide positive guidance & build conflict resolution skills.	\$5	Online	<i>Guidance & Behavior Management</i>

Saturday Spectaculars

A one day event with classes for childcare caregivers of all ages and all settings.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
SATURDAY SPECTACULAR APRIL 4 SANFORD ABERDEEN MEDICAL CENTER				
Saturday, April 4 9 – 10 a.m.	I've Got the Whole World in My Home Embrace the diversity of the children in your family child care by providing culturally sensitive care.	\$0	Aberdeen	Cultural Diversity
Saturday, April 4 10 – 11 a.m.	Thinking Outside the Box Tired of the same old toys, learn how to use materials in new ways.	\$0	Aberdeen	Age Appropriate Activities
Saturday, April 4 11 a.m. – 12 p.m.	Balancing the Needs of My Child Having your own children in your daycare can be a challenge. Learn some ideas and strategies to balance the needs of your own child(ren) within your daycare.	\$0	Aberdeen	Interpersonal Communication & Relationships
OST SATURDAY SPECTACULAR MAY 2 SANFORD ABERDEEN MEDICAL CENTER				
Saturday, May 2 9 – 10 a.m.	The Secret Tool: Observation How can you learn more about the children in your OST program? Observation! Explore various tools that will help you improve your observation practices.	\$0	Aberdeen	Observing Children
Saturday, May 2 10 – 11 a.m.	Engaging Families in Afterschool Programs Parents are so busy; it can be hard to get them involved in your OST program. Learn ways to increase family engagement which helps build positive relationships.	\$0	Aberdeen	Partnerships with Parents
Saturday, May 2 11 a.m. – Noon	Don't Laugh at Me Gain an understanding of the effects of labeling and discrimination relative to school-age children.	\$0	Aberdeen	Inclusion of All Children

Out of School Time Learning Opportunities

Classes with an emphasis on caring for school age children. (Location details given upon registration)

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
OUT OF SCHOOL TIME ENTRY LEVEL SERIES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Thursday, June 4 7:30 – 9 p.m.	Child Growth And Development Fostering the growth and development of children through appropriate environment, activities, interactions, and inclusion.	\$5	Online	<i>Child Growth & Development</i>
Thursday, June 11 7:30 – 9 p.m.	Program Health And Safety The importance of implementing teaching practices that promote child health and safety.	\$5	Online	<i>Program Health & Safety</i>
Thursday, June 18 7:30 – 9 p.m.	Fostering Learning Environments Supporting children's individual needs through learning environments and relationships.	\$5	Online	<i>Learning Environments</i>
Thursday, June 25 7:30 – 9 p.m.	Behavior Management And Guidance Using positive guidance techniques and establishing a program climate that promotes positive behavior.	\$5	Online	<i>Guidance & Behavior Management</i>

fitCare Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings. All fitCare classes provide caregivers with activities to help teach children about making healthy choices. (Location details given upon registration)

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Wednesday, May 6 6:30 – 8:30 p.m.	Be fit ... RECHARGE Your Energy Learn about what it means to be <i>fit</i> as well as ways to ensure children get their rest and relaxation, so they have the energy to make healthy choices.	\$0	Online	<i>Program Health & Safety</i> <i>Learning Environments</i>
Wednesday, May 13 6:30 – 8:30 p.m.	Motivate Your MOOD Our MOOD influences the choices we make. Help children learn about MOOD and how to turn their MOOD around to make healthy choices.	\$0	Online	<i>Guidance & Behavior Management</i> <i>Age Appropriate Activities</i>
Wednesday, May 20 6:30 – 8:30 p.m.	Think Your FOOD Food habits start early in life. Learn how to teach children about making healthy food choices.	\$0	Online	<i>Nutrition for Children</i> <i>Learning Environments</i>
Wednesday, May 27 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth & Development</i> <i>Age Appropriate Activities</i>
Tuesday, May 12 6:30 – 8:30 p.m.	Think Your FOOD See above for class descriptions.	\$0	Online	<i>Nutrition for Children</i> <i>Learning Environments</i>
Tuesday, April 14 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth & Development</i> <i>Age Appropriate Activities</i>
Tuesday, June 9 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth & Development</i> <i>Age Appropriate Activities</i>
fitCare Technical Assistance	<u>Taking a fitCare class is required to participate</u> Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	Licensing Credit Available	<i>Categories determined based on Action Plan</i>	fitCare Technical Assistance

Family Child Care Provider Focus Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings. (Location details given upon registration)

FAMILY CHILD CARE ENTRY LEVEL SERIES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Tuesday, April 28 7:30 – 9 p.m.	Keeping It Safe & Healthy Best basic health and safety practices for your children, environment, and family childcare program.	\$5	Online	Program Health & Safety
Tuesday, May 5 7:30 – 9 p.m.	What Children Need to Learn & Grow Your role in supporting children's social, emotional, physical and cognitive growth and development at all stages.	\$5	Online	Child Growth & Development
Tuesday, May 12 7:30 – 9 p.m.	It All Begins with Relationships Appropriate, respectful & responsive care based on individual children's needs; positive communication & relationships with children & families.	\$5	Online	Interpersonal Communication & Relationships
Tuesday, May 19 7:30 – 9 p.m.	The Business of Family Child Care Basic business practices, program management, and policies & practices to meet licensing regulations.	\$5	Online	Program Management & Regulations

Pathways to Professional Development Series

(Formerly Supplemental Training Series)

- Three courses conveniently offered online.
 - Open enrollment allowed for each course of the series.
 - Registration per class is not available. Participants must register for all classes that are part of a course.
- Out-of-class time work required for course credit.
- Complete your CDA and take all three courses of the Pathways to Professional Development Series to receive college credit when you enroll in participating South Dakota colleges and universities.
 - Earn up to twelve college credits (credits allowed depend on participating South Dakota college or university policy).

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
You the Professional (SDCDA 320)				
Monday, June 1 7:30 – 10 p.m.	Exploring Adult Learning Styles Influencing factors and theories of adult learning; individual learning styles.	\$10	Online	<i>Interpersonal Communication & Relationships</i>
Monday, June 8 7:30 – 10 p.m.	Best Practice: Program Administration and Leadership An overview of staff supervision and development strategies, basic fiscal management skills, and 'best practice' program administration policies and procedures.		Online	<i>Program Management & Regulations</i>
Meeting Children's Basic Needs (SDCDA 300)				
Monday, June 15 7:30 – 10 p.m.	Providing a Safe & Healthy Environment Early childhood health and safety standards and applications.	\$10	Online	<i>Program Health & Safety</i>
Monday, June 22 7:30 – 10 p.m.	Providing for Children's Nutritional Needs Professional and personal use of USDA SuperTracker resources, childcare nutritional standards & responsibilities.		Online	<i>Nutrition for Children</i>
How Children Learn and Grow (SDCDA 310)				
Monday, June 29 7:30 – 10 p.m.	Theories of Child Development: Prenatal, Birth & Early Brain Development Overview of the latest research in early brain development and its impact and applications for ECE professionals.	\$25	Online	<i>Child Growth & Development</i>
Monday, July 6 7:30 – 10 p.m.	Theories of Child Development: Dewey & Montessori Overview of research methods and the history of theories of child development; the theories of Dewey & Montessori.		Online	<i>Child Growth & Development</i>
Monday, July 13 7:30 – 10 p.m.	Theories of Child Development: Erikson, Bronfenbrenner & Bandura Developmental theories of Erikson, Bronfenbrenner & Bandura; ongoing critical thinking and comparison of various theories.		Online	<i>Child Growth & Development</i>
Monday, July 20 7:30 – 10 p.m.	Theories of Child Development: Piaget & Vygotsky Developmental theories of Piaget & Vygotsky; professional and personal implications of Gardner's theories of multiple intelligences.		Online	<i>Child Growth & Development</i>
Monday, July 27 7:30 – 10 p.m.	Growth and Development of School-Age Children Overview of school age children's growth and development.		Online	<i>Child Growth & Development</i>

Extended Learning Opportunities

Take any of the classes in this section and add on the option to have CHILD Services staff come to your work site and assist you in putting your learning into your daily work with children.

CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Preschool Best Practices Series See page 5 for class dates, times and more information.	See page 4	Online	<i>Various Categories</i>
fitCare Series See page 6 for class dates, times and more information. Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	See page 6	Online	<i>Various Categories</i>

CPR and First Aid

Classes for caregivers for all ages and all settings.

CPR and First Aid Certified eCard: In order to receive your CPR and First Aid certified card, you will need to provide an email at time of registration.

- CPR and First Aid classes are held quarterly at Aberdeen CHILD Services
- Course renewal is every 2 years

CPR Policy

CPR payment must be received within 48 hours of the CPR class. If payment has not been received 48 hours in advance, you will be notified that your class reservation is no longer valid. This class reservation will be given to the first participant that secures this reservation with a payment.

CPR and First Aid Class Refund Policy:

CPR or First Aid class cancellation is required 24 hours prior to class, otherwise payment will be forfeited and is non-transferable.

Saturday, May 16 8:30 a.m. – Noon	Heartsaver Adult/Child and Infant CPR (O) This video-based, instructor-led course teaches adult, child and infant CPR, AED use, and how to relieve choking. This course teaches skills with the AHA's practice-while-watching technique, which allows instructors to observe the students and provide feedback.	\$20	Aberdeen	<i>Program Health & Safety</i>
Saturday, May 16 1 – 3:30 p.m.	Certified First Aid (O) The American Heart Association's Heartsaver Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives.	\$5	Aberdeen	<i>Program Health & Safety</i>



ECE Class Policy

To ensure accurate class registration, individuals must call to register for classes.

e-Learning Online Classes

In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats
3. Complete 3 learning statements at the end of the class.

Classroom Classes

1. Class participants arriving later than 10 minutes past the class start time will not be given credit for class attendance.
2. CHILD Services strives to provide a positive learning environment for all participants. If a class participant disrupts the positive learning environment, the participant risks not being given credit for the class.
3. CHILD Services respects the attention needs of young children and the learning needs of class participants. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes with a class participant.

JUST A REMINDER

Cancellation – Please remember, if you register for a class and are unable to attend, it is a courtesy to call and cancel your registration.

e-Learning Online Opportunities

REQUIREMENTS: Computer with internet connectivity, Adobe Flash Player 10.1 or higher, Free Flash Player – download at www.adobe.com. Due to technical incompatibility, do not use smart phones to access online classes

E-LEARNING ONLINE CLASS POLICY

Class registration is closed 48 hours prior to scheduled class start time.

Monday class registration is closed 5 p.m. on the Thursday prior to the class.

Online classes are \$5 per class hour.

Class registration is secured once payment is received.

Class participants are emailed the class link within 24 hours prior to schedule class start time.

Class credit: Credit is given once all class requirements are completed:

Log into class within 5 minutes of the class start time.

Demonstrate attendance by participating in class polls and chats

Complete 3 learning statements at the end of the class.

Refunds: No cash refunds are given for online classes. Credit will be given towards another online class if cancellation is received 24 hours prior to class.



South Dakota Early Childhood Education Conference

April 23-25, 2020

Sioux Falls, SD

Sioux Falls Convention Center

Find more information at www.sdaeyc.org/conferences

South Dakota Early Childhood Enrichment

All new staff can access a revised online classroom to complete the orientation training. The new classroom has more interactive features and additional learning feedback

To create your account:

Navigate to www.sdstate.edu/tll/fm

Click on online orientation to child care

Click on log in

CDA Eligibility Class Enrollment Requirements

Personal

18 Years of age or older High School diploma or equivalent

Be able to speak, read and write well enough to fulfill responsibilities of a CDA candidate

Sign a statement of ethical conduct

Experience

Have 480 hours of experience working with children with children within the last 3 years

Observation Setting:

Able to observed working in one of the following child care settings

Center-based infant/toddler (birth to age 3)

Family day care (birth through age 5)

Center-based preschool (ages 3-5)





Meet the Staff

ECE REGION 3 DIRECTOR
Rhonda Swanson

EARLY CHILDHOOD ENRICHMENT
TRAINING STAFF
Rhonda Swanson
Cassie Weisz
Nancy Raether

OFFICE SECRETARY
Jessica Ness

SANFORD CHILDREN'S
CHILD SERVICES
110 6th Ave SE
Suite 100
Aberdeen, SD 57401
Phone: (605) 226-5675
(800) 982-6404
Fax: (605) 262-8509

CHILD SERVICES
OFFICE HOURS
Monday-Friday
8 a.m. – 5 p.m.

EMAIL
childservices.aberdeen@sanfordhealth.org

WEBSITE
www.sanfordhealth.org/CHILDServices

CDA Renewal

CDA renewal fee is \$150 for paper renewal applications and \$125 for online renewal applications submitted through Your CDA

When do I need to renew my CDA?

A CDA Credential is valid for three years from the date of award, each Credential issued after June 1, 1023 will need to be renewed every three years. Please remember, it is your responsibility to keep track of when you need to renew your CDA. Sanford Children's CHILD Services does not maintain renewal dates and will not be notifying you when your expiration is drawing near. You can go to www.cdacouncil.org and find out how to renew your certification.

Extended Learning Opportunities

Take any of the classes in this section and add on the option to have a CHILD Services staff come to your work site and assist you in putting your learning into your daily work with children.

Ready to Apply?

Finished face-to-face CDA Classes and ready to apply for your CDA credential?

CHECKLIST:

Complete your bookwork

Complete your Professional Portfolio (Competency Statements, Resource Collection Items, Family Questionnaires, Professional Philosophy Statement)

Make sure classes are paid in full

Get transcript from CHILD Services

Choose a Professional Development Specialist

Apply to National CDA Council

For application guidance go to www.cdacouncil.org

Call (605) 226-5675 or (800) 982-6404 to review your checklist.



**Sanford Children's CHILD
Services**
110 6th Ave SE, Suite 100
Aberdeen, SD 57401