Sanford Children's CHILD Services of Sioux Falls

Region Five Newsletter | September/October/November 2018

Your Environment Matters

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The physical environment in your program plays a huge role in the quality of your child care setting. You and the children in your program should find your environment welcoming and comfortable. A well designed and developmentally appropriate space sets the stage for learning and positive children interactions.

Consider these points when setting up your classroom's play space:

- **Provide Predictability** Children like to be in control of their own environment. Create a physical space in which children know what to expect. Minimize changes to the children's physical space. Change up the activities and toys offered, but maintain the room layout.
- Offer Organization Divide your space into different areas. Create a zone for messy activities, loud activities, quiet activities and active play. Separate areas that are opposite of each other such as loud and quiet play. When children can choose where they want to play, what they want to play with and have the ability to separate themselves into different areas, they are less likely to display challenging behaviors.
- **Create Boundaries** Create well-defined activity areas. This type of environment allows children to explore on their own and engage with different activities.
- **Establish Paths** Children need to be able to move quickly and easily from one activity to another. Entries and exits should be clearly defined. An open room without clear pathways doesn't provide children with a sense of direction and security and it can encourage children to run in the classroom. If you find yourself saying, "use your walking feet" on a regular basis, you may want to consider changing your pathways.

Setup an environment that provides children:

- **Safety** Providing a safe environment encourages children to explore and learn about the world around them. Children should be able to move about freely and explore.
- **Comfort and Convenience** This allows you and the children to function without stress. A calm, carefree environment lets children play and learn all at the same time. Children learn to trust their environment and are able to learn easier.
- **Child Sized Space** Children should be able to reach, sit, play and work without always asking an adult for help. You should encourage children to become independent explorers. When children can access the materials they want to play with, it helps to develop their ability to be independent.
- **Free Choice** Opportunities for children to discover what they find interesting or challenging supports all areas of development. Children develop physically, emotionally, and socially when they are able to choose where and how they play.

For more tips on setting up your classroom environment, call CHILD Services (605) 312-8390.

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Meet the Staff

ECE Region 5 Director: Kim Overby

CHILD Manager: Amy Heisinger

CHILD Supervisor: Margie Schade

Infant Toddler Specialist: Naomi Hoffman

Training Staff: Amy Heisinger

Casey Johnston

- Jessica Fink
- Karli Dubro
- Katrina Anderson
- Margie Schade
- Mindy Greenfield
- Naomi Hoffman
- Sarah Shin

Teri Pieters

CHILD Services Office Hours: Monday – Friday, 8 a.m. – 5 p.m.



Check Out Our New Website! sanfordhealth.org/CHILDservices

Check Out CDA Hybrid CDA Information Meeting

Tuesday, November 13

6:30-7:30 p.m.

Learn about CDA class requirements, fees, and scholarship opportunities.

ECE Class Policy

To ensure accurate class registration, individuals must call to register for classes.

e-Learning Online Classes

In order to receive credit for online classes, participants must:

- 1. Log into class within 5 minutes of the class start time.
- 2. Demonstrate attendance by participating in class polls and chats
- 3. Complete 3 learning statements at the end of the class.

Classroom Classes

- 1. Class participants arriving later than 10 minutes past the class start time will not be given credit for class attendance.
- 2. CHILD Services strives to provide a positive learning environment for all participants. If a class participant disrupts the positive learning environment, the participant risks not being given credit for the class.
- 3. CHILD Services respects the attention needs of young children and the learning needs of class participants. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes with a class participant.

CPR and Certified First Aid

CPR and Certified First Aid Class Registration

and Payment Policy: Certified First Aid & CPR reservation is not confirmed until payment is received. If payment has not been received 24 hours prior to the start of the class, this class reservation will be given to the first participant that secures this reservation with a payment.

CPR and Certified First Aid Class Refund Policy: Class cancellation is

required prior to the start of class, otherwise payment will be forfeited and is nontransferable.

Heartsaver® CPR AED

This video-based, instructor-led course teaches adult, child and infant CPR, AED use, and how to relieve choking. This course teaches skills with the AHA's practice-while-watching technique, which allows instructors to observe the students and provide feedback.

Fee: \$20 per class

Class Dates:

Saturday, September 8, 2018 • 8:30 – Noon – Sioux Falls Thursday, September 20, 2018 • 6:30 – 10 p.m. – Sioux Falls Thursday, October 18, 2018 • 6:30 – 10 p.m. – Sioux Falls Saturday, October 27, 2018 • 8:30 – Noon – Sioux Falls Saturday, November 10, 2018 • 8:30 – Noon – Sioux Falls Monday, November 19, 2018 • 6:30 – 10 p.m. – Sioux Falls

Challenging Behaviors?

There are many factors that may be influencing challenging behaviors.

- Room Environment
- Child's Temperament
- Developmental Age
- And more

We're here to help find the reason!

CHILD Services can support you, your staff and your families with strategies and a collaborative approach to finding the reason for the challenging behaviors and together build the social emotional development foundation that is so important towards a child's success. Call (605) 312-8390 or email childsrv@sanfordhealth.org.

> JUST A REMINDER Cancellation-Please remember, if you register for a class and are unable to attend, it is a courtesy to call and cancel your registration.

Certified First Aid

The American Heart Association's Heartsaver Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives. A Heartsaver Pediatric First Aid Course Completion Card will be given to students upon successful completion of the course.

Fee: \$5 per class

Class Dates:

(Additional classes may be added – check website for updates)

Saturday, October 13, 2018 1 – 3:30 p.m. – Sioux Falls

See General classes for Basic First Aid for Child Care Providers



Saturday Spectacular- Understanding and Supporting the Value of Play

Registration space is limited. Pre-registration is required.

A one-day event with classes for caregivers of all ages and all settings. Saturday, September 29 • Sign-in begins at 8:30 a.m. Location: Sanford USD Medical Center, Schroeder Auditorium Cost: Free (3 hours of licensing-approved training available)

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
9 – 10 a.m.	Building The Brain Through Play Playful learning builds children's brains. Guided play and other support strategies provide meaningful learning opportunities for children.	\$0	Sioux Falls	Child Growth & Development
10:15 – 11:15 a.m.	All the World's A Stage. Of Play! As children learn and grow, so does their style of play. Learn the stages of socialization skills in play and how it supports their learning.	\$0	Sioux Falls	Child Growth & Development
Saturday, September 29 11:30 a.m. – 12:30 p.m.	Planned Play is Not An Oxymoron Achieving a balance of child-directed and teacher-guided play takes planning. Connect early learning standards to children's play activities.	\$0	Sioux Falls	Child Growth & Development

General Learning Opportunities

Classes for caregivers of all ages of children.

(Location details given upon registration)

Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

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Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways		
Tuesday, September 4 7:30 – 8:30 p.m.	Who Needs the Mess? Kids Do! Importance of Family Style Meals Learn about how serving and eating "family-style" meals at child care benefits children.	\$5	Online	Nutrition for Children		
Thursday, September 6 6:30 – 7:30 p.m.	Introduction to the Early Learning Guidelines What children learn between birth and age 5 creates the foundation for learning for years to come. Learn how you can use the ELG's to guide you in your curriculum planning.	\$5	Online	Age Appropriate Activities		
Tuesday, September 11 6:30 – 7:30 p.m.	Basic First Aid for Child Care Providers (O) Participants will gain knowledge related to common childhood accidents and injuries and will receive instruction that will enable caregivers to perform first aid.	\$5	Sioux Falls	Program Health & Safety		
Tuesday, September 11 7:30 – 8:30 p.m.	Medication Administration (O) Learn why, when and how to safely give medication in child care.	\$0	Sioux Falls	Program Health & Safety		
Thursday, September 13 6:30 – 7:30 p.m.	Developmentally Appropriate Practice Explore planning methods that use program resources, materials, space and personnel to appropriately promote children's development.	\$0	Sioux Falls	Program Management & Regulations		
Thursday, September 13 7:30 – 8:30 p.m.	Communicable Diseases (O) What is a communicable disease? How do you prevent its transmission? Learn how germs are transmitted and how to keep children healthy.	\$0	Sioux Falls	Identification & Prevention of Communicable Diseases		
Saturday, October 6 9 – 10 a.m.	<u>Dealing with Feelings</u> Discuss methods for teaching children to identify and constructively deal with their emotions.	\$0	Vermillion	Guidance & Behavior Management		
Saturday, October 6 10:15 – 11:15 a.m.	Moving Beyond "Use Your Words" - The Magic of I-Statements Learn how adults and children can use "I-Statements" to improve, rather than deteriorate, communication and relationships.	\$0	Vermillion	Interpersonal Communication & Relationships		
Saturday, October 6 11:30 a.m. – 12:30 p.m.	Share the Wealth You have a treasure-trove of information to share with the families you serve; learn how to guide them towards informed practices.	\$0	Vermillion	Partnerships with Parents		

Thursday, October 11 7:30 – 8:30 p.m.	The Winning Attitude You can control one thing in life - your attitude. Be a positive role model for children. Get tips on how to have a positive attitude in work and life.	\$0	Sioux Falls	Professionalism
Tuesday, October 30 7:30 – 8:30 p.m.	Being a Mandated Reporter (O) Learn what it means to be a mandated reporter and how to stress the importance of this role with staff.	\$0	Sioux Falls	Child Abuse & Neglect
Saturday, November 3 9 – 10 a.m.	Dealing with Feelings Discuss methods for teaching children to identify and constructively deal with their emotions.	\$0	Mitchell	Guidance & Behavior Management
Saturday, November 3 10:15 – 11:15 a.m.	Moving Beyond "Use Your Words" - The Magic of I-Statements Learn how adults and children can use "I-Statements" to improve, rather than deteriorate, communication and relationships.	\$0	Mitchell	Interpersonal Communication & Relationships
Saturday, November 3 11:30 a.m. – 12:30 p.m.	Share the Wealth You have a treasure-trove of information to share with the families you serve; learn how to guide them towards informed practices.	\$0	Mitchell	Partnerships with Parents
Thursday, November 8 7 – 8 p.m.	Emergency Preparedness (O) Be prepared for emergencies in your child care program. Learn how to develop a plan for emergency situations.	\$0	Sioux Falls	Program Management & Regulations
Tuesday, November 13 7:30 – 8:30 p.m.	Food Handling Techniques Keep everyone safe from food related illness. Learn about precautions during food preparation, storage and while feeding infants.	\$0	Sioux Falls	Food Handling Techniques
Thursday, November 15 6:30 – 7:30 p.m.	Building A Bridge: Partnership with Parents Parents are a vital part of any child care program. Get tips on how to establish positive parent partnerships.	\$5	Online	Partnerships with Parents

Social Emotional Learning Opportunities Ideas and insight to positive guidance and behavior management techniques.

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Tuesday, September 4 6:30 – 7:30 p.m.	Standing Up for Children Children with social emotional needs are often misunderstood. Learn how to advocate for these children so they receive the best possible care.	\$5	Online	Professionalism
Thursday, October 4 7:30 – 9 p.m.	Importance of Relationships (Preschool Focused) How exactly do our relationships with children influence the connection between children's social emotional development and challenging behaviors? We will explore this question along with ways to support positive behavior and build relationships.	\$5	Online	Guidance & Behavior Management
Thursday, October 11 7:30 – 9 p.m.	Environment, Routines, & Strategies (Preschool Focused) We will look at environmental elements, their impact on children's development and behaviors, and discuss strategies to support children's positive social behaviors in group settings.	\$5	Online	Learning Environments
Thursday, October 18 7:30 – 9 p.m.	Social Emotional Teaching Strategies (Preschool Focused) Participants will discuss ways to be intentional about teaching social emotional skills, identify strategies for supporting the development of friendship skills and activities that build children's feeling vocabularies.	\$5	Online	Guidance & Behavior Management
Thursday, October 25 7:30 – 9 p.m.	Supporting Children's Success (Preschool Focused) How does your reaction to challenging behaviors support the child in learning problem solving skills and the ability to handle anger and disappointment? Learn ways to support preschool children in acquiring these social emotional skills in your child care setting.	\$5	Online	Guidance & Behavior Management

Check out the newsletter online at www.sanfordhealth.org/CHILDservices

Family Child Care Provider Focus Learning Opportunities

Classes specific to care provided in a family day care setting. (Location details given upon registration)

Classes – Learn and Take: Learn today – put your learning into practice tomorrow.						
Date/Time	Class Title *=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways		
Tuesday, September 18 6:30 – 7:30 p.m.	I've Got the Whole World in My Home Embrace the diversity of the children in your family child care by providing culturally sensitive care.	\$5	Online	Cultural Diversity		
Tuesday, October 30 6:30 – 7:30 p.m.	I Don't Sit on Babies! Learn strategies for promoting yourself as a professional to your families and community.	\$0	Sioux Falls	Professionalism		
Thursday, November 8 8 – 9 p.m.	Working with Parents, Not Against Them Learn tips of how to work with parents in the best interest of the child.	\$0	Sioux Falls	Partnerships with Parents		

Infant/Toddler Learning Opportunities

Classes with an emphasis on caring for children

6 weeks to three years old.

(Location details given upon registration)

Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Learn and Take: L	earn today – put your learning into practice tomorrow.	-	-	
Date/Time	Class Title *=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Wednesday, September 5 7:30 – 9:30 p.m.	*Protective Urges/Responding to Families Participants will learn ways to work with families when both have strong feelings concerning caring for young children.	\$5	Online	Partnerships with Parents
Thursday, October 11 6:30 – 7:30 p.m.	Culturally Sensitive Caregiving Learn ways to be more aware of young children's individual and cultural needs.	\$0	Sioux Falls	Cultural Diversity
Tuesday, November 13 6:30 – 7:30 p.m.	Child Care Essentials: Shaken Baby Syndrome (O) Never shake a baby! Learn the symptoms and outcomes of pediatric head trauma and ways to prevent it from happening.	\$0	Sioux Falls	Child Abuse & Neglect
Thursday, November 15 7:30 – 8:30 p.m.	Period of PURPLE Crying (O) The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$5	Online	Child Abuse & Neglect
Infant/Toddler Be most effective in e	st Practice Series: Best practice is known as strategies, ac early childhood.	tivites	s, and appr	oaches that are
Thursday, October 18 6:30 – 7:30 p.m.	Infant/Toddler Best Practices Part 1 Learn about the critical elements of best practices in infant/toddler care.	\$5	Online	Age Appropriate Activities
Thursday, October 25 6:30 – 7:30 p.m.	Infant/Toddler Best Practices Part 2 Learn about best practices to foster the social-emotional development of infants and toddlers.	\$5	Online	Child Growth & Development
Thursday, November 1 6:30 – 7:30 p.m.	Infant/Toddler Best Practices Part 3 Learn how routines play a part in providing best practices in infant/toddler care.	\$5	Online	Age Appropriate Activities
Thursday, November 8 6:30 – 7:30 p.m.	Infant/Toddler Best Practices Part 4 Learn how to provide best practice environments for infants and toddlers.	\$5	Online	Learning Environments

Preschool Learning Opportunities

Classes with an emphasis on caring for three to five year old children.

(Location details given upon registration)



Classes

Learn and Take: Learn today - put your learning into practice tomorrow. Class Title Licensing/ Date/Time Location *=Part of a State of SD Core Curriculum Fee Pathways (O)=Qualify for required orientation training topics Tuesday, September 11 Age Appropriate Music Play: Planning Activity Areas \$5 Online 7:30 – 9 p.m. Provide easy and fun music activities to use with children Activities Tuesday, September 18 Age Appropriate **Block Play: Planning Activity Areas** \$5 Online 7:30 – 9 p.m. Discover how block play assists children in developing various skills. Activities Health and Physical Development: Planning Activity Areas Tuesday, September 25 Age Appropriate Online Discover strategies and activities that encourage effective physical play and \$5 7:30 – 9 p.m. Activities nutrition. **Creative Arts: Planning Activity Areas** Tuesday, October 2 Age Appropriate \$5 Online Explore materials and art techniques that allow children to represent their 7:30 - 9 p.m. Activities thoughts and ideas. Sand and Water Play: Planning Activity Areas Tuesday, October 9 Age Appropriate \$5 Online Discover ideas for designing educational experiences for children using sand 7:30 - 9 p.m. Activities and water. Math Play: Planning Activity Areas Tuesday, October 16 Age Appropriate Learn the many activities that help children develop math skills and what \$5 Online 7:30 – 9 p.m. Activities items you need in your program to give children a strong support. Language and Literacy: Planning Activity Areas Tuesday, October 23 Age Appropriate \$5 Online Discover ideas and strategies to lead children to become successful readers 7:30 – 9 p.m. Activities and writers. Dramatic Play: Planning Activity Areas Tuesday, October 30 Help the children in your care use their imagination and cooperation skills as \$5 Online Observing Children 7:30 – 9 p.m. they pretend, take on new roles, and learn about themselves, their family and society. Inspired by South Dakota Early Learning Guidelines. Social Studies: Planning Activity Areas Tuesday, November 6 \$5 Online Explore various ways to make social studies meaningful to children. Inspired Learning Environments 7:30 – 9 p.m. by South Dakota Early Learning Guidelines. Social Emotional Skills: Planning Activity Areas Tuesday, November 13 Guidance & Behavior \$5 Online Discover strategies to assist children in learning about and managing their 7:30 – 9 p.m. Management emotions during daily routines and play. Preschool Best Practice Series: Best practice is known as strategies, activites, and approaches taht are most effective in early childhood. Preschool Best Practice Part 1 Tuesday, November 20 Age Appropriate \$0 Sioux Falls Best Practice is known as strategies, activities and approaches that are most 6:30 - 8:30 p.m. Activities effective in early childhood. Explore the critical elements of best practice. Preschool Best Practice Part 2 Tuesday, November 27 Best practice is known as strategies, activities and approaches that are most \$0 Sioux Falls Learning Environments 6:30 – 8:30 p.m. effective in early childhood. Learn how to provide best practice environments for preschoolers. Preschool Best Practice Part 3 Tuesday, December 4 Child Growth & Best Practice is known as strategies, activities and approaches that are most \$0 Sioux Falls 6:30 – 8:30 p.m. effective in early childhood. Learn about best practices to foster children's Development social-emotional development. Preschool Best Practice Part 4 Tuesday, December 11 Best Practice is known as strategies, activities and approaches that are most \$0 Sioux Falls Observing Children 6:30 – 8:30 p.m. effective in early childhood. Learn about observation and assessment of children.

Classes with an emphasis on caring for school age children. (Location details given upon registration)

Classes

Learn and Take: Learn today - put your learning into practice tomorrow.

Date/Time	Class Title *=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
6.30 - 8 nm	The Changing Faces of South Dakota Understand the expectations and beliefs of yourself and others and learn ways to become culturally sensitive to different child-rearing practices.	\$5	Online	Cultural Diversity

fitCare Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings.

Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Thursday, September 13	Be fit RECHARGE Your Energy			Program Health & Safety
6:30 – 8:30 p.m.	Learn about what it means to be <i>fit</i> as well as ways to ensure children get their rest and relaxation so they have the energy to make healthy choices.			Learning Environments
Thursday, September 20 6:30 – 8:30 p.m.	Motivate Your MOOD Our MOOD influences the choices we make. Help children learn about MOOD and how to turn their MOOD around to make healthy choices.			Guidance & Behavior Management Age Appropriate Activities
Thursday, September 27 6:30 – 8:30 p.m.	Think Your FOOD Food habits start early in life. Learn how to teach children about making healthy food choices.	\$0	Online	Nutrition for Children Learning Environments
Thursday, October 4 6:30 – 8:30 p.m.	<u>MOVE Your Body</u> Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.			Child Growth & Development Age Appropriate Activities
Monday, November 5 6:30 – 8:30 p.m.	Be fit RECHARGE Your Energy Learn about what it means to be fit as well as ways to ensure children get their rest and relaxation so they have the energy to make healthy choices.		Sioux Falls	Program Health & Safety Learning Environments
Monday, November 12 6:30 – 8:30 p.m.	<u>Motivate Your MOOD</u> Our MOOD influences the choices we make. Help children learn about MOOD and how to turn their MOOD around to make healthy choices.	¢o		Guidance & Behavior Management Age Appropriate Activities
Monday, November 19 6:30 – 8:30 p.m.	Think Your FOOD Food habits start early in life. Learn how to teach children about making healthy food choices.	\$0		Nutrition for Children Learning Environments
Monday, November 26 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.			Child Growth & Development Age Appropriate Activities
Tuesday, October 16 6:30 – 8:30 p.m.	Think Your FOOD Food habits start early in life. Learn how to teach children about making healthy food choices.	\$0	Sioux Falls	Nutrition for Children Learning Environments
Tuesday, October 23 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	Child Growth & Development Age Appropriate Activities
fitCare Technical Assistance	<u>Taking a fitCare class is required to participate</u> Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.			Categories determined based on Action Plan

Rural Child Care Provider Learning Opportunities

Classes offered in rural areas in southeastern South Dakota

Learn and Take: Learn today – put your learning into practice tomorrow.

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Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways		
Saturday, November 3 9 – 10 a.m.	Dealing with Feelings Discuss methods for teaching children to identify & constructively deal with their emotions.	\$0	Mitchell	Guidance & Behavior Management		
Saturday, November 3 10:15 – 11:15 a.m.	Moving Beyond "Use Your Words" - The Magic of I-Statements Learn how adults and children can use "I-Statements" to improve, rather than deteriorate, communication and relationships.	\$0	Mitchell	Interpersonal Communication and Relationships		
Saturday, November 3 11:30 a.m. – 12:30 p.m.	Share the Wealth You have a treasure-trove of information to share with the families you serve; learn how to guide them towards informed practices.	\$0	Mitchell	Partnerships with Parents		
Saturday, October 6 9 – 10 a.m.	Dealing with Feelings Discuss methods for teaching children to identify & constructively deal with their emotions.	\$0	Vermillion	Guidance & Behavior Management		
Saturday, October 6 10:15 – 11:15 a.m.	Moving Beyond "Use Your Words" - The Magic of I-Statements Learn how adults and children can use "I-Statements" to improve, rather than deteriorate, communication and relationships.	\$0	Vermillion	Interpersonal Communication and Relationships		
Saturday, October 6 11:30 a.m. – 12:30 p.m.	Share the Wealth You have a treasure-trove of information to share with the families you serve; learn how to guide them towards informed practices.	\$0	Vermillion	Partnerships with Parents		

e-Learning Online Opportunities We know life can be busy... So we are bringing learning right to you.

Live engaging online classes via the internet.

Requirements:

- Computer with internet connectivity
- Adobe Flash Player 10.1 or higher
- Free Flash Player download at www.adobe.com
 Due to technical incompatibility, do not use smart phones to access online classes

e-Learning Online Class Policy:

- Class registration is closed 48 hours prior to scheduled class start time.
- Monday class registration is closed 5 p.m. on the Thursday prior to the class.
- Online classes are \$5 per class hour.

- Class registration is secured once payment is received.
- Class participants are emailed the class link within 24 hours prior to scheduled class start time.
- **Class credit:** Credit is given once all class requirements are completed:
 - Log into class within 5 minutes of the class start time.
 - Demonstrate attendance by participating in class polls and chats.
 - Complete 3 learning statements at the end of the class.Refunds: No cash refunds are given for online classes.
- Credit will be given towards another online class if cancellation is received 24 hours prior to class.

Tuesday, September 4 6:30 – 7:30 p.m.	Standing Up for Children Children with social emotional needs are often misunderstood. Learn how to advocate for these children so they receive the best possible care.	\$5	Online	Professionalism
Tuesday, September 4 7:30 – 8:30 p.m.	Who Needs the Mess? Kids Do! Importance of Family Style Meals Learn about how serving and eating "family-style" meals at child care benefits children.	\$5	Online	Nutrition for Children
Wednesday, September 5 7:30 – 9:30 p.m.	*Protective Urges/Responding to Families Participants will learn ways to work with families when both have strong feelings concerning caring for young children.	\$5	Online	Partnerships with Parents
Thursday, September 6 6:30 – 7:30 p.m.	Introduction to the Early Learning Guidelines What children learn between birth and age 5 creates the foundation for learning for years to come. Learn how you can use the ELG's to guide you in your curriculum planning.	\$5	Online	Age Appropriate Planning
Tuesday, September 11 7:30 – 9 p.m.	Music Play: Planning Activity Areas Provide easy and fun music activities to use with children	\$5	Online	Age Appropriate Planning

Tuesday, September 18 6:30 – 7:30 p.m.	I've Got the Whole World in My Home Embrace the diversity of the children in your family child care by providing culturally sensitive care.	\$5	Online	Cultural Diversity
Tuesday, September 18 7:30 – 9 p.m.	Block Play: Planning Activity Areas Discover how block play assists children in developing various skills.	\$5	Online	Age Appropriate Planning
Tuesday, September 25 7:30 – 9 p.m.	Health and Physical Development: Planning Activity Areas Discover strategies and activities that encourage effective physical play and nutrition.	\$5	Online	Age Appropriate Planning
Tuesday, October 2 6:30 – 8 p.m.	The Changing Faces of South Dakota Understand the expectations and beliefs of yourself and others and learn ways to become culturally sensitive to different child-rearing practices.	\$5	Online	Cultural Diversity
Tuesday, October 2 7:30 – 9 p.m.	Creative Arts: Planning Activity Areas Explore materials and art techniques that allow children to represent their thoughts and ideas.	\$5	Online	Age Appropriate Planning
Thursday, October 4 7:30 – 9 p.m.	Importance of Relationships (Preschool Focused) See page 4 for class description.	\$5	Online	Guidance & Behavior Management
Tuesday, October 9 7:30 – 9 p.m.	Sand and Water Play: Planning Activity Areas Discover ideas for designing educational experiences for children using sand and water.	\$5	Online	Age Appropriate Planning
Thursday, October 11 7:30 – 9 p.m.	Environment, Routines, & Strategies (Preschool Focused) See page 4 for class description.	\$5	Online	Learning Environment
Tuesday, October 16 7:30 – 9 p.m.	Math Play: Planning Activity Areas Learn the many activities that help children develop math skills and what items you need in your program to give children a strong support.	\$5	Online	Age Appropriate Planning
Thursday, October 18 7:30 – 9 p.m.	Teaching Strategies (Preschool Focused) See page 4 for class description.	\$5	Online	Guidance & Behavior Management
Tuesday, October 23 7:30 – 9 p.m.	Language and Literacy: Planning Activity Areas Discover ideas and strategies to lead children to become successful readers and writers.	\$5	Online	Age Appropriate Planning
Thursday, October 25 7:30 – 9 p.m.	Supporting Children's Success (Preschool Focused) See page 4 for class description.	\$5	Online	Guidance & Behavior Management
Tuesday, October 30 7:30 – 9 p.m.	Dramatic Play: Planning Activity Areas Help the children in your care use their imagination and cooperation skills as they pretend, take on new roles, and learn about themselves, their family and society. Inspired by South Dakota Early Learning Guidelines.	\$5	Online	Observing Children
Tuesday, November 6 7:30 – 9 p.m.	Social Studies: Planning Activity Areas Explore various ways to make social studies meaningful to children. Inspired by South Dakota Early Learning Guidelines.	\$5	Online	Learning Environment
Tuesday, November 13 7:30 – 9 p.m.	Social Emotional Skills: Planning Activity Areas Discover strategies to assist children in learning about and managing their emotions during daily routines and play.	\$5	Online	Guidance & Behavior Management
Thursday, November 15 6:30 – 7:30 P.M.	Building A Bridge: Partnership with Parents Parents are a vital part of any child care program. Get tips on how to establish positive parent partnerships.	\$5	Online	Partnerships with Parents
Thursday, November 15 7:30 – 8:30 p.m.	Period of PURPLE Crying (O) The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$5	Online	Child Abuse & Neglec
	More e-Learning Online Opportunities in this News	letter		
i itCare Classes ∙ See pa	ge 7 for more information		Online	Various Categories
nfant/Toddler Best Prac	nfant/Toddler Best Practices Classes • See page 5 for more information			Various Categories
lanagement Classes • See page 11 for more information			Online	Various Categories

Professional Development Opportunities

Child Development Associate Classes

Classes to prepare participants to apply for a Child Development Associate (CDA) credential.

New This Fall! CDA Hybrid

What is CDA Hybrid?

- CDA Hybrid is a combination of online and in-person classes.
- Each CDA course is three online classes and one in-person class.

Why Earn a CDA?

- 1. Increase your professional knowledge.
- 2. Have confidence when working with the children in your care.
- 3. Establish your **credibility** with parents.
- 4. Gain professional recognition in your field.
- 5. Articulates to Associate or Bachelor degree credits in higher education program in South Dakota.
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How many classes do I need to take to apply for my CDA?

32 classes in total (8 courses with 4 classes each)

What's the cost for CDA classes and CDA Credential application?

- \$95 registration fee (covers the cost of the books)
- \$700 course tuition fee (includes classes and paperwork assistance)
- \$425 to apply for your CDA Credential
- *Scholarships and payment plans are available based on eligibility

I'm interested but have questions. What's my next step?

Call to speak with our CDA Specialist or register for the CDA Informational Meeting.

I want to take CDA classes. What's my next steps?

Call for a CDA application.

I've finished taking the CDA classes and ready to apply for my credential. What's my next steps? Checkout www.cdacouncil.org or call CHILD Services and talk to our CDA specialist.

What do I need to do to renew my CDA Credential? You can go to www.cdacouncil.org and find out how to renew your certification.

CDA Renewal

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CDA renewal fee is \$150 for paper renewal applications and \$125 for online renewal applications submitted through YourCDA.

When do I need to renew my CDA?

A CDA Credential is valid for three years from the date of award, each Credential issued after June 1, 2013 will need to be renewed every three years. Please remember, it is your responsibility to keep track of when you need to renew your CDA. Sanford Children's CHILD Services does not maintain renewal dates and will not be notifying you when your expiration is drawing near. You can go to **www.cdacouncil.org** and find out how to renew your certification.

Check out our classes online at www.sanfordhealth.org/CHILDservices. Register for classes by calling (605) 312-8390 or (800) 235-5923.

Benefits of CDA Hybrid

Combines the best of both class types!

Online classes provide:

- Live interactive experiences
- Less travel time
- Convenient access

In-person classes provide:

- Support with assignment completion
- Networking with others
- Engaging discussions

CDA Informational Meeting

Tuesday, November 13 2018 6:30 – 7:30 p.m. Sioux Falls, SD

Learn about CDA class requirements, fees, and scholarship opportunities.

Licensing/Pathways: Professionalism Please register by calling, (605) 312-8390

Management Learning Opportunities

Classes with an emphasis on managing child care programs.

Classes – Learn and Take: Learn today – put your learning into practice tomorrow.				
Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Monday, September 17 7:30 – 9 p.m.	Recruiting and Hiring Staff How do you find the right job candidates? We will explore guidelines and tips for a successful orientation process and learn about resources to help with recruitment.	\$5	Online	Program Management & Regulations
Monday, October 15 7:30 – 9:00 p.m.	Retaining Quality Staff What is the value of employee retention? Learn how to motivate staff and build a sense of community in your child care program.	\$5	Online	Program Management & Regulations
Monday, November 5 7:30 – 9 p.m.	Policies and Procedures Learn how a handbook lays out rules and regulations to help the child care center run more smoothly.	\$5	Online	Program Management & Regulations

Attention Management

Want help in developing a physical activity policy for your center? We can help! Join this informational webinar to see if you want to get started today.

When: Thursday, September 27 • 6:30 – 7:30 p.m. Building a Policy: Physical Activity Learn the steps to creating, implementing, sustaining and evaluating a policy with the focus on physical activity. Location: Online Fee: \$0 "Staff have a positive attitude about leading physical activities and there has been a significant decrease in challenging behaviors." – Director Participant after

completing a policy

Have you hired new staff recently?

After July 1, 2017 all new hires have 90 days to complete orientation training. South Dakota state-specific orientation training can be accessed through this website: http://www.sdstate.edu/frn Click on Orientation to Child Care then South Dakota Orientation Training On-Demand.

Management Support Services

CHILD Services teaches classes, but did you know we offer services to help you in your everyday program management too?

- Looking for answers to enhance your staff's professional development needs?
- Wondering how to help your teachers manage their classrooms?
- Need assistance in developing partnerships with your parents?
- New to managing a child care program and don't know where to start?

CHILD Services can help! Just give us a call and we'll help you sort through which services will best meet your needs.



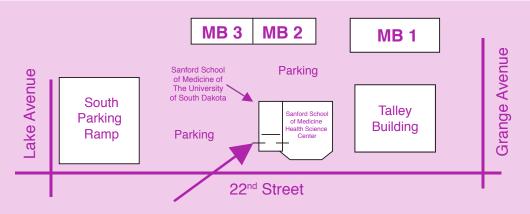
Sanford Sanford Medical Center CHILD Services 1115 West 41st St. Sioux Falls, SD 57105



2018 Training Schedule September/October/November These classes meet the South Dakota child care

These classes meet the South Dakota child care training requirements for licensing and registration.

Address Service Requested



Go in the main entrance of the Sanford School of Medicine Health Science Center (1400 W. 22nd). Instead of going straight ahead into the Wegner Library, turn left and go through the double doors. Signs will be posted to guide you.

Office Location: CHILD Services Office 1115 W. 41 St. Sioux Falls, SD (605) 312-8390 (800) 235-5923





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