

# Sanford Children's CHILD Services of Sioux Falls

Region Five Newsletter | September/October/November 2017



## The Value of Play

Do you ever hear parents say, “The kids are just playing, when is their learning time?” This is a great opportunity to educate them on just how important play is to young children. Zero to Three calls play “how children test their ideas and learn new skills.” So much is learned through play, its value is immeasurable.

More learning happens when children are engaged in what interests them, they are excited to explore and experiment. Play gives children opportunities to try out their ideas, to problem solve. If their ideas don’t work, it’s a chance to think through the “why not” and try something new. Encourage their curiosity, that’s a trait that will benefit them throughout their lives.

Research shows that children learn more through hands on experiences than they do with worksheets and flashcards. Think how one-dimensional worksheets really are whereas hands on play can engage all 5 senses. We tend to focus on academics and forget the “work” that needs to happen at younger ages. When you see a baby tracking a rattle with her eyes as you pass it in front of her face, she is actually practicing a pre-reading skill. Toddlers love to tear paper, instead of thinking of it as a mess, focus on what skills are being developed. Strengthening those fingers builds fine motor coordination which will be needed for writing and cutting with scissors.

Here are just a few examples of what children are learning as they play with different materials:

- Blocks – Problem solving, math, science, creativity, communication, cooperation
- House play – Imagination, communication, role playing, creativity, literacy, negotiation
- Puzzles – Putting parts together to make a whole, problem solving, persistence, trial and error, fine motor coordination
- Playdough – creativity, fine motor skills, sensory exploration, turn taking, communication

What is your role in play? Oftentimes we want to teach when we really should be following the child’s lead and engaging with them as they play.

- Ask open ended questions that can further their learning – “Why do you think your tower fell down?” or “How will we all fit on your bus?”
- Give them time to figure things out, resist the temptation to fix things. We often learn more through failure than we do success.
- Be careful not to quiz or bombard them with questions, no one wants to feel like they’re taking a test while playing.

When considering your daily schedule with the children, think long and hard about the amount of time you give children to truly play. Avoid an overly structured day and develop a schedule that allows for lots of play and imagination. This gift is what you have to offer and through that you will be improving the quality of care and learning that occurs in your setting.

Source: Zero to Three;  
[www.zerotothree.org/early-learning/play](http://www.zerotothree.org/early-learning/play)

**Want help on how to incorporate  
more play into your daily routine?**

**Need new activity ideas?**

Call (605) 312-8390 or  
email [childsrv@sanfordhealth.org](mailto:childsrv@sanfordhealth.org)

## Meet the Staff

**ECE Region 5 Director:**  
Kim Overby

**CHILD Manager:**  
Amy Heisinger

**CHILD Supervisor:**  
Margie Schade

**Curriculum Coordinator:**  
Misty Barber

**Infant Toddler Specialist:**  
Naomi Hoffman

**Additional Training Staff:**  
Amy Heisinger  
Casey Kroll  
Karli Narum  
Kaycee Albertson  
Kelly Gilbert  
Lisa Gibson  
Margie Schade  
Mindy Greenfield  
Naomi Hoffman  
Sarah Shin

**CHILD Services Office Hours:**  
Monday – Friday,  
8 a.m. – 5 p.m.



**SANFORD**  
Children's

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## Sanford Children's Toy Lending Library Children learn and grow through play.

### Why Join?

- Access to a variety of developmentally appropriate and educational toys for infants, toddlers and preschoolers.
- Opportunity to provide an assortment of toys to promote various skill developments.
- Availability for you to have new and different toys for children to enhance their play experience.
- Convenience of trying out a toy to see if children enjoy the toy before purchasing.
- Ability to provide a cost effective way to keep your toy selection new and interesting for children.

For more information, call (605) 312-8370 or email [childsrv@sanfordhealth.org](mailto:childsrv@sanfordhealth.org).

## Upcoming Events

### SoDakSACA Conference

#### "South Dakota Afterschool Game On!"

- October 5, 6, and 7
- Ramkota – Pierre, SD

More information: [sodaksaca.org/](http://sodaksaca.org/)

### Sioux Empire United Way's 17th Annual Reading Festival: "Hero UP with a Good Book"

- Saturday, October 21
- 9am – Noon
- Ramkota Exhibit Hall – Sioux Falls, SD

More information: [seuw.org/reading-festival](http://seuw.org/reading-festival)

## ECE Class Policy

To ensure accurate class registration, individuals must call to register for classes.

### e-Learning Online Classes

In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats
3. Complete 3 learning statements at the end of the class.

### Classroom Classes

1. Class participants arriving later than 10 minutes past the class start time will not be given credit for class attendance.
2. CHILD Services strives to provide a positive learning environment for all participants. If a class participant disrupts the positive learning environment, the participant risks not being given credit for the class.
3. CHILD Services respects the attention needs of young children and the learning needs of class participants. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes with a class participant.



## CPR and Certified First Aid

(Location details given upon registration)

**CPR and First Aid Class Refund Policy:** *Class cancellation is required prior to the start of class, otherwise payment will be forfeited and is non-transferrable.*

### Heartsaver CPR

#### CPR Policy:

CPR reservation is not confirmed until payment is received. If payment has not been received 24 hours prior to the start of class, this class reservation will be given to the first participant that secures this reservation with a payment.

**Fee:** \$20 per class

#### Class Dates:

Saturday, Sept. 9, 2017 • 8:30 a.m. – Noon – **Sioux Falls**  
Thursday, Sept. 21, 2017 • 6:30 – 10 p.m. – **Sioux Falls**  
Saturday, Sept. 23, 2017 • 8:30 a.m. – Noon – **Vermillion**  
Tuesday, Oct. 10, 2017 • 6:30 – 10 p.m. – **Sioux Falls**  
Saturday, Oct. 28, 2017 • 8:30 a.m. – Noon – **Sioux Falls**  
Saturday, Nov. 4, 2017 • 9 a.m. – 12:30 p.m. – **Yankton**  
Saturday, Nov. 11, 2017 • 8:30 a.m. – Noon – **Sioux Falls**  
Thursday, Nov. 30, 2017 • 6:30 – 10 p.m. – **Sioux Falls**



Course renewal is every 2 years.

### Certified First Aid

The American Heart Association's new Heartsaver Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives. A Heartsaver Pediatric First Aid Course Completion Card will be given to students upon successful completion of the course.

**Fee:** \$5 per class

#### Class Dates:

*(Additional classes may be added – check website for updates)*

Sat., October 28, 2017 • 1–3:30 p.m. – **Sioux Falls**

See General classes for Basic First Aid for Child Care Providers

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

# General Learning Opportunities

Classes for caregivers of all ages of children.

(Location details given upon registration)



## Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Tuesday, September 12 6:30 – 7:30 p.m.	<b>Basic First Aid for Child Care Providers (O)</b> Participants will gain knowledge related to common childhood accidents and injuries and will receive instruction that will enable caregivers to perform first aid.	\$0	Sioux Falls	Program Health & Safety
Tuesday, September 12 7:30 – 8:30 p.m.	<b>Medication Administration (O)</b> Learn why, when and how to safely give medication in child care.	\$0	Sioux Falls	Program Health & Safety
Tuesday, September 26 6:30 – 7:30 p.m.	<b>There is No "I" in Team</b> Explore cooperation, communication, expressing feelings, appreciating diversity, and conflict resolution.	\$5	Online	Professionalism
Tuesday, September 26 7:30 – 8:30 p.m.	<b>Communicable Diseases (O)</b> What is a communicable disease? How do you prevent its transmission? Learn how germs are transmitted and how to keep children healthy.	\$5	Online	Identification & Prevention of Communicable Diseases
Thursday, September 28 6:30 – 7:30 p.m.	<b>Child Abuse and Neglect (O)</b> Learn how to identify the symptoms of child maltreatment. Learn what it means to be a mandated reporter of child abuse and neglect.	\$5	Online	Child Abuse & Neglect
Saturday, October 21 9 – 10 a.m.	<b>Imagination Station</b> Imagine the fun and learning kids can have playing with blocks, dress up clothes, and cardboard boxes. Ideas on creating an imagination station.	\$0	Mitchell	Age Appropriate Activities
Tuesday, October 24 6:30 – 7:30 p.m.	<b>Developmentally Appropriate Practice</b> Explore planning methods that use program resources, materials, space, and personnel to appropriately promote children's development.	\$5	Online	Program Management & Regulations
Thursday, November 16 6:30 – 7:30 p.m.	<b>Basic First Aid for Child Care Providers (O)</b> Participants will gain knowledge related to common childhood accidents and injuries and will receive instruction that will enable caregivers to perform first aid.	\$0	Sioux Falls	Program Health & Safety
Thursday, November 16 7:30 – 8:30 p.m.	<b>Emergency Preparedness (O)</b> Be prepared for emergencies in your child care program. Learn how to develop a plan for emergency situations.	\$0	Sioux Falls	Program Health & Safety
Tuesday, November 28 7:30 – 8:30 p.m.	<b>Temperament is for Team Players</b> Learn how understanding your own temperament and co-workers individual temperaments can benefit teamwork in the workplace.	\$5	Online	Interpersonal Communication & Relationships

## Orientation Series

Saturday, October 21 10:15 – 10:45 a.m.	<b>Safe Handling &amp; Storage of Hazardous Materials in Child Care (O)</b> Learn proper ways to handle, store, and dispose of biological, chemical, and household waste.	\$0	Mitchell	Program Health & Safety
Saturday, October 21 10:45 – 11:15 a.m.	<b>Administration of Medications in Child Care (O)</b> Learn how to safely give children medicine, and how to maintain proper documentation.	\$0	Mitchell	Program Health & Safety
Saturday, October 21 11:15 – 11:45 a.m.	<b>Preventing &amp; Responding to Food Emergencies and Allergic Reactions (O)</b> Severe food allergies are on the rise. Learn to recognize and reduce children's risk of allergic emergencies.	\$0	Mitchell	Nutrition for Children

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

**Social Emotional Learning Opportunities**  
**Ideas and insight to positive guidance and behavior management techniques.**

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Tuesday, September 5 7:30 – 8:30 p.m.	<b>Help Me Belong</b> Learn techniques to work with challenging children so they can succeed in your child care setting.	\$0	Sioux Falls	<i>Guidance &amp; Behavior Management</i>
Wednesday, October 18 7:30 – 8:30 p.m.	<b>Can We Talk?</b> When dealing with challenging issues, communication with parents is vital. Learn how to have these sensitive conversations with parents effectively and professionally.	\$5	Online	<i>Partnerships with Parents</i>
Tuesday, November 28 6:30 – 7:30 p.m.	<b>A Space to Be Me</b> Explore how the child care environment affects children's social and emotional development.	\$5	Online	<i>Learning Environments</i>

## Infant/Toddler Learning Opportunities

Classes with an emphasis on caring for children

6 weeks to three years old.

(Location details given upon registration)



### Classes

**Learn and Take: Learn today – put your learning into practice tomorrow.**

Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Tuesday, September 5 6:30 – 7:30 p.m.	<b>What is Inclusive Care for Infants and Toddlers?</b> Infants and toddlers come to your setting with all sorts of needs, learn how easy it is to adapt your practices to meet the needs of all the children in your care.	\$0	Sioux Falls	<i>Inclusion of All Children</i>
Tuesday, October 24 7:30 – 8:30 p.m.	<b>Child Care Essentials: Shaken Baby Syndrome (O)</b> Never shake a baby! Learn the symptoms and outcomes of pediatric head trauma and ways to prevent it from happening.	\$5	Online	<i>Child Abuse &amp; Neglect</i>
Monday, November 27 6:30 – 7:30 p.m.	<b>Period of PURPLE Crying (O)</b> The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$0	Sioux Falls	<i>Child Abuse &amp; Neglect</i>
Wednesday, September 6 7:30 – 9:30 p.m.	<b>*Protective Urges/Responding to Families</b> Participants will learn ways to work with families when both have strong feelings concerning caring for young children.	\$5	Online	<i>Partnerships with Parents</i>

### Infant/Toddler Best Practice Series:

**Best practice is known as strategies, activities, and approaches that are most effective in early childhood.**

Thursday, October 5 6:30 – 7:30 p.m.	<b>Infant/Toddler Best Practices Part 1</b> Learn about the critical elements of best practices in infant/toddler care.	\$5	Online	<i>Age Appropriate Activities</i>
Thursday, October 5 7:30 – 8:30 p.m.	<b>Infant/Toddler Best Practices Part 2</b> Learn about best practices to foster the social-emotional development of infants and toddlers.	\$5	Online	<i>Child Growth &amp; Development</i>
Thursday, October 12 6:30 – 7:30 p.m.	<b>Infant/Toddler Best Practices Part 3</b> Learn how routines play a part in providing best practices in infant/toddler care.	\$5	Online	<i>Age Appropriate Activities</i>
Thursday, October 12 7:30 – 8:30 p.m.	<b>Infant/Toddler Best Practices Part 4</b> Learn how to provide best practice environments for infants and toddlers.	\$5	Online	<i>Learning Environments</i>

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

# Preschool Learning Opportunities

Classes with an emphasis on caring for three to five year old children.

(Location details given upon registration)



## Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Wednesday, October 18 6:30 – 7:30 p.m.	<b>Enhancing the World of the Future - Preschool Cognitive Development</b> Many advancements are made during the preschool years; learn how to enhance cognitive development.	\$5	Online	<i>Child Growth &amp; Development</i>
<b>Preschool Best Practice Series: Best practice is known as strategies, activities, and approaches that are most effective in early childhood.</b>				
Thursday, September 7 6:30 – 8:30 p.m.	<b>Preschool Best Practice Part 1</b> Best Practice is known as strategies, activities, and approaches that are most effective in early childhood. Explore the critical elements of best practice.	\$0	Sioux Falls	<i>Age Appropriate Activities</i>
Thursday, September 14 6:30 – 8:30 p.m.	<b>Preschool Best Practice Part 2</b> Best practice is known as strategies, activities, and approaches that are most effective in early childhood. Learn how to provide best practice environments for preschoolers.	\$0	Sioux Falls	<i>Learning Environments</i>
Thursday, September 21 6:30 – 8:30 p.m.	<b>Preschool Best Practice Part 3</b> Best Practice is known as strategies, activities, and approaches that are most effective in early childhood. Learn about best practices to foster children's social-emotional development.	\$0	Sioux Falls	<i>Child Growth &amp; Development</i>
Thursday, September 28 6:30 – 8:30 p.m.	<b>Preschool Best Practice Part 4</b> Best Practice is known as strategies, activities, and approaches that are most effective in early childhood. Learn about observation and assessment of children.	\$0	Sioux Falls	<i>Observing Children</i>
<b>Preschool-Focused Learning Series. Inspired by South Dakota Early Learning Guidelines.</b>				
Tuesday, September 12 7:30 – 9 p.m.	<b>Music Play: Planning Activity Areas</b> Provide easy and fun music activities to use with children.	\$5	Online	<i>Age Appropriate Activities</i>
Tuesday, September 19 7:30 – 9 p.m.	<b>Block Play: Planning Activity Areas</b> Discover how block play assists children in developing various skills.	\$5	Online	<i>Age Appropriate Activities</i>
Tuesday, September 26 7:30 – 9 p.m.	<b>Health and Physical Development: Planning Activity Areas</b> Discover strategies and activities that encourage effective physical play and nutrition.	\$5	Online	<i>Age Appropriate Activities</i>
Tuesday, October 3 7:30 – 9 p.m.	<b>Creative Arts: Planning Activity Areas</b> Explore materials and art techniques that allow children to represent their thoughts and ideas.	\$5	Online	<i>Age Appropriate Activities</i>
Tuesday, October 10 7:30 – 9 p.m.	<b>Sand and Water Play: Planning Activity Areas</b> Discover ideas for designing educational experiences for children using sand and water.	\$5	Online	<i>Age Appropriate Activities</i>
Tuesday, October 17 7:30 – 9 p.m.	<b>Math Play: Planning Activity Areas</b> Learn the many activities that help children develop math skills and what items you need in your program to give children a strong support.	\$5	Online	<i>Age Appropriate Activities</i>
Tuesday, October 24 7:30 – 9 p.m.	<b>Language and Literacy: Planning Activity Areas</b> Discover ideas and strategies to lead children to become successful readers and writers.	\$5	Online	<i>Age Appropriate Activities</i>
Tuesday, November 7 7:30 – 9 p.m.	<b>Dramatic Play: Planning Activity Areas</b> Help the children in your care use their imagination and cooperation skills as they pretend, take on new roles, and learn about themselves, their family, and society.	\$5	Online	<i>Observing Children</i>
Tuesday, November 14 7:30 – 9 p.m.	<b>Social Studies: Planning Activity Areas</b> Explore various ways to make social studies meaningful to children.	\$5	Online	<i>Learning Environments</i>
Tuesday, November 21 7:30 – 9 p.m.	<b>Social Emotional Skills: Planning Activity Areas</b> Discover strategies to assist children in learning about and managing their emotions during daily routines and play.	\$5	Online	<i>Guidance &amp; Behavior Management</i>

# Out of School Time Learning Opportunities

Classes with an emphasis on caring for school age children.

(Location details given upon registration)



## Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	<b>Class Title</b> *=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Thursday, September 7 7:30 – 9 p.m.	<b>Observation Skills – What’s Really Going on Here?</b> Conducting objective observations helps staff learn about each child’s development and provides you with valuable information to use in planning and implementing appropriate program experiences and effective guidance strategies.	\$5	Online	<i>Observing Children</i>
Tuesday, September 19 7 – 8:30 p.m.	<b>The Secret Tool: Observation</b> How can you learn more about the children in your OST program? Observation! Explore various tools that will help you improve your observation practices.	\$0	Sioux Falls	<i>Observing Children</i>
Thursday, September 21 7:30 – 9 p.m.	<b>Human Relations Skill Development</b> To be a good communicator, OST professionals need to understand the components of communication and how the communication process works. We will identify barriers to clear communication and develop strategies for minimizing or eliminating barriers to communication.	\$5	Online	<i>Interpersonal Communication &amp; Relationships</i>
Thursday, October 5 7:30 – 9 p.m.	<b>OST as a Family Service: Relationship Building</b> Staff who are successful in building positive relationships with parents begin by recognizing the importance of accepting parents as the most important people in children’s lives, regardless of differences among them.	\$5	Online	<i>Partnerships with Parents</i>
Thursday, October 19 7:30 – 9 p.m.	<b>OST as a Family Service: Planning Opportunities for Family Involvement</b> We will explore ideas and tools for keeping parents informed, soliciting feedback, providing opportunities to connect and get involved, and how to sustain your relationship with parents.	\$5	Online	<i>Partnerships with Parents</i>
Thursday, November 2 7:30 – 9 p.m.	<b>Building Relationships with School Personnel</b> Over 50% of all OST programs are housed in school facilities. It is essential for staff to establish and maintain a positive relationship with school personnel. We will look at creating a collaborative approach to sharing the use of school facilities, and building relationships with teachers to support children’s learning.	\$5	Online	<i>Professionalism</i>
Tuesday, November 14 6:30 – 8 p.m.	<b>Engaging Families in Afterschool Programs</b> Parents are so busy; it can be hard to get them involved in your OST program. Learn ways to increase family engagement which helps build positive relationships.	\$5	Online	<i>Partnerships with Parents</i>
Thursday, November 16 7:30 – 9 p.m.	<b>Growing as a Professional in OST Programs</b> We will identify qualities and characteristics associated with professional behavior in the OST field, and review the importance of acting as a public policy advocate on behalf of school-age children and their families.	\$5	Online	<i>Professionalism</i>

Check out the newsletter online [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices)

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

## fitCare Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings.

All fitCare classes provide caregivers with activities to help teach children about making healthy choices.

(Location details given upon registration)



Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Thursday, November 2 6:30 – 8:30 p.m.	<b>Be fit ... RECHARGE Your Energy</b> Learn about what it means to be <i>fit</i> as well as ways to ensure children get their rest and relaxation so they have the energy to make healthy choices.	\$0	Online	Program Health & Safety Learning Environments
Thursday, November 9 6:30 – 8:30 p.m.	<b>Motivate Your MOOD</b> Our MOOD influences the choices we make. Help children learn about MOOD and how to turn their MOOD around to make healthy choices.			Guidance & Behavior Management Age Appropriate Activities
Thursday, November 16 6:30 – 8:30 p.m.	<b>Think Your FOOD</b> Food habits start early in life. Learn how to teach children about making healthy food choices.			Nutrition for Children Learning Environments
Thursday, November 30 6:30 – 8:30 p.m.	<b>MOVE Your Body</b> Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.			Child Growth & Development Age Appropriate Activities
Wednesday, September 20 6:30 – 8:30 p.m.	<b>MOVE Your Body</b> Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Sioux Falls	Child Growth & Development Age Appropriate Activities
Wednesday, October 11 6:30 – 8:30 p.m.	<b>MOVE Your Body</b> Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	Child Growth & Development Age Appropriate Activities
<b>fitCare Technical Assistance</b>	<b><i>Taking a FOOD or MOVE class is required to participate</i></b> Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	Licensing Credit Available		Categories determined based on Action Plan

## Family Child Care Provider Focus Learning Opportunities

Classes specific to care provided in a family day care setting.  
(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Thursday, November 9 7 – 8 p.m.	<b>The Overindulged Child</b> Overindulgence can negatively impact a child's development. Help children feel capable and learn the difference between want and need.	\$0	Sioux Falls	Guidance & Behavior Management

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).  
Register for classes by calling (605) 312-8390 or (800) 235-5923.

# Rural Child Care Provider Learning Opportunities

Classes offered in rural areas in southeastern South Dakota.  
(Location details given upon registration)



## Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Saturday, October 21 9 – 10 a.m.	<b>Imagination Station</b> Imagine the fun and learning kids can have playing with blocks, dress up clothes, and cardboard boxes. Ideas on creating an imagination station.	\$0	Mitchell	Age Appropriate Activities
Saturday, October 21 10:15 – 10:45 a.m.	<b>Safe Handling &amp; Storage of Hazardous Materials in Child Care (O)</b> Learn proper ways to handle, store, and dispose of biological, chemical, and household waste.	\$0	Mitchell	Program Health & Safety
Saturday, October 21 10:45 – 11:15 a.m.	<b>Administration of Medications in Child Care (O)</b> Learn how to safely give children medicine, and how to maintain proper documentation.	\$0	Mitchell	Program Health & Safety
Saturday, October 21 11:15 – 11:45 a.m.	<b>Preventing &amp; Responding to Food Emergencies and Allergic Reactions (O)</b> Severe food allergies are on the rise. Learn to recognize and reduce children's risk of allergic emergencies.	\$0	Mitchell	Nutrition for Children
Saturday, September 23 8:30 a.m. – Noon	<b>CPR</b> See page 2 for CPR payment/refund policy along with more information.	\$20	Vermillion	Program Health & Safety
Saturday, November 4 9 a.m. – 12:30 p.m.	<b>CPR</b> See page 2 for CPR payment/refund policy along with more information.	\$20	Yankton	Program Health & Safety

## e-Learning Online Opportunities

We know life can be busy...  
So we are bringing learning right to you.



Live engaging online classes via the internet.

Requirements:

- Computer with internet connectivity
- Adobe Flash Player 10.1 or higher  
Free Flash Player – download at [www.adobe.com](http://www.adobe.com)
- Due to technical incompatibility, do not use smart phones to access online classes

**e-Learning Online Class Policy:**

- Class registration is closed 48 hours prior to scheduled class start time.
- Monday class registration is closed 5 p.m. on the Thursday prior to the class.
- Online classes are \$5 per class hour.

- Class registration is secured once payment is received.
- Class participants are emailed the class link within 24 hours prior to scheduled class start time.
- **Class credit:** Credit is given once all class requirements are completed:
  - Log into class within 5 minutes of the class start time.
  - Demonstrate attendance by participating in class polls and chats.
  - Complete 3 learning statements at the end of the class.
- **Refunds:** No cash refunds are given for online classes. Credit will be given towards another online class if cancellation is received 24 hours prior to class.

e-Learning Online Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title *Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Wednesday, September 6 7:30 – 9:30 p.m.	<b>*Protective Urges/Responding to Families</b> Participants will learn ways to work with families when both have strong feelings concerning caring for young children.	\$5	Online	Partnerships with Parents
Thursday, September 7 7:30 – 9 p.m.	<b>Observation Skills – What's Really Going on Here?</b> Conducting objective observations helps staff learn about each child's development and provides you with valuable information to use in planning and implementing appropriate program experiences and effective guidance strategies.	\$5	Online	Observing Children
Thursday, September 21 7:30 – 9 p.m.	<b>Human Relations Skill Development</b> To be a good communicator, OST professionals need to understand the components of communication and how the communication process works. We will identify barriers to clear communication and develop strategies for minimizing or eliminating barriers to communication.	\$5	Online	Interpersonal Communication & Relationships



## e-Learning Online Opportunities (continued)

e-Learning Online Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Tuesday, September 26 6:30 – 7:30 p.m.	<b>There is No "I" in Team</b> Explore cooperation, communication, expressing feelings, appreciating diversity, and conflict resolution.	\$5	Online	<i>Professionalism</i>
Tuesday, September 26 7:30 – 8:30 p.m.	<b>Communicable Diseases (O)</b> What is a communicable disease? How do you prevent its transmission? Learn how germs are transmitted and how to keep children healthy.	\$5	Online	<i>Identification &amp; Prevention of Communicable Diseases</i>
Thursday, September 28 6:30 – 7:30 p.m.	<b>Child Abuse and Neglect (O)</b> Learn how to identify the symptoms of child maltreatment. Learn what it means to be a mandated reporter of child abuse and neglect.	\$5	Online	<i>Child Abuse &amp; Neglect</i>
Thursday, October 5 7:30 – 9 p.m.	<b>OST as a Family Service: Relationship Building</b> Staff who are successful in building positive relationships with parents begin by recognizing the importance of accepting parents as the most important people in children's lives, regardless of differences among them.	\$5	Online	<i>Partnerships with Parents</i>
Wednesday, October 11 6:30 – 8:30 p.m.	<b>MOVE Your Body</b> Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth &amp; Development Age Appropriate Activities</i>
Wednesday, October 18 6:30 – 7:30 p.m.	<b>Enhancing the World of the Future - Preschool Cognitive Development</b> Many advancements are made during the preschool years; learn how to enhance cognitive development.	\$5	Online	<i>Child Growth &amp; Development</i>
Wednesday, October 18 7:30 – 8:30 p.m.	<b>Can We Talk?</b> When dealing with challenging issues, communication with parents is vital. Learn how to have these sensitive conversations with parents effectively and professionally.	\$5	Online	<i>Partnerships with Parents</i>
Thursday, October 19 7:30 – 9 p.m.	<b>OST as a Family Service: Planning Opportunities for Family Involvement</b> We will explore ideas and tools for keeping parents informed, soliciting feedback, providing opportunities to connect and get involved, and how to sustain your relationship with parents.	\$5	Online	<i>Partnerships with Parents</i>
Tuesday, October 24 6:30 – 7:30 p.m.	<b>Developmentally Appropriate Practice</b> Explore planning methods that use program resources, materials, space, and personnel to appropriately promote children's development.	\$5	Online	<i>Program Management &amp; Regulations</i>
Tuesday, October 24 7:30 – 8:30 p.m.	<b>Child Care Essentials: Shaken Baby Syndrome (O)</b> Never shake a baby! Learn the symptoms and outcomes of pediatric head trauma and ways to prevent it from happening.	\$5	Online	<i>Child Abuse &amp; Neglect</i>
Thursday, November 2 7:30 – 9 p.m.	<b>Building Relationships with School Personnel</b> Over 50% of all OST programs are housed in school facilities. It is essential for staff to establish and maintain a positive relationship with school personnel. We will look at creating a collaborative approach to sharing the use of school facilities, and building relationships with teachers to support children's learning.	\$5	Online	<i>Professionalism</i>
Tuesday, November 14 6:30 – 8 p.m.	<b>Engaging Families in Afterschool Programs</b> Parents are so busy; it can be hard to get them involved in your OST program. Learn ways to increase family engagement which helps build positive relationships.	\$5	Online	<i>Partnerships with Parents</i>
Thursday, November 16 7:30 – 9 p.m.	<b>Growing as a Professional in OST Programs</b> We will identify qualities and characteristics associated with professional behavior in the OST field, and review the importance of acting as a public policy advocate on behalf of school-age children and their families.	\$5	Online	<i>Professionalism</i>
Tuesday, November 28 6:30 – 7:30 p.m.	<b>A Space to Be Me</b> Explore how the child care environment affects children's social and emotional development.	\$5	Online	<i>Learning Environments</i>
Tuesday, November 28 7:30 – 8:30 p.m.	<b>Temperament is for Team Players</b> Learn how understanding your own temperament and co-workers individual temperaments can benefit teamwork in the workplace.	\$5	Online	<i>Interpersonal Communication &amp; Relationships</i>
Thursday, October 5 6:30 – 7:30 p.m.	<b>Infant/Toddler Best Practices Part 1</b> Learn about the critical elements of best practices in infant/toddler care.	\$5	Online	<i>Age Appropriate Activities</i>
Thursday, October 5 7:30 – 8:30 p.m.	<b>Infant/Toddler Best Practices Part 2</b> Learn about best practices to foster the social-emotional development of infants and toddlers.	\$5	Online	<i>Child Growth &amp; Development</i>

Thursday, October 12 6:30 – 7:30 p.m.	<b>Infant/Toddler Best Practices Part 3</b> Learn how routines play a part in providing best practices in infant/toddler care.	\$5	Online	<i>Age Appropriate Activities</i>
Thursday, October 12 7:30 – 8:30 p.m.	<b>Infant/Toddler Best Practices Part 4</b> Learn how to provide best practice environments for infants and toddlers.	\$5	Online	<i>Learning Environments</i>
<b>More e-Learning Online Opportunities in this Newsletter</b>				
<b>Preschool-Focused Learning Series</b> • See page 5 for more information			Online	<i>Various Categories</i>
<b>fitCare Series</b> • See page 7 for more information			Online	<i>Various Categories</i>

## Management Learning Opportunities

Classes with an emphasis on managing child care programs.

Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title	Fee	Location	Licensing/Pathways
Monday, September 18 7:30 – 9:30 p.m.	<b>Creating a Positive Work Environment</b> We will examine the characteristics of a respectful workplace and discuss the director's role in establishing and maintaining a workplace where behaviors exhibit respect for one another	\$5	Online	<i>Program Management &amp; Regulations</i>
Monday, October 23 7:30 – 9:30 p.m.	<b>Recruiting and Hiring Staff</b> How do you find the right job candidates? A well balanced team needs a good mixture of individuals to cover the demands of the center and it is important to get them off to a good start. We will explore guidelines & tips for a successful orientation process and learn about resources to help with recruitment.	\$5	Online	<i>Program Management &amp; Regulations</i>
Monday, November 20 7:30 – 9:30 p.m.	<b>Retaining Quality Staff</b> What is the value of employee retention? Learn how to motivate staff and build a sense of community in your child care program.	\$5	Online	<i>Program Management &amp; Regulations</i>

## Extended Learning Opportunities

Take any of the classes in this section and add on the option to have CHILD Services staff come to your work site and assist you in putting your learning into your daily work with children.



Class Title	Fee	Location	Licensing/Pathways
<b>Infant/Toddler Best Practices Series</b> See page 4 for class dates, times and more information.	See page 4	Online	<i>Various Categories</i>
<b>Preschool Best Practices Series</b> See page 5 for class dates, times and more information.	See page 5	Sioux Falls	<i>Various Categories</i>
<b>Preschool-Focused Learning Series</b> See page 5 for class dates, times and more information.	See page 5	Online	<i>Various Categories</i>
<b>fitCare Series</b> See page 7 for class dates, times and more information.  Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	See page 7	Online	<i>Various Categories</i>

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

## Classes to prepare participants to apply for a Child Development Associate (CDA) credential.

<p><b>CDA Informational Meeting</b>  <b>Wednesday, November 15 • 6:30 – 7:30 p.m.</b>  <b>Sioux Falls, SD</b>          Learn about the Child Development Associate (CDA) credential.          Licensing/Pathways: <i>Professionalism</i>          Please register by calling, (605) 312-8390</p> <p><b>New CDA class sessions begin January 8, 2018.</b>  <b>Register by December 15</b>          To register, submit a completed Registration form and \$95 registration fee to CHILD Services.          Call for a registration form or download from:  <a href="http://sanfordhealth.org/CHILDServices/CommunityPartners/EarlyChildhood/ChildDevelopmentAssociate">sanfordhealth.org/CHILDServices/CommunityPartners/EarlyChildhood/ChildDevelopmentAssociate</a></p>	<p><b><u>CDA Eligibility Class Enrollment Requirements</u></b></p> <p><u>Personal:</u></p> <ul style="list-style-type: none"> <li>• Be 18 years of age or older</li> <li>• Hold a high school diploma or equivalent</li> <li>• Be able to speak, read and write well enough to fulfill the responsibilities of a CDA candidate</li> <li>• Sign a statement of ethical conduct</li> </ul> <p><u>Experience:</u></p> <ul style="list-style-type: none"> <li>• Have 480 hours of experience working with children within the last 3 years</li> </ul> <p><u>Observation Setting:</u></p> <ul style="list-style-type: none"> <li>• Able to be observed working in one of the following child care settings             <ul style="list-style-type: none"> <li>○ Center-based infant/toddler (birth to age 3)</li> <li>○ Center-based preschool (3 to 5 year olds)</li> <li>○ Family day care (birth through age 5)</li> <li>○ Home Visitor</li> </ul> </li> </ul>
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## Ready to Apply?

Finished face-to-face CDA classes and ready to apply for your CDA credential?

### Checklist:

- |  |   |
|--|---|
| <input type="checkbox"/> Complete your bookwork  | <input type="checkbox"/> Make sure classes are paid in full           |
| <input type="checkbox"/> Complete your Professional Portfolio  | <input type="checkbox"/> Get transcript from CHILD Services           |
| • Competency Statements, Resource Collection Items, Family Questionnaires, Professional Philosophy Statement | <input type="checkbox"/> Choose a Professional Development Specialist |
|  | <input type="checkbox"/> Apply to National CDA Council                |

For application guidance go to [www.cdacouncil.org](http://www.cdacouncil.org)

(605) 312-8390  
 or (800) 235-5923  
 to review  
 your checklist.

## CDA Renewal

CDA renewal fee is \$150 for paper renewal applications and \$125 for online renewal applications submitted through YourCDA.

### When do I need to renew my CDA?

A CDA Credential is valid for three years from the date of award, each Credential issued after June 1, 2013 will need to be renewed every three years. Please remember, it is your responsibility to keep track of when you need to renew your CDA. Sanford Children's CHILD Services does not maintain renewal dates and will not be notifying you when your expiration is drawing near. You can go to [www.cdacouncil.org](http://www.cdacouncil.org) and find out how to renew your certification.

### 2018 CDA Paper Application – January 1, 2018 Fee Increase

**Beginning January 1, 2018**, the cost for submitting a paper application will increase \$75 to \$500. Online applications will remain at \$425.

Check out our classes online at [www.sanfordhealth.org/CHILDServices](http://www.sanfordhealth.org/CHILDServices). Register for classes by calling (605) 312-8390 or (800) 235-5923.



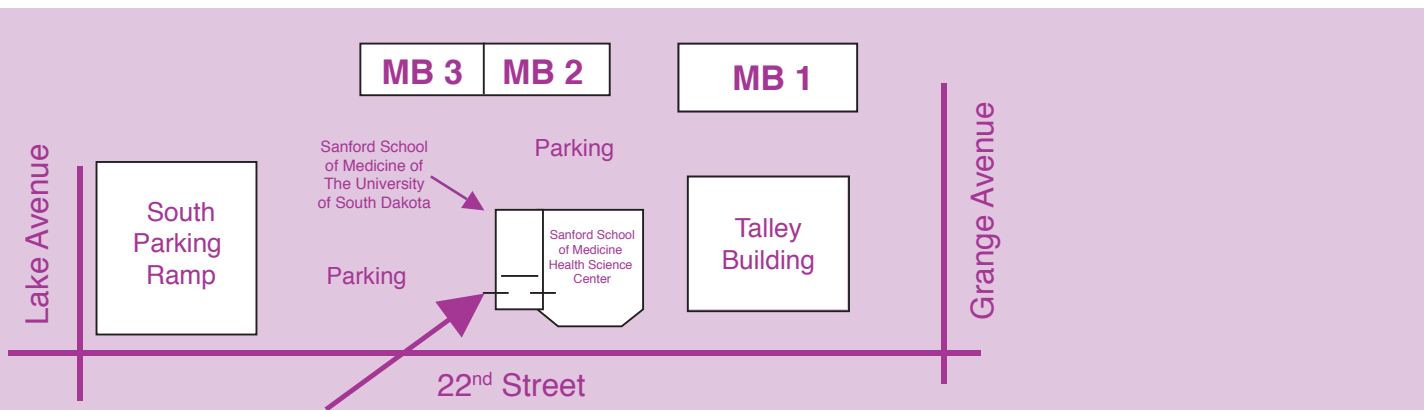
Sanford  
 Sanford Medical Center  
 CHILD Services  
 1115 West 41st St.  
 Sioux Falls, SD 57105

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**2017 Training Schedule**  
**September/October/November**

These classes meet the South Dakota child care training requirements for licensing and registration.

Address Service Requested



Go in the main entrance of the Sanford School of Medicine Health Science Center (1400 W. 22nd). Instead of going straight ahead into the Wegner Library, turn left and go through the double doors. Signs will be posted to guide you.

**Office Location:**  
 CHILD Services Office  
 1115 W. 41 St.  
 Sioux Falls, SD  
 (605) 312-8390  
 (800) 235-5923

