

Sanford Children's CHILD Services of Sioux Falls

Region Five Newsletter | March/April/May 2017



Your Time Is Valuable – Plan It Well!

You take most of your required training during your precious personal time. Doesn't it make sense to focus on classes that best meet your needs, rather than 'something on a Tuesday night'?

Just as you plan learning opportunities for the children you care for, carefully plan your own options for personal and professional development. Take a moment to reflect—what could you really use some extra help with? Guidance strategies? Setting up your learning environment? Helping kids learn self-control? Better business practices?

The early childhood profession requires specialized skills and knowledge. CHILD Services offers classes in over 15 different core areas of early childhood education, including:

- Child growth and development
- Child abuse & neglect
- Guidance and behavior management
- Observing children
- Identification and prevention of communicable diseases
- Program safety
- Nutrition for children
- Program management and regulation
- Interpersonal communication and relationships
- Cultural diversity
- Learning environments
- Age-appropriate planning
- Professionalism
- Partnerships with parents
- Inclusion of all children

Online and in-person classes are available if you work with babies & toddlers, preschoolers, school-agers, or the mix of ages you serve in family childcare.

Not sure where you want to start? Stop and really think about your work with children. Be honest—what is the best part of your day? What is the worst? Why?

Once you have a better understanding of your professional strengths and challenges, set goals for yourself. Then, choose classes that will help you learn new specialized skills and build on your knowledge of children's development to meet those goals.

Take charge of your learning! Maximize your professional development time to best meet your learning needs, and the needs of the children and families you serve.

Meet the Staff

ECE Region 5 Director:

Kim Overby

CHILD Manager:

Amy Heisinger

Infant Toddler Specialist &
Technical Assistance Coordinator:

Misty Barber

Additional Training Staff:

Casey Krroll
Karli Narum
Kaycee Albertson
Kelly Gilbert
Lisa Gibson
Megan Cooper
Mindy Greenfield
Naomi Hoffman
Sarah Shin

CHILD Services Office Hours:

Monday – Friday,
8 a.m. – 5 p.m.



SANFORD
Children's

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This publication was funded by the Department of Social Services, Division of Child Care Services.

New Phone Number

CHILD Services
(605) 312-8390



Everyday Heroes Making a Difference

April 20–22, 2017
Sioux Falls, SD
Convention Center



ECE Class Policy

To ensure accurate class registration, individuals must call to register for classes.

e-Learning Online Classes

In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats
3. Complete 3 learning statements at the end of the class.

Classroom Classes

1. Class participants arriving later than 10 minutes past the class start time will not be given credit for class attendance.
2. CHILD Services strives to provide a positive learning environment for all participants. If a class participant disrupts the positive learning environment, the participant risks not being given credit for the class.
3. CHILD Services respects the attention needs of young children and the learning needs of class participants. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes with a class participant.

JUST A REMINDER
Cancellation-
Please remember, if you register for a class and are unable to attend, it is a courtesy to call and cancel your registration.

CPR and Certified First Aid

(Location details given upon registration)

CPR and First Aid Class Refund Policy: *Class cancellation is required prior to the start of class, otherwise payment will be forfeited and is non-transferrable.*

Heartsaver CPR (0)

CPR Policy:

CPR reservation is not confirmed until payment is received. If payment has not been received 12 hours prior to the start of class, this class reservation will be given to the first participant that secures this reservation with a payment.

Fee: \$20 per class

Class Dates:

Sat. March 4, 2017 • 8:30 – Noon – **Vermillion**
Sat., March 11, 2017 • 8:30 – Noon – **Sioux Falls**
Thurs., March 23, 2017 • 6:30 – 10 p.m. – **Sioux Falls**
Tues., April 4, 2017 • 6:30 – 10 p.m. – **Sioux Falls**
Sat., April 22, 2017 • 8:30 – Noon – **Sioux Falls**
Sat., May 6, 2017 • 9 a.m. – 12:30 p.m. – **Yankton**
Sat., May 20, 2017 • 8:30 – Noon – **Sioux Falls**
Tues., May 23, 2017 • 6:30 – 10 p.m. – **Sioux Falls**



Course renewal is every 2 years.

Certified First Aid (0)

The American Heart Association's new Heartsaver Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives. A Heartsaver Pediatric First Aid Course Completion Card will be given to students upon successful completion of the course.

Fee: \$5 per class

Class Dates:

(Additional classes may be added – check website for updates)
Sat., April 1, 2017 • 9 – 11 a.m. – **Sioux Falls**

See General classes for Basic First Aid for Child Care Providers

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 312-8390 or (800) 235-5923.

General Learning Opportunities

Classes for caregivers of all ages of children.

(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Tuesday, March 7 7:30 – 8:30 p.m.	Go the Distance: Serving Families the "NAEYC Way" Working with families requires communication, collaboration, support and resources. Don't get frustrated - get equipped with these tips and tools.	\$0	Sioux Falls	<i>Partnerships with Parents</i>
Monday, March 13 6:30 – 7:30 p.m.	Child Abuse and Neglect (O) Learn how to identify the symptoms of child maltreatment. Learn what it means to be a mandated reporter of child abuse and neglect.	\$0	Sioux Falls	<i>Child Abuse & Neglect</i>
Saturday, March 25 9 – 10 a.m.	Feed All 5 Senses Encourage children's five senses and contribute to children's brain development with these learning activities.	\$0	Sioux Falls	<i>Age Appropriate Activities</i>
Tuesday, March 28 6:30 – 7:30 p.m.	Medication Administration (O) Learn why, when and how to safely give medication in child care.	\$0	Sioux Falls	<i>Program Health & Safety</i>
Tuesday, March 28 7:30 – 8:30 p.m.	Basic First Aid for Child Care Providers (O) Participants will gain knowledge related to common childhood accidents and injuries and will receive instruction that will enable caregivers to perform first aid.	\$0	Sioux Falls	<i>Program Health & Safety</i>
Saturday, April 29 10 – 11 a.m.	Food Handling Techniques In order to keep the children we serve healthy, there are certain precautions that need to be taken during food preparation and storage, and in feeding infants. This class will cover how you can keep everyone safe from food related illness.	\$5	Online	<i>Food Handling Techniques</i>
Thursday, May 4 6:30 – 7:30 p.m.	Emergency Preparedness (O) Be prepared for emergencies in your child care program. Learn how to develop a plan for emergency situations.	\$0	Sioux Falls	<i>Program Health & Safety</i>
Thursday, May 4 7:30 – 8:30 p.m.	Basic First Aid for Child Care Providers (O) Participants will gain knowledge related to common childhood accidents and injuries and will receive instruction that will enable caregivers to perform first aid.	\$0	Sioux Falls	<i>Program Health & Safety</i>
Tuesday, May 16 7 – 8 p.m.	Shake, Rattle & Roll! Ways to Encourage Physical Development Learn the Early Learning Guidelines benchmarks for play and movement to help children develop gross motor skills.	\$0	Sioux Falls	<i>Age Appropriate Activities</i>
Orientation Series				
Saturday, March 25 10:15 – 10:45 a.m.	Administration of Medications in Child Care (O) Learn how to safely give children medicine, and how to maintain proper documentation.	\$0	Sioux Falls	<i>Program Health & Safety</i>
Saturday, March 25 10:45 – 11:15 a.m.	Safe Handling & Storage of Hazardous Materials in Child Care (O) Learn proper ways to handle, store, and dispose of biological, chemical, and household waste.	\$0	Sioux Falls	<i>Program Health & Safety</i>
Saturday, March 25 11:15 – 11:45 a.m.	Preventing & Responding to Food Emergencies and Allergic Reactions (O) Severe food allergies are on the rise. Learn to recognize and reduce children's risk of allergic emergencies.	\$0	Sioux Falls	<i>Nutrition for Children</i>
Saturday, April 8 9:30 – 10 a.m.	Providing a Safe Environment in Child Care (O) Safety is the foundation of quality childcare. Learn how to keep children safe inside, outside, and out & about.	\$0	Mitchell	<i>Program Health & Safety</i>
Saturday, April 8 10 – 10:30 a.m.	Emergency Preparedness and Planning for Child Care Programs (O) You can't prevent natural and man-made emergencies, but you can learn to plan, prepare, and keep kids safe.	\$0	Mitchell	<i>Program Health & Safety</i>

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 312-8390 or (800) 235-5923.

General Learning Opportunities (continued)

Saturday, April 8 10:45 – 11:15 a.m.	Prevention of Shaken Baby Syndrome and Abusive Head Trauma (O) Never, NEVER shake a baby. Learn to identify the symptoms of abusive head trauma, and strategies that will reduce the risk of this happening to the babies in your care.	\$0	Mitchell	Program Health & Safety
Saturday, April 8 11:15 – 11:45 a.m.	Safe Sleep Practices and Reducing the Risk of SIDS (O) Learn to provide a safe environment for children's rest, and how to reduce the risk of Sudden Infant Death Syndrome.	\$0	Mitchell	Program Health & Safety
Saturday, April 8 Noon – 12:30 p.m.	Prevention and Control of Infectious Diseases (O) Learn to identify and reduce the risk of infectious diseases, and to recognize when sick kids should stay home.	\$0	Mitchell	Identification & Prevention of Communicable Diseases
Saturday, April 8 12:30 – 1 p.m.	Appropriate Precautions in Transporting Children (O) Learn how to keep children safe inside and outside of vehicles, and the laws that guide you in doing so.	\$0	Mitchell	Program Health & Safety

Social Emotional Learning Opportunities

Ideas and insight to positive guidance and behavior management techniques

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Tuesday, March 7 6:30 – 7:30 p.m.	You Can't Say You Can't Play Children often get left out of play. Find out ways to include each child and let them know they belong.	\$0	Sioux Falls	Inclusion of All Children
Wednesday, April 19 6:30 – 7:30 p.m.	When is This Normal Biting, hitting, yelling, and sexual exploring can create angst in child care. Learn when these behaviors and others are a normal part of development for most children.	\$5	Online	Child Growth & Development
Tuesday, May 16 6:30 – 7:30 p.m.	Social Emotional Essentials: Problem Solving Techniques Explore techniques to help children learn how to problem solve conflicts.	\$0	Sioux Falls	Guidance & Behavior Management

Infant/Toddler Learning Opportunities

Classes with an emphasis on caring for children

6 weeks to three years old.

(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Tuesday, March 21 6:30 – 9 p.m.	*Social Emotional Milestones/ Temperament Participants will learn ways to support the growing sense of self in young children and will be introduced to different temperament types.	\$0	Sioux Falls	Observing Children
Tuesday, March 28 6:30 – 9 p.m.	*Guidance & Discipline/ Understanding Children's Behavior Participants will learn about age appropriate strategies in guiding the behavior of young children and gain knowledge on what behavior might mean.	\$0	Sioux Falls	Guidance & Behavior Management
Tuesday, April 4 6:30 – 9 p.m.	*Respectful Care/Primary Caregiving Participants will learn about providing quality group care of young children.	\$0	Sioux Falls	Interpersonal Communication & Relationships
Tuesday, April 11 6:30 – 9 p.m.	*Environments for Group Care/More Than Just Routine Participants will learn ways to set up an environment for young children and discover what young children are learning during daily routines.	\$0	Sioux Falls	Learning Environments
Tuesday, April 18 6:30 – 9 p.m.	*Brain Development/ Discoveries of Infancy Participants will learn that young children are born ready to learn; how they learn and what they can do to support their learning.	\$0	Sioux Falls	Child Growth & Development

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 312-8390 or (800) 235-5923.

Infant/Toddler Opportunities (continued)

Tuesday, April 25 6:30 – 9 p.m.	*Language Development/ Special Needs Participants will learn how young children communicate and benefits of including children with unique needs.	\$0	Sioux Falls	<i>Inclusion of All Children</i>
Saturday, April 29 9 – 10 a.m.	Shaken Baby Syndrome (O) Never shake a baby! We've all heard it, but it is still occurring. This class will discuss the symptoms and outcomes of shaken baby syndrome and what we can do to help prevent it from happening.	\$5	Online	<i>Child Abuse & Neglect</i>
Tuesday, May 2 6:30 – 9 p.m.	*Harmonizing Cultural Diversity/Acknowledge, Ask and Adapt Participants will learn what culture means when caring for young children and how to communicate with families to resolve concerns.	\$0	Sioux Falls	<i>Cultural Diversity</i>
Tuesday, May 9 6:30 – 9 p.m.	*Protective Urges/ Responding to Families Participants will learn ways to work with families when both have strong feelings concerning caring for young children.	\$0	Sioux Falls	<i>Partnerships with Parents</i>
Wednesday, May 31 7:30 – 9:30 p.m.	*Social Emotional Milestones/Temperament Participants will learn ways to support the growing sense of self in young children and will be introduced to different temperament types.	\$5	Online	<i>Observing Children</i>

fitCare Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings.

All fitCare classes provide caregivers with activities to help teach children about making healthy choices.

(Location details given upon registration)



Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Thursday, April 6 6:30 – 8:30 p.m.	Be fit ... RECHARGE Your Energy Learn about what it means to be <i>fit</i> as well as ways to ensure children get their rest and relaxation so they have the energy to make healthy choices.	\$0	Sioux Falls	<i>Program Health & Safety Learning Environments</i>
Thursday, April 13 6:30 – 8:30 p.m.	Motivate Your MOOD Our MOOD influences the choices we make. Help children learn about MOOD and how to turn their MOOD around to make healthy choices.			<i>Guidance & Behavior Management</i>
Thursday, April 20 6:30 – 8:30 p.m.	Think Your FOOD Food habits start early in life. Learn how to teach children about making healthy food choices.			<i>Age Appropriate Activities</i>
Thursday, April 27 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.			<i>Nutrition for Children Learning Environments</i>
Monday, March 14 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth & Development</i>
Thursday, May 11 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Age Appropriate Activities</i>
Thursday, May 18 6:30 – 8:30 p.m.	Think Your FOOD Food habits start early in life. Learn how to teach children about making healthy food choices.	\$0	Online	<i>Child Growth & Development</i>
fitCare Technical Assistance	Taking a FOOD or MOVE class is required to participate Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	Licensing Credit Available		<i>Categories determined based on Action Plan</i>

Check out our classes online at www.sanfordhealth.org/CHILDservices.
Register for classes by calling (605) 312-8390 or (800) 235-5923.

Preschool Learning Opportunities

Classes with an emphasis on caring for three to five year old children.

(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Wednesday, April 19 7:30 – 8:30 p.m.	Look What I Did! Learn how to put together a portfolio that reflects children's developmental progress and accomplishments.	\$5	Online	<i>Observing Children</i>
Preschool Best Practice Series: Best practice is known as strategies, activities, and approaches that are most effective in early childhood.				
Thursday, March 9 6:30 – 8:30 p.m.	Preschool Best Practice Part 1 Best Practice is known as strategies, activities, and approaches that are most effective in early childhood. Explore the critical elements of best practice.	\$5	Online	<i>Age Appropriate Activities</i>
Thursday, March 16 6:30 – 8:30 p.m.	Preschool Best Practice Part 2 Best practice is known as strategies, activities, and approaches that are most effective in early childhood. Learn how to provide best practice environments for preschoolers.	\$5	Online	<i>Learning Environments</i>
Thursday, March 23 6:30 – 8:30 p.m.	Preschool Best Practice Part 3 Best Practice is known as strategies, activities, and approaches that are most effective in early childhood. Learn about best practices to foster children's social-emotional development.	\$5	Online	<i>Child Growth & Development</i>
Thursday, March 30 6:30 – 8:30 p.m.	Preschool Best Practice Part 4 Best Practice is known as strategies, activities, and approaches that are most effective in early childhood. Learn about observation and assessment of children.	\$5	Online	<i>Observing Children</i>

Out of School Time Learning Opportunities

Classes with an emphasis on caring for school age children. (Location details given upon registration)

Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Thursday, March 2 7 – 8:30 p.m.	The Changing Faces of South Dakota Understand the expectations and beliefs of yourself and others and learn ways to become culturally sensitive to different child-rearing practices.	\$5	Online	<i>Cultural Diversity</i>
Monday, March 6 7:30 – 9 p.m.	*Children with Special Needs Promoting inclusive care for children in Out-of-School time programs.	\$5	Online	<i>Inclusion of All Children</i>
Monday, March 13 7:30 – 9 p.m.	*Program Management & Professionalism Understanding and promoting effective program management skills and continual professional growth.	\$5	Online	<i>Professionalism</i>
Monday, March 20 7:30 – 9 p.m.	*Families, Communities, and Schools Developing positive interactive partnerships with families, schools and the community.	\$5	Online	<i>Partnerships with Parents</i>
Tuesday, May 2 6:30 – 8 p.m.	A Place of Their Own Learn how to design quality spaces for children in out-of-school time programs.	\$5	Online	<i>Learning Environments</i>

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 312-8390 or (800) 235-5923.

Family Child Care Provider Focus Learning Opportunities

Classes specific to care provided in a family day care setting.
(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Tuesday, March 7 7:30 – 9:30 p.m.	*Understanding Challenging Behaviors Understanding challenging behaviors helps the provider understand what is behind children's behaviors so they are able to better find solutions for appropriate guidance. This training will also assist providers in gaining an understanding of temperaments.	\$5	Online	<i>Guidance & Behavior Management</i>
Tuesday, March 21 7:30 – 9:30 p.m.	*Belonging Inclusion is an important aspect of any child care program; learn how to make your program a welcoming place for all. Gain tips on easy toy adaptations to help include and welcome all children.	\$5	Online	<i>Inclusion of All Children</i>
Tuesday, April 4 7:30 – 9:30 p.m.	*Building Relationships with Families You know how important the relationship you have with parents can be. Learn to better support families in your program and gain insight on working through challenging situations with families.	\$5	Online	<i>Partnerships with Parents</i>
Tuesday, April 18 7:30 – 9:30 p.m.	*Tools of Business Communication: Contracts and Policies Gain an understanding of running a successful business as well as an awareness of the importance of and how to utilize effective contracts and policies to help your business run more smoothly.	\$5	Online	<i>Program Management & Regulations</i>
Thursday, April 20 7 – 8 p.m.	Busy Kids are Happy Kids Identify ways to design and plan activities to keep children with varying abilities, interests and ages involved and busy throughout the day.	\$5	Online	<i>Age Appropriate Activities</i>
Tuesday, May 2 7:30 – 9:30 p.m.	*Sensible Record Keeping Explore keeping good records and working with income and budgets and acquire helpful tips for basic record-keeping and tax preparation.	\$5	Online	<i>Program Management & Regulations</i>
Thursday, May 11 7 – 8 p.m.	Paperwork...Who Needs It? You Do! No one really enjoys paperwork but it has to be done. Learn how paperwork can actually make your program room smoother.	\$0	Sioux Falls	<i>Program Management & Regulations</i>
Tuesday, May 16 7:30 – 9:30 p.m.	*Stay Healthy and Safe: Play More! Discuss toys safety, proper cleaning techniques, food and car seat safety and your role in understanding child abuse and neglect. Keeping everyone healthy and safe means more time for playing.	\$5	Online	<i>Program Health & Safety</i>
Tuesday, May 30 7:30 – 9:30 p.m.	*Under One Roof Environment, a daily schedule and learning centers can positively affect one's program. Gain awareness and ideas of effective ways to set up your child care environment, both indoors and out.	\$5	Online	<i>Learning Environments</i>

Check out our classes online at www.sanfordhealth.org/CHILDservices.
Register for classes by calling (605) 312-8390 or (800) 235-5923.

Rural Child Care Provider Learning Opportunities

Classes offered in rural areas in southeastern South Dakota.
(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Saturday, April 8 9:30 – 10 a.m.	Providing a Safe Environment in Child Care (O) Safety is the foundation of quality childcare. Learn how to keep children safe inside, outside, and out & about.	\$0	Mitchell	Program Health & Safety
Saturday, April 8 10 – 10:30 a.m.	Emergency Preparedness and Planning for Child Care Programs (O) You can't prevent natural and man-made emergencies, but you can learn to plan, prepare, and keep kids safe.	\$0	Mitchell	Program Health & Safety
Saturday, April 8 10:45 – 11:15 a.m.	Prevention of Shaken Baby Syndrome and Abusive Head Trauma (O) Never, NEVER shake a baby. Learn to identify the symptoms of abusive head trauma, and strategies that will reduce the risk of this happening to the babies in your care.	\$0	Mitchell	Program Health & Safety
Saturday, April 8 11:15 – 11:45 a.m.	Safe Sleep Practices and Reducing the Risk of SIDS (O) Learn to provide a safe environment for children's rest, and how to reduce the risk of Sudden Infant Death Syndrome.	\$0	Mitchell	Program Health & Safety
Saturday, April 8 Noon – 12:30 p.m.	Prevention and Control of Infectious Diseases (O) Learn to identify and reduce the risk of infectious diseases, and to recognize when sick kids should stay home.	\$0	Mitchell	Identification & Prevention of Communicable Diseases
Saturday, April 8 12:30 – 1 p.m.	Appropriate Precautions in Transporting Children (O) Learn how to keep children safe inside and outside of vehicles, and the laws that guide you in doing so.	\$0	Mitchell	Program Health & Safety
Saturday, March 4 9 a.m. – 12:30 p.m.	CPR See page 2 for CPR payment/refund policy along with more information.	\$20	Vermillion	Program Health & Safety
Saturday, May 6 8:30 a.m. – Noon	CPR See page 2 for CPR payment/refund policy along with more information.	\$20	Yankton	Program Health & Safety

e-Learning Online Opportunities

We know life can be busy...
So we are bringing learning right to you.



Live engaging online classes via the internet.

Requirements:

- Computer with internet connectivity
- Adobe Flash Player 10.1 or higher
Free Flash Player – download at www.adobe.com
- Due to technical incompatibility, do not use smart phones to access online classes

e-Learning Online Class Policy:

- Class registration is closed 48 hours prior to scheduled class start time.
- Monday class registration is closed 5 p.m. on the Thursday prior to the class.
- Online classes are \$5 per class hour.

- Class registration is secured once payment is received.
- Class participants are emailed the class link within 24 hours prior to scheduled class start time.
- **Class credit:** Credit is given once all class requirements are completed:
 - Log into class within 5 minutes of the class start time.
 - Demonstrate attendance by participating in class polls and chats.
 - Complete 3 learning statements at the end of the class.
- **Refunds:** No cash refunds are given for online classes. Credit will be given towards another online class if cancellation is received 24 hours prior to class.

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 312-8390 or (800) 235-5923.

e-Learning Online Opportunities (continued)

e-Learning Online Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Thursday, March 2 7 – 8:30 p.m.	The Changing Faces of South Dakota Understand the expectations and beliefs of yourself and others and learn ways to become culturally sensitive to different child-rearing practices.	\$5	Online	<i>Cultural Diversity</i>
Monday, March 6 7:30 – 9 p.m.	*Children with Special Needs Promoting inclusive care for children in Out-of-School time programs.	\$5	Online	<i>Inclusion of All Children</i>
Tuesday, March 7 7:30 – 9:30 p.m.	*Understanding Challenging Behaviors Understanding challenging behaviors helps the provider understand what is behind children's behaviors so they are able to better find solutions for appropriate guidance. This training will also assist providers in gaining an understanding of temperaments.	\$5	Online	<i>Guidance & Behavior Management</i>
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Monday, March 14 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth & Development</i> <i>Age Appropriate Activities</i>
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Monday, March 20 7:30 – 9 p.m.	*Families, Communities, and Schools Developing positive interactive partnerships with families, schools and the community.	\$5	Online	<i>Partnerships with Parents</i>
Tuesday, March 21 7:30 – 9:30 p.m.	*Belonging Inclusion is an important aspect of any child care program; learn how to make your program a welcoming place for all. Gain tips on easy toy adaptations to help include and welcome all children.	\$5	Online	<i>Inclusion of All Children</i>
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Thursday, April 20 7 – 8 p.m.	Busy Kids are Happy Kids Identify ways to design and plan activities to keep children with varying abilities, interests and ages involved and busy throughout the day.	\$5	Online	<i>Age Appropriate Activities</i>
Saturday, April 29 9 – 10 a.m.	Shaken Baby Syndrome (O) Never shake a baby! We've all heard it, but it is still occurring. This class will discuss the symptoms and outcomes of shaken baby syndrome and what we can do to help prevent it from happening.	\$5	Online	<i>Child Abuse & Neglect</i>
Saturday, April 29 10 – 11 a.m.	Food Handling Techniques In order to keep the children we serve healthy, there are certain precautions that need to be taken during food preparation and storage, and in feeding infants. This class will cover how you can keep everyone safe from food related illness.	\$5	Online	<i>Food Handling Techniques</i>
Tuesday, May 2 6:30 – 8 p.m.	A Place of Their Own Learn how to design quality spaces for children in out-of-school time programs.	\$5	Online	<i>Learning Environments</i>
Tuesday, May 2 7:30 – 9:30 p.m.	*Sensible Record Keeping Explore keeping good records and working with income and budgets and acquire helpful tips for basic record-keeping and tax preparation.	\$5	Online	<i>Program Management & Regulations</i>
Thursday, May 11 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth & Development</i> <i>Age Appropriate Activities</i>
Tuesday, May 16 7:30 – 9:30 p.m.	*Stay Healthy and Safe: Play More! Discuss toys safety, proper cleaning techniques, food and car seat safety and your role in understanding child abuse and neglect. Keeping everyone healthy and safe means more time for playing.	\$5	Online	<i>Program Health & Safety</i>
Thursday, May 18 6:30 – 8:30 p.m.	Think Your FOOD Food habits start early in life. Learn how to teach children about making healthy food choices.	\$0	Online	<i>Nutrition for Children</i> <i>Learning Environments</i>
Tuesday, May 30 7:30 – 9:30 p.m.	*Under One Roof Environment, a daily schedule and learning centers can positively affect one's program. Gain awareness and ideas of effective ways to set up your child care environment, both indoors and out.	\$5	Online	<i>Learning Environments</i>
Wednesday, May 31 7:30 – 9:30 p.m.	*Social Emotional Milestones/Temperament Participants will learn ways to support the growing sense of self in young children and will be introduced to different temperament types.	\$5	Online	<i>Observing Children</i>

Check out our classes online at www.sanfordhealth.org/CHILDservices.
Register for classes by calling (605) 312-8390 or (800) 235-5923.

CDA

Classes to prepare participants to apply for a Child Development Associate (CDA) credential.

Ready to Apply?

Finished face-to-face CDA classes and ready to apply for your CDA credential?

Checklist:

- Complete your bookwork
- Complete your Professional Portfolio
 - Competency Statements, Resource Collection Items, Family Questionnaires, Professional Philosophy Statement
- Make sure classes are paid in full
- Get transcript from CHILDS Services
- Choose a Professional Development Specialist
- Apply to National CDA Council

Call (605) 312-8390
or (800) 235-5923
to review your
checklist.

For application guidance go to www.cdacouncil.org

CDA Renewal

CDA renewal fee is \$150 for paper renewal applications and \$125 for online renewal applications submitted through YourCDA.

When do I need to renew my CDA?

A CDA Credential is valid for three years from the date of award, each Credential issued after June 1, 2013 will need to be renewed every three years. Please remember, it is your responsibility to keep track of when you need to renew your CDA. Sanford Children's CHILDS Services does not maintain renewal dates and will not be notifying you when your expiration is drawing near. You can go to www.cdacouncil.org and find out how to renew your certification.

Extended Learning Opportunities

Take any of the classes in this section and add on the option to have CHILDS Services staff come to your work site and assist you in putting your learning into your daily work with children.



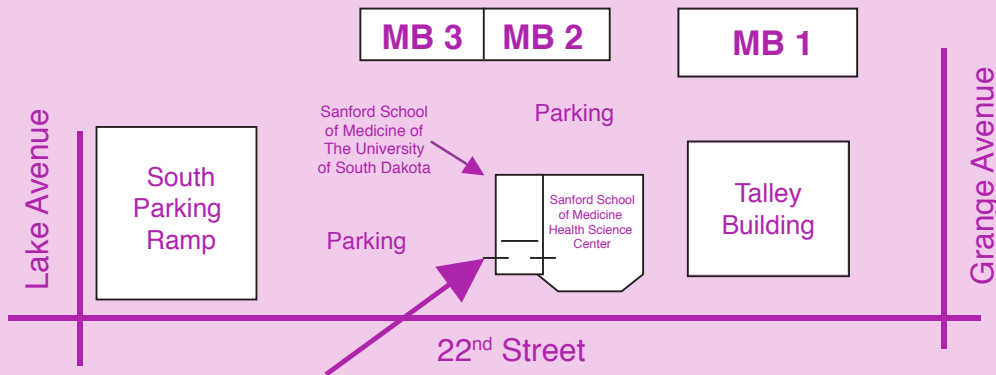
Class Title	Fee	Location	Licensing/Pathways
fitCare Series See page 5 for class dates, times and more information. Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	See page 5	Sioux Falls	Various Categories
Preschool Best Practices Series See page 6 for class dates, times and more information.	See page 6	Online	Various Categories

Check out our classes online at www.sanfordhealth.org/CHILDServices.
Register for classes by calling (605) 312-8390 or (800) 235-5923.

2017 Training Schedule
March/April/May

These classes meet the South Dakota child care training requirements for licensing and registration.

Address Service Requested



Go in the main entrance of the Sanford School of Medicine Health Science Center (1400 W. 22nd). Instead of going straight ahead into the Wegner Library, turn left and go through the double doors. Signs will be posted to guide you.

Office Location:
CHILD Services Office
1115 W. 41 St.
Sioux Falls, SD
(605) 312-8390
(800) 235-5923

