

Sanford Children's CHILD Services of Sioux Falls

Region Five Newsletter | March/April/May 2018



Reducing Challenging Behaviors

Encountering challenging children's behaviors in the classroom is not uncommon when working with children. The trick to calming the chaos in the classroom is understanding what triggers a child's behavior and developing a behavior plan for the child when a pattern of inappropriate behavior starts to emerge. Developing a plan at the onset of the challenging behaviors is beneficial for the child and for those who care for the child.

Unfortunately, the child care industry is seeing a rise in children being expelled from child care programs due to challenging behaviors; something one used to think only happened in schools. Expelling a child from a child care program often happens because the child care staff are exhausted in having to deal with the child's behaviors.

Expelling a child may be a fix for the child care program, but isn't for the child. A child exhibiting challenging behaviors is a child asking for help. A child exhibiting continual challenging behaviors is likely feeling very stressed, angry or out of control of one's self. When children do not have the ability to identify and express these feelings with words, they often communicate them with emotional outbursts and inappropriate behaviors.

So how does one handle a child exhibiting challenging behaviors that continually take classroom teachers' time away from the other children?

1. The first step is to pause and observe. Ask questions such as:
 - What is triggering the behaviors?
 - When do these behaviors occur?
2. Next, seek to understand what the child is needing. Ask questions such as:
 - Is the child overtired or hungry?
 - Is the child worried?
3. Then, develop a plan of action to prevent and/or manage the behaviors.

With a behavior plan, a child exhibiting challenging behaviors can stay in his or her child care program where learning and development is encouraged. Sanford Children's CHILD Services has services that can help child care providers with developing a behavior plan, along with tips and techniques, to help minimize challenging behaviors in the classroom. These services include:

- Child observations
- Temperament screenings
- On-site technical assistance with staff
- Assistance in developing a behavior plan for a child
- Parent consultations

Through these services parents, child care staff and CHILD Services staff work together to achieve the goal of helping a child succeed in his or her child care setting.

For help with minimizing challenging behaviors in the classroom, call (605) 312-8390.

Meet the Staff

ECE Region 5 Director:
Kim Overby

CHILD Manager:
Amy Heisinger

CHILD Supervisor:
Margie Schade

Curriculum Coordinator:
Misty Barber

Infant Toddler Specialist:
Naomi Hoffman

Training Staff:
Amy Heisinger
Casey Johnston
Karli Narum
Kaycee Albertson
Kelly Gilbert
Lisa Gibson
Margie Schade
Mindy Greenfield
Naomi Hoffman
Paige Thompson
Sarah Shin

CHILD Services Office Hours:
Monday – Friday,
8 a.m. – 5 p.m.



SANFORD
Children's

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New Hires

After July 1, 2017 all new hires have 90 days to complete orientation training. South Dakota state-specific orientation training can be accessed through this website:

<http://www.sdstate.edu/frn>

Click on Orientation to Child Care then South Dakota Orientation Training On-Demand.

South Dakota Early Childhood Education Conference 2018

Sharing Our Gifts With Children

April 12-14, 2018
Spearfish, SD

Spearfish Holiday Inn
Convention Center



Deborah McNelis
BrainInsights

Sioux Falls Convention Center
April 27-28, 2018
fccpsd.org



ECE Class Policy

To ensure accurate class registration, individuals must call to register for classes.

e-Learning Online Classes

In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats
3. Complete 3 learning statements at the end of the class.

Classroom Classes

1. Class participants arriving later than 10 minutes past the class start time will not be given credit for class attendance.
2. CHILD Services strives to provide a positive learning environment for all participants. If a class participant disrupts the positive learning environment, the participant risks not being given credit for the class.
3. CHILD Services respects the attention needs of young children and the learning needs of class participants. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes with a class participant.



CPR and Certified First Aid

(Location details given upon registration)

CPR and First Aid Class Refund Policy: *Class cancellation is required prior to the start of class, otherwise payment will be forfeited and is non-transferable.*

Heartsaver® CPR AED

CPR Policy:

CPR reservation is not confirmed until payment is received. If payment has not been received 24 hours prior to the start of class, this class reservation will be given to the first participant that secures this reservation with a payment.

Fee: \$20 per class

Class Dates:

Sat., March 10, 2018 • 8:30 a.m. – Noon – **Sioux Falls**
Mon., March 26, 2018 • 6:30 – 10 p.m. – **Sioux Falls**
Sat., April 7, 2018 • 9 a.m. - 12:30 p.m. – **Yankton**
Sat., April 21, 2018 • 8:30 a.m. – Noon – **Sioux Falls**
Thurs., April 26, 2018 • 6:30 – 10 p.m. – **Sioux Falls**
Sat., May 19, 2018 • 8:30 a.m. – Noon – **Sioux Falls**
Tues., May 22, 2018 • 6:30 – 10 p.m. – **Sioux Falls**



Course renewal is every 2 years.

Certified First Aid

The American Heart Association's new Heartsaver Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives. A Heartsaver Pediatric First Aid Course Completion Card will be given to students upon successful completion of the course.

Fee: \$5 per class

Class Dates:

(Additional classes may be added – check website for updates)

Sat., April 28, 2018 • 1 – 3:30 p.m. – **Sioux Falls**

See General classes for Basic First Aid for Child Care Providers

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 312-8390 or (800) 235-5923.

General Learning Opportunities

Classes for caregivers of all ages of children.

(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Saturday, March 3 11:30 a.m. - 12:30 p.m.	Setting Yourself Up for Success: Creating Effective Learning Environments Learn what and how to create a child care environment that promotes children's development and encourages children's play.	\$0	Mitchell	<i>Learning Environments</i>
Monday, March 12 6:30 – 7:30 p.m.	Communicable Diseases (O) What is a communicable disease? How do you prevent its transmission? Learn how germs are transmitted and how to keep children healthy.	\$0	Sioux Falls	<i>Identification & Prevention of Communicable Diseases</i>
Thursday, March 15 7 – 8 p.m.	Basic First Aid for Child Care Providers (O) Participants will gain knowledge related to common childhood accidents and injuries and will receive instruction that will enable caregivers to perform first aid.	\$0	Sioux Falls	<i>Program Health & Safety</i>
Thursday, March 22 6:30 – 7:30 p.m.	Do Daily Schedules Matter? Daily schedules are an important part of your program, learn how to create a developmentally appropriate schedule which will make everyone's day go smoother.	\$5	Online	<i>Program Management & Regulations</i>
Thursday, March 22 7:30 – 8:30 p.m.	Medication Administration (O) Learn why, when and how to safely give medication in child care.	\$5	Online	<i>Program Health & Safety</i>
Tuesday, April 24 6:30 – 7:30 p.m.	Food Handling Techniques Keep everyone safe from food related illness. Learn about precautions during food preparation, storage and while feeding infants.	\$5	Online	<i>Food Handling Techniques</i>
Tuesday, April 24 7:30 – 8:30 p.m.	Ditch the Drama Explore problem solving techniques to prevent gossip, power struggles, and conflict between fellow staff and supervisors.	\$5	Online	<i>Interpersonal Communication & Relationships</i>
Tuesday, May 1 6:30 – 7:30 p.m.	Emergency Preparedness (O) Be prepared for emergencies in your child care program. Learn how to develop a plan for emergency situations.	\$5	Online	<i>Program Health & Safety</i>
Tuesday, May 1 7:30 – 8:30 p.m.	Including Children with Diverse Abilities Explore ways adults can help children develop a sense of belonging and connecting with each other, including those with disabilities.	\$5	Online	<i>Inclusion of All Children</i>
Thursday, May 10 7:30 – 8:30 p.m.	Child Abuse & Neglect (O) Learn how to identify the symptoms of child maltreatment. Learn what it means to be a mandated reporter of child abuse and neglect.	\$0	Sioux Falls	<i>Child Abuse & Neglect</i>
Tuesday, May 15 6:30 – 7:30 p.m.	Introduction to the Early Learning Guidelines What children learn between birth and age 5 creates the foundation for learning for years to come. Learn how you can use the ELG's to guide you in your curriculum planning.	\$0	Sioux Falls	<i>Age Appropriate Planning</i>
Thursday, May 24 6:30 – 7:30 p.m.	Setting the Stage for Learning What do children expect by looking at your "stage"? Come explore the basic elements, messages and influences your environment has on children's learning.	\$0	Sioux Falls	<i>Learning Environments</i>

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 312-8390 or (800) 235-5923.

Social Emotional Learning Opportunities
Ideas and insight to positive guidance and behavior management techniques.

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Monday, March 12 7:30 – 8:30 p.m.	You Can't Say You Can't Play Children often get left out of play. Find out ways to include each child and let them know they belong.	\$0	Sioux Falls	<i>Inclusion of All Children</i>

Infant/Toddler Learning Opportunities

Classes with an emphasis on caring for children
 6 weeks to three years old.
 (Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Saturday, March 3 9 – 10 a.m.	Introduction to Early Literacy Learn about infant and toddler literacy development. Discover ways to promote literacy for young children.	\$0	Mitchell	<i>Age Appropriate Planning</i>
Tuesday, March 6 6:30 – 9 p.m.	*Language Development/Special Needs Participants will learn how young children communicate and benefits of including children with unique needs	\$0	Sioux Falls	<i>Inclusion of All Children</i>
Tuesday, March 13 6:30 – 9 p.m.	*Protective Urges/Responding to Families Participants will learn ways to work with families when both have strong feelings concerning caring for young children.	\$0	Sioux Falls	<i>Partnerships with Parents</i>
Tuesday, March 20 6:30 – 9 p.m.	*Harmonizing Cultural Diversity/Acknowledge, Ask and Adapt Participants will learn what culture means when caring for young children and how to communicate with families to resolve concerns.	\$0	Sioux Falls	<i>Cultural Diversity</i>
Thursday, May 10 6:30 – 7:30 p.m.	Period of PURPLE Crying (O) The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$0	Sioux Falls	<i>Child Abuse & Neglect</i>
Thursday, May 24 7:30 – 8:30 p.m.	Child Care Essentials: Shaken Baby Syndrome (O) Never shake a baby! Learn the symptoms and outcomes of pediatric head trauma and ways to prevent it from happening.	\$0	Sioux Falls	<i>Child Abuse & Neglect</i>
Wednesday, May 30 7:30 – 9:30 p.m.	*Social Emotional Milestones/Temperament Participants will learn ways to support the growing sense of self in young children and will be introduced to different temperament types.	\$5	Online	<i>Observing Children</i>

Infant/Toddler Best Practice Series

Best practice is known as strategies, activities, and approaches that are most effective in early childhood.

Tuesday, April 10 6:30 – 7:30 p.m.	Infant/Toddler Best Practices Part 1 Learn about the critical elements of best practices in infant/toddler care.	\$0	Sioux Falls	<i>Age Appropriate Planning</i>
Tuesday, April 17 6:30 – 7:30 p.m.	Infant/Toddler Best Practices Part 2 Learn about best practices to foster the social-emotional development of infants and toddlers.	\$0	Sioux Falls	<i>Child Growth & Development</i>
Tuesday, April 24 6:30 – 7:30 p.m.	Infant/Toddler Best Practices Part 3 Learn how routines play a part in providing best practices in infant/toddler care.	\$0	Sioux Falls	<i>Age Appropriate Planning</i>
Tuesday, May 1 6:30 – 7:30 p.m.	Infant/Toddler Best Practices Part 4 Learn how to provide best practice environments for infants and toddlers.	\$0	Sioux Falls	<i>Learning Environments</i>

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 312-8390 or (800) 235-5923.

Preschool Learning Opportunities

Classes with an emphasis on caring for three to five year old children.

(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Thursday, March 1 6:30 – 8 p.m.	Dramatic Play: Planning Activity Areas Help the children in your care use their imagination and cooperation skills as they pretend, take on new roles, and learn about themselves, their family, and society. Inspired by South Dakota Early Learning Guidelines.	\$0	Sioux Falls	<i>Observing Children</i>
Saturday, March 3 10:15 - 11:15 a.m.	Inclusion Works Learn ways to include all children in your preschool setting.	\$0	Mitchell	<i>Inclusion of All Children</i>
Thursday, March 8 6:30 – 8 p.m.	Social Studies: Planning Activity Areas Explore various ways to make social studies meaningful to children. Inspired by South Dakota Early Learning Guidelines.	\$0	Sioux Falls	<i>Learning Environments</i>
Thursday, March 15 6:30 – 8 p.m.	Social Emotional Skills: Planning Activity Areas Discover strategies to assist children in learning about and managing their emotions during daily routines and play. Inspired by South Dakota Early Learning Guidelines.	\$0	Sioux Falls	<i>Guidance & Behavior Management</i>

Preschool Best Practice Series: Best practice is known as strategies, activities, and approaches that are most effective in early childhood.

Tuesday, April 3 6:30 – 8:30 p.m.	Preschool Best Practice Part 1 Best Practice is known as strategies, activities, and approaches that are most effective in early childhood. Explore the critical elements of best practice.	\$5	Online	<i>Age Appropriate Planning</i>
Tuesday, April 10 6:30 – 8:30 p.m.	Preschool Best Practice Part 2 Best practice is known as strategies, activities, and approaches that are most effective in early childhood. Learn how to provide best practice environments for preschoolers.	\$5	Online	<i>Learning Environments</i>
Tuesday, April 17 6:30 – 8:30 p.m.	Preschool Best Practice Part 3 Best Practice is known as strategies, activities, and approaches that are most effective in early childhood. Learn about best practices to foster children's social-emotional development.	\$5	Online	<i>Child Growth & Development</i>
Tuesday, April 24 6:30 – 8:30 p.m.	Preschool Best Practice Part 4 Best Practice is known as strategies, activities, and approaches that are most effective in early childhood. Learn about observation and assessment of children.	\$5	Online	<i>Observing Children</i>

Check out our classes online at www.sanfordhealth.org/CHILDservices.
Register for classes by calling (605) 312-8390 or (800) 235-5923.

Out of School Time Learning Opportunities

Classes with an emphasis on caring for school age children.

(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title *=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Monday, March 5 7:30 – 9 p.m.	*Child Growth & Development Fostering the growth and development of children through appropriate environments, activities, and interactions.	\$5	Online	<i>Child Growth & Development</i>
Monday, March 12 7:30 – 9 p.m.	*Activity Planning Creating enrichment activities that promote exploration and meet the needs of school-age children	\$5	Online	<i>Age Appropriate Planning</i>
Monday, March 19 7:30 – 9 p.m.	*Learning Environments Creating a developmentally appropriate program environment.	\$5	Online	<i>Learning Environments</i>
Monday, March 26 7:30 – 9 p.m.	*Communication & Relationships Developing and maintaining positive relationships through the use of effective communication.	\$5	Online	<i>Interpersonal Communication & Relationships</i>
Monday, April 2 7:30 – 9 p.m.	*Behavior Management & Guidance Using positive guidance techniques and establishing a program environment that promotes positive behavior.	\$5	Online	<i>Guidance & Behavior Management</i>
Thursday, April 5 6:30 – 8 p.m.	Professionals in Out-of-School Time Learn what it means to be a professional in an out-of-school time program.	\$5	Online	<i>Professionalism</i>
Monday, April 9 7:30 – 9 p.m.	*Social & Cultural Awareness Promoting social development and cultural awareness in OST programs.	\$5	Online	<i>Cultural Diversity</i>
Monday, April 16 7:30 – 9 p.m.	*Program Health & Safety Promoting practices that keep school-age children safe and healthy.	\$5	Online	<i>Program Health & Safety</i>
Monday, April 23 7:30 – 9 p.m.	*Children with Special Needs Promoting inclusive care for children in Out-of-School time programs.	\$5	Online	<i>Inclusion of All Children</i>
Monday, April 30 7:30 – 9 p.m.	*Program Management & Professionalism Understanding and promoting effective program management skills and continual professional growth.	\$5	Online	<i>Professionalism</i>
Monday, May 7 7:30 – 9 p.m.	*Families, Communities, and Schools Developing positive interactive partnerships with families, schools and the community	\$5	Online	<i>Partnerships with Parents</i>

Check out the newsletter online www.sanfordhealth.org/CHILDServices

Check out our classes online at www.sanfordhealth.org/CHILDServices.

Register for classes by calling (605) 312-8390 or (800) 235-5923.

fitCare Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings.

All fitCare classes provide caregivers with activities to help teach children about making healthy choices.

(Location details given upon registration)



Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Tuesday, March 6 6:30 – 8:30 p.m.	Be fit ... RECHARGE Your Energy Learn about what it means to be <i>fit</i> as well as ways to ensure children get their rest and relaxation so they have the energy to make healthy choices.	\$0	Sioux Falls	Program Health & Safety Learning Environments
Tuesday, March 13 6:30 – 8:30 p.m.	Motivate Your MOOD Our MOOD influences the choices we make. Help children learn about MOOD and how to turn their MOOD around to make healthy choices.			Guidance & Behavior Management
Tuesday, March 20 6:30 – 8:30 p.m.	Think Your FOOD Food habits start early in life. Learn how to teach children about making healthy food choices.			Age Appropriate Planning Nutrition for Children Learning Environments
Tuesday, March 27 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.			Child Growth & Development Age Appropriate Planning
Tuesday, May 8 6:30 – 8:30 p.m.	Be fit ... RECHARGE Your Energy Learn about what it means to be <i>fit</i> as well as ways to ensure children get their rest and relaxation so they have the energy to make healthy choices.	\$0	Online	Program Health & Safety Learning Environments
Tuesday, May 15 6:30 – 8:30 p.m.	Motivate Your MOOD Our MOOD influences the choices we make. Help children learn about MOOD and how to turn their MOOD around to make healthy choices.			Guidance & Behavior Management
Tuesday, May 22 6:30 – 8:30 p.m.	Think Your FOOD Food habits start early in life. Learn how to teach children about making healthy food choices.			Age Appropriate Planning Nutrition for Children Learning Environments
Tuesday, May 29 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.			Child Growth & Development Age Appropriate Planning
Thursday, April 12 6:30 – 8:30 p.m.	Think Your FOOD Food habits start early in life. Learn how to teach children about making healthy food choices.	\$0	Online	Nutrition for Children Learning Environments
Thursday, April 19 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Sioux Falls	Child Growth & Development Age Appropriate Planning

Licensing
Credit
Available

fitCare Technical Assistance

Help combat childhood obesity by teaching the children in your care skills to make healthy lifestyle choices. Receive tools and tips to teach children how to increase physical activity, make healthy food choices and manage their feelings.

*Taking a FOOD or MOVE class is required to participate

Check out our classes online at www.sanfordhealth.org/CHILDservices.
Register for classes by calling (605) 312-8390 or (800) 235-5923.

Family Child Care Provider Focus Learning Opportunities

Classes specific to care provided in a family day care setting.
(Location details given upon registration)



Classes Learn and Take: Learn today – put your learning into practice tomorrow.				
Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Tuesday, March 6 7:30 – 9:30 p.m.	*Understanding Challenging Behaviors Understanding challenging behaviors helps the provider understand what is behind children's behaviors so they are able to better find solutions for appropriate guidance. This training will also assist providers in gaining an understanding of temperaments.	\$5	Online	Guidance & Behavior Management
Tuesday, March 20 7:30 – 9:30 p.m.	*Belonging Inclusion is an important aspect of any child care program; learn how to make your program a welcoming place for all. Gain tips on easy toy adaptations to help include and welcome all children.	\$5	Online	Inclusion of All Children
Tuesday, April 3 7:30 – 9:30 p.m.	*Building Relationships with Families You know how important the relationship you have with parents can be. Learn to better support families in your program and gain insight on working through challenging situations with families.	\$5	Online	Partnerships with Parents
Tuesday, April 17 7:30 – 9:30 p.m.	*Tools of Business Communication: Contracts and Policies Gain an understanding of running a successful business as well as an awareness of the importance of and how to utilize effective contracts and policies to help your business run more smoothly.	\$5	Online	Program Management & Regulations
Tuesday, May 1 7:30 – 9:30 p.m.	*Sensible Record Keeping Explore keeping good records and working with income and budgets and acquire helpful tips for basic record-keeping and tax preparation.	\$5	Online	Program Management & Regulations
Tuesday, May 15 7:30 – 9:30 p.m.	*Stay Healthy and Safe: Play More! Discuss toys safety, proper cleaning techniques, food and car seat safety and your role in understanding child abuse and neglect. Keeping everyone healthy and safe means more time for playing.	\$5	Online	Program Health & Safety

Rural Child Care Provider Learning Opportunities

Classes offered in rural areas in southeastern South Dakota. (Location details given upon registration)

Classes – Learn and Take: Learn today – put your learning into practice tomorrow.				
Date/Time	Class Title <small>(O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Saturday, March 3 9 – 10 a.m.	Introduction to Early Literacy Learn about infant and toddler literacy development. Discover ways to promote literacy for young children.	\$0	Mitchell	Age Appropriate Planning
Saturday, March 3 10:15 - 11:15 a.m.	Inclusion Works Learn ways to include all children in your preschool setting.	\$0	Mitchell	Inclusion of All Children
Saturday, March 3 11:30 a.m. - 12:30 p.m.	Setting Yourself Up for Success: Creating Effective Learning Environments Learn what and how to create a child care environment that promotes children's development and encourages children's play.	\$0	Mitchell	Learning Environments
Saturday, April 7 9 a.m. - 12:30 p.m.	CPR See page 2 for CPR payment/refund policy along with more information.	\$20	Yankton	Program Health & Safety

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 312-8390 or (800) 235-5923.

Extended Learning Opportunities

Take any of the classes in this section and add on the option to have CHILDServices staff come to your work site and assist you in putting your learning into your daily work with children.



Class Title	Fee	Location	Licensing/Pathways
Infant/Toddler Best Practices Series See page 4 for class dates, times and more information.	See page 4	Sioux Falls	<i>Various Categories</i>
Preschool Best Practices Series See page 5 for class dates, times and more information.	See page 5	Sioux Falls	<i>Various Categories</i>
fitCare Series See page 7 for class dates, times and more information. Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	See page 7	Online & Sioux Falls	<i>Various Categories</i>

Management Learning Opportunities

Classes with an emphasis on managing child care programs.

Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title	Fee	Location	Licensing/Pathways
Monday, March 26 7:30 – 9 p.m.	Staff Development & Training Plans Examine the role of training plans in the child care setting and explore ways to develop and implement effective staff development.	\$5	Online	<i>Program Management & Regulations</i>
Monday, April 23 7:30 – 9 p.m.	Managing Money Learn about tools to help your child care program monitor and track income and expenses. Explore budgets, cash flow projections, balance sheets, profit and loss statements, and more.	\$5	Online	<i>Program Management & Regulations</i>
Monday, May 14 7:30 – 9 p.m.	Family Engagement Family engagement is essential to a high quality child care program. Explore ways to help your program involve families and community volunteers.	\$5	Online	<i>Program Management & Regulations</i>

Attention Directors

Want help in developing a physical activity policy for your center? We can help! Join this informational webinar to see if you want to get started today.

When: Thursday, March 8 • 6:30 – 7:30 p.m.

Building a Policy: Physical Activity

Learn the steps to creating, implementing, sustaining and evaluating a policy with the focus on physical activity.

Location: Online

Fee: \$0

“Staff have a positive attitude about leading physical activities and there has been a significant decrease in challenging behaviors.”

– Director Participant after completing a policy

Have you hired new staff recently?

After July 1, 2017 all new hires have 90 days to complete orientation training. South Dakota state-specific orientation training can be accessed through this website: <http://www.sdstate.edu/frn>

Click on Orientation to Child Care then South Dakota Orientation Training On-Demand.

Check out our classes online at www.sanfordhealth.org/CHILDServices.

Register for classes by calling (605) 312-8390 or (800) 235-5923.

CDA

Classes to prepare participants to apply for a Child Development Associate (CDA) credential.

Class Information

New CDA class sessions begin September 10, 2018. Register by August 15, 2018

To register, submit a completed Registration form and \$95 registration fee to CHILDS Services.

Call for a registration form or download from: sanfordhealth.org/CHILDServices/CommunityPartners/EarlyChildhood/ChildDevelopmentAssociate

Ready to Apply?

Finished face-to-face CDA classes and ready to apply for your CDA credential?

Checklist:

- Complete your bookwork
- Complete your Professional Portfolio
 - Competency Statements, Resource Collection Items, Family Questionnaires, Professional Philosophy Statement
- Make sure classes are paid in full
- Get transcript from CHILDS Services
- Choose a Professional Development Specialist
- Apply to National CDA Council

For application guidance go to www.cdacouncil.org

(605) 312-8390
or (800) 235-5923
to review
your checklist.

CDA Renewal

CDA renewal fee is \$150 for paper renewal applications and \$125 for online renewal applications submitted through YourCDA.

When do I need to renew my CDA?

A CDA Credential is valid for three years from the date of award, each Credential issued after June 1, 2013 will need to be renewed every three years. Please remember, it is your responsibility to keep track of when you need to renew your CDA. Sanford Children's CHILDS Services does not maintain renewal dates and will not be notifying you when your expiration is drawing near. You can go to www.cdacouncil.org and find out how to renew your certification.

e-Learning Online Opportunities

We know life can be busy..
So we are bringing learning right to you.



Live engaging online classes via the internet.

Requirements:

- Computer with internet connectivity
- Adobe Flash Player 10.1 or higher
Free Flash Player – download at www.adobe.com
- Due to technical incompatibility, do not use smart phones to access online classes

e-Learning Online Class Policy:

- Class registration is closed 48 hours prior to scheduled class start time.
- Monday class registration is closed 5 p.m. on the Thursday prior to the class.
- Online classes are \$5 per class hour.

- Class registration is secured once payment is received.
- Class participants are emailed the class link within 24 hours prior to scheduled class start time.
- **Class credit:** Credit is given once all class requirements are completed:
 - Log into class within 5 minutes of the class start time.
 - Demonstrate attendance by participating in class polls and chats.
 - Complete 3 learning statements at the end of the class.
- **Refunds:** No cash refunds are given for online classes. Credit will be given towards another online class if cancellation is received 24 hours prior to class.

e-Learning Online Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Thursday, March 22 6:30 – 7:30 p.m.	Do Daily Schedules Matter? Daily schedules are an important part of your program, learn how to create a developmentally appropriate schedule which will make everyone's day go smoother.	\$5	Online	Program Management & Regulations
Thursday, March 22 7:30 – 8:30 p.m.	Medication Administration (O) Learn why, when and how to safely give medication in child care.	\$5	Online	Program Health & Safety

Monday, March 26 7:30 – 9 p.m.	Staff Development & Training Plans Examine the role of training plans in the child care setting and explore ways to develop and implement effective staff development.	\$5	Online	<i>Program Management & Regulations</i>
Tuesday, April 3 6:30 – 8:30 p.m.	Preschool Best Practice Part 1 Best Practice is known as strategies, activities, and approaches that are most effective in early childhood. Explore the critical elements of best practice.	\$5	Online	<i>Age Appropriate Planning</i>
Thursday, April 5 6:30 – 8 p.m.	Professionals in Out-of-School Time Learn what it means to be a professional in an out-of-school time program.	\$5	Online	<i>Professionalism</i>
Tuesday, April 10 6:30 – 8:30 p.m.	Preschool Best Practice Part 2 Best practice is known as strategies, activities, and approaches that are most effective in early childhood. Learn how to provide best practice environments for preschoolers.	\$5	Online	<i>Learning Environments</i>
Tuesday, April 17 6:30 – 8:30 p.m.	Preschool Best Practice Part 3 Best Practice is known as strategies, activities, and approaches that are most effective in early childhood. Learn about best practices to foster children's social-emotional development.	\$5	Online	<i>Child Growth & Development</i>
Monday, April 23 7:30 – 9 p.m.	Managing Money Learn about tools to help your child care program monitor and track income and expenses. Explore budgets, cash flow projections, balance sheets, profit and loss statements, and more.	\$5	Online	<i>Program Management & Regulations</i>
Tuesday, April 24 6:30 – 7:30 p.m.	Food Handling Techniques Keep everyone safe from food related illness. Learn about precautions during food preparation, storage and while feeding infants.	\$5	Online	<i>Food Handling Techniques</i>
Tuesday, April 24 7:30 – 8:30 p.m.	Ditch the Drama Explore problem solving techniques to prevent gossip, power struggles, and conflict between fellow staff and supervisors.	\$5	Online	<i>Interpersonal Communication & Relationships</i>
Tuesday, April 24 6:30 – 8:30 p.m.	Preschool Best Practice Part 4 Best Practice is known as strategies, activities, and approaches that are most effective in early childhood. Learn about observation and assessment of children.	\$5	Online	<i>Observing Children</i>
Tuesday, May 1 6:30 – 7:30 p.m.	Emergency Preparedness (O) Be prepared for emergencies in your child care program. Learn how to develop a plan for emergency situations.	\$5	Online	<i>Program Health & Safety</i>
Tuesday, May 1 7:30 – 8:30 p.m.	Including Children with Diverse Abilities Explore ways adults can help children develop a sense of belonging and connecting with each other, including those with disabilities.	\$5	Online	<i>Inclusion of All Children</i>
Monday, May 14 7:30 – 9 p.m.	Family Engagement Family engagement is essential to a high quality child care program. Explore ways to help your program involve families and community volunteers.	\$5	Online	<i>Program Management & Regulations</i>
Wednesday, May 30 7:30 – 9:30 p.m.	*Social Emotional Milestones/Temperament Participants will learn ways to support the growing sense of self in young children and will be introduced to different temperament types.	\$5	Online	<i>Observing Children</i>

More e-Learning Online Opportunities in this Newsletter

OST Core Series • See page 6 for more information	Online	<i>Various Categories</i>
Family Day Care Core Series • See page 8 for more information	Online	<i>Various Categories</i>
fitCare Series • See page 7 for more information	Online	<i>Various Categories</i>

Check out our classes online at www.sanfordhealth.org/CHILDservices.
Register for classes by calling (605) 312-8390 or (800) 235-5923.



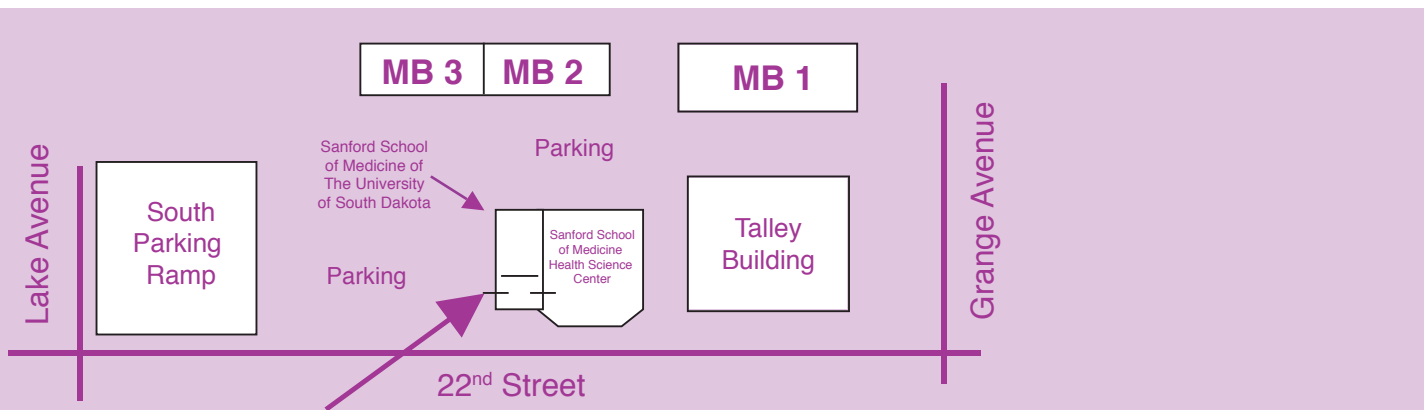
Sanford
 Sanford Medical Center
 CHILD Services
 1115 West 41st St.
 Sioux Falls, SD 57105

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2018 Training Schedule
March/April/May

These classes meet the South Dakota child care training requirements for licensing and registration.

Address Service Requested



Go in the main entrance of the Sanford School of Medicine Health Science Center (1400 W. 22nd). Instead of going straight ahead into the Wegner Library, turn left and go through the double doors. Signs will be posted to guide you.

Office Location:
 CHILD Services Office
 1115 W. 41 St.
 Sioux Falls, SD
 (605) 312-8390
 (800) 235-5923

