

Sanford Children's CHILD Services of Sioux Falls

Region Five Newsletter | December/January/February 2017



How Does That Make You Feel?

Understanding and learning how to manage feelings is important for young children to learn. Caregivers play a powerful role in helping young children understand their feelings in order to identify what they are experiencing. Once a child is able to identify his feelings, it is important to support the child's emotional development by helping him express his feelings in productive ways. One way of doing that is to let the child know what his body language is telling others. Conversation starters can help a child become aware of his body language.

- A general comment could be, "It seems like something is bothering you, what does it feel like to you?"
- To the hesitant child one might say, "Does this seem scary to you? Are you feeling shy?"
- To the enthusiastic child try a comment such as, "It seems like you really like what you are doing; are you happy?"

Books are a useful tool to talk about feelings with children. Some suggestions to help children better describe what is going on inside are:

- "The Way I Feel" by Janan Cain
- "What Are You So Grumpy About" by Tom Lichtenheld

Caregivers can help young children learn new skills in expressing their feelings. Helping a child use her words gives her a good way to work through her feelings. Moreover, recalling a loving moment is one of the fastest ways to regain self-control after a stressful event. Teaching children to take deep breaths, and then think about how good it feels to be with someone they love can help them gain control of themselves. Very young children may need help in learning how to take deep breaths. Help children develop the skill of "blowing" deep breaths with party-blowers (the birthday toy that uncoils as you blow in it). Another suggestion is to read the child a book that helps her recall what makes her feel loved such as "How Many Kisses Do You Want Tonight?"

Want more ideas on how to guide children with their feelings?

1. Join Us for Class

Emotion Motion on January 12th, see page 5 for more details.

2. Sign Up for An Extended Learning Opportunity

The Emotion Motion class gives you the opportunity for a CHILD Services staff member to come out to your setting and assist you in implementing strategies for your classroom.

Call (605) 333-0698 to register today!

Meet the Staff

ECE Region 5 Director:
Kim Overby

CHILD Manager:
Amy Heisinger

**Infant Toddler Specialist &
Technical Assistance Coordinator:**
Misty Barber

Additional Training Staff:

Amy Heisinger
Casey Kroll
Jan Lee
Karli Narum
Kaycee Albertson
Kelly Gilbert
Lisa Gibson
Mindy Greenfield
Sarah Shin
Sue Illg

CHILD Services Office Hours:

Monday – Friday,
8 a.m. – 5 p.m.



SANFORD
Children's

Inside
This
Issue

General
Learning
Pg. 3

Infant/
Toddler
Learning
Pg. 4

Preschool
Learning
Pg. 4

Out of
School
Time
Pg. 6

Family
Child
Care
Pg. 6

fitCare
Learning
Pg. 7

Rural
Child
Care
Pg. 8

e-Learning
Online
Pg. 8

Extended
Learning
Pg. 10

CDA/ Pathways
to Professional
Development
Pg. 10

This publication was funded by the Department of Social Services, Division of Child Care Services.

Saturday Spectacular

Saturday, February 18, 2017
9 a.m. – 12:30 p.m.
Sioux Falls, SD

See page 7 for more information

Orientation Saturday Yankton

Saturday, February 4, 2017
General class 9–10 a.m.
Orientation class 10:15–11:45 a.m.
Yankton, SD

See page 3 for more information

Sioux Falls WOW

Saturday, January 21, 2017
8:30 a.m. – 4 p.m.
Washington Pavilion,
Sioux Falls, SD

More Information:
siouxfallswow.weebly.com

ECE Class Policy

To ensure accurate class registration, individuals must call to register for classes.

e-Learning Online Classes

In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats
3. Complete 3 learning statements at the end of the class.

Classroom Classes

1. Class participants arriving later than 10 minutes past the class start time will not be given credit for class attendance.
2. CHILDServices strives to provide a positive learning environment for all participants. If a class participant disrupts the positive learning environment, the participant risks not being given credit for the class.
3. CHILDServices respects the attention needs of young children and the learning needs of class participants. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes with a class participant.

JUST A REMINDER
Cancellation-
Please remember, if you register for a class and are unable to attend, it is a courtesy to call and cancel your registration.

CPR and Certified First Aid

(Location details given upon registration)

CPR and First Aid Class Refund Policy: *Class cancellation is required prior to the start of class, otherwise payment will be forfeited and is non-transferrable.*

Heartsaver CPR (0)

CPR Policy:

CPR reservation is not confirmed until payment is received. If payment has not been received 24 hours prior to the start of class, this class reservation will be given to the first participant that secures this reservation with a payment.

Fee: \$20 per class

Class Dates:

Thurs., Dec. 1, 2016 • 6:30 – 10 p.m. – **Sioux Falls**
Sat., Dec. 10, 2016 • 8:30 – Noon – **Sioux Falls**
Tues., Dec. 13, 2016 • 6:30 – 10 p.m. – **Sioux Falls**
Sat., Jan. 14, 2017 • 8:30 – Noon – **Sioux Falls**
Tues., Jan. 31, 2017 • 6:30 – 10 p.m. – **Sioux Falls**
Sat., Feb. 18, 2017 • 8:30 – Noon – **Sioux Falls**
Tues., Feb. 28, 2017 • 6:30 – 10 p.m. – **Sioux Falls**



Course renewal is every 2 years.

Certified First Aid (0)

The American Heart Association's new Heartsaver Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives. A Heartsaver Pediatric First Aid Course Completion Card will be given to students upon successful completion of the course.

Fee: \$5 per class

Class Dates:

(Additional classes may be added – check website for updates)
Thurs., Dec. 15, 2016 • 6:30 – 9 p.m. – **Sioux Falls**
Sat., Jan. 14, 2017 • 1 – 3:30 p.m. – **Sioux Falls**

See General classes for Basic First Aid for Child Care Providers

Check out our classes online at www.sanfordhealth.org/CHILDServices.

Register for classes by calling (605) 333-0698 or 1-800-235-5923 ext 3.

General Learning Opportunities

Classes for caregivers of all ages of children.

(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Tuesday, December 6 6:30 – 7:30 p.m.	Sneezes, Wheezes & Goey Diseases (O) What is it? How is it spread? How can I keep kids and staff from getting it? Get answers to questions relative to common childhood illnesses.	\$0	Sioux Falls	Identification & Prevention of Communicable Diseases
Tuesday, December 6 7:30 – 8:30 p.m.	Medication Administration (O) Learn why, when and how to safely give medication in child care.	\$0	Sioux Falls	Program Health & Safety
Tuesday, January 17 7:30 – 8:30 p.m.	Basic First Aid for Child Care Providers (O) Participants will gain knowledge related to common childhood accidents and injuries and will receive instruction that will enable caregivers to perform first aid.	\$0	Sioux Falls	Program Health & Safety
Saturday, January 28 9 – 10 a.m.	Communicable Diseases (O) What is a communicable disease? How do you prevent its transmission? Learn how germs are transmitted and how to keep children healthy.	\$5	Online	Identification & Prevention of Communicable Diseases
Saturday, January 28 10 – 11 a.m.	Developmentally Appropriate Practice Explore planning methods that use program resources, materials, space, and personnel to appropriately promote children's development.	\$5	Online	Program Management & Regulations
Saturday, February 4 9 – 10 a.m.	Feed All 5 Senses Encourage children's five senses and contribute to children's brain development with these learning activities.	\$0	Yankton	Age Appropriate Activities
Saturday, February 4 10:15 – 10:45 a.m.	Administration of Medications in Child Care (O) Learn how to safely give children medicine, and how to maintain proper documentation.	\$0	Yankton	Program Health & Safety
Saturday, February 4 10:45 – 11:15 a.m.	Safe Handling & Storage of Hazardous Materials in Child Care (O) Learn proper ways to handle, store, and dispose of biological, chemical, and household waste.	\$0	Yankton	Program Health & Safety
Saturday, February 4 11:15 – 11:45 a.m.	Preventing & Responding to Food Emergencies and Allergic Reactions (O) Severe food allergies are on the rise. Learn to recognize and reduce children's risk of allergic emergencies.	\$0	Yankton	Nutrition for Children
Tuesday, February 14 6:30 – 7:30 p.m.	Emergency Preparedness (O) Be prepared for emergencies in your child care program. Learn how to develop a plan for emergency situations.	\$5	Online	Program Health & Safety
Thursday, February 23 6:30 – 7:30 p.m.	Child Abuse and Neglect (O) Learn how to identify the symptoms of child maltreatment. Learn what it means to be a mandated reporter of child abuse and neglect.	\$0	Dell Rapids	Child Abuse & Neglect
Thursday, February 23 7:30 – 8:30 p.m.	Dealing with Feelings Discuss methods for teaching children to identify & constructively deal with their emotions.	\$0	Dell Rapids	Guidance & Behavior Management

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 333-0698 or 1-800-235-5923 ext 3.

Infant/Toddler Learning Opportunities

Classes with an emphasis on caring for children

6 weeks to three years old.

(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title *Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Tuesday, December 13 6:30 – 7:30 p.m.	Period of PURPLE Crying (O) The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$5	Online	Child Abuse & Neglect
Tuesday, December 13 7:30 – 8:30 p.m.	Hellos and Goodbyes Learn ways to help both parents and children through these tough transition times.	\$5	Online	Partnerships with Parents
Thursday, January 12 7:30 – 8:30 p.m.	Watch Me Grow, Help Me Learn Children tell us what they need through their behaviors and words. Learn to watch and respond to what children are telling you.	\$5	Online	Observing Children
Tuesday, January 17 6:30 – 7:30 p.m.	Child Care Essentials: Shaken Baby Syndrome (O) Never shake a baby! We've all heard it, but it is still occurring. This class will discuss the symptoms and outcomes of shaken baby syndrome and what we can do to help prevent it from happening.	\$0	Sioux Falls	Child Abuse & Neglect
Tuesday, February 14 7:30 – 8:30 p.m.	Period of PURPLE Crying (O) The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$5	Online	Child Abuse & Neglect

Infant/Toddler Best Practice Series: Best practice is known as strategies, activities, and approaches that are most effective in early childhood.

Thursday, February 9 6:30 – 7:30 p.m.	Infant/Toddler Best Practices Part 1 Learn about the critical elements of best practices in infant/toddler care.	\$0	Sioux Falls	Age Appropriate Activities
Thursday, February 9 7:30 – 8:30 p.m.	Infant/Toddler Best Practices Part 2 Learn about best practices to foster the social-emotional development of infants and toddlers.	\$0	Sioux Falls	Child Growth & Development
Thursday, February 16 6:30 – 7:30 p.m.	Infant/Toddler Best Practices Part 3 Learn how routines play a part in providing best practices in infant/toddler care.	\$0	Sioux Falls	Age Appropriate Activities
Thursday, February 16 7:30 – 8:30 p.m.	Infant/Toddler Best Practices Part 4 Learn how to provide best practice environments for infants and toddlers.	\$0	Sioux Falls	Learning Environments

Preschool Learning Opportunities

Classes with an emphasis on caring for three to five year old children.

(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title *Part of a State of SD Core Curriculum	Fee	Location	Licensing/ Pathways
Thursday, February 2 8 – 9 p.m.	Beyond Books: Creating a Literacy Center Early literacy is important for preschoolers; learn ways to set up an interest center to encourage all aspects of literacy.	\$0	Sioux Falls	Learning Environments

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 333-0698 or 1-800-235-5923 ext 3.

Preschool Learning Opportunities (continued)

Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Tuesday, January 10 6:30 – 8:30 p.m.	Early Learning Guidelines – Class 1 Introduction to Early Learning Guidelines	\$50	Sioux Falls	Age Appropriate Activities
Tuesday, January 17 6:30 – 8:30 p.m.	Early Learning Guidelines – Class 2 Enriching the Learning Environments & Promoting Learning Through Assessment			Learning Environments
Tuesday, January 24 6:30 – 8:30 p.m.	Early Learning Guidelines – Class 3 Helping Children Learn Language and Literacy Using the Early Learning Scale			Child Growth & Development
Tuesday, January 31 6:30 – 8:30 p.m.	Early Learning Guidelines – Class 4 Integrating Language and Literacy throughout the Day with the South Dakota Early Learning Guidelines & Supporting Children Learning English as a New Language			Age Appropriate Activities
Tuesday, February 7 6:30 – 8:30 p.m.	Early Learning Guidelines – Class 5 Helping Children Learn Mathematics and Science using the Early Learning Scale			Age Appropriate Activities
Tuesday, February 14 6:30 – 8:30 p.m.	Early Learning Guidelines – Class 6 Promoting Social Emotional Development and Positive Approaches to Learning Using the Early Learning Scale			Guidance & Behavior Management
Tuesday, February 21 6:30 – 8:30 p.m.	Early Learning Guidelines – Class 7 Using Assessment and the Early Learning Scale to Help Children Reach Standards			Child Growth & Development
Tuesday, February 28 6:30 – 8:30 p.m.	Early Learning Guidelines – Class 8 Integrating the Creative Arts & Learning Through Social Studies and Projects			Age Appropriate Activities
Tuesday, March 7 6:30 – 8:30 p.m.	Early Learning Guidelines – Class 9 Establishing Reliability on the Early Learning Scale			Child Growth & Development
Tuesday, March 14 6:30 – 8:30 p.m.	Early Learning Guidelines – Class 10 Promoting Health and Physical Development & Working with Families as Partners on the Early Learning Guidelines			Partnerships with Parents

Social Emotional Learning Opportunities

Ideas and insight to positive guidance and behavior management techniques

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Thursday, January 12 6:30 – 7:30 p.m.	Emotion Motion Learn how to teach children to be more aware of their bodies' response to stress and ways to help them calm themselves down.	\$0	Sioux Falls	Guidance & Behavior Management
Thursday, February 2 7 – 8 p.m.	Reading Their Cues Young children don't come with a handbook but you can learn what they may be feeling by reading their cues.	\$0	Sioux Falls	Observing Children
Thursday, December 8 6:30 – 7:30 p.m.	Temperament: An In-Depth Look Learn how knowing children's temperament can help you understand, encourage and guide children's behaviors.	\$5	Online	Guidance & Behavior Management
Thursday, December 8 7:30 – 8:30 p.m.	Fostering the Fearful Temperament Learn tips and techniques to help prepare and support children who struggle with new places, people, routines and things in their day.	\$5	Online	Guidance & Behavior Management
Thursday, December 15 6:30 – 7:30 p.m.	Shaping the Flexible Temperament Learn tips and techniques to encourage and communicate with children who appear easy going but still needs daily adult guidance and support.	\$5	Online	Age Appropriate Activities
Thursday, December 15 7:30 – 8:30 p.m.	Guiding the Feisty Temperament Learn tips and techniques to positively guide the highly intense and highly active child in your care.	\$5	Online	Guidance & Behavior Management

Check out our classes online at www.sanfordhealth.org/CHILDservices.
Register for classes by calling (605) 333-0698 or 1-800-235-5923 ext 3.

Family Child Care Provider Focus Learning Opportunities

Classes specific to care provided in a family day care setting.
(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title *Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Thursday, January 19 7 – 8 p.m.	Setting Boundaries with Parents Boundaries can be blurred when you run your business out of your home, learn ways to keep parent relationships friendly but professional.	\$0	Sioux Falls	Partnerships with Parents
Tuesday, February 7 7:30 – 9:30 p.m.	*What is Family Child Care? Understand best practice in child care, program promotion and professionalism.	\$5	Online	Professionalism
Tuesday, February 21 7:30 – 9:30 p.m.	*What Do Children Need? Multi-age group characteristics and how to meet children at their individual developmental level.	\$5	Online	Age Appropriate Activities

Out of School Time Learning Opportunities

Classes with an emphasis on caring for school age children. (Location details given upon registration)

Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title *Part of a State of SD Core Curriculum	Fee	Location	Licensing/ Pathways
Thursday, December 1 7:30 – 9 p.m.	*Families, Communities & Schools Gain tips on developing positive interactive partnerships with families, schools, and the community relative to out-of-school time programs.	\$5	Online	Interpersonal Communication & Relationships
Monday, December 5 6 – 7:30 p.m.	Body Works Gain tools and strategies to improve family eating and activity habits for school-age children.	\$0	Sioux Falls	Nutrition for Children
Monday, December 5 7:30 – 9 p.m.	Multicultural Explorations Explore ideas and resources to incorporate multicultural support and activities into an out-of-school time program for school-age children.	\$0	Sioux Falls	Cultural Diversity
Monday, December 12 7:30 – 9 p.m.	*OST: Sharing Information with Parents & Other Professionals One of the important responsibilities of OST staff is to help parents stay in touch with how their children are growing and developing during program hours. We will look at individual child Portfolios and strategies for developing Portfolios to share with parents and community resources.	\$5	Online	Observing Children
Monday, January 16 6:30 – 8 p.m.	The Struggle is Real: Planning for All Age Groups K-5 Meeting the needs of children K-5 can be a challenge, learn ways to keep all children actively engaged in your program.	\$5	Online	Age Appropriate Activities

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 333-0698 or 1-800-235-5923 ext 3.

fitCare Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings.

All fitCare classes provide caregivers with activities to help teach children about making healthy choices.

(Location details given upon registration)



Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title	Fee	Location	Licensing/Pathways
Wednesday, January 11 6:30 – 8:30 p.m.	Be fit ... RECHARGE Your Energy Learn about what it means to be <i>fit</i> as well as ways to ensure children get their rest and relaxation so they have the energy to make healthy choices.	\$0	Online	Program Health & Safety Learning Environments
Wednesday, January 18 6:30 – 8:30 p.m.	Motivate Your MOOD Our MOOD influences the choices we make. Help children learn about MOOD and how to turn their MOOD around to make healthy choices.			Guidance & Behavior Management Age Appropriate Activities
Wednesday, January 25 6:30 – 8:30 p.m.	Think Your FOOD Food habits start early in life. Learn how to teach children about making healthy food choices.			Nutrition for Children Learning Environments
Wednesday, February 1 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.			Child Growth & Development Age Appropriate Activities
Wednesday, February 15 6:30 – 8:30 p.m.	Think Your FOOD See above for class descriptions.	\$0	Sioux Falls	Nutrition for Children Learning Environments
fitCare Technical Assistance	Taking a FOOD or MOVE class is required to participate Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	Licensing Credit Available		Categories determined based on Action Plan

Sanford CHILD Services Saturday Spectacular

A one day event with classes for caregivers of all ages and all settings.

When: Saturday, February 18 • 9 a.m. – 12:30 p.m.

Sign- in begins at 8:30 a.m.

Location: Sanford Schroeder Auditorium Cost: Free

Register: Call (605) 333-0698 or 1-800-235-5923 ext 3. Call early; space is limited.

3 hours of licensing-approved training.

Date/Time	Class Title	Licensing/Pathways
9 – 10 a.m.	Under Construction – Teachable Spaces Get your hardhat ready, we're ready to build! Find ways to construct an environment that works for all children.	Learning Environments
10:15 – 11:15 a.m.	Caution - Changes Ahead Transitions can be a tough part of your day. Explore the impact your daily schedule can have on children's behavior.	Age Appropriate Activities
11:30 a.m. – 12:30 p.m.	Take a Detour - Get a New View How do you look at your role as a child care provider? How do others view what you do? Take a detour and learn ways to help you and others value the important work you do.	Professionalism

Check out our classes online at www.sanfordhealth.org/CHILDServices.

Register for classes by calling (605) 333-0698 or 1-800-235-5923 ext 3.

Rural Child Care Provider Learning Opportunities

Classes offered in rural areas in southeastern South Dakota.
(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Thursday, February 23 6:30 – 7:30 p.m.	Child Abuse and Neglect (O) Learn how to identify the symptoms of child maltreatment. Learn what it means to be a mandated reporter of child abuse and neglect.	\$0	Dell Rapids	Child Abuse & Neglect
Thursday, February 23 7:30 – 8:30 p.m.	Dealing with Feelings Discuss methods for teaching children to identify & constructively deal with their emotions.	\$0	Dell Rapids	Guidance & Behavior Management
Saturday, February 4 9 – 10 a.m.	Feed All 5 Senses Encourage children's five senses and contribute to children's brain development with these learning activities.	\$0	Yankton	Age Appropriate Activities
Saturday, February 4 10:15 – 10:45 a.m.	Administration of Medications in Child Care (O) Learn how to safely give children medicine, and how to maintain proper documentation.	\$0	Yankton	Program Health & Safety
Saturday, February 4 10:45 – 11:15 a.m.	Safe Handling & Storage of Hazardous Materials in Child Care (O) Learn proper ways to handle, store, and dispose of biological, chemical, and household waste.	\$0	Yankton	Program Health & Safety
Saturday, February 4 11:15 – 11:45 a.m.	Preventing & Responding to Food Emergencies and Allergic Reactions (O) Severe food allergies are on the rise. Learn to recognize and reduce children's risk of allergic emergencies.	\$0	Yankton	Nutrition for Children

e-Learning Online Opportunities

We know life can be busy...
So we are bringing learning right to you.

Live engaging online classes via the internet.

Requirements:

- Computer with internet connectivity
- Adobe Flash Player 10.1 or higher
Free Flash Player – download at www.adobe.com
- Due to technical incompatibility, do not use smart phones to access online classes

e-Learning Online Class Policy:

- Class registration is closed 48 hours prior to scheduled class start time.
- Monday class registration is closed 5 p.m. on the Thursday prior to the class.
- Online classes are \$5 per class hour.

- Class registration is secured once payment is received.
- Class participants are emailed the class link within 24 hours prior to scheduled class start time.
- **Class credit:** Credit is given once all class requirements are completed:
 - Log into class within 5 minutes of the class start time.
 - Demonstrate attendance by participating in class polls and chats.
 - Complete 3 learning statements at the end of the class.
- **Refunds:** No cash refunds are given for online classes. Credit will be given towards another online class if cancellation is received 24 hours prior to class.

e-Learning Online Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title *=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Thursday, December 1 7:30 – 9 p.m.	*Families, Communities & Schools Gain tips on developing positive interactive partnerships with families, schools, and the community relative to out-of-school time programs.	\$5	Online	Interpersonal Communication & Relationships

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 333-0698 or 1-800-235-5923 ext 3.

Thursday, December 8 6:30 – 7:30 p.m.	Temperament: An In-Depth Look Learn how knowing children's temperament can help you understand, encourage and guide children's behaviors.	\$5	Online	<i>Guidance & Behavior Management</i>
Thursday, December 8 7:30 – 8:30 p.m.	Fostering the Fearful Temperament Learn tips and techniques to help prepare and support children who struggle with new places, people, routines and things in their day.	\$5	Online	<i>Guidance & Behavior Management</i>
Monday, December 12 7:30 – 9 p.m.	*OST: Sharing Information with Parents & Other Professionals One of the important responsibilities of OST staff is to help parents stay in touch with how their children are growing and developing during program hours. We will look at individual child Portfolios and strategies for developing Portfolios to share with parents and community resources.	\$5	Online	<i>Observing Children</i>
Tuesday, December 13 6:30 – 7:30 p.m.	Period of PURPLE Crying (O) The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$5	Online	<i>Child Abuse & Neglect</i>
Tuesday, December 13 7:30 – 8:30 p.m.	Hellos and Goodbyes Learn ways to help both parents and children through these tough transition times.	\$5	Online	<i>Partnerships with Parents</i>
Thursday, December 15 6:30 – 7:30 p.m.	Shaping the Flexible Temperament Learn tips and techniques to encourage and communicate with children who appear easy going but still needs daily adult guidance and support.	\$5	Online	<i>Age Appropriate Activities</i>
Thursday, December 15 7:30 – 8:30 p.m.	Guiding the Feisty Temperament Learn tips and techniques to positively guide the highly intense and highly active child in your care.	\$5	Online	<i>Guidance & Behavior Management</i>
Thursday, January 12 7:30 – 8:30 p.m.	Watch Me Grow, Help Me Learn Children tell us what they need through their behaviors and words. Learn to watch and respond to what children are telling you.	\$5	Online	<i>Observing Children</i>
Monday, January 16 6:30 – 8 p.m.	The Struggle is Real: Planning for All Age Groups K-5 Meeting the needs of children K-5 can be a challenge, learn ways to keep all children actively engaged in your program.	\$5	Online	<i>Age Appropriate Activities</i>
Saturday, January 28 9 – 10 a.m.	Communicable Diseases (O) What is a communicable disease? How do you prevent its transmission? Learn how germs are transmitted and how to keep children healthy.	\$5	Online	<i>Identification & Prevention of Communicable Diseases</i>
Saturday, January 28 10 – 11 a.m.	Developmentally Appropriate Practice Explore planning methods that use program resources, materials, space, and personnel to appropriately promote children's development.	\$5	Online	<i>Program Management & Regulations</i>
Tuesday, February 7 7:30 – 9:30 p.m.	*What is Family Child Care? Understand best practice in child care, program promotion and professionalism.	\$5	Online	<i>Professionalism</i>
Tuesday, February 14 6:30 – 7:30 p.m.	Emergency Preparedness (O) Be prepared for emergencies in your child care program. Learn how to develop a plan for emergency situations.	\$5	Online	<i>Program Health & Safety</i>
Tuesday, February 14 7:30 – 8:30 p.m.	Period of PURPLE Crying (O) The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$5	Online	<i>Child Abuse & Neglect</i>
Tuesday, February 21 7:30 – 9:30 p.m.	*What Do Children Need? Multi-age group characteristics and how to meet children at their individual developmental level.	\$5	Online	<i>Age Appropriate Activities</i>
More e-Learning Online Opportunities in this Newsletter				
fitCare Series • See page 7 for more information			Online	<i>Various Categories</i>
Pathways to Professional Development Series • See page 11 for more information			Online	<i>Various Categories</i>

Check out our classes online at www.sanfordhealth.org/CHILDservices.
Register for classes by calling (605) 333-0698 or 1-800-235-5923 ext 3.

Extended Learning Opportunities

Take any of the classes in this section and add on the option to have CHILD Services staff come to your work site and assist you in putting your learning into your daily work with children.



Class Title	Fee	Location	Licensing/Pathways
Infant/Toddler Best Practices Series See page 4 for class dates, times and more information.	See page 4	Sioux Falls	Various Categories
Early Learning Guidelines Series See page 5 for class dates, times and more information.	See page 5	Sioux Falls	Various Categories
fitCare Series See page 7 for class dates, times and more information. Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	See page 7	Online	Various Categories
Emotion Motion Class See page 5 for class dates, times and more information.	See page 5	Sioux Falls	Guidance and Behavior Management

CDA

Classes to prepare participants to apply for a Child Development Associate (CDA) credential.

<p>CDA Informational Meeting Wednesday, December 7 • 6:30 – 7:30 p.m. Sioux Falls, SD Learn about the Child Development Associate (CDA) credential. Licensing/Pathways: <i>Professionalism</i> Please register by calling, (605) 333-0698</p> <p>New CDA class sessions begin January 9, 2017 Register by December 15, 2016 To register, submit a completed Registration form and \$95 registration fee to CHILD Services. Call for a registration form or download from: sanfordhealth.org/CHILDServices/CommunityPartners/EarlyChildhood/ChildDevelopmentAssociate</p>	<p><u>CDA Eligibility Class Enrollment Requirements</u></p> <p><i>Personal:</i></p> <ul style="list-style-type: none"> • Be 18 years of age or older • Hold a high school diploma or equivalent • Be able to speak, read and write well enough to fulfill the responsibilities of a CDA candidate • Sign a statement of ethical conduct <p><i>Experience:</i></p> <ul style="list-style-type: none"> • Have 480 hours of experience working with children within the last 3 years <p><i>Observation Setting:</i></p> <ul style="list-style-type: none"> • Able to be observed working in one of the following child care settings <ul style="list-style-type: none"> ○ Center-based infant/toddler (birth to age 3) ○ Center-based preschool (3 to 5 year olds) ○ Family day care (birth through age 5) ○ Home Visitor
--	--

Ready to Apply?

Finished face-to-face CDA classes and ready to apply for your CDA credential?

Checklist:

- | | |
|--|---|
| <input type="checkbox"/> Complete your bookwork | <input type="checkbox"/> Make sure classes are paid in full |
| <input type="checkbox"/> Complete your Professional Portfolio | <input type="checkbox"/> Get transcript from CHILD Services |
| • Competency Statements, Resource Collection Items, Family Questionnaires, Professional Philosophy Statement | <input type="checkbox"/> Choose a Professional Development Specialist |
| | <input type="checkbox"/> Apply to National CDA Council |

For application guidance go to www.cdacouncil.org

Call (605) 333-0698
 or (800) 235-5923
 ext 3 to
 review your
 checklist.

Check out our classes online at www.sanfordhealth.org/CHILDServices.

Register for classes by calling (605) 333-0698 or 1-800-235-5923 ext 3.

CDA Renewal

CDA renewal fee is \$150 for paper renewal applications and \$125 for online renewal applications submitted through YourCDA.

When do I need to renew my CDA?

A CDA Credential is valid for three years from the date of award, each Credential issued after June 1, 2013 will need to be renewed every three years. Please remember, it is your responsibility to keep track of when you need to renew your CDA. Sanford Children’s CHILD Services does not maintain renewal dates and will not be notifying you when your expiration is drawing near. You can go to www.cdacouncil.org and find out how to renew your certification.

Pathways to Professional Development Series (Formerly Supplemental Training Series)

- **Three courses conveniently offered online.**
 - Open enrollment allowed for each course of the series.
 - Registration per class is not available. Participants must register for all classes that are part of a course.
- **Out-of-class time work required for course credit.**
- **Complete your CDA and take all three courses of the Pathways to Professional Development Series to receive college credit when you enroll in participating South Dakota colleges and universities.**
 - Earn up to twelve college credits (credits allowed depend on participating South Dakota college or university policy).

Meeting Children’s Basic Needs (SDCDA 300)				
Monday, January 9 7:30 – 10 p.m.	Providing a Safe & Healthy Environment Early childhood health and safety standards and applications.	\$10	Online	<i>Program Health & Safety</i>
Monday, January 16 7:30 – 10 p.m.	Providing for Children’s Nutritional Needs Professional and personal use of USDA SuperTracker resources, childcare nutritional standards & responsibilities.		Online	<i>Nutrition for Children</i>
How Children Learn and Grow (SDCDA 310)				
Monday, January 23 7:30 – 10 p.m.	Theories of Child Development: Prenatal, Birth & Early Brain Development Overview of the latest research in early brain development and its impact and applications for ECE professionals.	\$25	Online	<i>Child Growth & Development</i>
Monday, January 30 7:30 – 10 p.m.	Theories of Child Development: Dewey & Montessori Overview of research methods and the history of theories of child development; the theories of Dewey & Montessori.		Online	<i>Child Growth & Development</i>
Monday, February 6 7:30 – 10 p.m.	Theories of Child Development: Erikson, Bronfenbrenner & Bandura Developmental theories of Erikson, Bronfenbrenner & Bandura; ongoing critical thinking and comparison of various theories.		Online	<i>Child Growth & Development</i>
Monday, February 13 7:30 – 10 p.m.	Theories of Child Development: Piaget & Vygotsky Developmental theories of Piaget & Vygotsky; professional and personal implications of Gardner’s theories of multiple intelligences.		Online	<i>Child Growth & Development</i>
Monday, February 20 7:30 – 10 p.m.	Growth and Development of School-Age Children Overview of school age children’s growth and development.		Online	<i>Child Growth & Development</i>
You the Professional (SDCDA 320)				
Monday, February 27 7:30 – 10 p.m.	Exploring Adult Learning Styles Influencing factors and theories of adult learning; individual learning styles.	\$10	Online	<i>Interpersonal Communication & Relationships</i>
Monday, March 6 7:30 – 10 p.m.	Best Practice: Program Administration and Leadership An overview of staff supervision and development strategies, basic fiscal management skills, and ‘best practice’ program administration policies and procedures.		Online	<i>Program Management & Regulations</i>

Check out our classes online at www.sanfordhealth.org/CHILDservices.
Register for classes by calling (605) 333-0698 or 1-800-235-5923 ext 3.



Sanford
 Sanford Medical Center
 CHILD Services
 1115 West 41st St.
 Sioux Falls, SD 57105

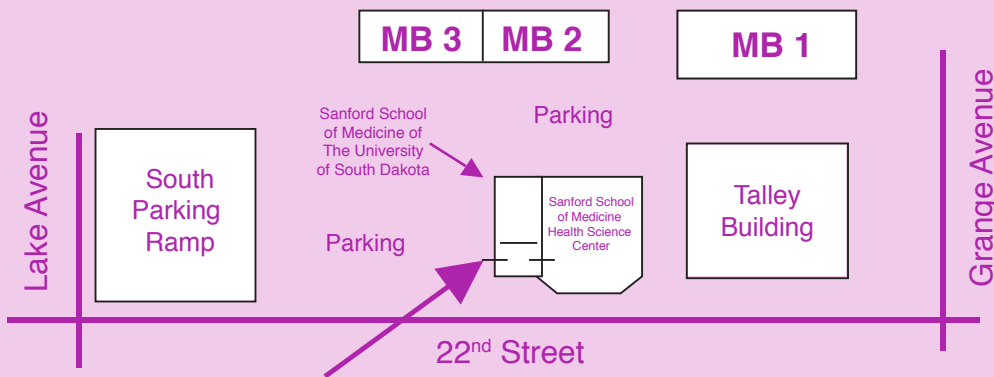
NON-PROFIT
 ORGANIZATION
 U.S. POSTAGE
PAID
 SANFORD

2017 Training Schedule

December/January/February

These classes meet the South Dakota child care training requirements for licensing and registration.

Address Service Requested



Go in the main entrance of the Sanford School of Medicine Health Science Center (1400 W. 22nd). Instead of going straight ahead into the Wegner Library, turn left and go through the double doors. Signs will be posted to guide you.

Office Location:
 CHILD Services Office
 1115 W. 41 St.
 Sioux Falls, SD
 (605) 333-0698
 1-800-235-5923, Ext. 3

