

# Sanford Children's CHILD Services of Sioux Falls

Region Five Newsletter | December/January/February 2018



## Family Engagement

Research has shown that parental involvement in their child's child care and education is a predictor of a child's future academic success and social development. Encouraging parental involvement in a child care program is one measure of a child care program's quality. Engaging families strengthens relationships between caregivers and parents which in turn benefits the child.

The first step to engaging families is communication. It's important to remember there isn't only one best way to communicate with families. One family may like emails; another may prefer daily sheets about today's happenings. Use various types of communication to meet various parental preferences. It's vital to keep the lines of communication open; there can't be a true partnership without it. Exchanging information with parents helps you understand their child better and, in turn, gives parents insight into what's happening in their child's day while attending child care.

Make parents feel welcome to visit at any time. An open door policy helps build trust. To promote parental visits ask yourself these questions:

- Do you invite parents to visit during the day? Do parents know this is an option?
- Do you have comfortable furniture for parents to sit on while visiting?
- Is there a space to have a conversation?

It is common for parents to have questions and to look to their child care provider for answers to their parenting questions. Helping parents find answers to their questions can involve giving them resources or offering to host parent classes for them to attend. Remember to develop yourself professionally as well, so you have the most up-to-date information to share.

For parents who may want to be more involved in their child's child care day, provide them with volunteer opportunities. Volunteering gets parents involved in their child's care. Provide times for parents to:

- Read a book to the children
- Talk about their work
- Join in craft activities

Want help engaging parents in your program? Sanford Children's CHILD Services has a new program aimed at involving parents in child care programs. See page 2 for information on the Teaming Up with Families program.

## Meet the Staff

**ECE Region 5 Director:**  
Kim Overby

**CHILD Manager:**  
Amy Heisinger

**CHILD Supervisor:**  
Margie Schade

**Curriculum Coordinator:**  
Misty Barber

**Infant Toddler Specialist:**  
Naomi Hoffman

**Training Staff:**  
Amy Heisinger  
Casey Johnston  
Karli Narum  
Kaycee Albertson  
Kelly Gilbert  
Lisa Gibson  
Margie Schade  
Mindy Greenfield  
Naomi Hoffman  
Sarah Shin

**CHILD Services Office Hours:**  
Monday – Friday,  
8 a.m. – 5 p.m.



**SANFORD**  
Children's

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## Teaming Up with Families

Partnering together  
for children's success

1. Increase parent engagement
2. Increase parent's knowledge of child development
3. Create a strong partnership with parents for children's success

Call Sanford Children's  
CHILD Services  
(605) 312-8390  
or email  
childsrv@sanfordhealth.org  
for more information or to get started.



## Saturday Spectacular

Saturday, February 24  
9 a.m. – 12:30 p.m.  
Sioux Falls, SD

### Supporting Social/Emotional Skills in Young Children

- The Third Teacher
- Filling Up Their Piggy Bank
- You Gotta Have Friends

## Sioux Falls WOW 2018

Saturday, January 20  
8:30 a.m. – 4 p.m.

(Includes 1.5 hours for lunch)

Washington Pavilion, Sioux Falls, SD

SF WOW website:  
<http://siouxfallswow.weebly.com/>

“One Voice, One Choice. Children!”

Featuring Keynote Speaker:  
Gigi Schweikert

## ECE Class Policy

To ensure accurate class registration, individuals must call to register for classes.

### e-Learning Online Classes

In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats
3. Complete 3 learning statements at the end of the class.

### Classroom Classes

1. Class participants arriving later than 10 minutes past the class start time will not be given credit for class attendance.
2. CHILD Services strives to provide a positive learning environment for all participants. If a class participant disrupts the positive learning environment, the participant risks not being given credit for the class.
3. CHILD Services respects the attention needs of young children and the learning needs of class participants. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes with a class participant.

**JUST A  
REMINDER**  
Cancellation-  
Please remember, if you  
register for a class and  
are unable to attend, it  
is a courtesy to call  
and cancel your  
registration.

## CPR and Certified First Aid

(Location details given upon registration)

**CPR and First Aid Class Refund Policy:** *Class cancellation is required prior to the start of class, otherwise payment will be forfeited and is non-transferrable.*

### Heartsaver CPR

#### CPR Policy:

CPR reservation is not confirmed until payment is received. If payment has not been received 24 hours prior to the start of class, this class reservation will be given to the first participant that secures this reservation with a payment.

**Fee:** \$20 per class

#### Class Dates:

Sat., December 9, 2017 • 8:30 a.m. – Noon – **Sioux Falls**  
Sat., January 13, 2018 • 8:30 a.m. – Noon – **Sioux Falls**  
Tuesday, January 30, 2018 • 6:30 – 10 p.m. – **Sioux Falls**  
Sat., February 17, 2018 • 8:30 a.m. – Noon – **Sioux Falls**  
Tuesday, February 27, 2018 • 6:30 – 10 p.m. – **Sioux Falls**



**Course  
renewal  
is every  
2 years.**

### Certified First Aid

The American Heart Association's new Heartsaver Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives. A Heartsaver Pediatric First Aid Course Completion Card will be given to students upon successful completion of the course.

**Fee:** \$5 per class

#### Class Dates:

(Additional classes may be added –  
check website for updates)

Sat., Jan. 13, 2018 • 1 – 3:30 p.m. – **Sioux Falls**

See General classes for Basic First Aid  
for Child Care Providers

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

# General Learning Opportunities

Classes for caregivers of all ages of children.

(Location details given upon registration)



## Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Saturday, December 2 9 – 10 a.m.	<b>How Experiences Build the Brain</b> What's going on in the brain during play? Learn how early experiences can help make and strengthen brain connections.	\$0	Vermillion	<i>Age Appropriate Activities</i>
Saturday, December 2 10 – 11 a.m.	<b>How Talking Impacts the Brain</b> Did you know that talking and responding to children actually helps build pathways in the brain? Explore what happens when you are responsive to children and see it in action.	\$0	Vermillion	<i>Child Growth &amp; Development</i>
Saturday, December 2 11 a.m. – Noon	<b>How On-going Stress Affects the Brain</b> Children don't feel stress, do they? Some stress is normal but chronic stress can be harmful to children, learn how to help children in stressful situations.	\$0	Vermillion	<i>Guidance &amp; Behavior Management</i>
Tuesday, December 5 7:30 – 8:30 p.m.	<b>What Was I Thinking?</b> Learn how to think through your goals and develop a plan for your personal and professional growth.	\$5	Online	<i>Professionalism</i>
Thursday, December 7 6:30 – 7:30 p.m.	<b>Basic First Aid for Child Care Providers (O)</b> Participants will gain knowledge related to common childhood accidents and injuries and will receive instruction that will enable caregivers to perform first aid.	\$0	Sioux Falls	<i>Program Health &amp; Safety</i>
Monday, December 11 7 – 8 p.m.	<b>Child Abuse and Neglect (O)</b> Learn how to identify the symptoms of child maltreatment. Learn what it means to be a mandated reporter of child abuse and neglect.	\$0	Sioux Falls	<i>Child Abuse &amp; Neglect</i>
Monday, December 18 6:30 – 7:30 p.m.	<b>Food Handling Techniques</b> Keep everyone safe from food related illness. Learn about precautions during food preparation, storage and while feeding infants.	\$0	Sioux Falls	<i>Food Handling Techniques</i>
Monday, December 18 7:30 – 8:30 p.m.	<b>Medication Administration (O)</b> Learn why, when and how to safely give medication in child care.	\$0	Sioux Falls	<i>Program Health &amp; Safety</i>
Saturday, January 6 11:30 a.m. – 12:30 p.m.	<b>Setting Yourself Up for Success: Creating Effective Learning Environments</b> Learn how to create a child care environment that promotes children's development and encourages children's play.	\$0	Yankton	<i>Learning Environments</i>
Tuesday, January 9 6:30 – 7:30 p.m.	<b>Being a Mandated Reporter (O)</b> Learn what it means to be a mandated reporter and how to stress the importance of this role with staff.	\$5	Online	<i>Child Abuse &amp; Neglect</i>
Tuesday, January 9 7:30 – 8:30 p.m.	<b>Food Handling Techniques</b> Keep everyone safe from food related illness. Learn about precautions during food preparation, storage and while feeding infants.	\$5	Online	<i>Food Handling Techniques</i>
Tuesday, January 23 7 – 8 p.m.	<b>Guiding Children's Behavior</b> Caregivers guide children's behaviors every day. Learn strategies to help children learn to be in charge of and responsible for their own behaviors.	\$5	Online	<i>Guidance &amp; Behavior Management</i>
Saturday, February 3 11:30 a.m. – 12:30 p.m.	<b>Setting Yourself Up for Success: Creating Effective Learning Environments</b> Learn how to create a child care environment that promotes children's development and encourages children's play.	\$0	Vermillion	<i>Learning Environments</i>
Tuesday, February 13 7:30 – 8:30 p.m.	<b>Beyond Counting Heads</b> What do you do if you're over ratio? How do you make sure everyone is accounted for after a transition? Learn why ratios are important and strategies for transitions.	\$0	Sioux Falls	<i>Program Management &amp; Regulations</i>

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

Thursday, February 15 7 – 8 p.m.	<b>Emergency Preparedness (O)</b> Be prepared for emergencies in your child care program. Learn how to develop a plan for emergency situations.	\$5	Online	<i>Program Health &amp; Safety</i>
Thursday, February 22 6:30 – 7:30 p.m.	<b>All Children Belong Together</b> Explore the benefits of including children with special needs in your child care setting. Gain helpful inclusion tips and tools.	\$0	Dell Rapids	<i>Inclusion of All Children</i>
Thursday, February 22 7:30 – 8:30 p.m.	<b>Setting Up Learning Environments</b> Quality child care learning environments take planning. Learn how to set up a child care environment that promotes young children's learning.	\$0	Dell Rapids	<i>Learning Environments</i>

**Social Emotional Learning Opportunities**  
Ideas and insight to positive guidance and behavior management techniques.

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Tuesday, December 12 6:30 – 7:30 p.m.	<b>Social Emotional Essentials: Recognizing Feelings</b> You play an essential role in supporting the social emotional development of children. This class will focus on assisting children in recognizing their own feelings and those of others.	\$0	Sioux Falls	<i>Child Growth &amp; Development</i>

**Infant/Toddler Learning Opportunities**  
Classes with an emphasis on caring for children  
6 weeks to three years old.  
(Location details given upon registration)



**Classes**  
Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Tuesday, December 5 6:30 – 7:30 p.m.	<b>Explore and Play Throughout the Day with Infants and Toddlers</b> Young children love to explore and learn. Learn how to support children as they explore and learn about their world through play.	\$5	Online	<i>Learning Environments</i>
Saturday, January 6 9 – 10 a.m.	<b>Introduction to Early Literacy</b> Learn about infant and toddler literacy development. Discover ways to promote literacy for young children.	\$0	Yankton	<i>Age Appropriate Activities</i>
Tuesday, January 30 6:30 – 9 p.m.	<b>*Social Emotional Milestones/Temperament</b> Participants will learn ways to support the growing sense of self in young children and will be introduced to different temperament types.	\$0	Sioux Falls	<i>Observing Children</i>
Saturday, February 3 9 – 10 a.m.	<b>Introduction to Early Literacy</b> Learn about infant and toddler literacy development. Discover ways to promote literacy for young children.	\$0	Vermillion	<i>Age Appropriate Activities</i>
Tuesday, February 6 6:30 – 9 p.m.	<b>*Guidance &amp; Discipline/Understanding Children's Behavior</b> Participants will learn about age appropriate strategies in guiding the behavior of young children and gain knowledge on what behavior might mean.	\$0	Sioux Falls	<i>Guidance &amp; Behavior Management</i>
Thursday, February 8 6:30 – 7:30 p.m.	<b>Period of PURPLE Crying (O)</b> The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$5	Online	<i>Child Abuse &amp; Neglect</i>
Thursday, February 8 7:30 – 8:30 p.m.	<b>Hellos and Goodbyes</b> Learn ways to help both parents and children through these tough transition times.	\$5	Online	<i>Partnerships with Parents</i>
Tuesday, February 13 6:30 – 9 p.m.	<b>*Respectful Care/Primary Caregiving</b> Participants will learn about providing quality group care of young children.	\$0	Sioux Falls	<i>Interpersonal Communication &amp; Relationships</i>

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.



Thursday, February 15 8 – 9 p.m.	<b>Child Care Essentials: Shaken Baby Syndrome (O)</b> Never shake a baby! Learn the symptoms and outcomes of pediatric head trauma and ways to prevent it from happening.	\$5	Online	<i>Child Abuse &amp; Neglect</i>
Tuesday, February 20 6:30 – 9 p.m.	<b>*Environments for Group Care/More Than Just Routine</b> Participants will learn ways to set up an environment for young children and discover what young children are learning during daily routines.	\$0	Sioux Falls	<i>Learning Environments</i>
Tuesday, February 27 6:30 – 9 p.m.	<b>*Brain Development/Discoveries of Infancy</b> Participants will learn that young children are born ready to learn; how they learn and what they can do to support their learning.	\$0	Sioux Falls	<i>Child Growth &amp; Development</i>

## Preschool Learning Opportunities

Classes with an emphasis on caring for three to five year old children.

(Location details given upon registration)

### Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Tuesday, December 12 7:30 – 8:30 p.m.	<b>Building Relationships 101</b> Quality child care involves building relationships with the whole family, learn ways to engage parents in your preschool setting.	\$0	Sioux Falls	<i>Partnerships with Parents</i>
Saturday, January 6 10:15 – 11:15 a.m.	<b>Inclusion Works</b> Learn ways to include all children in your preschool setting.	\$0	Yankton	<i>Inclusion of All Children</i>
Tuesday, January 23 8 – 9 p.m.	<b>Balancing Parent Expectations</b> Learn ways to work with parents to help them understand appropriate expectations of preschool aged children.	\$5	Online	<i>Partnerships with Parents</i>
Saturday, February 3 10:15 – 11:15 a.m.	<b>Inclusion Works</b> Learn ways to include all children in your preschool setting.	\$0	Vermillion	<i>Inclusion of All Children</i>
Tuesday, February 13 6:30 – 7:30 p.m.	<b>Including Diversity in Your Environment</b> Learn how to plan for and incorporate cultural diversity into your child care environment.	\$0	Sioux Falls	<i>Cultural Diversity</i>

### Preschool-Focused Learning Series. Inspired by South Dakota Early Learning Guidelines.

Thursday, January 11 6:30 – 8 p.m.	<b>Music Play: Planning Activity Areas</b> Provide easy and fun music activities to use with children.	\$0	Sioux Falls	<i>Age Appropriate Activities</i>
Thursday, January 18 6:30 – 8 p.m.	<b>Block Play: Planning Activity Areas</b> Discover how block play assists children in developing various skills.	\$0	Sioux Falls	<i>Age Appropriate Activities</i>
Thursday, January 25 6:30 – 8 p.m.	<b>Health and Physical Development: Planning Activity Areas</b> Discover strategies and activities that encourage effective physical play and nutrition.	\$0	Sioux Falls	<i>Age Appropriate Activities</i>
Thursday, February 1 6:30 – 8 p.m.	<b>Creative Arts: Planning Activity Areas</b> Explore materials and art techniques that allow children to represent their thoughts and ideas.	\$0	Sioux Falls	<i>Age Appropriate Activities</i>
Thursday, February 8 6:30 – 8 p.m.	<b>Sand and Water Play: Planning Activity Areas</b> Discover ideas for designing educational experiences for children using sand and water.	\$0	Sioux Falls	<i>Age Appropriate Activities</i>
Thursday, February 15 6:30 – 8 p.m.	<b>Math Play: Planning Activity Areas</b> Learn the many activities that help children develop math skills and what items you need in your program to give children a strong support.	\$0	Sioux Falls	<i>Age Appropriate Activities</i>
Thursday, February 22 6:30 – 8 p.m.	<b>Language and Literacy: Planning Activity Areas</b> Discover ideas and strategies to lead children to become successful readers and writers.	\$0	Sioux Falls	<i>Age Appropriate Activities</i>

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

# Out of School Time Learning Opportunities

Classes with an emphasis on caring for school age children.  
(Location details given upon registration)



## Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Thursday, February 8 7 – 8:30 p.m.	<b>Everybody Wins with Inclusion</b> Children learn so much from each other, give everyone the chance to be involved.	\$0	Sioux Falls	<i>Inclusion of All Children</i>

# fitCare Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings.

All fitCare classes provide caregivers with activities to help teach children about making healthy choices.  
(Location details given upon registration)



Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Wednesday, January 10 6:30 – 8:30 p.m.	<b>Be fit ... RECHARGE Your Energy</b> Learn about what it means to be <i>fit</i> as well as ways to ensure children get their rest and relaxation so they have the energy to make healthy choices.	\$0	Online	<i>Program Health &amp; Safety</i> <i>Learning Environments</i>
Wednesday, January 17 6:30 – 8:30 p.m.	<b>Motivate Your MOOD</b> Our MOOD influences the choices we make. Help children learn about MOOD and how to turn their MOOD around to make healthy choices.			<i>Guidance &amp; Behavior Management</i> <i>Age Appropriate Activities</i>
Wednesday, January 24 6:30 – 8:30 p.m.	<b>Think Your FOOD</b> Food habits start early in life. Learn how to teach children about making healthy food choices.			<i>Nutrition for Children</i> <i>Learning Environments</i>
Wednesday, January 31 6:30 – 8:30 p.m.	<b>MOVE Your Body</b> Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.			<i>Child Growth &amp; Development</i> <i>Age Appropriate Activities</i>
Tuesday, February 13 6:30 – 8:30 p.m.	<b>MOVE Your Body</b> See above for class descriptions.	\$0	Online	<i>Child Growth &amp; Development</i> <i>Age Appropriate Activities</i>
Tuesday, February 20 6:30 – 8:30 p.m.	<b>Think Your FOOD</b> See above for class descriptions.	\$0	Sioux Falls	<i>Nutrition for Children</i> <i>Learning Environments</i>
<b>fitCare Technical Assistance</b>	<b><u>Taking a FOOD or MOVE class is required to participate</u></b> Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	Licensing Credit Available		<i>Categories determined based on Action Plan</i>

Check out the newsletter online [www.sanfordhealth.org/CHILDServices](http://www.sanfordhealth.org/CHILDServices)

Check out our classes online at [www.sanfordhealth.org/CHILDServices](http://www.sanfordhealth.org/CHILDServices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

# Family Child Care Provider Focus Learning Opportunities

Classes specific to care provided in a family day care setting.  
(Location details given upon registration)



Classes				
Learn and Take: Learn today – put your learning into practice tomorrow.				
Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Thursday, December 7 7:30 – 8:30 p.m.	<b>Everyone is Welcome at My House</b> Learn how the American Disability Act (ADA) affects child care. Gain tips to support each child's unique strengths, interests, and talents.	\$0	Sioux Falls	<i>Inclusion of All Children</i>
Tuesday, January 16 6:30 – 7:30 p.m.	<b>Guidance for All Ages</b> One size doesn't fit all when it comes to guidance, learn techniques that work with the different ages and stages of the children in your care.	\$0	Sioux Falls	<i>Guidance &amp; Behavior Management</i>
Tuesday, February 6 7:30 – 9:30 p.m.	<b>*What is Family Child Care?</b> Understand best practice in child care, program promotion and professionalism.	\$5	Online	<i>Professionalism</i>
Tuesday, February 20 7:30 – 9:30 p.m.	<b>*What Do Children Need?</b> Multi-age group characteristics and how to meet children at their individual developmental level.	\$5	Online	<i>Age Appropriate Activities</i>

# Rural Child Care Provider Learning Opportunities

Classes offered in rural areas in southeastern South Dakota.  
(Location details given upon registration)



Classes				
Learn and Take: Learn today – put your learning into practice tomorrow.				
Date/Time	Class Title <small>(O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Thursday, February 22 6:30 – 7:30 p.m.	<b>All Children Belong Together</b> Explore the benefits of including children with special needs in your child care setting. Gain helpful inclusion tips and tools.	\$0	Dell Rapids	<i>Inclusion of All Children</i>
Thursday, February 22 7:30 – 8:30 p.m.	<b>Setting Up Learning Environments</b> Quality child care learning environments take planning. Learn how to set up a child care environment that promotes young children's learning.	\$0	Dell Rapids	<i>Learning Environments</i>
Saturday, January 6 9 – 10 a.m.	<b>Introduction to Early Literacy</b> Learn about infant and toddler literacy development. Discover ways to promote literacy for young children.	\$0	Yankton	<i>Age Appropriate Activities</i>
Saturday, January 6 10:15 – 11:15 a.m.	<b>Inclusion Works</b> Learn ways to include all children in your preschool setting.	\$0	Yankton	<i>Inclusion of All Children</i>
Saturday, January 6 11:30 a.m. – 12:30 p.m.	<b>Setting Yourself Up for Success: Creating Effective Learning Environments</b> Learn how to create a child care environment that promotes children's development and encourages children's play.	\$0	Yankton	<i>Learning Environments</i>
Saturday, December 2 9 – 10 a.m.	<b>How Experiences Build the Brain</b> What's going on in the brain during play? Learn how early experiences can help make and strengthen brain connections.	\$0	Vermillion	<i>Age Appropriate Activities</i>

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).  
Register for classes by calling (605) 312-8390 or (800) 235-5923.

Saturday, December 2 10 – 11 a.m.	<b>How Talking Impacts the Brain</b> Did you know that talking and responding to children actually helps build pathways in the brain? Explore what happens when you are responsive to children and see it in action.	\$0	Vermillion	<i>Child Growth &amp; Development</i>
Saturday, December 2 11 a.m. – Noon	<b>How On-going Stress Affects the Brain</b> Children don't feel stress, do they? Some stress is normal but chronic stress can be harmful to children, learn how to help children in stressful situations.	\$0	Vermillion	<i>Guidance &amp; Behavior Management</i>
Friday, February 3 9 – 10 a.m.	<b>Introduction to Early Literacy</b> Learn about infant and toddler literacy development. Discover ways to promote literacy for young children.	\$0	Vermillion	<i>Age Appropriate Activities</i>
Saturday, February 3 10:15 – 11:15 a.m.	<b>Inclusion Works</b> Learn ways to include all children in your preschool setting.	\$0	Vermillion	<i>Inclusion of All Children</i>
Saturday, February 3 11:30 a.m. – 12:30 p.m.	<b>Setting Yourself Up for Success: Creating Effective Learning Environments</b> Learn how to create a child care environment that promotes children's development and encourages children's play.	\$0	Vermillion	<i>Learning Environments</i>

## e-Learning Online Opportunities

We know life can be busy...  
So we are bringing learning right to you.



Live engaging online classes via the internet.

Requirements:

- Computer with internet connectivity
- Adobe Flash Player 10.1 or higher  
Free Flash Player – download at [www.adobe.com](http://www.adobe.com)
- Due to technical incompatibility, do not use smart phones to access online classes

**e-Learning Online Class Policy:**

- Class registration is closed 48 hours prior to scheduled class start time.
- Monday class registration is closed 5 p.m. on the Thursday prior to the class.
- Online classes are \$5 per class hour.

- Class registration is secured once payment is received.
- Class participants are emailed the class link within 24 hours prior to scheduled class start time.
- **Class credit:** Credit is given once all class requirements are completed:
  - Log into class within 5 minutes of the class start time.
  - Demonstrate attendance by participating in class polls and chats.
  - Complete 3 learning statements at the end of the class.
- **Refunds:** No cash refunds are given for online classes. Credit will be given towards another online class if cancellation is received 24 hours prior to class.

e-Learning Online Classes – Learn and Take: Learn today – put your learning into practice tomorrow.				
Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Tuesday, December 5 6:30 – 7:30 p.m.	<b>Explore and Play Throughout the Day with Infants and Toddlers</b> Young children love to explore and learn. Learn how to support children as they explore and learn about their world through play.	\$5	Online	<i>Learning Environments</i>
Tuesday, December 5 7:30 – 8:30 p.m.	<b>What Was I Thinking?</b> Learn how to think through your goals and develop a plan for your personal and professional growth.	\$5	Online	<i>Professionalism</i>
Tuesday, January 9 6:30 – 7:30 p.m.	<b>Being a Mandated Reporter</b> Learn what it means to be a mandated reporter and how to stress the importance of this role with staff.	\$5	Online	<i>Child Abuse &amp; Neglect</i>
Tuesday, January 9 7:30 – 8:30 p.m.	<b>Food Handling Techniques</b> Keep everyone safe from food related illness. Learn about precautions during food preparation, storage and while feeding infants.	\$5	Online	<i>Food Handling Techniques</i>
Tuesday, January 23 7 – 8 p.m.	<b>Guiding Children's Behavior</b> Caregivers guide children's behaviors every day. Learn strategies to help children learn to be in charge of and responsible for their own behaviors.	\$5	Online	<i>Guidance &amp; Behavior Management</i>
Tuesday, January 23 8 – 9 p.m.	<b>Balancing Parent Expectations</b> Learn ways to work with parents to help them understand appropriate expectations of preschool aged children.	\$5	Online	<i>Partnerships with Parents</i>

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.



Tuesday, February 6 7:30 – 9:30 p.m.	<b>*What is Family Child Care?</b> Understand best practice in child care, program promotion and professionalism.	\$5	Online	<i>Professionalism</i>
Thursday, February 8 6:30 – 7:30 p.m.	<b>Period of PURPLE Crying (O)</b> The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$5	Online	<i>Child Abuse &amp; Neglect</i>
Thursday, February 8 7:30 – 8:30 p.m.	<b>Hellos and Goodbyes</b> Learn ways to help both parents and children through these tough transition times.	\$5	Online	<i>Partnerships with Parents</i>
Thursday, February 15 7 – 8 p.m.	<b>Emergency Preparedness (O)</b> Be prepared for emergencies in your child care program. Learn how to develop a plan for emergency situations.	\$5	Online	<i>Program Health &amp; Safety</i>
Thursday, February 15 8 – 9 p.m.	<b>Child Care Essentials: Shaken Baby Syndrome (O)</b> Never shake a baby! Learn the symptoms and outcomes of pediatric head trauma and ways to prevent it from happening.	\$5	Online	<i>Child Abuse &amp; Neglect</i>
Tuesday, February 20 7:30 – 9:30 p.m.	<b>*What Do Children Need?</b> Multi-age group characteristics and how to meet children at their individual developmental level.	\$5	Online	<i>Age Appropriate Activities</i>
<b>More e-Learning Online Opportunities in this Newsletter</b>				
<b>fitCare</b> • See page 6 for more information			Online	<i>Various Categories</i>
<b>Management Series</b> • See page 9 for more information			Online	<i>Various Categories</i>

## Management Learning Opportunities

Classes with an emphasis on managing child care programs.

Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Monday, December 18 7:30 – 9:30 p.m.	<b>Policies and Procedures</b> Learn how a handbook lays out rules and regulations to help the child care center run more smoothly.	\$5	Online	<i>Program Management &amp; Regulations</i>
Monday, January 22 7:30 – 9:30 p.m.	<b>Marketing Your Program</b> Learn the difference between marketing & advertising. Creating a Marketing Plan and learn about the specific techniques to use to attract attention for your program.	\$5	Online	<i>Program Management &amp; Regulations</i>
Monday, February 26 7:30 – 9:30 p.m.	<b>Effective Staff Meetings</b> Staff meetings are an important way to communicate with staff, address and solve issues, and implement new ideas. We will discuss tips and techniques to make staff meetings effective and fun!	\$5	Online	<i>Program Management &amp; Regulations</i>

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).  
Register for classes by calling (605) 312-8390 or (800) 235-5923.

Classes to prepare participants to apply for a Child Development Associate (CDA) credential.

## Class Information

**New CDA class sessions begin January 8, 2018.  
Register by December 15**

To register, submit a completed Registration form and \$95 registration fee to CHILDServices.

Call for a registration form or download from:  
[sanfordhealth.org/CHILDServices/CommunityPartners/EarlyChildhood/ChildDevelopmentAssociate](http://sanfordhealth.org/CHILDServices/CommunityPartners/EarlyChildhood/ChildDevelopmentAssociate)

### **CDA Eligibility Class Enrollment Requirements**

#### Personal:

- Be 18 years of age or older
- Hold a high school diploma or equivalent
- Be able to speak, read and write well enough to fulfill the responsibilities of a CDA candidate
- Sign a statement of ethical conduct

#### Experience:

- Have 480 hours of experience working with children within the last 3 years

#### Observation Setting:

- Able to be observed working in one of the following child care settings
  - Center-based infant/toddler (birth to age 3)
  - Center-based preschool (3 to 5 year olds)
  - Family day care (birth through age 5)
  - Home Visitor

## Ready to Apply?

Finished face-to-face CDA classes and ready to apply for your CDA credential?

Checklist:

- |  |   |
|--|---|
| <input type="checkbox"/> Complete your bookwork  | <input type="checkbox"/> Make sure classes are paid in full           |
| <input type="checkbox"/> Complete your Professional Portfolio <ul style="list-style-type: none"><li>• Competency Statements, Resource Collection Items, Family Questionnaires, Professional Philosophy Statement</li></ul> | <input type="checkbox"/> Get transcript from CHILDServices            |
|  | <input type="checkbox"/> Choose a Professional Development Specialist |
|  | <input type="checkbox"/> Apply to National CDA Council                |

For application guidance go to [www.cdacouncil.org](http://www.cdacouncil.org)

(605) 312-8390  
or (800) 235-5923  
to review  
your checklist.

## CDA Renewal

CDA renewal fee is \$150 for paper renewal applications and \$125 for online renewal applications submitted through YourCDA.

### **When do I need to renew my CDA?**

A CDA Credential is valid for three years from the date of award, each Credential issued after June 1, 2013 will need to be renewed every three years. Please remember, it is your responsibility to keep track of when you need to renew your CDA. Sanford Children's CHILDServices does not maintain renewal dates and will not be notifying you when your expiration is drawing near. You can go to [www.cdacouncil.org](http://www.cdacouncil.org) and find out how to renew your certification.

### **2018 CDA Paper Application – January 1, 2018 Fee Increase**

**Beginning January 1, 2018**, the cost for submitting a paper application will increase \$75 to \$500.

Online applications will remain at \$425.

Check out our classes online at [www.sanfordhealth.org/CHILDServices](http://www.sanfordhealth.org/CHILDServices).

Register for classes by calling (605) 312-8390 or (800) 235-5923.

# Extended Learning Opportunities

Take any of the classes in this section and add on the option to have CHILD Services staff come to your work site and assist you in putting your learning into your daily work with children.

Class Title	Fee	Location	Licensing/ Pathways
<b>Preschool-Focused Learning Series</b> See page 5 for class dates, times and more information.	See page 5	Sioux Falls	Various Categories
<b>fitCare Series</b> See page 6 for class dates, times and more information. Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	See page 6	Online	Various Categories

## Pathways to Professional Development Series (Formerly Supplemental Training Series)

- Three courses conveniently offered online.
  - Open enrollment allowed for each course of the series.
  - Registration per class is not available. Participants must register for all classes that are part of a course.
- Out-of-class time work required for course credit.
- Complete your CDA and take all three courses of the Pathways to Professional Development Series to receive college credit when you enroll in participating South Dakota colleges and universities.
  - Earn up to twelve college credits (credits allowed depend on participating South Dakota college or university policy).

### Meeting Children’s Basic Needs (SDCDA 300)

Monday, January 8 7:30 – 10 p.m.	<b>Providing a Safe &amp; Healthy Environment</b> Early childhood health and safety standards and applications.	\$10	Online	<i>Program Health &amp; Safety</i>
Monday, January 15 7:30 – 10 p.m.	<b>Providing for Children’s Nutritional Needs</b> Professional and personal use of USDA SuperTracker resources, childcare nutritional standards & responsibilities.		Online	<i>Nutrition for Children</i>

### How Children Learn and Grow (SDCDA 310)

Monday, January 22 7:30 – 10 p.m.	<b>Theories of Child Development: Prenatal, Birth &amp; Early Brain Development</b> Overview of the latest research in early brain development and its impact and applications for ECE professionals.	\$25	Online	<i>Child Growth &amp; Development</i>
Monday, January 29 7:30 – 10 p.m.	<b>Theories of Child Development: Dewey &amp; Montessori</b> Overview of research methods and the history of theories of child development; the theories of Dewey & Montessori.		Online	<i>Child Growth &amp; Development</i>
Monday, February 5 7:30 – 10 p.m.	<b>Theories of Child Development: Erikson, Bronfenbrenner &amp; Bandura</b> Developmental theories of Erikson, Bronfenbrenner & Bandura; ongoing critical thinking and comparison of various theories.		Online	<i>Child Growth &amp; Development</i>
Monday, February 12 7:30 – 10 p.m.	<b>Theories of Child Development: Piaget &amp; Vygotsky</b> Developmental theories of Piaget & Vygotsky; professional and personal implications of Gardner’s theories of multiple intelligences.		Online	<i>Child Growth &amp; Development</i>
Monday, February 19 7:30 – 10 p.m.	<b>Growth and Development of School-Age Children</b> Overview of school age children’s growth and development.		Online	<i>Child Growth &amp; Development</i>

### You the Professional (SDCDA 320)

Monday, February 26 7:30 – 10 p.m.	<b>Exploring Adult Learning Styles</b> Influencing factors and theories of adult learning; individual learning styles.	\$10	Online	<i>Interpersonal Communication &amp; Relationships</i>
Monday, March 5 7:30 – 10 p.m.	<b>Best Practice: Program Administration and Leadership</b> An overview of staff supervision and development strategies, basic fiscal management skills, and ‘best practice’ program administration policies and procedures.		Online	<i>Program Management &amp; Regulations</i>

Check out our classes online at [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices).  
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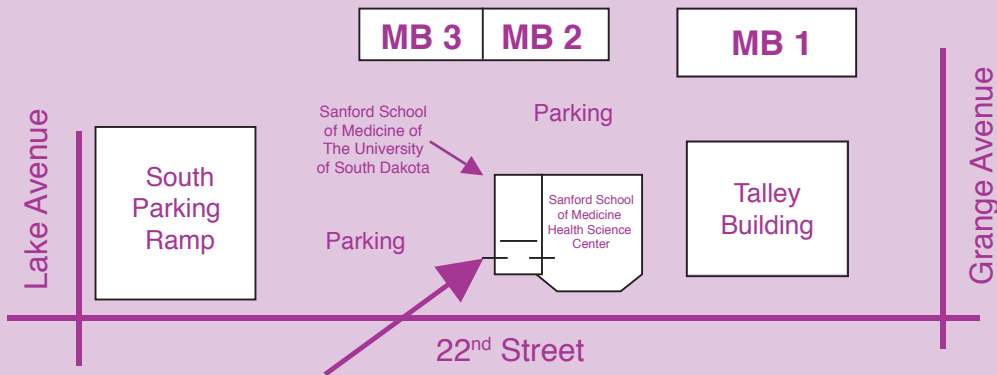
Sanford  
 Sanford Medical Center  
 CHILD Services  
 1115 West 41st St.  
 Sioux Falls, SD 57105

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**PAID**  
 SANFORD

**2017 Training Schedule**  
**September/October/November**

These classes meet the South Dakota child care training requirements for licensing and registration.

Address Service Requested



Go in the main entrance of the Sanford School of Medicine Health Science Center (1400 W. 22nd). Instead of going straight ahead into the Wegner Library, turn left and go through the double doors. Signs will be posted to guide you.

**Office Location:**  
 CHILD Services Office  
 1115 W. 41 St.  
 Sioux Falls, SD  
 (605) 312-8390  
 (800) 235-5923

