



Sanford Children's CHILD SERVICES OF ABERDEEN

Region 3 Newsletter | October, November, December 2018

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SANFORD
Children's

Your Environment Matters

The physical environment in your program plays a huge role in the quality of your child care setting. You and the children in your program should find your environment welcoming and comfortable. A well designed and developmentally appropriate space sets the stage for learning and positive children interactions.

Consider these points when setting up your classroom's play space:

- Provide Predictability – Children like to be in control of their own environment. Create a physical space in which children know what to expect. Minimize changes to the children's physical space. Change up the activities and toys offered, but maintain the room layout.
- Offer Organization – Divide your space into different areas. Create a zone for messy activities, loud activities, quiet activities and active play. Separate areas that are opposite of each other such as loud and quiet play. When children can choose where they want to play, what they want to play with and have the ability to separate themselves into different areas, they are less likely to display challenging behaviors.
- Create Boundaries – Create well-defined activity areas. This type of environment allows children to explore on their own and engage with different activities.
- Establish Paths – Children need to be able to move quickly and easily from one activity to another. Entries and exits should be clearly defined. An open room without clear pathways doesn't provide children with a sense of direction and security and it can encourage children to run in the classroom. If you find yourself saying, "use your walking feet" on a regular basis, you may want to consider changing your pathways.

Setup an environment that provides children:

- Safety – Providing a safe environment encourages children to explore and learn about the world around them. Children should be able to move about freely and explore.
- Comfort and Convenience – This allows you and the children to function without stress. A calm, carefree environment lets children play and learn all at the same time. Children learn to trust their environment and are able to learn easier.
- Child Sized Space – Children should be able to reach, sit, play and work without always asking an adult for help. You should encourage children to become independent explorers. When children can access the materials they want to play with, it helps to develop their ability to be independent.
- Free Choice – Opportunities for children to discover what they find interesting or challenging supports all areas of development. Children develop physically, emotionally, and socially when they are able to choose where and how they play.

For more tips on setting up your classroom environment, call CHILD Services.

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Looking for a little more challenge in your classes?

The Pathways to Professional Development Series offers more in-depth learning than basic classes. It includes activities to help you review your policies and practices, set goals, learn more about child development theory, and grow as a professional and a leader.

The series consists of three courses, all conveniently offered online every January and June; you can take just one, two, or all three:

- Meeting Children's Basic Needs (SDCDA 300)
- How Children Learn & Grow (SDCDA 310)
- You The Professional (SDCDA 320)

Classes start in January 2019! Watch your next newsletter for details, or call CHILD Services Aberdeen at (605) 226-5675 for more information.

Family Childcare Providers: We're having a Saturday Spectacular for YOU!

Sanford CHILD Services November Saturday Spectacular

A one-day event with classes for caregivers of all ages and all settings.

When: Saturday, Nov. 3, 9 a.m. - Noon;
Sign-in begins at 8:30 a.m.

Location: Sanford Aberdeen Medical Center

Cost: Free

Register: Call (605) 262-8505 or 1-800-982-6404. Call early; space is limited.

*See page 6 for more details

Responsive Parenting Classes

Responsive Parenting is a six week series for parents who have children ages birth to three years old. Topics include child encouragement, parent and child stress, responding to your child's needs, what and how your child learns, and your child's unique temperament.

Classes Begin:

October 1, 2018 • 5:30 – 7:30 p.m.

•Pre-register before Monday, September 24

Location: Sanford Children's CHILD Services

Cost: Free

Winter Is Coming—Fight Back With Fun!

Don't let cabin fever get your kids down—the CHILD Services Lending Library has resources available to provide you with new and exciting materials for your children to explore.

Check out theme kits to enhance the development of children birth through eight years of age: Dinosaurs, Colors, Fire Station, Farm, Shapes, Pets, Zoo, Science, Numbers and Alphabet are just a few examples.

Stop by Aberdeen CHILD Services to complete a membership agreement; the library is open 8 a.m.-5 p.m., Monday through Friday. And best of all, membership is FREE!

ECE Class Policy

To ensure accurate class registration, individuals must call to register for classes.

e-Learning Online Classes

In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats
3. Complete 3 learning statements at the end of the class.

Classroom Classes

1. Class participants arriving later than 10 minutes past the class start time will not be given credit for class attendance.
2. CHILD Services strives to provide a positive learning environment for all participants. If a class participant disrupts the positive learning environment, the participant risks not being given credit for the class.
3. CHILD Services respects the attention needs of young children and the learning needs of class participants. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes with a class participant.



Want a little help with:

- Planning activities for children
- Managing children’s behaviors
- Setting up children’s play areas

Sanford Children’s CHILD Services staff are available to come to you and answer questions and provide suggestions regarding your daily work with children.

For more information call Sanford Children’s CHILD Services (605) 226-5675.



Classroom Instruction Classes

For more class information and/or registration call Sanford Children’s CHILD Services of Aberdeen (605) 226-5675 or (800) 982-6404. Child care is not provided.

CPR and First Aid – Classes for caregivers for all ages and all settings.

- CPR and First Aid classes are held quarterly at Aberdeen CHILD Services
- Course renewal is every 2 years

CPR Policy:

CPR payment must be received within 48 hours of the CPR class. If payment has not been received 48 hours in advance, you will be notified that your class reservation is no longer valid. This class reservation will be given to the first participant that secures this reservation with a payment.

CPR and First Aid Class Refund Policy:

CPR or First Aid class cancellation is required 24 hours prior to class, otherwise payment will be forfeited and is non-transferable.



CPR and First Aid

Classes for caregivers for all ages and all settings.

CPR and First Aid Certified eCard: In order to receive your CPR and First Aid certified card, you will need to provide an email at time of registration.

Date/Time	Class Title	Fee	Location	Licensing/Pathways
Saturday, October 20 8:30 a.m. – Noon	Heartsaver Adult/Child and Infant CPR (O) This video-based, instructor-led course teaches adults, child and infant CPR, AED use, and how to relieve choking. This course teaches skills with the AHA’s practice-while-watching technique, which allows instructors to observe the students and provide feedback.	\$20	Aberdeen	Program Health & Safety
Saturday, October 20 1 – 3:30 p.m.	Certified First Aid (O) The American Heart Association’s Heartsaver Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives.	\$5	Aberdeen	Program Health & Safety

e-Learning Online Opportunities

We know life can be busy...

So we are bringing learning right to you.



Credit Card payments are now accepted

For more class information and/or registration call Sanford Children's CHILD Services of Aberdeen (605) 226-5675 or (800) 982-6404.

Live engaging online classes via the internet.

Requirements:

- Computer with internet connectivity
- Adobe Flash Player 10.1 or higher
Free Flash Player – download at www.adobe.com
- Due to technical incompatibility, do not use smart phones to access online classes

e-Learning Online Class Policy:

- Class registration is closed 48 hours prior to scheduled class start time.
- Monday class registration is closed 5 p.m. on the Thursday prior to the class.
- Online classes are \$5 per class hour.
- Class registration is secured once payment is received.
- Class participants are emailed the class link the day before class.
- **Class credit:** Credit is given once all class requirements are completed:
 - Log into class within 5 minutes of the class start time.
 - Demonstrate attendance by participating in class polls and chats.
 - Complete 3 learning statements at the end of class.
- Refunds: No cash refunds are given for online classes. Credit will be given towards another online class if cancellation is received 24 hours prior to class.

General Classes Classes for caregivers for all ages and all settings.

Date/Time	Class Title	Fee	Location	Licensing/Pathways
Thursday, November 15 6:30 – 7:30 p.m.	Building A Bridge: Partnership with Parents Parents are a vital part of any childcare program. Get tips on how to establish positive parent partnerships.	\$5	Online	<i>Partnerships with Parents</i>
Thursday, December 6 6:30 – 7:30 p.m.	Communicable Diseases (O) What is a communicable disease? How do you prevent its transmission? Learn how germs are transmitted and how to keep children healthy.	\$5	Online	<i>Identification & Prevention of Communicable Diseases</i>
Thursday, December 6 7:30 – 8:30 p.m.	Basic First Aid for Child Care Providers (O) Participants will gain knowledge related to common childhood accidents and injuries and will receive instruction that will enable caregivers to perform first aid.	\$5	Online	<i>Program Health & Safety</i>
Tuesday, December 11 6:30 – 7:30 p.m.	Medication Administration (O) Learn why, when and how to safely give medication in childcare.	\$5	Online	<i>Program Health & Safety</i>

fitCare Classes Classes for caregivers for all ages and all settings.

Date/Time	Class Title	Fee	Location	Licensing/Pathways
Thursday, October 4 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth & Development</i>
Tuesday, October 23 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth & Development</i>
fitCare Technical Assistance	<u>Taking a fitCare class is required to participate</u> Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	Licensing Credit Available		<i>Categories determined based on Action Plan</i>

Have you hired new staff recently?

After July 1, 2017 all new hires have 90 days to complete orientation training. South Dakota state-specific orientation training can be accessed through this website: <http://www.sdstate.edu/frn>
Click on Orientation to Child Care then South Dakota Orientation Training On-Demand.

Check out our newsletter online • www.sanfordhealth.org/CHILDServices

Social Emotional Classes

Classes for caregivers for all ages of children. Ideas and insight to positive guidance and behavior management techniques.

Thursday, October 4 7:30 – 9 p.m.	<u>Importance of Relationships</u> How exactly do our relationships with children influence the connection between children's social emotional development and challenging behaviors? We will explore this question along with ways to support positive behavior and build relationships.	\$5	Online	<i>Guidance & Behavior Management</i>
Thursday, October 11 7:30 – 9 p.m.	<u>Environment, Routines, & Strategies</u> We will look at environmental elements, their impact on children's development and behaviors, and discuss strategies to support children's positive social behaviors in group settings.	\$5	Online	<i>Learning Environments</i>
Thursday, October 18 7:30 – 9 p.m.	<u>Social Emotional Teaching Strategies</u> Participants will discuss ways to be intentional about teaching social emotional skills, identify strategies for supporting the development of friendship skills and activities that build children's feeling vocabularies, and problem solving skills.	\$5	Online	<i>Guidance & Behavior Management</i>
Thursday, October 25 7:30 – 9 p.m.	<u>Supporting Children's Success</u> Look at ways to help children identifying the cause and meaning of their behaviors. Discuss responses to challenging behaviors in supportive ways, as we assist children in gaining an understanding of their own, as well as others' emotions.	\$5	Online	<i>Guidance & Behavior Management</i>
Tuesday, December 11 7:30 – 8:30 p.m.	<u>Build Relationships Across Cultures</u> Build better caregiver/child relationships by understanding and supporting children's family culture and background.	\$5	Online	<i>Cultural Diversity</i>

Infant/Toddler Classes

Classes with an emphasis on caring for children 6 weeks to 3 years old.

Thursday, October 18 6:30 – 7:30 p.m.	<u>Infant/Toddler Best Practices Part 1</u> Learn about the critical elements of best practices in infant/toddler care.	\$5	Online	<i>Age Appropriate Activities</i>
Thursday, October 25 6:30 – 7:30 p.m.	<u>Infant/Toddler Best Practices Part 2</u> Learn about best practices to foster the social-emotional development of infants and toddlers.	\$5	Online	<i>Child Growth & Development</i>
Thursday, November 1 6:30 – 7:30 p.m.	<u>Infant/Toddler Best Practices Part 3</u> Learn how routines play a part in providing best practices in infant/toddler care.	\$5	Online	<i>Age Appropriate Activities</i>
Thursday, November 8 6:30 – 7:30 p.m.	<u>Infant/Toddler Best Practices Part 4</u> Learn how to provide best practice environments for infants and toddlers.	\$5	Online	<i>Learning Environments</i>
Thursday, November 15 7:30 – 8:30 p.m.	<u>Period of PURPLE Crying (O)</u> The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$5	Online	<i>Child Abuse & Neglect</i>

Preschool Classes

Classes with an emphasis on caring for children 3 to 5 years old.

Tuesday, October 2 7:30 – 9 p.m.	<u>Creative Arts: Planning Activity Areas</u> Explore materials and art techniques that allow children to represent their thoughts and ideas.	\$5	Online	<i>Age Appropriate Activities</i>
Tuesday, October 9 7:30 – 9 p.m.	<u>Sand and Water Play: Planning Activity Areas</u> Discover ideas for designing educational experiences for children using sand and water.	\$5	Online	<i>Age Appropriate Activities</i>
Tuesday, October 16 7:30 – 9 p.m.	<u>Math Play: Planning Activity Areas</u> Learn the many activities that help children develop math skills and what items you need in your program to give children a strong support.	\$5	Online	<i>Age Appropriate Activities</i>
Tuesday, October 23 7:30 – 9 p.m.	<u>Language and Literacy: Planning Activity Areas</u> Discover ideas and strategies to lead children to become successful readers and writers.	\$5	Online	<i>Age Appropriate Activities</i>
Tuesday, October 30 7:30 – 9 p.m.	<u>Dramatic Play: Planning Activity Areas</u> Help the children in your care use their imagination and cooperation skills as they pretend, take on new roles, and learn about themselves, their family, and society. Inspired by South Dakota Early Learning Guidelines.	\$5	Online	<i>Observing Children</i>

Tuesday, November 6 7:30 – 9 p.m.	Social Studies: Planning Activity Areas Explore various ways to make social studies meaningful to children. Inspired by South Dakota Early Learning Guidelines.	\$5	Online	<i>Learning Environments</i>
Tuesday, November 13 7:30 – 9 p.m.	Social Emotional Skills: Planning Activity Areas Discover strategies to assist children in learning about and managing their emotions during daily routines and play.	\$5	Online	<i>Guidance & Behavior Management</i>

Out of School Time Classes
Classes with an emphasis on caring for school age children.

Tuesday, October 2 6:30 – 8 p.m.	The Changing Faces of South Dakota Understand the expectations and beliefs of yourself and others and learn ways to become culturally sensitive to different child-rearing practices.	\$5	Online	<i>Cultural Diversity</i>
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Director/Manager/Supervisor Classes
Classes with an emphasis on managing the business of childcare and staff supervision.

Monday, October 15 7:30 – 9 p.m.	Retaining Quality Staff What is the value of employee retention? Learn how to motivate staff and build a sense of community in your childcare program.	\$5	Online	<i>Program Management & Regulations</i>
Monday, November 5 7:30 – 9 p.m.	Policies and Procedures Learn how a handbook lays out rules and regulations to help the childcare center run more smoothly.	\$5	Online	<i>Program Management & Regulations</i>

Extended Learning Opportunities

Take any of the classes in this section and add on the option to have CHILD Services staff come to your work site and assist you in putting your learning into your daily work with children.



Date/Time	Class Title	Fee	Location	Licensing/Pathways
Thursday, October 4 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth & Development</i>
Tuesday, October 23 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth & Development</i>
fitCare Technical Assistance	<u>Taking a fitCare class is required to participate</u> Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	Licensing Credit Available		<i>Categories determined based on Action Plan</i>

Sanford CHILD Services November Saturday Spectacular

A one day event with classes for family childcare providers of all ages.

When: Saturday, November 3rd, 9 a.m. - noon; sign-in begins at 8:30 a.m.

Location: Sanford Aberdeen Medical Center **Cost:** Free

Register: Call (605) 262-8505 or 1-800-982-6404. Call early; space is limited.

3 hours of licensing-approved training. Providers must register for the conference; individual class registration is not available.

Date/Time	Class Title	Licensing/Pathways
9 – 10 a.m.	Paperwork...Who Needs It? You Do! No one really enjoys paperwork but it has to be done. Learn how paperwork can actually make your program run smoother.	<i>Program Management & Regulations</i>
10 a.m. – 11 a.m.	Learning for Everyone! Explore ways to provide learning opportunities for all ages.	<i>Age Appropriate Activities</i>
11 a.m. – Noon	How Do I Make This Work? Explore ideas of how to set up a child care environment in your home or make your current setting even better!	<i>Learning Environments</i>

Professional Development Opportunities

Child Development Associate Classes

Classes to prepare participants to apply for a Child Development Associate (CDA) credential.

New! CDA Hybrid

What is CDA Hybrid?

- CDA Hybrid is a combination of online and in-person classes.
- Each CDA course is three online classes and one in-person class.

Why Earn a CDA?

1. Increase your **professional knowledge**.
2. Have **confidence** when working with the children in your care.
3. Establish your **credibility** with parents.
4. Gain **professional recognition** in your field.
5. **Articulates to Associate or Bachelor degree credits** in higher education program in South Dakota.

How many classes do I need to take to apply for my CDA?

- 32 classes in total (8 courses with 4 classes each)

What's the cost for CDA classes and CDA Credential application?

- \$95 registration fee (covers the cost of the books)
- \$700 course tuition fee (includes classes and paperwork assistance)
- \$425 to apply for your CDA Credential

*Scholarships and payment plans are available based on eligibility

I'm interested but have questions. What's my next step?

Call to speak with our CDA Specialist or register for the CDA Informational Meeting.

I want to take CDA classes. What's my next step?

Call for a CDA application.

I've finished taking the CDA classes and ready to apply for my credential.

What's my next steps?

Checkout www.cdacouncil.org or call CHILD Services and talk to our CDA specialist.

What do I need to do to renew my CDA Credential?

You can go to www.cdacouncil.org and find out how to renew your certification.

Benefits of CDA Hybrid

Combines the best of both class types!

Online classes provide:

- Live interactive experiences
- Less travel time
- Convenient access

In-person classes provide:

- Support with assignment completion
- Networking with others
- Engaging discussions

Call us for more information!
(605) 226-5675

CDA Renewal

CDA renewal fee is \$150 for paper renewal applications and \$125 for online renewal applications submitted through YourCDA.

When do I need to renew my CDA?

A CDA Credential is valid for three years from the date of award, each Credential issued after June 1, 2013 will need to be renewed every three years. Please remember, it is your responsibility to keep track of when you need to renew your CDA. Sanford Children's CHILD Services does not maintain renewal dates and will not be notifying you when your expiration is drawing near. You can go to www.cdacouncil.org and find out how to renew your certification.

Check out our newsletter online • www.sanfordhealth.org/CHILDServices.

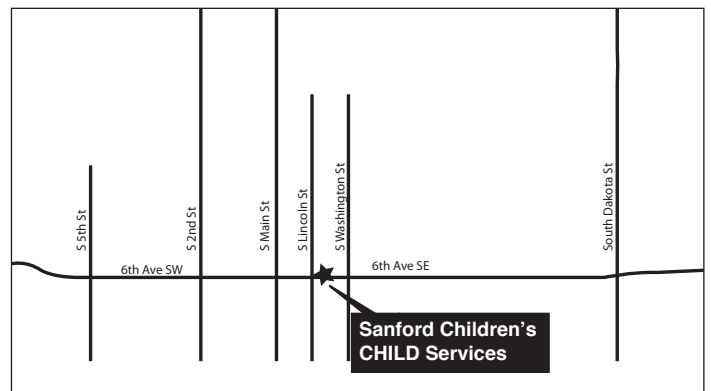
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Office Location: 110 6th Ave SE Suite 100



Classes are held at Sanford Children's
CHILD Services office.

