

# CHILD SERVICES OF Aberdeen

■ APRIL, MAY & JUNE

■ REGION THREE

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## Active Supervision

Active supervision is more intentional and preventative than what we typically think of when we talk about supervision. Head Start has been implementing active supervision in their programs and has determined six components needed to make it work.



- **Set up the environment**
  - Arrange your environment for good visual supervision. Move shelves if needed to make sure you can see over them. Look for spaces that can't be supervised easily and either change the arrangement or make sure a staff person is assigned to supervise that area.
- **Position staff**
  - Be intentional about where you and your coworkers place yourself in your setting. If you work alone, make sure you are positioned so you can supervise the children easily. This goes for outside time also; staff should position themselves in different areas of the playground.
- **Scan and count**
  - As you are interacting with children, look around. Also, count the number of children in your care frequently. You should always know how many children you have even with all the arrivals and departures. Keeping a list of the children you currently have is very important, this list can be used when transitioning from one space to another. Instead of just counting heads, use your list to look for each child as you say their name and check them off the list.
- **Listen**
  - Child care environments are noisy but it's still important to listen carefully. Using your listening skills can help you identify trouble brewing and step in to prevent it. Sometimes the lack of sound can be an indicator that something is up too. When that group of children in the block area suddenly become quiet, it might be a good time to go over and see what's going on.
- **Anticipate children's behavior**
  - Since you know your children so well, use this knowledge to anticipate when they may need some help or guidance. For example, knowing that when a child in your care, starts to wander around, he or she typically disrupts other children as they are playing because he or she doesn't know how to join a group very well. Because you know this, you are able to anticipate his or her need and help him or her join a group successfully.
- **Engage and redirect**
  - Interacting with children as they are playing is another part of supervision. This allows you to observe their interests and needs which aids in supervision by being able to plan experiences which keep children engaged. It also helps so you can easily step in and redirect a child who may need some guidance.

Active supervision builds on itself, progressing from the basics of arranging the room all the way to interacting with children. Using this form of supervision ensures children are safe, engaged and learning.

## Meet the Staff

ECE REGION 5 DIRECTOR  
Dianna Rajski

CHILD MANAGER  
Rhonda Swanson

ADMINISTRATIVE ASSISTANT  
Shawn Freudenthal

TRAINING STAFF  
Cassie Weisz  
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CHILD SERVICES  
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CHILD SERVICES  
OFFICE HOURS  
Monday-Friday  
8 a.m. – 5 p.m.

EMAIL  
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SANFORD  
Children's

## PRESCHOOL SATURDAY SPECTACULAR | APRIL 10

3 hours of licensing-approved training. **Currently available both face-to-face and online; call 605-226-5675 for more information!**

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Saturday, April 10 9 – 10 a.m.	<b>Circle Time Without Challenging Behaviors</b> This class will assist teachers in developing problem-solving strategies to support young children who are having challenging behavior during circle time.	\$0	Aberdeen/ Online	Guidance & Behavior Management
Saturday, April 10 10 – 11 a.m.	<b>Increasing Reading Engagement: The Picture Walk</b> Use a picture walk to preview pictures & familiarize the child with a story before introducing textures, asking questions, & making observations & predictions.			Age Appropriate Planning
Saturday, April 10 11 a.m. – Noon	<b>De-Stress Your Lesson Planning</b> Take the stress out of creating effective lesson plans through developing a deeper understanding of your children's goals and abilities.			Age Appropriate Planning

## GENERAL SATURDAY SPECTACULAR | MAY 15

3 hours of licensing-approved training. **Currently available both face-to-face and online; call 605-226-5675 for more information!**

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Saturday, May 15 9 – 10 a.m.	<b>Child Care Essentials: ABC`s of Guidance and Discipline</b> Learn what may be behind some behavior problems of children in your care. Gain tips to guide children to more appropriate behavior.	\$0	Aberdeen/ Online	Guidance & Behavior Management
Saturday, May 15 10 – 11 a.m.	<b>Dealing with Feelings</b> Discuss methods for teaching children to identify & constructively deal with their emotions.			Guidance & Behavior Management
Saturday, May 15 11 a.m. – Noon	<b>Guiding Children's Behaviors</b> Caregivers guide children's behaviors every day. Learn strategies to help children learn to be in charge of and responsible for their own behaviors.			Guidance & Behavior Management

## OUT OF SCHOOL TIME SATURDAY SPECTACULAR | JUNE 26

3 hours of licensing-approved training. **Currently available both face-to-face and online; call 605-226-5675 for more information!**

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Saturday, June 26 9 – 10 a.m.	<b>Engaging Families in Afterschool Programs</b> Parents are so busy; it can be hard to get them involved in your OST program. Learn ways to increase family engagement which helps build positive relationships.	\$0	Aberdeen/ Online	Partnerships with Parents
Saturday, June 26 10 – 11 a.m.	<b>Friendship Across Cultures</b> Encourage and support friendships between school-age children who speak different languages, and honor all cultures represented in your program.			Cultural Diversity
Saturday, June 26 11 a.m. – Noon	<b>Schedules &amp; Routines</b> Learn how to create a schedule that incorporates routines for your school-age programs.			Age Appropriate Planning



# General Learning Opportunities

Classes for caregivers of all ages of children. Location details given upon registration

**(O):** Qualify for required orientation training topics

**(Q):** Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Thursday, April 15 6:30 – 7:30 p.m.	<b>Calm During the Storm</b> Recognize signs of emotional flooding in children. Learn how to become the external regulator for children, calming experiences of overwhelm and increasing adaptability.	\$5	Online	Child Growth & Development
Thursday, May 20 7:30 – 8:30 p.m.	<b>Children with Special Needs: Understanding and Supporting Parents</b> Discover common parent stressors and how to meet their unique challenges with empathy.	\$5	Online	Inclusion of All Children
<b>INS AND OUTS OF LESSON PLANNING</b> <b>(Q)</b> Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Tuesday, June 8 7:30 – 9 p.m.	<b>Lesson Plan Basics</b> Explore strategies & techniques for creating lesson plans based on children's needs and interests.	\$5	Online	Program Management & Regulations
Tuesday, June 15 7:30 – 9 p.m.	<b>Developing and Creating Lesson Plans</b> Explore a variety of lesson plans, evaluate activity ideas to meet children's needs, and how to plan in a timely fashion.	\$5	Online	Child Growth & Development
Tuesday, June 22 7:30 – 9 p.m.	<b>Using Child Interests, Themes and Projects</b> Learn about different approaches to planning and how each can lead to quality learning for children.	\$5	Online	Observing Children
Tuesday, June 29 7:30 – 9 p.m.	<b>Purposeful Activities</b> Bring together all the lesson planning pieces and share creative ideas that have worked. (Birth to age 8 focused)	\$5	Online	Age Appropriate Planning

# Early Learning Guidelines for Caregivers

**(Q)** Training series identified in proposed South Dakota QRIS Framework. Location details given upon registration.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Tuesday, May 4 1 – 2:30 p.m.	<b>Approaches to Learning</b> The use of play, everyday tasks, and an enriching environment to support young children's creativity, imagination and increasingly complex & challenging play.	\$5	Online	Age Appropriate Planning
Tuesday, May 11 1 – 2:30 p.m.	<b>Social &amp; Emotional Development</b> Supporting foundational social & emotional skills such as relationship building and recognizing, managing, & expressing emotions.	\$5	Online	Guidance & Behavior Management
Tuesday, May 18 1 – 2:30 p.m.	<b>Communication, Language &amp; Literacy</b> Strategies to set up an environment that encourages exploration, play and social interactions for young children and the development of literacy skills and oral language.	\$5	Online	Interpersonal Communication & Relationships
Tuesday, May 25 1 – 2:30 p.m.	<b>Cognitive, Health &amp; Physical Development</b> Building relationships and providing an environment & activities to support reasoning, motor development, and health & safety skills.	\$5	Online	Child Growth & Development

## ECE Class Policy

### e-Learning Online Classes

**REQUIREMENTS:** Computer with internet connectivity. Adobe Flash Player 10.1 or higher, Free Flash Player – download at [www.adobe.com](http://www.adobe.com). Class registration is closed 48 hours prior to scheduled class start time. Monday class registration is closed at 5 p.m. on the Thursday prior to the class. Class registration is secured once payment is received. Participants are emailed the class link within 24 hours prior to scheduled class start time.

In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats.
3. Complete 3 learning statements at the end of the class.

### Face to Face Classes

1. In order to ensure the health and safety of the participants and instructor, a face mask is required.
2. Class participants arriving later than 10 minutes past the class start time will not be allowed to attend class.
3. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes.

# Social Emotional Learning Opportunities

Ideas and insight to positive guidance and behavior management techniques. Location details given upon registration.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
<b>INFANT/TODDLER SOCIAL AND EMOTIONAL FOUNDATIONS FOR LEARNING</b>				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Tuesday, April 6 7:30 – 9 p.m.	<b>Importance Of Relationships</b> Social emotional development begins at birth & continues throughout life, providing a foundation for meaningful relationships & learning.	\$5	Online	Guidance & Behavior Management
Tuesday, April 13 7:30 – 9 p.m.	<b>Creating Supportive Environments &amp; Routines</b> Explore ways to create meaningful & engaging learning spaces which promote social emotional development & support appropriate behaviors.	\$5	Online	Learning Environments
Tuesday, April 20 7:30 – 9 p.m.	<b>Social Emotional Teaching Strategies</b> Focus on a variety of approaches to support the development of social emotional skills; identify strategies to support social emotional literacy.	\$5	Online	Guidance & Behavior Management
Tuesday, April 27 7:30 – 9 p.m.	<b>Supporting Children's Success</b> Explore the meaning of behaviors & what a child may be attempting to communicate, & how learning social emotional skills affects all development.	\$5	Online	Guidance & Behavior Management
<b>PRESCHOOL SOCIAL AND EMOTIONAL FOUNDATIONS FOR LEARNING</b>				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Wednesday, June 2 7:30 – 9 p.m.	<b>Importance Of Relationships</b> Relationships affect children's social emotional development & behaviors. Learn to support positive behavior & build relationships.	\$5	Online	Guidance & Behavior Management
Wednesday, June 9 7:30 – 9 p.m.	<b>Environment, Routines, And Strategies</b> Environmental elements, their impact on children's development & behaviors, and strategies to support children's positive social behaviors.	\$5	Online	Learning Environments
Wednesday, June 16 7:30 – 9 p.m.	<b>Social Emotional Teaching Strategies</b> Strategies for supporting the development of friendship skills, & activities that build children's feeling vocabularies.	\$5	Online	Guidance & Behavior Management
Wednesday, June 23 7:30 – 9 p.m.	<b>Supporting Children's Success</b> Learn to react to challenging behaviors and support children learning problem solving skills and to handle anger & disappointment.	\$5	Online	Guidance & Behavior Management

## Infant/Toddler Learning Opportunities

Classes with an emphasis on caring for children six weeks to three year olds. Location details given upon registration.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Thursday, April 15 7:30 – 8:30 p.m.	<b>Sensory Processing Concerns: What You Need to Know</b> All children have unique sensory needs and preferences. Learn about different sensory-related concerns and when further support is needed. Discover ways to support sensory needs in the classroom.	\$5	Online	Inclusion of All Children
Thursday, May 20 6:30 – 7:30 p.m.	<b>Delight in Me! Self Esteem in Infants and Toddlers</b> How babies feel about themselves depends greatly on the messages they are receiving from their caregivers. Learn how to communicate in respectful, responsive ways to build self-esteem and self-confidence.	\$5	Online	Child Growth & Development

### Ongoing Health & Safety Training Available for Child Care Providers

The Department of Social Services with support from the Early Childhood Enrichment (ECE) system recently launched the Level II Health & Safety Training series.

The Level II online, on-demand series is designed to meet ongoing training requirements for staff working in state licensed and registered childcare programs who have completed the SD Orientation to Child Care series.

The Health & Safety Level II trainings are required to be completed within 5 years following the completion of the orientation training.

# Preschool Learning Opportunities

Classes with an emphasis on caring for three to five year old children. Location details given upon registration.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
<b>PRESCHOOL ENTRY LEVEL SERIES</b>				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Monday, April 5 7:30 – 9 p.m.	<b>Child Growth &amp; Development</b> Fostering the growth and development of children through appropriate environment, activities, and interactions.	\$5	Online	Child Growth & Development
Monday, April 12 7:30 – 9 p.m.	<b>Behavior Management &amp; Guidance</b> Using positive guidance techniques and establishing a program climate that promotes positive behavior.	\$5	Online	Guidance & Behavior Management
Monday, April 19 7:30 – 9 p.m.	<b>Program Health &amp; Safety</b> Understand the importance of promoting and teaching practices that keep children safe and healthy.	\$5	Online	Program Health & Safety
Monday, April 26 7:30 – 9 p.m.	<b>Social Interactions and Learning Environments</b> Supporting children's individual needs through learning environments and relationships.	\$5	Online	Learning Environments
<b>PRESCHOOL BEST PRACTICE SERIES</b>				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Thursday, June 3 7:30 – 9:30 p.m.	<b>Best Practices In Preschool Cultural Diversity</b> Cultural continuity and building partnerships with parents; incorporating cultural practices in caregiving.	\$5	Online	Cultural Diversity
Thursday, June 10 7:30 – 9:30 p.m.	<b>Developmentally Appropriate Preschool Curriculum</b> Planning a developmentally appropriate curriculum that builds on children's needs and interests.	\$5	Online	Age Appropriate Planning
Thursday, June 17 7:30 – 9:30 p.m.	<b>The Role Of Observation, Documentation &amp; Assessment</b> Best practices in implementing observation, documentation and assessment tools & techniques for preschool children.	\$5	Online	Observing Children
Thursday, June 24 7:30 – 9:30 p.m.	<b>Appropriate Guidance &amp; Promoting Behavior</b> Understanding preschooler's behavior; ways to provide positive guidance & build conflict resolution skills.	\$5	Online	Guidance & Behavior Management



## Out of School Time Learning Opportunities

Classes with an emphasis on caring for school age children. Location details given upon registration.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
<b>OUT OF SCHOOL BEST PRACTICE SERIES</b>				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Monday, May 3 7:30 – 9:30 p.m.	<b>Building Relationships With Communities, Families And Schools</b> Fostering the growth and development of children through appropriate environment, activities, and interactions.	\$5	Online	Interpersonal Communication & Relationships
Monday, May 10 7:30 – 9:30 p.m.	<b>Observation, Assessment And Inclusion</b> The importance of observations and assessment to support all OST children in an inclusive setting.	\$5	Online	Child Growth & Development
Monday, May 17 7:30 – 9:30 p.m.	<b>Developmentally Appropriate Planning And Curriculum</b> Learn how planning high quality program activities and experiences will promote children's success.	\$5	Online	Age Appropriate Planning
Monday, May 24 7:30 – 9:30 p.m.	<b>Guidance and Behavior Management</b> Participants will learn about managing groups, modeling leadership, and effective use of routines and schedules.	\$5	Online	Guidance & Behavior Management

## fitCare Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings. Location details given upon registration.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Thursday, April 8 6:30 – 8:30 p.m.	<b>Mindful Moments!</b> Supporting children's social and emotional development.	\$0	Online	Guidance & Behavior Management
Thursday, April 22 11 – 1 p.m.	<b>Sweet Dreams!</b> Exploring strategies for sleep and relaxation.	\$0	Online	Program Health & Safety
Wednesday, May 5 6:30 – 8:30 p.m.	<b>Sweet Dreams!</b> Exploring strategies for sleep and relaxation.	\$0	Online	Program Health & Safety
Wednesday, May 12 11 – 1 p.m.	<b>Mindful Moments!</b> Supporting children's social and emotional development.	\$0	Online	Guidance & Behavior Management
Tuesday, June 8 6:30 – 8:30 p.m.	<b>Ready, Set, Move!</b> Promoting physical activity and development.	\$0	Online	Child Growth & Development

## Family Child Care Provider Focus Learning Opportunities

Classes to help caregivers provide in a family child care setting. Location details given upon registration.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
<b>FAMILY CHILD CARE BEST PRACTICE SERIES</b>				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Thursday, April 8 7:30 – 9:30 p.m.	<b>Purposeful Planning: Healthy &amp; Safe Learning Environments</b> High quality practices to ensure children's physical and developmental well-being; comprehensive health & safety program planning.	\$5	Online	Program Health & Safety
Thursday, April 15 7:30 – 9:30 p.m.	<b>Best Practices In Relationship Building</b> Best practices for caring, respectful, & committed relationships with and between children & families; balancing parenting & caregiving roles.	\$5	Online	Interpersonal Communication & Relationships
Thursday, April 22 7:30 – 9:30 p.m.	<b>Developmentally Appropriate Learning Activities In Family Child Care</b> High quality practices for providing activities & materials to support children in developing skills & gaining an understanding of their world.	\$5	Online	Child Growth & Development
Thursday, April 29 7:30 – 9:30 p.m.	<b>Professional &amp; Business Practices In Family Child Care</b> High quality, caring, and ethical best practices for professional and business policies & procedures.	\$5	Online	Program Management & Regulations

# Pathways to Professional Development Series

(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.

- Open enrollment allowed for each course of the series. Registration per class is not available. Participants must register for all classes that are part of a course.
- Out-of-class time work required for course credit.
- Complete your CDA and take all three courses of the Pathways to Professional Development Series to receive college credit when you enroll in participating South Dakota colleges and universities.
  - Earn up to twelve college credits (credits allowed depend on participating South Dakota college or university policy)

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
<b>You the Professional (SDCDA 320)</b>				
Monday, June 7 7:30 – 10 p.m.	<b>Exploring Adult Learning Styles</b> Evaluate your professional learning style and gain strategies to support your growth and development.	\$10	Online	Interpersonal Communication & Relationships
Monday, June 14 7:30 – 10 p.m.	<b>ECE Administration and Leadership</b> An overview of staff supervision and development strategies, basic fiscal management skills, and 'best practice' program administration policies and procedures.		Online	Program Management & Regulations
<b>Meeting Children's Basic Needs (SDCDA 300)</b>				
Monday, June 21 7:30 – 10 p.m.	<b>Providing a Safe &amp; Healthy Environment</b> This course is designed to promote safe behaviors and personal safety practices to support the growth and development of children in your childcare environment.	\$10	Online	Program Health & Safety
Monday, June 28 7:30 – 10 p.m.	<b>Providing for Children's Nutritional Needs</b> Professional and personal use of USDA MyPlate resources, childcare nutritional standards & responsibilities.		Online	Inclusion of all Children

# Leadership Best Practice Series

Classes to help providers lead and mentor staff in child care programs. Location details given upon registration.

<b>LEADERSHIP SERIES</b>				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Thursday, May 6 7:30 – 9:30 p.m.	<b>Qualities of a Leader</b> Review good leadership traits & the four types of early childhood leaders. Learn your own leadership style & strengths, and ways to lead team members with equity.	\$5	Online	Professionalism
Thursday, May 13 7:30 – 9:30 p.m.	<b>Observational Assessments and Professional Development</b> Observational assessment is foundational for an engaging center learning community. Explore connections between professional development, retention rate, & overall program quality.	\$5	Online	Professionalism
Thursday, May 20 7:30 – 9:30 p.m.	<b>Team Development</b> Team dynamic is the focus of this class. Discover what is essential in a team player, and explore the skills & processes it takes to build & rebuild the unity in your team.	\$5	Online	Professionalism
Thursday, May 27 7:30 – 9:30 p.m.	<b>Managing Difficult Conversations</b> Explore different confrontation types, and ways to mitigate & resolve conflict. Learn to manage difficult conversations head-on through healthy & positive team dynamics, policies & expectations.	\$5	Online	Professionalism



## Online CPR Training Option

Providers have an option to complete the education portion online and conduct face to face skill testing in Aberdeen.

Below is the process to conduct the education portion online and skill testing face to face in Aberdeen:

- Complete the online course (cost of \$15)
- Contact our office to schedule 1:1 skill testing. Certificate of completion of online course must be brought to skill testing.
- After completion of the online course, you will have 60 days to complete the face to face skill testing portion

For additional questions or to schedule a 1:1 skill testing, please call 605-226-5675 or 1-800-982-6404.



**Sanford Children's CHILD Services**  
 110 6<sup>th</sup> Ave SE, Suite 100  
 Aberdeen, SD 57401

**2021 TRAINING SCHEDULE**

APRIL/MAY/JUNE

These classes meet the South Dakota child care training requirements for licensing and registration.

**CPR & Certified First Aid (O)**

(Location details given upon registration)

**CPR and First Aid Class Registration and Payment Policy:**

Certified First Aid & CPR reservation is not confirmed until payment is received. If payment has not been received 24 hours prior to the start of the class, this class reservation will be given to the first participant that secures this reservation with a payment.

In order to ensure the health and safety of the participants and instructor, a face mask is required.

**CPR and First Aid Class Refund Policy:**

Class cancellation is required prior to the start of class, otherwise payment will be forfeited and is non-transferrable.

Additional classes may be added; check the website for updates.

**Heartsaver® CPR AED (O)**

**CPR Policy:** This video-based, instructor-led course teaches adult, child and infant CPR, AED use, and how to relieve choking. This course teaches skills with AHA's practice-while-watching technique, which allows instructors to observe the students and provide feedback.

**2021 Class Dates:**

Saturday, May 8 | 8:30 – Noon.

**Location:**

Aberdeen

**Fee/Class:**

\$20

**Certified First Aid (O)**

The American Heart Association's new Heartsaver Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives. A Heartsaver Pediatric First Aid Course Completion Card will be given to students upon successful completion of the course.

**Class Dates:**

Saturday, May 8 | 1 – 3:30 p.m.

**Location:**

Aberdeen

**Fee/Class:**

\$5

*See page 7 for information on a new online CPR training option!*

Check out our classes online at [www.sanfordhealth.org/CHILDServices](http://www.sanfordhealth.org/CHILDServices)  
 Register for classes by calling (605) 226-5675 or 1-800-982-6404.