

CHILD SERVICES OF Aberdeen

■ OCTOBER, NOVEMBER, DECEMBER
■ REGION THREE

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What is Temperament?



Do you wonder why you initially react to people and situations like you do? Do you like a daily plan or do you just go with the flow? The answers to these questions are related to your temperament - a blend of nine inherited characteristic traits that affect the way you respond to people and situations that you encounter during your day.

We ALL have a temperament, including children. Temperament influences how a child expresses thoughts and feelings now and as he or she grows older. It is common for some children to have a blend of temperament traits that take extra patience, guidance and encouragement.

Getting to know a child's temperament

Knowing about temperament provides helpful insight into a child's needs. For example:

- **Very active.** Highly active children are more prone to accidents.
- **Easily stressed.** A low adapt child is easily stressed by changes in the day, which is often communicated by crying or whimpering. If you care for a child that is low adapt, tantrums and verbal outbursts may be common. Understanding and guidance will help this child learn how to manage this inherited trait.
- **Sensitive.** A highly sensitive baby may fuss at a wet diaper; dislike tight clothing or seams on his or her socks.

Know your temperament

Knowing your own temperament and the children's temperament helps you be aware of compatible or potentially incompatible characteristics that could affect your relationships. For example:

- **You go with the flow.** If you are highly adaptable, you may find it hard to relate to why little changes in the day cause a baby to cry or a toddler to throw tantrums.
- **Low energy levels.** If you have a lower activity level and the children in your care have a high activity level, their activity could wear you out and stretch your patience.
- **Reserved.** If you are reserved, you may be uncomfortable with an over friendly parent or child or one who will easily approach strangers.

Sometimes, as caregivers, we feel that a child is acting in a way that is meant to irritate us. Recognizing a child's temperament helps us better understand that the behavior is not intentional. There is no right or wrong temperament. Children are all uniquely made and require individual care. When you understand the reasoning behind a child's reactions to people, places and situations based on his or her temperament traits, it is easier to respond with support and reassurance.



SANFORD
Children's

ECE Class Policy

To ensure accurate class registration, individuals must call to register for classes.

e-Learning Online Classes

In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats.
3. Complete 3 learning statements at the end of the class.

Classroom Classes

1. Class participants arriving later than 10 minutes past the class start time will not be given credit for class attendance.
2. CHILDServices strives to provide a positive learning environment for all participants. If a class participant disrupts the positive learning environment, the participant risks not being given credit for the class.
3. CHILDServices respects the attention needs of young children and the learning needs of class participants. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes with a class participant.

JUST A REMINDER

Cancellation – Please remember, if you register for a class and are unable to attend, it is a courtesy to call and cancel your registration.

CPR and First Aid

Classes for caregivers for all ages and all settings.

CPR and First Aid Certified eCard: In order to receive your CPR and First Aid certified card, you will need to provide an email at time of registration.

- CPR and First Aid classes are held quarterly at Aberdeen CHILDServices
- Course renewal is every 2 years

CPR Policy

CPR payment must be received within 48 hours of the CPR class. If payment has not been received 48 hours in advance, you will be notified that your class reservation is no longer valid. This class reservation will be given to the first participant that secures this reservation with a payment.

CPR and First Aid Class Refund Policy:

CPR or First Aid class cancellation is required 24 hours prior to class, otherwise payment will be forfeited and is non-transferable.

Saturday, November 21 8:30 a.m. – Noon	Heartsaver Adult/Child and Infant CPR (O) This video-based, instructor-led course teaches adult, child and infant CPR, AED use, and how to relieve choking. This course teaches skills with the AHA's practice-while-watching technique, which allows instructors to observe the students and provide feedback.	\$20	Aberdeen	Program Health & Safety
Saturday, November 21 1 – 3:30 p.m.	Certified First Aid (O) The American Heart Association's Heartsaver Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives.	\$5	Aberdeen	Program Health & Safety

e-Learning Online Opportunities

REQUIREMENTS: Computer with internet connectivity, Adobe Flash Player 10.1 or higher, Free Flash Player – download at www.adobe.com. Due to technical incompatibility, do not use smart phones to access online classes

E-LEARNING ONLINE CLASS POLICY

Class registration is closed 48 hours prior to scheduled class start time.

Monday class registration is closed 5 p.m. on the Thursday prior to the class.

Online classes are \$5 per class.

Class registration is secured once payment is received.

Class participants are emailed the class link within 24 hours prior to scheduled class start time.

Class credit: Credit is given once all class requirements are completed:

- Log into class within 5 minutes of the class start time.
- Demonstrate attendance by participating in class polls and chats.
- Complete 3 learning statements at the end of the class.

Saturday Spectacular

One day events with classes for childcare caregivers of various ages and settings.

Sign-in begins at 8:30 a.m.

Location To Be Determined

Register: Call (605) 226-5675 or 1-800-982-6404. Call early; space is limited.

SOCIAL EMOTIONAL SATURDAY SPECTACULAR | OCTOBER 3

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Saturday, October 3 9 – 10 a.m.	Nuts and Bolts of Temperament Children's individual temperaments cause them to react and respond differently. Explore how to care for children of varying temperaments.	\$0	Aberdeen	<i>Guidance & Behavior Management</i>
Saturday, October 3 10 – 11 a.m.	Expelling Expulsion Learn about the impact of suspension and expulsion in early childhood, and strategies for preventing expulsion in the future.	\$0	Aberdeen	<i>Guidance & Behavior Management</i>
Saturday, October 3 11 a.m. – Noon	Buffering Babies and Toddlers from Toxic Stress Babies and Toddlers can be sponges for stress. Learn how to buffer young children from the negative effects of stress by providing responsive, predictable, nurturing care.	\$0	Aberdeen	<i>Age Appropriate Planning</i>

INFANT/TODDLER SATURDAY SPECTACULAR | NOVEMBER 7

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Saturday, November 7 9 – 10 a.m.	Supporting the Breastfeeding Family This class has information on best practices for child care providers to be able to support families who are breastfeeding.	\$0	Aberdeen	<i>Nutrition for Children</i>
Saturday, November 7 10 – 11 a.m.	Building Resilience In Children With Challenging Behaviors Learn to help children co-regulate strong emotions, increase attention & impulse control, and encourage problem solving & self-esteem.	\$0	Aberdeen	<i>Guidance & Behavior Management</i>
Saturday, November 7 11 a.m. – Noon	Clingy Babies and Toddlers? Build a Circle of Security Learn what challenging behaviors are really saying. Learn how you can build a secure attachment relationship to make caring for young children easier and more enjoyable.	\$0	Aberdeen	<i>Guidance & Behavior Management</i>

General Learning Opportunities

Classes for caregivers of all ages of children. (Location details given upon registration)

(O): Qualify for required orientation training topics

(Q): Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.

Classes

Learn and Take: Learn today-put your learning into practice tomorrow

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Tuesday, December 1 6:30 – 7:30 p.m.	1-2-3 Science Learn to integrate science concepts, exploration, and developmentally appropriate activities into children's daily experiences.	\$5	Online	Learning Environments

Early Learning Guidelines for Caregivers

(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Thursday, October 8 7:30 – 9 p.m.	<u>Approaches to Learning</u> The use of play, everyday tasks, and an enriching environment to support young children’s creativity, imagination and increasingly complex & challenging play.	\$5	Online	Age Appropriate Planning
Thursday, October 15 7:30 – 9 p.m.	<u>Social & Emotional Development</u> Supporting foundational social & emotional skills such as relationship building and recognizing, managing, & expressing emotions.	\$5	Online	Guidance & Behavior Management
Thursday, October 22 7:30 – 9 p.m.	<u>Communication, Language & Literacy</u> Strategies to set up an environment that encourages exploration, play and social interactions for young children and the development of literacy skills and oral language.	\$5	Online	Interpersonal Communication & Relationships
Thursday, October 29 7:30 – 9 p.m.	<u>Cognitive, Health & Physical Development</u> Building relationships and providing an environment & activities to support reasoning, motor development, and health & safety skills.	\$5	Online	Child Growth & Development

Management Series

(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Wednesday, October 7 7:30 – 9 p.m.	<u>Management Fundamentals</u> Learn about the importance of effective program management and explore how it affects the child care setting.	\$5	Online	Program Management & Regulations
Wednesday, October 14 7:30 – 9 p.m.	<u>Fiscal Fundamentals</u> Learn about tools to help child care programs plan, monitor & track income and expenses. Explore budgets, balance sheets, profit & loss, and more.	\$5	Online	Program Management & Regulations
Wednesday, October 21 7:30 – 9 p.m.	<u>Human Resources Fundamentals</u> Learn about staff recruitment, retention, training and staff evaluations to maintain a successful child care program.	\$5	Online	Program Management & Regulations
Wednesday, October 28 7:30 – 9 p.m.	<u>Power Of Partnerships</u> Increase skills for building a strong community and team of committed staff.	\$5	Online	Interpersonal Communication & Relationships

Lesson Planning Series

(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Monday, October 5 7:30 – 9 p.m.	<u>Lesson Plan Basics</u> Explore strategies & techniques for creating lesson plans based on children’s needs and interests.	\$5	Online	Learning Environments
Monday, October 12 7:30 – 9 p.m.	<u>Developing And Creating Lesson Plans</u> Explore a variety of lesson plans, evaluate activity ideas to meet children’s needs, and how to plan in a timely fashion.	\$5	Online	Program Management & Regulations
Monday, October 19 7:30 – 9 p.m.	<u>Using Child Interests, Themes And Projects</u> Learn about different approaches to planning and how each can lead to quality learning for children.	\$5	Online	Child Growth & Development
Monday, October 26 7:30 – 9 p.m.	<u>Purposeful Activities</u> Bring together all the lesson planning pieces and share creative ideas that have worked. (Birth to age 8 focused).	\$5	Online	Observing Children

Social Emotional Learning Opportunities

Ideas and insight to positive guidance and behavior management techniques.

Classes				
Learn and Take: Learn today-put your learning into practice tomorrow				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Tuesday, October 27 6:30 – 7:30 p.m.	Make It Today: Visual Schedules Learn about the importance of using a visual schedule in your daily routine, and make your own to take back to your program.	\$5	Online	Age Appropriate Planning
Thursday, December 3 6:30 – 7:30 p.m.	Beyond Challenging Behavior Better understand the meaning behind challenging behaviors, what you can do as providers, and how to talk to parents about your concerns.	\$5	Aberdeen	Guidance & Behavior Management
Tuesday, December 15 6:30 – 7:30 p.m.	Identify and Address Developmental Delays Learn about the importance of child development, identifying potential warning signs, and your role in communicating with families.	\$5	Online	Guidance & Behavior Management
PRESCHOOL SOCIAL AND EMOTIONAL FOUNDATIONS FOR LEARNING				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Thursday, October 1 7:30 – 9 p.m.	Importance of Relationships Relationships affect children's social emotional development & behaviors. Learn to support positive behavior & build relationships.	\$5	Online	Guidance & Behavior Management
Thursday, October 8 7:30 – 9 p.m.	Environment, Routines, And Strategies Environmental elements, their impact on children's development & behaviors, and strategies to support children's positive social behaviors.	\$5	Online	Learning Environments
Thursday, October 15 7:30 – 9 p.m.	Social Emotional Teaching Strategies Strategies for supporting the development of friendship skills, & activities that build children's feeling vocabularies.	\$5	Online	Guidance & Behavior Management
Thursday, October 22 7:30 – 9 p.m.	Supporting Children's Success Learn to react to challenging behaviors and support children learning problem-solving skills and to handle anger & disappointment.	\$5	Online	Guidance & Behavior Management



Infant Toddler Learning Opportunities

Ideas and insight to positive guidance and behavior management techniques

Classes				
Learn and Take: Learn today-put your learning into practice tomorrow				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Thursday, November 5 6:30 – 7:30 p.m.	The Period of PURPLE Crying (Q) The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$5	Online	Child Abuse & Neglect
Tuesday, December 1 7:30 – 8:30 p.m.	Child Care Essentials: Shaken Baby Syndrome (Q) Never shake a baby! Learn the symptoms and outcomes of pediatric head trauma and ways to prevent it from happening.	\$5	Online	Child Abuse & Neglect
INFANT/TODDLER ENTRY LEVEL SERIES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Tuesday, November 3 7:30 – 9 p.m.	Ages Of Infancy Developmental needs of infants and toddlers as they grow and explore.	\$5	Online	<i>Child Growth & Development</i>
Tuesday, November 10 7:30 – 9 p.m.	Social Emotional Development: Understanding Temperament Understanding each infant and toddler's social & emotional development and temperament; appropriate guidance techniques.	\$5	Online	<i>Guidance & Behavior Management</i>
Tuesday, November 17 7:30 – 9 p.m.	How Young Children Learn: Appropriate Environments For Infants & Toddlers Providing appropriate environments and learning experiences that support the learning needs of infants and toddlers.	\$5	Online	<i>Age Appropriate Planning</i>
Tuesday, November 24 7:30 – 9 p.m.	Health & Safety For Infants & Toddlers Best basic health and safety practices in infant and toddler care.	\$5	Online	<i>Program Health & Safety</i>
INFANT/TODDLER BEST PRACTICE SERIES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Tuesday, September 1 7:30 – 9:30 p.m.	Continuity Of Care In Small Infant & Toddler Groups Essential practices of primary care, continuity of care, and small group sizes.	\$5	Online	<i>Child Growth & Development</i>
Tuesday, September 8 7:30 – 9:30 p.m.	Culturally Diverse Caregiving: Partnering With Parents Partnering with families to honor and incorporate children's cultures in everyday caregiving.	\$5	Online	<i>Cultural Diversity</i>
Tuesday, September 15 7:30 – 9:30 p.m.	Responsive Care And Inclusion Of All Infants & Toddlers Best practices in providing individualized care; providing inclusive care for children with special needs.	\$5	Online	<i>Inclusion of All Children</i>
Tuesday, September 22 7:30 – 9:30 p.m.	Planning Their Day: Routines, Schedules, & Transitions Purposefully planning daily routines, schedules and transitions as part of infant and toddler curriculum.	\$5	Online	<i>Age Appropriate Planning</i>

Preschool Learning Opportunities

Classes with an emphasis on caring for three to five year old children. (Location details given upon registration)

Classes				
Learn and Take: Learn today-put your learning into practice tomorrow				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Thursday, November 5 6:30 – 7:30 p.m.	<u>FLIP It</u> Learn a strength-based, common sense & effective four-step strategy when confronting children's challenging behaviors	\$5	Online	<i>Guidance & Behavior Management</i>
Thursday, November 19 6:30 – 7:30 p.m.	<u>Increasing Reading Engagement: The Picture Walk</u> Use a picture walk to preview pictures & familiarize the child with a story before introducing textures, asking questions, & making observations & predictions.	\$5	Online	<i>Age Appropriate Planning</i>
Tuesday, December 15 7:30 – 8:30 p.m.	<u>Setting Goals for Professional Growth</u> Do you think about where you want to go in the early childhood profession? Learn how goal-setting can get you on a path to success in the field.	\$5	Online	<i>Professionalism</i>
PRESCHOOL ENTRY LEVEL SERIES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Monday, November 2 7:30 – 9 p.m.	<u>Child Growth & Development</u> Fostering the growth and development of children through appropriate environment, activities, and interactions.	\$5	Online	<i>Child Growth & Development</i>
Monday, November 9 7:30 – 9 p.m.	<u>Behavior Management & Guidance</u> Using positive guidance techniques and establishing a program climate that promotes positive behavior.	\$5	Online	<i>Guidance & Behavior Management</i>
Monday, November 16 7:30 – 9 p.m.	<u>Program Health & Safety</u> Understand the importance of promoting and teaching practices that keep children safe and healthy.	\$5	Online	<i>Program Health & Safety</i>
Monday, November 23 7:30 – 9 p.m.	<u>Social Interactions & Learning Environments</u> Supporting children's individual needs through learning environments and relationships.	\$5	Online	<i>Learning Environments</i>
PRESCHOOL BEST PRACTICE SERIES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Monday, December 7 7:30 – 9:30 p.m.	<u>Best Practices In Preschool Cultural Diversity</u> Cultural continuity and building partnerships with parents; incorporating cultural practices in caregiving.	\$5	Online	<i>Cultural Diversity</i>
Thursday, December 10 7:30 – 9:30 p.m.	<u>Developmentally Appropriate Preschool Curriculum</u> Planning a developmentally appropriate curriculum that builds on children's needs and interests.	\$5	Online	<i>Age Appropriate Planning</i>
Monday, December 14 7:30 – 9:30 p.m.	<u>The Role Of Observation, Documentation, & Assessment</u> Best practices in implementing observation, documentation and assessment tools & techniques for preschool children.	\$5	Online	<i>Observing Children</i>
Thursday, December 17 7:30 – 9:30 p.m.	<u>Appropriate Guidance & Promoting Behavior</u> Understanding preschooler's behavior; ways to provide positive guidance & build conflict resolution skills.	\$5	Online	<i>Guidance & Behavior Management</i>

Out of School Time Learning Opportunities

Classes with an emphasis on caring for school age children. (Location details given upon registration)

Classes				
Learn and Take: Learn today-put your learning into practice tomorrow				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Tuesday, October 6 1 – 2:30 p.m.	Transitions: Making the Wait Less Painful Learn ways transitions and change affect children and explore how to prepare children for changes.	\$0	Online	<i>Program Management & Regulations</i>
Tuesday, October 13 1 – 2:30 p.m.	Bullying & Teasing: Are They the Same? When does teasing cross the line and turn into bullying? Join us in exploring ways to help school age children who have been teased and how to create community in your program.	\$0	Online	<i>Guidance & Behavior Management</i>
Tuesday, October 20 1 – 2 p.m.	Friendship Across Cultures Encourage and support friendships between school-age children who speak different languages, and honor all cultures represented in your program.	\$0	Online	<i>Cultural Diversity</i>
Monday, October 26 1 – 2:30 p.m.	Change the World with Harmony! Harmony can Unite Us! We will discuss the five themes of Sanford Harmony: Diversity and Inclusion, Empathy and Critical Thinking, Communication, Problem-Solving, and Peer Relationships to build a mutually respectful learning community.	\$0	Online	<i>Interpersonal Communication & Relationships</i>
Thursday, November 19 7:30 – 8:30 p.m.	Schedules & Routines Learn how to create a schedule that incorporates routines for your school-age programs.	\$5	Online	<i>Age Appropriate Planning</i>

OUT OF SCHOOL TIME ENTRY LEVEL SERIES

(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.

Tuesday, December 1 7:30 – 9 p.m.	Child Growth And Development Fostering the growth and development of children through appropriate environment, activities, interactions, and inclusion.	\$5	Online	<i>Child Growth & Development</i>
Thursday, December 3 7:30 – 9 p.m.	Program Health And Safety The importance of implementing teaching practices that promote child health and safety.	\$5	Online	<i>Program Health & Safety</i>
Tuesday, December 8 7:30 – 9 p.m.	Fostering Learning Environments Supporting children's individual needs through learning environments and relationships.	\$5	Online	<i>Learning Environments</i>
Thursday, December 10 7:30 – 9 p.m.	Managing and Planning for Groups Using positive guidance techniques and establishing a program climate that promotes positive behavior.	\$5	Online	<i>Guidance & Behavior Management</i>

Family Child Care Provider Focus Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings.

FAMILY CHILD CARE ENTRY LEVEL SERIES				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Tuesday, November 3 7:30 – 9 p.m.	<u>Keeping It Safe & Healthy</u> Best basic health and safety practices for your children, environment, and family childcare program.	\$5	Online	Program Health & Safety
Tuesday, November 10 7:30 – 9 p.m.	<u>What Children Need To Learn & Grow</u> Your role in supporting children's social, emotional, physical and cognitive growth and development at all stages.	\$5	Online	Child Growth & Development
Tuesday, November 17 7:30 – 9 p.m.	<u>It All Begins With Relationships</u> Appropriate, respectful & responsive care based on individual children's needs; positive communication & relationships with children & families.	\$5	Online	Interpersonal Communication & Relationships
Tuesday, November 24 7:30 – 9 p.m.	<u>The Business Of Family Child Care</u> Basic business practices, program management, and policies & practices to meet licensing regulations.	\$5	Online	Program Management & Regulations

fitCare Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings. All fitCare classes provide caregivers with activities to help teach children about making healthy choices. (Location details given upon registration)

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/PATHWAYS
Wednesday, December 2 6:30 – 8:30 p.m.	<u>Be fit ... RECHARGE Your Energy</u> Learn about what it means to be <i>fit</i> as well as ways to ensure children get their rest and relaxation, so they have the energy to make healthy choices.	\$0	Online	<i>Program Health & Safety</i> <i>Learning Environments</i>
Wednesday, December 9 6:30 – 8:30 p.m.	<u>Motivate Your MOOD</u> Our MOOD influences the choices we make. Help children learn about MOOD and how to turn their MOOD around to make healthy choices.	\$0	Online	<i>Guidance & Behavior Management</i> <i>Age Appropriate Activities</i>
Wednesday, December 16 6:30 – 8:30 p.m.	<u>Think Your FOOD</u> Food habits start early in life. Learn how to teach children about making healthy food choices.	\$0	Online	<i>Nutrition for Children</i> <i>Learning Environments</i>
Wednesday, December 30 6:30 – 8:30 p.m.	<u>MOVE Your Body</u> Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth & Development</i> <i>Age Appropriate Activities</i>
Tuesday, November 10 6:30 – 8:30 p.m.	<u>Think Your FOOD</u> Food habits start early in life. Learn how to teach children about making healthy food choices.	\$0	Online	<i>Nutrition for Children</i> <i>Learning Environments</i>
Tuesday, December 8 6:30 – 8:30 p.m.	<u>MOVE Your Body</u> Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth & Development</i> <i>Age Appropriate Activities</i>
fitCare Technical Assistance	<u>Taking a fitCare class is required to participate</u> Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.		Licensing Credit Available	<i>Categories determined based on Action Plan</i>

Extended Learning Opportunities

Take any of the classes in this section and add on the option to have CHILD Services staff come to your work site and assist you in putting your learning into your daily work with children.

<p>Early Learning Guidelines Series See page 3 for class dates, times and more information.</p>	See page 3	Online	<i>Various Categories</i>
<p>fitCare Series See page 8 for class dates, times and more information. Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.</p>	See page 8	Online	<i>Various Categories</i>

Our FREE Lending Library Is Here To Serve You!

Children learn as they play:

Our Toy Lending Library has a variety of toys, games, and books for children, and we've recently DOUBLED the size of our offerings with all new materials.

Benefits include:

- Rotating materials in and out of your environment makes everything seem fresh and exciting for the children to explore and learn
- Promote positive behaviors by providing a stimulating environment; happy children are *interested* children!
- Expand your resources without having to find somewhere to store it all
- Try out a toy or book that you are considering buying, to see if the children will enjoy it
- Match materials to children's development with resources specific to infants, toddlers, preschoolers, and school-age children
- Save money by expanding your resources at no cost

Membership is FREE!

Stop by, call, or email our office to complete a Membership Agreement; up to four groups of items can be checked out for 2 weeks.

Using the Library is easy:

- Stop by anytime Monday-Friday, 8-5, and choose your preferred items
- Don't live in Aberdeen, or can't conveniently visit during the day? Call us, and we'll work out a way to get you what you want
- Return items in good condition, and we'll sanitize everything for the next borrower

Want more information, or a list of available items?

Call 605-226-5675 or email childservices.aberdeen@sanfordhealth.org; we're happy to help.

CDA Classes Offered in Hybrid Class Format

New Session Starts January 4, 2020

What is a CDA (Child Development Associate) Credential?

The most widely recognized credential in early childhood education.

Why earn a CDA Credential?

1. Increase your professional knowledge.
2. Have confidence when working with the children in your care.
3. Establish your credibility with parents.
4. Gain professional recognition in your field.
5. Articulates to Associate or Bachelor degree credits in higher education programs, in South Dakota.

What are CDA Credential classes?

- These classes provide one with the 120 hours of class work needed to apply for a CDA Credential.
- There are 32 CDA classes (8 courses with 4 classes/course).

What does a Hybrid Class Format mean?

- Hybrid is a combination of online and in-person classes.
- Each CDA course is three online classes and one in-person class.

What are the CDA coursework fees?

- \$95 registration fee
- \$700 tuition fee (includes classes and paperwork assistance)
 - Scholarships and payment plans available for eligible individuals

Benefits of Hybrid Class Format

Combines the best of both class types!

Online classes provide:

- Live interactive experiences
- Less travel time
- Convenient access

In-person classes provide:

- Support with assignment completion
- Networking with others
- Engaging discussions

CDA Renewal

CDA renewal fee is \$150 for paper renewal applications and \$125 for online renewal applications submitted through Your CDA

When do I need to renew my CDA?

A CDA Credential is valid for three years from the date of award, each Credential issued after July 1, 2013 will need to be renewed every three years. Please remember, it is your responsibility to keep track of when you need to renew your CDA. Sanford Children's CHILD Services does not maintain renewal dates and will not be notifying you when your expiration is drawing near. You can go to www.cdacouncil.org and find out how to renew your certification.

Extended Learning Opportunities

Take any of the classes in this section and add on the option to have CHILD Services staff come to your work site and assist you in putting your learning into your daily work with children.

Ready to Apply?

Finished face-to-face CDA Classes and ready to apply for your CDA credential?

CHECKLIST:

- Complete your bookwork
- Complete your Professional Portfolio (Competency Statements, Resource Collection Items, Family Questionnaires, Professional Philosophy Statement)
- Make sure classes are paid in full
- Get transcript from CHILD Services
- Choose a Professional Development Specialist
- Apply to National CDA Council

For application guidance go to www.cdacouncil.org

Call (605) 226-5675 or (800) 982-6404 to review your checklist.

CDA Eligibility Class Enrollment Requirements

Personal

- 18 Years of age or older
- High School diploma or equivalent
- Be able to speak, read and write well enough to fulfill responsibilities of a CDA candidate
- Sign a statement of ethical conduct

Experience

- Have 480 hours of experience working with children within the last 3 years

Observation Setting:

- Able to be observed working in one of the following child care settings
- Center-based infant/toddler (birth to age 3)
- Family day care (birth through age 5)



Sanford Children's CHILD Services
110 6th Ave SE, Suite 100
Aberdeen, SD 57401

Meet the Staff

ECE REGION 3 DIRECTOR
Rhonda Swanson

EARLY CHILDHOOD ENRICHMENT TRAINING STAFF
Rhonda Swanson
Cassie Weisz
Nancy Raether

OFFICE SECRETARY
Jessica Ness

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South Dakota Early Childhood Enrichment

All new staff can access a revised online classroom to complete the orientation training. The new classroom has more interactive features and additional learning feedback

To create your account:
Navigate to www.sdstate.edu/tll/fm
Click on online orientation to child care
Click on log in