

Sanford Children's

CHILD SERVICES OF ABERDEEN

Region 3 Newsletter | April, May, June 2017

Staff

ECE Region 3 Coordinator: Rhonda Swanson

CDA Specialist:

Heather Fettig

Early Childhood Enrichment Training Staff:

Rhonda Swanson Heather Fettig Carrie Weisenburger

Office Secretary:

Lindsey Heidenreich

Sanford Children's CHILD Services

110 6th Ave SE, Suite 100 Aberdeen, SD 57401 Phone: (605) 226-5675 (800) 982-6404

Fax: (605) 262-8509

Email

CHILDservices.aberdeen@sanfordhealth.org

Website:

www.sanfordhealth.org/ MedicalServices/CHILDservices

CHILD Services Office Hours:

Monday-Friday, 8 a.m. – 5 p.m.

This publication was funded in part by the Department of Social Services, Division of Child Care Services.



Your Time Is Valuable - Plan It Well!

You take most of your required training during your precious personal time. Doesn't it make sense to focus on classes that best meet your needs, rather than 'something on a Tuesday night'?

Just as you plan learning opportunities for the children you care for, carefully plan your own options for personal and professional development. Take a moment to reflect—what could you really use some extra help with? Guidance strategies? Setting up your learning environment? Helping kids learn self-control? Better business practices?

The early childhood profession requires specialized skills and knowledge. CHILD Services offers classes in over 15 different core areas of early childhood education, including:

- Child growth and development
- · Child abuse & neglect
- Guidance and behavior management
- Observing children
- Identification and prevention of communicable diseases
- Program safety
- Nutrition for children
- Program management and regulation

- Interpersonal communication and relationships
- Cultural diversity
- Learning environments
- · Age-appropriate planning
- Professionalism
- · Partnerships with parents
- Inclusion of all children

Online and in-person classes are available if you work with babies & toddlers, preschoolers, school-agers, or the mix of ages you serve in family childcare.

Not sure where you want to start? Stop and really think about your work with children. Be honest—what is the best part of your day? What is the worst? Why?

Once you have a better understanding of your professional strengths and challenges, set goals for yourself. Then, choose classes that will help you learn new specialized skills and build on your knowledge of children's development to meet those goals.

Take charge of your learning! Maximize your professional development time to best meet your learning needs, and the needs of the children and families you serve.

Inside This Issue

Saturday Spectacular Page CPR and First Aid Page

CDA Classes

Page

e-Learning Online Classes Page Professional Development Page

Everyday Heroes Making a Difference

April 20–22, 2017

Sioux Falls, SD Convention Center





Responsive Parenting Classes

Responsive Parenting is a 6 week series for parents who have children ages birth to 3 years old. Topics include child encouragement, parent and child stress, responding to your child's needs, what and how your child learns, and your child's unique temperament.

Classes Begin:

April 3, 2017 • 5:30 - 7:30 p.m.

Pre-register before Monday, March 27, 2017

Location: Sanford Children's CHILD Services

Cost: Free

A Friendly Reminder Regarding Online Orientation:

Are you planning to access the South Dakota Orientation to Child Care on-demand training series through the D2L learning platform at http://www.sdstate.edu/teaching-learning-and-leadership/family-resource-network/south-dakota-orientation-training-demand? Please remember this important step: WRITE DOWN THE TEMPORARY PASSWORD (it is case sensitive).

This password will not be emailed to you, so you need to write it down exactly as shown. If you miss this step, you will not be able to access your account.

If you experience an error, try again. Remember that the password is case sensitive. If you try unsuccessfully 3 times, you may be locked out of your account. If this happens, wait 30 minutes, and try again.

ECE Class Policy

To ensure accurate class registration, individuals must call to register for classes.

e-Learning Online Classes

In order to receive credit for online classes, participants must:

- 1. Log into class within 5 minutes of the class start time.
- 2. Demonstrate attendance by participating in class polls and chats
- 3. Complete 3 learning statements at the end of the class.

Classroom Classes

- 1. Class participants arriving later than 10 minutes past the class start time will not be given credit for class attendance.
- 2. CHILD Services strives to provide a positive learning environment for all participants. If a class participant disrupts the positive learning environment, the participant risks not being given credit for the class.
- 3. CHILD Services respects the attention needs of young children and the learning needs of class participants. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes with a class participant.

JUST A REMINDER Cancellation-Please remember, if you register for a class and are unable to attend, it is a courtesy to call and cancel your registration.

We want to help you enhance your program, promote child development & build clientele!

Each month CHILD Services will be offering technical assistance specific to a different aspect of your program. Find out more by calling us at (605) 226-5675!

April: Learning Environments

Dramatic Play Discovery Area

May: Professionalism

Parent Education Board/Communication
Drop Off/Pick Up

June:Health

Meals/Snacks
Toileting/Hand Washing

Sanford CHILD Services Saturday Spectacular

A one day event with classes for caregivers of all ages and all settings.

When: Saturday, May 13, 9 a.m. – 3:30 p.m.; Sign-in begins at 8:30 a.m.

Location: Sanford Aberdeen Medical Center **Cost**: Free

Register: Call (605) 226-5675 or 1-800-982-6404 Call early; space is limited.

6 hours of licensing-approved training. Providers must register for the conference; individual class registration is not available.

9 – 10 a.m.	Nutrition to Fuel the Body and Mind Explore the current eating habits of children, use the MyPlate food guide and learn hands- on activities.	Nutrition for Children	
10 – 11 a.m.	Tired of Talking? Use Visual Schedules Visual schedules can help any individual to understand what will be happening. Learn how to utilize visual schedules to create seamless communication with staff and children.	Inclusion of All Children	
11 a.m. – Noon	Becoming a Better Team Member Teamwork makes work easier and more fun. Learn the steps of teambuilding: character, competence, commitment, and cohesion.	Professionalism	
Noon – 12:30 p.m.	Brown Bag Lunch On-Site Bring your own brown bag lunch, and enjoy a chance to visit with fellow child care providers.		
12:30 – 1:30 p.m.	Teaching Children to Embrace Differences Learn ways to help children understand what it means to accept and respect everyone's individual differences.	Cultural Diversity	
1:30 – 2:30 p.m.	Setting Yourself Up for Success: Creating Effective Learning Environments Learn what and how to create a child care environment that promotes children's development and encourages children's play.	Learning Environments	
2:30 – 3:30 p.m.	Tips for Transition Transition times repeatedly occur in a child's day at child care. Get tips and tools to make transition times between daily activities smooth and easy.	Age Appropriate Activities	

Classroom Instruction Classes

For more class information and/or registration call Sanford Children's CHILD Services of Aberdeen (605) 226-5675 or (800) 982-6404.

Child care is not provided.

CPR and First Aid - Classes for caregivers for all ages and all settings.

- CPR and First Aid classes are held quarterly at Aberdeen CHILD Services
- Course renewal is every 2 years

CPR Policy:

CPR payment must be received within 48 hours of the CPR class. If payment has not been received 48 hours in advance, you will be notified that your class reservation is no longer valid. This class reservation will be given to the first participant that secures this reservation with a payment.

CPR and First Aid Class Refund Policy:

CPR or First Aid class cancellation is required 24 hours prior to class, otherwise payment will be forfeited and is non-transferable.

CPR and First Aid

Classes for caregivers for all ages and all settings

otasses for taregivers for attages and att settings.				
Date/Time	Class Title	Fee	Location	Licensing/Pathway
Saturday, May 20 8:30 a.m. – 12:30 p.m.	Adult/Child and Infant CPR This course is designed for a person who is expected to know and be able to provide CPR in their workplace.	\$20	Aberdeen	Program Health & Safety
Saturday, May 20 1 – 3 p.m.	First Aid-Certified Heartsaver Pediatric First Aid Course The American Heart Association's new Heartsaver Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives. A Heartsaver Pediatric First Aid Course Completion Card will be given to students upon successful completion of the course.	\$5	Aberdeen	Program Health & Safety

CDA Classes

These classes count for CDA training hours and/or State of South Dakota Child Care Licensing and Pathways requirements.

Date/Time	Class Title	Fee	Location	Licensing/Pathways
Thursday, April 6 6:30 – 9 p.m.	What is DAP? We will explore NAEYC's concept of DAP, the early childhood educator's role in DAP settings & gain knowledge that will enhance the early educator's ability to implement developmentally appropriate activities with children birth - 5 years of age.	Credit for Basic Class: \$0 Ab Credit for CDA Class: Ab Part of Tuition Fee	Aberdeen	Age Appropriate Activities
Thursday, April 20 6:30 – 9 p.m.	Respectful Care: Meeting Developmental & Cultural Needs of Children and Families Participants will explore the concepts of inclusion and cultural responsiveness in early childhood programs and learn ways to meet the individual needs of young children and their families.		Aberdeen	Cultural Diversity
Thursday, April 27 6:30 – 9 p.m.	Scheduling, Routines, and Transitions We will discuss the importance of schedules, routines & transitions; the implementation of schedules for different age groups; & techniques for successful transitions.		Aberdeen	Age Appropriate Activities
Thursday, May 4 6:30 – 9 p.m.	Regulations, Policies, and Record Keeping Information will be given on child care regulations, policies, and recordkeeping requirements.		Aberdeen	Program Managment & Regulations

Social Emotional Classes

These classes count for CDA training hours and/or State of South Dakota Child Care Licensing and Pathways requirements.

Date/Time	Class Title	Fee	Location	Licensing/Pathways
Wednesday, April 19 6:30 – 7:30 p.m.	When is This Normal? Biting, hitting, yelling, and sexual exploring can create angst in child care. Learn when these behaviors and others are a normal part of development for most children.	\$5	Online	Child Growth & Development

fitCare Classes				
Date/Time	Class Title	Fee	Location	Licensing/Pathways
Thursday, May 11 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	Child Growth & Development Age Appropriate Activities
Thursday, May 18 6:30 – 8:30 p.m.	THINK Your Food Food habits start early in life. Learn how to teach children about making healthy food choices.	\$0	Online	Nutrition for Children Learning Environments

e-Learning Online Opportunities

We know life can be busy...
So we are bringing learning right to you.



Credit Card payments are now accepted

For more class information and/or registration call Sanford Children's CHILD Services of Aberdeen (605) 226-5675 or (800) 982-6404.

Live engaging online classes via the internet.

Requirements:

- Computer with internet connectivity
- Adobe Flash Player 10.1 or higher
- Free Flash Player download at www.adobe.com

 Due to technical incompatibility, do not use
- Due to technical incompatibility, do not use smart phones to access online classes

e-Learning Online Class Policy:

- Class registration is closed 48 hours prior to scheduled class start time.
- Monday class registration is closed 5 p.m. on the Thursday prior to the class.
- Online classes are \$5 per class hour.
- · Class registration is secured once payment is received.
- Class participants are emailed the class link the day before class.
- Class credit: Credit is given once all class requirements are completed:
- Log into class within 5 minutes of the class start time.
- Demonstrate attendance by participating in class polls and chats.
- Complete 3 learning statements at the end of class.
- Refunds: No cash refunds are given for online classes. Credit will be given towards another online class if cancellation is received 24 hours prior to class.

General Classes Classes for caregivers for all ages and all settings. Date/Time Class Title Location Licensing/Pathways Fee **Food Handling Techniques** In order to keep the children we serve healthy, there are certain Saturday, April 29 \$5 precautions that need to be taken during food preparation and Online Nutrition for Children 10 – 11 a.m. storage, and in feeding infants. This class will cover how you can keep everyone safe from food related illness **Communicable Diseases** Identification & What is a communicable disease? How do you prevent its Thursday, June 8 Prevention of \$5 transmission? Learn how germs are transmitted and how to Online 6:30 - 7:30 p.m.Communicable keep children healthy. Diseases The Early Childhood Profession Thursday, June 8 Learn about professional organizations, the importance of \$5 Online Professionalism 7:30 - 8:30 p.m.training, networking and goal setting. Family Child Care Provider Classes Classes specific to care provided in a family day care setting. *Building Relationships with Families You know how important the relationships you have with parents Tuesday, April 4 Partnerships with \$5 Online can be. Learn how to better support families in your program and 7:30 - 9:30 p.m. Parents gain insight on working through challenging situations with families. *Tools of Business Communication: Contracts & Policies Tuesday, April 18 Gain an understanding of running a successful business as well Program Managment & \$5 Online 7:30 - 9:30 p.m. as an awareness of the importance of and how to utilize effective Regulations contracts and policies to help your business run more smoothly.

	D. W.L. W.L.		ı	T
Thursday, April 20 7 – 8 p.m.	Busy Kids are Happy Kids Identify ways to design and plan activities to keep children with varying abilities, interests and ages involved and busy throughout the day.	\$5	Online	Age Appropriate Activities
Tuesday, May 2 7:30 – 9:30 p.m.	*Sensible Record Keeping Explore keeping good records and working with income and budgets and acquire helpful tips for basic record-keeping and tax preparation.	\$5	Online	Program Managment & Regulations
Tuesday, May 16 7:30 – 9:30 p.m.	*Stay Healthy and Safe: Play More Discuss toy safety, proper cleaning techniques, food and car seat safety and your role in understanding child abuse and neglect. Keeping everyone healthy and safe means more time for playing.	\$5	Online	Program Health & Safety
Tuesday, May 30 7:30 – 9:30 p.m.	*Under One Roof Environment, a daily schedule and learning centers can positively affect one's program. Gain awareness and ideas of effective ways to set up your child care environment, both indoors and out.	\$5	Online	Learning Environments
Tuesday, June 13 7:30 – 9:30 p.m.	*You and Your Family Finding a way to make time for your own children while running a childcare program can be difficult. Explore various challenges such as sharing space, toys, and a parent with other children, as well as other characteristics unique to this situation.	\$5	Online	Child Growth & Development
Infant/Toddler Classe Classes with an emph	s asis on caring for children 6 weeks to 3 years old.			
Saturday, April 29 9 – 10 a.m.	Shaken Baby Syndrome Never shake a baby! We've all heard it, but it is still occurring. This class will discuss the symptoms and outcomes of shaken baby syndrome and what we can do to help prevent it from happening.	\$5	Online	Child Abuse & Neglect
Wednesday, May 31 7:30 – 9:30 p.m.	*IT Entry Level Series: Social Emotional Milestones/Temperament Participants will learn ways to support the growing sense of self in young children and will be introduced to different temperament types.	\$5	Online	Observing Children
Wednesday, June 14 7:30 – 9:30 p.m.	*IT Entry Level Series: Guidance and Discipline/Understanding Behavior Participants will learn about age appropriate strategies in guiding the behavior of young children and gain knowledge on what behavior might mean.	\$5	Online	Guidance & Behavior Management
Wednesday, June 28 7:30 – 9:30 p.m.	*IT Entry Level Series: Respectful Care/Primary Caregiving Participants will learn about providing quality group care of young children.	\$5	Online	Interpersonal Communication & Relationships
Preschool Classes Classes with an emphasis on caring for children 3 to 5 years old.				
Wednesday, April 19 7:30 – 8:30 p.m.	Look What I Did! Learn how to put together a portfolio that reflects children's developmental progress and accomplishments.	\$5	Online	Observing Children
Out of School Time Classes Classes with an emphasis on caring for school age children.				
Tuesday, May 2 6:30 – 8 p.m.	A Place of Their Own Learn how to design quality spaces for children in out-of-school time programs.	\$5	Online	Learning Environments

Pathways to Professional Development Series (Formerly Supplemental Training Series)

• Three courses conveniently offered online.

Open enrollment allowed for each course of the series.

Registration per class is not available. Participants must register for all classes that are part of a course.

- Out-of-class time work required for course credit.
- Complete your CDA and take all three courses of the Pathways to Professional Development Series to receive college credit when you enroll in participating South Dakota colleges and universities.

Earn up to twelve college credits (credits allowed depend on participating South Dakota college or university policy).

Meeting Children's	Basic Needs (SDCDA 300)				
Monday, June 5 7:30 – 10 p.m.	Providing a Safe & Healthy Environment Early childhood health and safety standards and applications.		Online	Program Health & Safety	
Monday, June 12 7:30 – 10 p.m.	Providing for Children's Nutritional Needs Professional and personal use of USDA SuperTracker resources, childcare nutritional standards & responsibilities.	\$10	Online	Nutrition for Children	
How Children Learr	and Grow (SDCDA 310)				
Monday, June 19 7:30 – 10 p.m.	Theories of Child Development: Prenatal, Birth & Early Brain Development Overview of the latest research in early brain development and its impact and applications for ECE professionals.		Online	Child Growth & Development	
Monday, June 26 7:30 – 10 p.m.	Theories of Child Development: Dewey & Montessori Overview of research methods and the history of theories of child development; the theories of Dewey & Montessori.		Online	Child Growth & Development	
Monday, July 10 7:30 – 10 p.m.	Theories of Child Development: Erikson, Bronfenbrenner & Bandura Developmental theories of Erikson, Bronfenbrenner & Bandura; ongoing critical thinking and comparison of various theories.	\$25	Online	Child Growth & Development	
Monday, July 17 7:30 – 10 p.m.	Theories of Child Development: Piaget & Vygotsky Developmental theories of Piaget & Vygotsky; professional and personal implications of Gardner's theories of multiple intelligences.		Online	Child Growth & Development	
Monday, July 24 7:30 – 10 p.m.	Growth and Development of School-Age Children Overview of school age children's growth and development.		Online	Child Growth & Development	
You the Professional (SDCDA 320)					
Monday, July 31 7:30 – 10 p.m.	Exploring Adult Learning Styles Influencing factors and theories of adult learning; individual learning styles.	\$10	Online	Interpersonal Communication & Relationships	
Monday, August 7 7:30 – 10 p.m.	Best Practice: Program Administration and Leadership An overview of staff supervision and development strategies, basic fiscal management skills, and 'best practice' program administration policies and procedures.		Online	Program Management & Regulations	

Sanford CHILD Services Saturday Spectacular

A one day event with classes for caregivers of all ages and all settings.

When: Saturday, May 13, 9 a.m. – 3:30 p.m.; Sign-in begins at 8:30 a.m.

Location: Sanford Aberdeen Medical Center Cost: Free

A variety of training topics will be offered. 6 hours of licensing-approved training available.

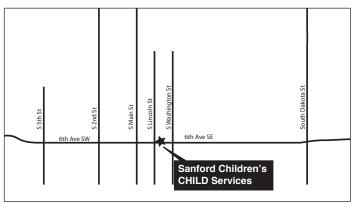
See page 3 for more details

SANF: PRD Children's

Sanford CHILD Services 110 6th Ave SE, Suite 100 Aberdeen, SD 57401 PRESORTED STANDARD U.S. POSTAGE PAID SANFORD



Office Location: 110 6th Ave SE Suite 100



Classes are held at Sanford Children's CHILD Services office.

