

# SANFORD CHILDREN'S CHILD SERVICES

July - September 2025

## HELPING CHILDREN WORK TOGETHER



Cooperation is the ability to balance one's own needs with someone else's. Cooperation means a joint effort – a give and take that is mutually satisfying.

How can you help children learn cooperation? It starts with helping them understand how our requests and rules are good for everyone. Below are examples of how children can develop the skill of cooperation.

### Take Turns

Between 6 - 9 months, babies begin to engage in back-and-forth interactions. They also learn to imitate. This is a great time to encourage turn-taking as you play with the baby.

### Explain Reasons for Limits and Requests

At three years old, most children use and understand language well enough to handle simple explanations. Point out how rules benefit everyone.

### Give Specific Praise for Cooperative Efforts

Point out why and how their contribution was important. This helps them recognize and value their skills. "You helped pick up all the blocks, now we can go outside and play longer."

### Take Time to Problem Solve

Help the other 2 - 3 year olds come up with solutions to everyday dilemmas and encourage cooperation at the same time.

- State the problem. "You want to draw on the paper that Cooper has?"
- Ask a question. "Where else could you draw?"
- Try a solution. Offer two options, both acceptable – perhaps on a different piece of paper or a cardboard box. If the toddler insists on drawing on Cooper's paper, set a limit. "I'll put away the crayons until we agree on a place to draw."

### Offer Suggestions, Not Commands

Suggestions elicit cooperation. Commands often evoke resistance. "We need to pick up before we can go outside. Do you want to pick up the red blocks or the blue blocks?" This is likely to bring about a better response than saying "Help pick up."

### Give Choices While Maintaining the Rules

"You need to go potty before going outside. Do you want to do it before or after snack?" Children are less likely to protest if they have a choice. Offering choices shows children respect, and respect creates a sense of collaboration.

Implementing these strategies into your daily interactions with children will help the develop strong teamwork skills to serve them for a lifetime

### MANAGER

Nikki McLaughlin

### ADMINISTRATIVE ASSISTANTS

Rachelle Borah  
Shawn Freudenthal

### COORDINATORS

Lori Braley  
Mindy Greenfield  
Britney Kullander  
Nancy Raether  
Sharon Schmidt

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### WEBSITE

- [www.sanfordhealth.org/CHILDServices](http://www.sanfordhealth.org/CHILDServices)
- [www.sdece.org](http://www.sdece.org)



# FACE TO FACE trainings

## Infant/Toddler

Classes with an emphasis on caring for children birth to two years old

| DATE                   | TIME         | TITLE & DESCRIPTION  | CKC CATEGORY                                 | LOCATION |
|------------------------|--------------|--|--|----------|
| Monday, July 14        | 6 – 7 p.m.   | <b><u>Intro to the Infant Classroom</u></b><br>Learn the basics of the infant classroom. We will cover diapering, feeding, interactions, and safety considerations while caring for the smallest of learners.  | Learning, Environment, Planning & Curriculum | Aberdeen |
| Monday, July 14        | 7 – 8 p.m.   | <b><u>Setting Correct Expectations</u></b><br>Gain insight into setting appropriate expectations for young learners. Developmentally appropriate practices will guide our discussion and help us reflect on the expectations we have for the children in our care. | Learning, Environment, Planning & Curriculum | Aberdeen |
| Saturday, September 13 | 9 – 10 a.m.  | <b><u>Going Beyond Praise</u></b><br>Learn about Positive Descriptive Acknowledgement and how you can use it in your classroom to increase children's positive behavior and interactions.  | Child Growth & Development                   | Aberdeen |
| Saturday, September 13 | 10 – 11 a.m. | <b><u>Connection Seeking Behaviors</u></b><br>We often hear the term attention seeking in reference to children's behavior. This class will focus on rephrasing this to connection seeking. Learn about what connection seeking means and strategies to respond.   | Child Guidance & Emotional Well-Being        | Aberdeen |

## Preschool

Classes with an emphasis on caring for children three to five years old

| DATE               | TIME             | TITLE & DESCRIPTION   | CKC CATEGORY                                 | LOCATION    |
|--------------------|------------------|---|--|-------------|
| Thursday, August 7 | 6:30 – 7:30 p.m. | <b><u>Stretching Storytime</u></b><br>Gain ideas on how to promote literacy development of young children in the childcare setting.   | Learning, Environment, Planning & Curriculum | Sioux Falls |
| Thursday, August 7 | 7:30 – 8:30 p.m. | <b><u>Beyond Books: Creating a Literacy Center</u></b><br>Early literacy is important for preschoolers; learn ways to set up an interest center to encourage all aspects of literacy. | Learning, Environment, Planning & Curriculum | Sioux Falls |



## FACE TO FACE CLASS POLICY

1. Class participants arriving later than 10 minutes past the class start time will not be allowed to attend class as the facility doors will be locked.
2. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes.

## Saturday Spectacular

One-day event with classes for childcare providers on various ages and settings

| DATE                   | TIME         | TITLE & DESCRIPTION   | CKC CATEGORY                          | LOCATION |
|------------------------|--------------|---|---------------------------------------|----------|
| Saturday, September 13 | 9 – 10 a.m.  | <b>Going Beyond Praise</b><br>Learn about Positive Descriptive Acknowledgement and how you can use it in your classroom to increase children's positive behavior and interactions.  | Child Growth & Development            | Aberdeen |
| Saturday, September 13 | 10 – 11 a.m. | <b>Connection Seeking Behaviors</b><br>We often hear the term attention seeking in reference to children's behavior. This class will focus on rephrasing this to connection seeking. Learn about what connection seeking means and strategies to respond. | Child Guidance & Emotional Well-Being | Aberdeen |

## Certified First Aid

The American Heart Association's Pediatric First Aid course trains participants how to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives.

CKC Category: Health, Safety & Nutrition



| DATE                   | TIME          | LOCATION    |
|------------------------|---------------|-------------|
| Tuesday, July 22       | 6:30 – 9 p.m. | Sioux Falls |
| Saturday, August 2     | 1 – 3:30 p.m. | Aberdeen    |
| Saturday, August 9     | 1 – 3:30 p.m. | Sioux Falls |
| Thursday, September 25 | 6:30 – 9 p.m. | Sioux Falls |

## Adult/Child & Infant CPR/AED

This American Heart Association's course offers instructor-led course and teaches adult, child and infant CPR/AED and choking.

CKC Category: Health, Safety & Nutrition

| DATE                   | TIME             | LOCATION    | DATE                  | TIME             | LOCATION   |
|------------------------|------------------|-------------|-----------------------|------------------|------------|
| Thursday, July 10      | 6:30 – 10 p.m.   | Sioux Falls | Saturday, August 2    | 8:30 a.m. – Noon | Aberdeen   |
| Thursday, July 17      | 6:30 – 10 p.m.   | Sioux Falls | Saturday, September 6 | 8:30 a.m. – Noon | Vermillion |
| Saturday, July 26      | 8:30 a.m. – Noon | Sioux Falls |                       |                  |            |
| Saturday, August 9     | 8:30 a.m. – Noon | Sioux Falls |                       |                  |            |
| Thursday, August 14    | 6:30 – 10 p.m.   | Sioux Falls |                       |                  |            |
| Tuesday, August 19     | 6:30 – 10 p.m.   | Sioux Falls |                       |                  |            |
| Monday, September 8    | 6:30 – 10 p.m.   | Sioux Falls |                       |                  |            |
| Thursday, September 18 | 6:30 – 10 p.m.   | Sioux Falls |                       |                  |            |

# ONLINE trainings

## General

Classes for caregivers of all ages of children

| DATE                    | TIME             | TITLE & DESCRIPTION   | CKC CATEGORY                          |
|-------------------------|------------------|---|---------------------------------------|
| Tuesday, July 15        | 7:30 – 8:30 p.m. | <b><u>The Importance of Rituals and Routines</u></b><br>Rituals and routines in your family day care setting promote feelings of security and create a bridge between the child's home and yours.   | Child Growth & Development            |
| Wednesday, July 23      | 6 – 7 p.m.       | <b><u>Being a Mandated Reporter</u></b><br>Learn what it means to be a mandated reporter and how to stress the importance of this role with staff.  | Health, Safety & Nutrition            |
| Tuesday, August 19      | 6 – 7 p.m.       | <b><u>Logical Consequences</u></b><br>This training explores the use of logical consequences as an effective and developmentally appropriate discipline strategy for infants and toddlers. Through real-life case studies, common mistakes, and practical implementation strategies, caregivers will gain the tools needed to foster positive behavior in young children. | Child Guidance & Emotional Well-Being |
| Tuesday, August 19      | 7 – 8 p.m.       | <b><u>The Power of Choice in Free Play</u></b><br>Learn how to prepare children for lifelong decision-making by providing choices during free play.   | Child Growth & Development            |
| Wednesday, September 10 | 6 – 7 p.m.       | <b><u>Ditch the Drama</u></b><br>Explore problem solving techniques to prevent gossip, power struggles, and conflict between fellow staff and supervisors.  | Professionalism & Leadership          |
| Wednesday, September 10 | 7 – 8 p.m.       | <b><u>Becoming a Better Team Member</u></b><br>Teamwork makes work easier and more fun. Learn the steps of teambuilding: character, competence, commitment, and cohesion.   | Professionalism & Leadership          |

## Infant/Toddler

Classes with an emphasis on caring for children six weeks to three years old

| DATE                  | TIME             | TITLE & DESCRIPTION   | CKC CATEGORY                                 |
|-----------------------|------------------|---|--|
| Tuesday, July 15      | 6:30 – 7:30 p.m. | <b><u>Safe Infant Sleep Environments</u></b><br>Learn to identify common hazards of infant sleep environments and safe sleep practices for injury prevention.   | Health, Safety & Nutrition                   |
| Wednesday, July 23    | 7 – 8 p.m.       | <b><u>Prevention Is Key! Understanding Behavior Management</u></b><br>This class focuses on de-escalation strategies and proactive solutions that teachers and other adults can use when working with children. | Child Guidance & Emotional Well-Being        |
| Thursday, September 4 | 6:30 – 7:30 p.m. | <b><u>Be Intentional with Playful Planning</u></b><br>Learn how planning, observing and guiding children's play can help you achieve developmental and curriculum benchmarks.                                   | Learning, Environment, Planning & Curriculum |
| Thursday, September 4 | 7:30 – 8:30 p.m. | <b><u>Prevention Is Key! Understanding Behavior Management</u></b><br>This class focuses on de-escalation strategies and proactive solutions that teachers and other adults can use when working with children. | Child Guidance & Emotional Well-Being        |

|                      |            |  |                            |
|----------------------|------------|--|----------------------------|
| Monday, September 22 | 6 – 7 p.m. | <b><u>Intentional Interactions with Infants and Toddlers</u></b><br>Discover the importance of intentional and meaningful interactions and optimal times to create them with infants and toddlers.               | Child Growth & Development |
| Monday, September 22 | 7 – 8 p.m. | <b><u>Calm During the Storm</u></b><br>Recognize signs of emotional flooding in children. Learn how to become the external regulator for children, calming experiences of overwhelm and increasing adaptability. | Child Growth & Development |

## Out of School Time

Classes specific to care provided in out of school time settings

| DATE              | TIME             | TITLE & DESCRIPTION  | CKC CATEGORY                                 |
|-------------------|------------------|--|--|
| Monday, August 25 | 6:30 – 7:30 p.m. | <b><u>What is STEM Anyway?</u></b><br>Learn how to provide opportunities in Science, Technology, Engineering and Math for school-age children. | Learning, Environment, Planning & Curriculum |
| Monday, August 25 | 7:30 – 8:30 p.m. | <b><u>Schedules &amp; Routines</u></b><br>Learn how to create a schedule that incorporates routines for your school-age programs.              | Learning, Environment, Planning & Curriculum |



## Online Class Policy

Participants are emailed the class link, with instructions, within 24 hours prior to scheduled class start time. In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats.
3. Complete all polls at the end of the class.

## INTERESTED IN CDA?

Sign up for the information night. CDA registration will be completed during this meeting.

**When:** Monday, August 18

6:30 - 7:30 PM

**Where:** CHILD Services

5015 S Western Ave Suite 120  
Sioux Falls, SD

Call now to sign up!



## NEWS FROM THE CITY OF SIOUX FALLS

### Are you a family child care provider in Sioux Falls?

Believe it or not, the end of the year is just around the corner. Please remember to get your 6 hours of continuing education before the end of the year.

Year end classes have a tendency to fill up fast, so get your hours in now before it's too late!



# Sanford Children's CHILD Services

*Did you know, if your child care program is licensed or registered with the state of South Dakota you belong to the South Dakota ECE System?*

**These services are available to you! Call your local ECE office for more information.**

## Educational Opportunities

Trainings are accessible to child care providers across the state of South Dakota through in-person, online and on-site delivery.

## Technical Assistance

A collaborative, problem-solving process between the provider and CHILD Services staff. Includes consultations, coaching, modeling, observation and support.

## Temperament Program

Collaborative approach between parents, child care providers and ECE staff to understand a child's temperament.

## Child Development Associate

A credential is a nationally recognized early childhood professional credential administered by the Council for Professional Recognition.

## Social Emotional Program

Support to child care providers and parents involving children who exhibit challenging behaviors or developmental concerns.  
(Region 1 & 5 only)

### REGION 1: EARLY CHILDHOOD CONNECTIONS

3645 Sturgis Rd, Suite 110  
Rapid City, SD 57702  
(605) 342-6464

### REGION 2: THE RIGHT TURN, INC.

115 E Sioux Ave  
Pierre, SD 57501  
(605) 773-4755

### REGION 3: SANFORD CHILDREN'S CHILD SERVICES

2905 3rd Ave SE  
Aberdeen, SD 57401  
(605) 226-5675

### REGION 4: CHILD & FAMILY RESOURCE NETWORK

South Dakota State University, PO Box 2218  
Brookings, SD 57007  
(605) 688-5730

### REGION 5: SANFORD CHILDREN'S CHILD SERVICES

5015 S. Western Ave. Suite. 120  
Sioux Falls, SD 57108  
(605) 312-8390



# SD ECE QRIS Focused Training

## SD ECE QRIS Family Child Care Focused Training Series

- Family Child Care Entry Level Training
- Family Child Care Quality Practice
- Infant-Toddler Foundations for Social Wellness and Emotional Wellness
- Ins and Outs of Lesson Planning
- Early Learning Guidelines

## SD ECE QRIS Infant-Toddler Focused Training Series

- Infant-Toddler Entry Level Training
- Infant-Toddler Quality Practice
- Infant-Toddler Foundations for Social Wellness and Emotional Wellness
- Ins and Outs of Lesson Planning
- Early Learning Guidelines

## SD ECE QRIS Preschool Focused Training Series

- Preschool Entry Level Training
- Preschool Quality Practice
- Preschool Foundations for Social Wellness and Emotional Wellness
- Ins and Outs of Lesson Planning
- Early Learning Guidelines

## SD ECE QRIS Out of School Time Focused Training Series

- Out of School Time Entry Level
- Out of School Time Quality Practice

## SD ECE QRIS Management Focused Training Series

- Management Training
- Leadership Training
- Preschool Foundations for Social Wellness and Emotional Wellness
- Ins and Outs of Lesson Planning
- Early Learning Guidelines



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5015 S Western Ave, Suite 120  
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RETURN SERVICE REQUESTED

## 2025 TRAINING SCHEDULE

JULY/AUGUST/SEPTEMBER