

# SANFORD CHILDREN'S CHILD SERVICES

October – December 2025

## ACTIVE SUPERVISION



Active supervision is more intentional and preventive than what we typically think of when we talk about supervision. Head Start has been implementing active supervision in their programs and has determined six components needed to make it work.

### Set Up the Environment

Arrange your environment for good visual supervision. Move shelves around if needed and make sure you can see over them. Look for spaces that can't be supervised easily and either change the arrangement or make sure a staff person is assigned to supervise that area.

### Position the Staff

Be intentional about where you and your coworkers place yourself in your setting. If you work alone, make sure you are positioned so you can supervise the children easily. This goes for outside time also; staff should position themselves in different areas of the playground.

### Listen

Childcare environments are noisy but it's still important to listen carefully. Using your listening skills can help you identify trouble brewing and step in to prevent it. The lack of sound may be an indicator that something is up too. When children in the block area suddenly become quiet, it might be a good time to go over and see what's going on.

### Keep a List

Count the number of children in your care frequently. You should always know how many children you have even with all the arrivals and departures. This list can be used when transitioning from one space to another. Instead of just counting heads, use your list to look for each child as you say their name and check them off the list.

### Engage and Redirect

Interacting with children as they are playing is another part of supervision. This allows you to observe their interests and needs which aids in supervision by being able to plan experiences which keep children engaged. It also helps so you can easily step in and redirect a child who may need some guidance.

### Anticipate Children's Behavior

Since you know your children so well, use this knowledge to anticipate when they may need some help or guidance. For example, knowing that when a child in your care, Sam, starts to wander around, he typically disrupts other children as they are playing because he doesn't know how to join a group very well. Because you know this, you can anticipate his need and help him join a group successfully.

Active supervision builds on itself, progressing from the basics of arranging the room all the way to interacting with children. Using this form of supervision ensures children are safe, engaged and learning.

### MANAGER

Nikki McLaughlin

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### WEBSITE

- [www.sanfordhealth.org/CHILDServices](http://www.sanfordhealth.org/CHILDServices)
- [www.sdece.org](http://www.sdece.org)

# FACE TO FACE Trainings

## General

Classes for caregivers of all ages of children

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY	LOCATION
Tuesday, November 18	6:30 – 7:30 p.m.	<b><u>The Behavior Blueprint</u></b> In this class, providers will learn proactive strategies for challenging behavior while understanding developmentally appropriate practice and setting expectations for the children in their care.	Child Guidance & Emotional Well-Being	Sioux Falls

## Infant/Toddler

Classes with an emphasis on caring for children birth to two years old

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY	LOCATION
Tuesday, October 14	6:30 – 7:30 p.m.	<b><u>What is Social Emotional Development Really?</u></b> Gain an understanding of the Pyramid Model and how it relates to your role as a provider. Learn about the roots of social emotional development as a prevention and relationship-based technique.	Child Growth & Development	Sioux Falls
Tuesday, October 14	7:30 – 8:30 p.m.	<b><u>Using Positive Discipline Model</u></b> Use the Positive Discipline model to be both kind and firm so the children in your care can learn self-discipline and creative cooperation.	Child Guidance & Emotional Well-Being	Sioux Falls
Tuesday, November 18	7:30 – 8:30 p.m.	<b><u>Intentional Interactions with Infants and Toddlers</u></b> Discover the importance of intentional and meaningful interactions and optimal times to create them with infants and toddlers.	Child Growth & Development	Sioux Falls

## OST

Classes specific to care provided in out of school time settings

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY	LOCATION
Thursday, December 11	6 – 7 p.m.	<b><u>Schedules &amp; Routines</u></b> Learn how to create a schedule that incorporates routines for your school-age programs.	Learning, Environment, Planning & Curriculum	Sioux Falls
Thursday, December 11	7 – 8 p.m.	<b><u>OST in Shared Space</u></b> Learn ways to create a positive interactive out-of-school time environment even with the challenge of shared space.	Learning, Environment, Planning & Curriculum	Sioux Falls



## CHILD SERVICES CLASS POLICIES

- All participants are required to personally call and register for all classes. Registration on behalf of others, including co-workers, is not permitted.
- Class participants arriving, or signing in, later than 10 minutes past the class start time, will not be allowed to attend class.
- In order to maintain an appropriate learning environment for classes, children are not allowed to attend classes.

## Certified First Aid

The American Heart Association's Pediatric First Aid course trains participants how to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives.

CKC Category: Health, Safety & Nutrition



DATE	TIME	LOCATION
Saturday, October 11	1 – 3:30 p.m.	Sioux Falls
Saturday, November 1	1 – 3:30 p.m.	Aberdeen
Saturday, November 1	1 – 3:30 p.m.	Sioux Falls

## Adult/Child & Infant CPR/AED

This American Heart Association's course offers instructor-led course and teaches adult, child and infant CPR/AED and choking.

CKC Category: Health, Safety & Nutrition

DATE	TIME	LOCATION	DATE	TIME	LOCATION
Saturday, October 4	8:30 a.m. – Noon	Sioux Falls	Saturday, November 1	8:30 a.m. – Noon	Aberdeen
Saturday, October 11	8:30 a.m. – Noon	Sioux Falls	Saturday, November 15	8:30 a.m. – Noon	Mitchell
Saturday, November 1	8:30 a.m. – Noon	Sioux Falls			
Tuesday, November 11	6:30 – 10 p.m.	Sioux Falls			
Thursday, November 20	6:30 – 10 p.m.	Sioux Falls			
Saturday, December 6	8:30 a.m. – Noon	Sioux Falls			
Wednesday, December 17	6:30 – 10 p.m.	Sioux Falls			

## NEWS FROM THE CITY OF SIOUX FALLS

### Are you a family child care provider in Sioux Falls?

Believe it or not, the end of the year is here! Please remember to get your 6 hours of continuing education before the end of the year.

Year end classes have a tendency to fill up fast, so get your hours in now before it's too late!

## Sign up for Classes Online!

1. Scan the QR Code
2. Find the class
3. Select 'Register Now'



# SD ECE QRIS Focused Training

## SD ECE QRIS Family Child Care Focused Training Series

- Family Child Care Entry Level Training
- Family Child Care Quality Practice
- Infant-Toddler Foundations for Social Wellness and Emotional Wellness
- Ins and Outs of Lesson Planning
- Early Learning Guidelines

## SD ECE QRIS Infant-Toddler Focused Training Series

- Infant-Toddler Entry Level Training
- Infant-Toddler Quality Practice
- Infant-Toddler Foundations for Social Wellness and Emotional Wellness
- Ins and Outs of Lesson Planning
- Early Learning Guidelines

## SD ECE QRIS Preschool Focused Training Series

- Preschool Entry Level Training
- Preschool Quality Practice
- Preschool Foundations for Social Wellness and Emotional Wellness
- Ins and Outs of Lesson Planning
- Early Learning Guidelines

## SD ECE QRIS Out of School Time Focused Training Series

- Out of School Time Entry Level
- Out of School Time Quality Practice

## SD ECE QRIS Management Focused Training Series

- Management Training
- Leadership Training
- Preschool Foundations for Social Wellness and Emotional Wellness
- Ins and Outs of Lesson Planning
- Early Learning Guidelines

# ONLINE trainings

## General

Classes for caregivers of all ages of children

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY
Monday, October 6	7:30 – 8:30 p.m.	<b><u>The Behavior Blueprint</u></b> In this class, providers will learn proactive strategies for challenging behavior while understanding developmentally appropriate practice and setting expectations for the children in their care.	Child Guidance & Emotional Well-Being
Wednesday, October 8	6 – 7 p.m.	<b><u>Building the Brain Through Play</u></b> Playful learning builds children’s brains. Guided play and other support strategies provide meaningful learning opportunities for children.	Child Growth & Development
Tuesday, October 21	6 – 7 p.m.	<b><u>Mandatory Reporting and Protecting Children</u></b> Learn what it means to be a mandated reporter and how to stress the importance of this role with staff.	Health, Safety & Nutrition
Monday, November 3	6:30 – 7:30 p.m.	<b><u>Creating a Positive Work Environment</u></b> We will examine the characteristics of a respectful workplace and discuss the director’s role in establishing and maintaining a workplace where behaviors exhibit respect for one another.	Program Administration

## Infant/Toddler

Classes with an emphasis on caring for children six weeks to three years old

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY
Monday, October 6	6:30 – 7:30 p.m.	<b><u>Intentional Interactions with Infants and Toddlers</u></b> Discover the importance of intentional and meaningful interactions and optimal times to create them with infants and toddlers.	Child Growth & Development
Tuesday, October 21	7 – 8 p.m.	<b><u>Child Care Essentials: Reducing the Risk of SIDS</u></b> Protect the children in your care by creating a safe sleep environment to prevent sudden infant death syndrome (SIDS).	Health, Safety & Nutrition
Tuesday, November 4	6 – 7 p.m.	<b><u>Setting Correct Expectations</u></b> Gain insight to setting appropriate expectations for young learners. Developmentally appropriate practices will guide our discussion and help us reflect on the expectations we have for the children in our care.	Learning, Environment, Planning & Curriculum
Tuesday, November 4	7 – 8 p.m.	<b><u>No More “No”</u></b> Learn about the power of choices to create a “yes” environment while supporting each child’s social and emotional development.	Child Guidance & Emotional Well-Being
Thursday, December 4	6 – 7 p.m.	<b><u>Giving the Gift of a Secure Attachment</u></b> Learn how a secure bond of attachment creates resilience in children, reduces toxic stress and prevents challenging behavior.	Child Growth & Development
Thursday, December 4	7 – 8 p.m.	<b><u>Serve and Return</u></b> Learn what serve and return is in childcare and the developmental benefits it has on young children.	Learning, Environment, Planning & Curriculum
Saturday, December 6	9 – 10 a.m.	<b><u>A Bit About Biting</u></b> Just because biting is a common behavior for young children doesn’t mean you should ignore it. Gain ways to decrease biting in the classroom.	Child Guidance & Emotional Well-Being



Saturday, December 6

10 – 11 a.m.

### Connection Seeking Behaviors

We often hear the term attention seeking in reference to children's behavior. This class will focus on rephrasing this to connection seeking. Learn about what connection seeking means and strategies to respond.

Child Guidance & Emotional Well-Being

## Preschool

Classes with an emphasis on caring for children three to five years old

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY
Wednesday, October 8	7 – 8 p.m.	<b>Process vs Product</b> Gain an understanding of the value of 'process' versus the 'product' when it comes to preschoolers' learning and their learning projects.	Learning, Environment, Planning & Curriculum
Monday, November 3	7:30 – 8:30 p.m.	<b>Setting Goals for Professional Growth</b> Do you think about where you want to go in the early childhood profession? Learn how goal-setting can get you on a path to success in the field.	Professionalism & Leadership



## Online Class Policy

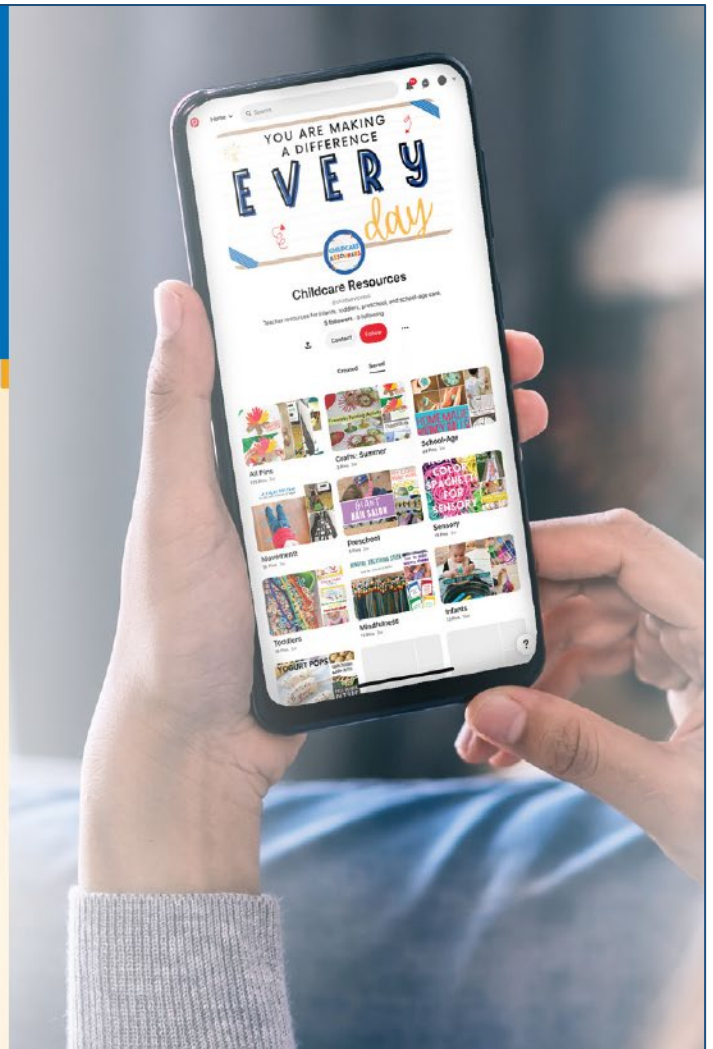
Participants are emailed the class link, with instructions, within 24 hours prior to scheduled class start time. In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats.
3. Complete all polls at the end of the class.

# TEACHING RESOURCES

Activities for infants, toddlers, preschool and school-age kids

Scan Here



# Sanford Children's CHILD Services

*Did you know, if your child care program is licensed or registered with the state of South Dakota you belong to the South Dakota ECE System?*

**These services are available to you! Call your local ECE office for more information.**

## Educational Opportunities

Trainings are accessible to child care providers across the state of South Dakota through in-person, online and on-site delivery.

## Technical Assistance

A collaborative, problem-solving process between the provider and CHILD Services staff. Includes consultations, coaching, modeling, observation and support.

## Temperament Program

Collaborative approach between parents, child care providers and ECE staff to understand a child's temperament.

## Child Development Associate

A credential is a nationally recognized early childhood professional credential administered by the Council for Professional Recognition.

## Social Emotional Program

Support to child care providers and parents involving children who exhibit challenging behaviors or developmental concerns.

### REGION 1: EARLY CHILDHOOD CONNECTIONS

3645 Sturgis Rd, Suite 110  
Rapid City, SD 57702  
(605) 342-6464

### REGION 2: THE RIGHT TURN, INC.

115 E Sioux Ave  
Pierre, SD 57501  
(605) 773-4755

### REGION 3: SANFORD CHILDREN'S CHILD SERVICES

2905 3rd Ave SE  
Aberdeen, SD 57401  
(605) 226-5675

### REGION 4: CHILD & FAMILY RESOURCE NETWORK

South Dakota State University, PO Box 2218  
Brookings, SD 57007  
(605) 688-5730

### REGION 5: SANFORD CHILDREN'S CHILD SERVICES

5015 S. Western Ave. Suite. 120  
Sioux Falls, SD 57108  
(605) 312-8390





**Sanford**  
**Sanford Children's CHILD Services**  
5015 S Western Ave, Suite 120  
Sioux Falls, SD 57108



**2025 TRAINING SCHEDULE**  
OCTOBER/NOVEMBER/DECEMBER

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name  
company  
address  
address2  
city state zip