

SANFORD CHILDREN'S CHILD SERVICES

April - June 2026

REDUCING CHALLENGING CHILD BEHAVIORS



Encountering challenging children's behaviors in the classroom is not uncommon when working with children. The trick to calming the chaos in the classroom is understanding what triggers a child's behavior and developing a behavior plan for the child when a pattern of inappropriate behaviors starts to emerge. Developing a behavior plan at the onset of the challenging behaviors is beneficial for the child and for those who care for the child.

Unfortunately, the childcare industry is seeing a rise in children being expelled from childcare programs due to challenging behaviors; something one used to think only happened in schools. Expelling a child from a childcare program often happens because the childcare staff are exhausted having to deal with the child's behaviors.

Expelling a child may be a fix for the childcare program but isn't for the child. A child exhibiting challenging behaviors is a child asking for help. A child exhibiting continual challenging behaviors is likely feeling very stressed, angry or out of control of oneself. When children do not have the ability to identify and express these feelings with words, they often communicate them with emotional outbursts and inappropriate behaviors.

So how does one handle a child exhibiting challenging behaviors that continually take classroom teachers' time away from the other children?

1. The first step is to pause and observe. Ask questions such as:
 - What is triggering the behaviors?
 - When do these behaviors occur?
2. Next, seek to understand what the child is needing. Ask questions such as:
 - Is the child overtired or hungry?
 - Is the child worried?
3. Then, develop a plan of action to prevent and/or manage the behaviors?

Sanford Children' CHILD Services has services that can help state licensed childcare providers with developing a behavior plan, along with tips and techniques, to help minimize behaviors in the classroom. These services include:

- Child observations
- Temperament screenings
- On-site technical assistance with staff
- Assistance in developing a behavior plan for a child
- Parent consultations

Through these services parents, childcare staff and CHILD Services staff work together to achieve the goal of helping a child succeed in his or her childcare setting.

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WEBSITE

- www.sanfordhealth.org/CHILDServices
- www.sdece.org



FACE TO FACE Trainings

All Ages

Classes for caregivers of all ages of children

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY	LOCATION
Saturday, April 11	9 – 10 a.m.	<u>The Behavior Blueprint</u> In this class, providers will learn proactive strategies for challenging behavior while understanding developmentally appropriate practice and setting expectations for the children in their care.	Child Guidance & Emotional Well-Being	Sioux Falls
Monday, April 13	6 – 7 p.m.	<u>Mindful Connections: Intentional Interaction Strategies for Early Childhood</u> Learn about the importance of intentional interactions in the early childhood setting.	Child Guidance & Emotional Well-Being	Sioux Falls
Monday, May 4	6:30 – 7:30 p.m.	<u>20 Positive Guidance Techniques</u> Everyone can use a toolkit of tips and tools to help guide children’s emotional development and manage children’s inappropriate behaviors.	Child Guidance & Emotional Well-Being	Sioux Falls
Wednesday, June 24	6 – 7:30 p.m.	<u>Mandated Reporting and Protecting Children</u> Recognize and respond to signs of abuse and neglect, understand your role as a mandated reporter, and build confidence in taking action. Learn self-care and how to support colleagues through the emotional challenges of this responsibility. <i>To help answer questions you may have, this class will be taught alongside a licensing specialist.</i>	Health, Safety & Nutrition	Sioux Falls
Wednesday, June 24	7:30 – 8:30 p.m.	<u>Ditch the Drama</u> Explore problem solving techniques to prevent gossip, power struggles, and conflict between fellow staff and supervisors.	Professionalism & Leadership	Sioux Falls

Infant/Toddler

Classes with an emphasis on caring for children birth to two years old

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY	LOCATION
Tuesday, April 7	6 – 7 p.m.	<u>Child Care Essentials: Shaken Baby Syndrome</u> Never shake a baby! Learn the symptoms and outcomes of pediatric head trauma and ways to prevent it from happening.	Health, Safety & Nutrition	Aberdeen
Tuesday, April 7	7 – 8 p.m.	<u>Child Care Essentials: Reducing the Risk of SIDS</u> Protect the children in your care by creating a safe sleep environment to prevent sudden infant death syndrome (SIDS).	Health, Safety & Nutrition	Aberdeen
Saturday, April 25	9 – 10 a.m.	<u>A Bit About Biting</u> Just because biting is a common behavior for young children doesn’t mean you should ignore it. Gain ways to decrease biting in the classroom.	Child Guidance & Emotional Well-Being	Yankton
Saturday, April 25	10 – 11 a.m.	<u>Sensory Play for Toddlers</u> Messy hands and curious minds! This class focuses on how sensory play helps toddlers learn, explore, and develop through hands-on experiences	Child Growth & Development	Yankton

Monday, May 4	7:30 – 8:30 p.m.	Serve and Return Learn what serve and return is in childcare and the developmental benefits it has on young children.	Family, School & Community Partnerships	Sioux Falls
Monday, May 18	6 – 7 p.m.	Child Care Essentials: Reducing the Risk of SIDS Protect the children in your care by creating a safe sleep environment to prevent sudden infant death syndrome (SIDS).	Health, Safety & Nutrition	Sioux Falls
Monday, May 18	7 – 8 p.m.	Child Care Essentials: Shaken Baby Syndrome Never shake a baby! Learn the symptoms and outcomes of pediatric head trauma and ways to prevent it from happening.	Health, Safety & Nutrition	Sioux Falls
Tuesday, May 26	6:30 – 7:30 p.m.	Sensory Play for Toddlers Messy hands and curious minds! This class focuses on how sensory play helps toddlers learn, explore, and develop through hands-on experiences	Child Growth & Development	Sioux Falls
Tuesday, May 26	7:30 – 8:30 p.m.	Nurturing Environments Providing a nurturing environment that helps children develop trust through acceptance and love.	Learning, Environment, Planning and Curriculum	Sioux Falls
Saturday, June 6	9 – 10 a.m.	Prevention is Key! Understanding Behavior Management This class focuses on de-escalation strategies and proactive solutions that teachers and other adults can use when working with children.	Child Guidance & Emotional Well-Being	Aberdeen
Saturday, June 6	10 – 11 a.m.	Building Confidence from the Start How babies feel about themselves depends greatly on the messages they are receiving from their caregivers. Learn how to communicate in respectful, responsive ways to build self-esteem and self-confidence.	Child Guidance & Emotional Well-Being	Aberdeen

Preschool

Classes with an emphasis on caring for children three to five years old

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY	LOCATION
Saturday, April 11	10 – 11 a.m.	Stretching Storytime Gain ideas on how to promote literacy development of young children in the childcare setting.	Learning, Environment, Planning and Curriculum	Sioux Falls
Monday, April 13	7 – 8 p.m.	Manners Matter Taking turns, sharing, & basic courtesy are all skills needed for social competence. Learn strategies to help preschoolers develop prosocial behaviors.	Child Guidance & Emotional Well-Being	Sioux Falls



CHILD SERVICES CLASS POLICIES

- All participants are required to personally call and register for all classes. Registration on behalf of others, including co-workers, is not permitted.
- Participants are expected to arrive or sign in no later than 10 minutes after the scheduled start time. Those arriving after this period will not be permitted to attend the class.
- In order to maintain an appropriate learning environment for classes, children are not allowed to attend classes.

Certified First Aid

The American Heart Association’s Pediatric First Aid course trains participants how to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives.

CKC Category: Health, Safety & Nutrition



DATE	TIME	LOCATION
Saturday, May 2	1 – 3:30 p.m.	Aberdeen



Adult/Child & Infant CPR/AED

This American Heart Association’s course offers instructor-led course and teaches adult, child and infant CPR/AED and choking.

CKC Category: Health, Safety & Nutrition

DATE	TIME	LOCATION	DATE	TIME	LOCATION
Monday, April 6	6:30 – 10 p.m.	Sioux Falls	Saturday, May 2	8:30 a.m. – Noon	Aberdeen
Tuesday, April 21	6:30 – 10 p.m.	Sioux Falls			
Saturday, May 9	8:30 a.m. – Noon	Sioux Falls			
Saturday, May 23	8:30 a.m. – Noon	Sioux Falls			
Saturday, June 13	8:30 a.m. – Noon	Sioux Falls			
Tuesday, June 23	6:30 – 10 p.m.	Sioux Falls			



NEWS FROM THE CITY OF SIOUX FALLS

The Sioux Falls Health Department wants you to be aware of the ongoing work transitioning to a new inspection software. While this move will allow our inspection staff to utilize updated software and hardware, the most significant part of this change will be in how Day Care providers manage their registrations. By setting up an account in the City’s permitting portal, providers will be able to submit applications/renewals online, including the ability to upload all the required documents. Look for more information to come soon. In the meantime, if you have any questions please give us a call. Thank you.



Sanford Children's CHILD Services

Did you know, if your child care program is licensed or registered with the state of South Dakota you belong to the South Dakota ECE System?

These services are available to you! Call your local ECE office for more information.

Educational Opportunities

Trainings are accessible to child care providers across the state of South Dakota through in-person, online and on-site delivery.

Technical Assistance

A collaborative, problem-solving process between the provider and CHILD Services staff. Includes consultations, coaching, modeling, observation and support.

Temperament Program

Collaborative approach between parents, child care providers and ECE staff to understand a child's temperament.

Child Development Associate

A credential is a nationally recognized early childhood professional credential administered by the Council for Professional Recognition.

Social Emotional Program

Support to child care providers and parents involving children who exhibit challenging behaviors or developmental concerns.

REGION 1: EARLY CHILDHOOD CONNECTIONS

3645 Sturgis Rd, Suite 110
Rapid City, SD 57702
(605) 342-6464

REGION 2: THE RIGHT TURN, INC.

115 E Sioux Ave
Pierre, SD 57501
(605) 773-4755

REGION 3: SANFORD CHILDREN'S CHILD SERVICES

2905 3rd Ave SE
Aberdeen, SD 57401
(605) 226-5675

REGION 4: CHILD & FAMILY RESOURCE NETWORK

South Dakota State University, PO Box 2218
Brookings, SD 57007
(605) 688-5730

REGION 5: SANFORD CHILDREN'S CHILD SERVICES

5015 S. Western Ave. Suite. 120
Sioux Falls, SD 57108
(605) 312-8390



ONLINE Trainings

All Ages

Classes with an emphasis on caring for children six weeks to three years old

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY
Wednesday, April 1	6 – 7 p.m.	<u>Do Daily Schedules Matter?</u> Daily schedules are an important part of your program, learn how to create a developmentally appropriate schedule which will make everyone's day go smoother.	Learning, Environment, Planning and Curriculum
Wednesday, June 3	6:30 – 7:30 p.m.	<u>Planning Ahead for Good Guidance</u> Learn guidance-oriented, problem solving approaches to decrease conflicts and help children experience success.	Child Guidance & Emotional Well-Being
Monday, June 22	7 – 8 p.m.	<u>Logical Consequences</u> This training explores the use of logical consequences as an effective and developmentally appropriate discipline strategy for infants and toddlers. Through real-life case studies, common mistakes, and practical implementation strategies, caregivers will	Child Guidance & Emotional Well-Being

Infant/Toddler

Classes with an emphasis on caring for children birth to two years old

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY
Wednesday, April 1	7 – 8 p.m.	<u>A Bit About Biting</u> Just because biting is a common behavior for young children doesn't mean you should ignore it. Gain ways to decrease biting in the classroom.	Child Guidance & Emotional Well-Being
Thursday, April 16	6:30 – 7:30 p.m.	<u>Intro to the Infant Classroom</u> Learn the basics of the infant classroom. We will cover diapering, feeding, interactions, and safety considerations while caring for the smallest of learners.	Child Growth & Development
Thursday, April 16	7:30 – 8:30 p.m.	<u>Build Confidence from the Start</u> How babies feel about themselves depends greatly on the messages they are receiving from their caregivers. Learn how to communicate in respectful, responsive ways to build self-esteem and self-confidence.	Child Guidance & Emotional Well-Being
Wednesday, June 3	7:30 – 8:30 p.m.	<u>Intentional Interactions with Infants and Toddlers</u> Discover the importance of intentional and meaningful interactions and optimal times to create them with infants and toddlers.	Child Guidance & Emotional Well-Being



ONLINE CLASS INVITES

Online class invitations will be sent from childsrv@sanfordhealth.org.

If you have not received your class link by noon on the day of class, please contact us between 8 - 4:30 p.m., and we'll be happy to assist you.

Preschool

Classes with an emphasis on caring for children three to five years old

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY
Monday, June 22	6 – 7 p.m.	<p>Preschool Development and Temperament</p> <p>Encounter a new way to view preschool development by first understanding individual temperaments and the true needs of this age group.</p>	Child Growth & Development

School Age Care

Classes specific to care provided in out of school time settings

DATE	TIME	TITLE & DESCRIPTION	CKC CATEGORY
Tuesday, May 12	6:30 – 7:30 p.m.	<p>Professionals in School Age Care</p> <p>Learn what it means to be a professional in an out-of-school time program.</p>	Professionalism & Leadership
Tuesday, May 12	7:30 – 8:30 p.m.	<p>A Place of Their Own</p> <p>Learn how to design quality spaces for children in out-of-school time programs.</p>	Learning, Environment, Planning and Curriculum



Online Class Policy

Participants are emailed the class link, with instructions, within 24 hours prior to scheduled class start time. To receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats.
3. Complete all polls at the end of the class.



Stop the endless searching. South Dakota ECE Resources puts all your ECE answers in one convenient place.

A FEW OF THE RESOURCES AVAILABLE:

- Forms, policies, & handbook templates
- South Dakota specific resources
- Financial management toolkit
- Family engagement strategies
- Teacher resources
- And much more!

Request your free membership at
WWW.SDECERESOURCES.ORG





Sanford Children's CHILD Services
5015 S Western Ave, Suite 120
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RETURN SERVICE REQUESTED

2026 TRAINING SCHEDULE
APRIL/MAY/JUNE