



Sanford Children's

# CHILD SERVICES OF ABERDEEN

Region 3 Newsletter | July/August/September 2019

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## The Importance of Staff Orientation

A well-thought out, comprehensive orientation is the foundation of building a quality caregiving team. Ensuring that staff start out from the very beginning with the knowledge to promote children's learning and development is key to building warm positive relationships and a quality learning environment. Ongoing professional development and continuing education give all staff the opportunity to learn and grow throughout their career.

**Have a clear written plan:** All staff should receive specific and basic training for their work with children, both for the beginning of their career, and going forward with up-to-date information based on latest research and best practices. Revisit your training plan regularly to make sure needed updates are included.

**Have a comprehensive plan:** Include information about your program's procedures, policies, and goals. Children's growth and development across all learning domains, information on the importance of supporting families, guidance and behavior management strategies, and the identification and reporting of child abuse and neglect should all be covered. All staff can contribute to mentoring and training new employees; strong mentoring relationships can make all the difference in connecting and energizing your entire team.

**Plan to confirm understanding:** A combination of written, spoken, and demonstrated understanding of the orientation materials by new staff will ensure they have a solid understanding of the knowledge, skills and abilities needed to provide quality care to children of all ages.

**Don't stop there:** Maximize the impact of your training hours by tailoring them to your needs, and the ongoing needs of each staff member. Are you working with a specific age, or a mixed age group? There are classes and series specific to their growth and development. Take time to really think about individual caregiver's areas of challenge and competency, and plan professional development to expand needed skills and build on strengths.

**Help is available:** Sanford CHILD Services is available to help you develop or review both your orientation and ongoing professional development plans. Your regional Child Care Services licensing specialist is also willing and able to support you in development of your plan.

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## Sanford CHILD Services Preschool Saturday Spectacular

A one-day event with classes for caregivers of preschool children.

**When: Saturday, July 13<sup>th</sup> • 9 a.m. - Noon; Sign-in begins at 8:30 a.m.**

3 hours of licensing-approved training. Providers must register for the conference; individual class registration is not available.

Date/Time	Class Title	Licensing/Pathways
9 – 10 a.m.	<b>Look What I Did!</b> Learn how to put together a portfolio that reflects children's developmental progress and accomplishments.	<i>Observing Children</i>
10 a.m. – 11 a.m.	<b>Inclusion Works</b> Learn ways to include all children in your preschool setting.	<i>Inclusion of All Children</i>
11 a.m. – Noon.	<b>Balancing Parent Expectations</b> Learn ways to work with parents to help them understand appropriate expectations of preschool aged children.	<i>Partnerships with Parents</i>

## Sanford CHILD Services Saturday Spectacular

A one-day event with classes for caregivers of all ages and all settings.

**When: Saturday, September 28<sup>th</sup> • 9 a.m. - Noon; Sign-in begins at 8:30 a.m.**

3 hours of licensing-approved training. Providers must register for the conference; individual class registration is not available.

Date/Time	Class Title	Licensing/Pathways
9 – 10 a.m.	<b>The Great Outdoors: More Than Just Fresh Air</b> Promote children's development and learning while playing outside. Learn simple ways to expand learning opportunities in the great outdoors.	<i>Learning Environments</i>
10 a.m. – 11 a.m.	<b>Caution - Changes Ahead</b> Transitions can be a tough part of your day. Explore the impact your daily schedule can have on children's behavior.	<i>Age Appropriate Planning</i>
11 a.m. – Noon.	<b>Beyond Counting Heads</b> What do you do if you're over ratio? How do you make sure everyone is accounted for after a transition? Learn why ratios are important and strategies for transitions.	<i>Program Management &amp; Regulations</i>

**Location:** Sanford Aberdeen Medical Center    **Cost:** Free

**Registration:** Call (605) 226-5675 or 1-800-982-6404. Call early; space is limited.

### Pathways to Professional Development Series *(Formerly Supplemental Training Series)*

- Three courses conveniently offered online.
  - Open enrollment allowed for each course of the series.
  - Registration per class is not available. Participants must register for all classes that are part of a course.
- Out-of-class time work required for course credit.
- Complete your CDA and take all three courses of the Pathways to Professional Development Series to receive college credit when you enroll in participating South Dakota colleges and universities.
  - Earn up to twelve college credits (credits allowed depend on participating South Dakota college or university policy).

### How Children Learn and Grow (SDCDA 310)

Monday, July 1 7:30 – 10 p.m.	<b>Theories of Child Development: Prenatal, Birth &amp; Early Brain Development</b> Overview of the latest research in early brain development and its impact and applications for ECE professionals.	\$25	Online	<i>Child Growth &amp; Development</i>
Monday, July 8 7:30 – 10 p.m.	<b>Theories of Child Development: Dewey &amp; Montessori</b> Overview of research methods and the history of theories of child development; the theories of Dewey & Montessori.		Online	<i>Child Growth &amp; Development</i>
Monday, July 15 7:30 – 10 p.m.	<b>Theories of Child Development: Erikson, Bronfenbrenner &amp; Bandura</b> Developmental theories of Erikson, Bronfenbrenner & Bandura; ongoing critical thinking and comparison of various theories.		Online	<i>Child Growth &amp; Development</i>
Monday, July 22 7:30 – 10 p.m.	<b>Theories of Child Development: Piaget &amp; Vygotsky</b> Developmental theories of Piaget & Vygotsky; professional and personal implications of Gardner's theories of multiple intelligences.		Online	<i>Child Growth &amp; Development</i>
Monday, July 29 7:30 – 10 p.m.	<b>Growth and Development of School-Age Children</b> Overview of school age children's growth and development.		Online	<i>Child Growth &amp; Development</i>

**Check out our newsletter online • [www.sanfordhealth.org/CHILDservices](http://www.sanfordhealth.org/CHILDservices)**

# Classroom Instruction Classes

For more class information and/or registration call Sanford Children's CHILD Services of Aberdeen (605) 226-5675 or (800) 982-6404. Child care is not provided.



## CPR and First Aid – Classes for caregivers for all ages and all settings.

- CPR and First Aid classes are held quarterly at Aberdeen CHILD Services
- Course renewal is every 2 years

### CPR Policy:

CPR payment must be received within 48 hours of the CPR class. If payment has not been received 48 hours in advance, you will be notified that your class reservation is no longer valid. This class reservation will be given to the first participant that secures this reservation with a payment.

### CPR and First Aid Class Refund Policy:

CPR or First Aid class cancellation is required 24 hours prior to class, otherwise payment will be forfeited and is non-transferable.

## CPR and First Aid

Classes for caregivers for all ages and all settings.

**CPR and First Aid Certified eCard:** In order to receive your CPR and First Aid certified card, you will need to provide an email at time of registration.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Saturday, August 3 8:30 a.m. – Noon	<b>Heartsaver Adult/Child and Infant CPR (O)</b> This course is designed for a person who is expected to know and able to provide CPR in their workplace (i.e. childcare centers). Credential provided.	\$20	Aberdeen	Program Health & Safety
Saturday, August 3 1 – 3:30 p.m.	<b>Certified First Aid (O)</b> Learn how to manage illness and injuries in a child in the first few minutes until professional help arrives.	\$5	Aberdeen	Program Health & Safety

## CDA (Child Development Associate) Classes Start September 9, 2019!

Contact us for more information!

(605) 226-5675 • (800) 982-6404 • [childservices.aberdeen@sanfordhealth.org](mailto:childservices.aberdeen@sanfordhealth.org)

# e-Learning Online Opportunities

We know life can be busy...

So we are bringing learning right to you.



## Credit Card payments are now accepted

For more class information and/or registration call Sanford Children's CHILD Services of Aberdeen (605) 226-5675 or (800) 982-6404.

## Live engaging online classes via the internet.

Requirements:

- Computer with internet connectivity
- Adobe Flash Player 10.1 or higher  
Free Flash Player – download at [www.adobe.com](http://www.adobe.com)
- Due to technical incompatibility, do not use smart phones to access online classes

## e-Learning Online Class Policy:

- Class registration is closed 48 hours prior to scheduled class start time.
- Monday class registration is closed 5 p.m. on the Thursday prior to the class.
- Online classes are \$5 per class hour.
- Class registration is secured once payment is received.
- Class participants are emailed the class link the day before class.
- **Class credit:** Credit is given once all class requirements are completed:
  - Log into class within 5 minutes of the class start time.
  - Demonstrate attendance by participating in class polls and chats.
  - Complete 3 learning statements at the end of class.
- Refunds: No cash refunds are given for online classes. Credit will be given towards another online class if cancellation is received 24 hours prior to class.

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# General Learning Opportunities

Classes for caregivers of all ages of children. (Location details given upon registration)

Classes - Learn and Take: *Learn today - put your learning into practice tomorrow.*

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Monday, July 8 6:30 – 7:30 p.m.	<b>Food Handling Techniques</b> Keep everyone safe from food related illness. Learn about precautions during food preparation, storage and while feeding infants.	\$5	Online	Program Health & Safety
Monday, July 22 6 – 7 p.m.	<b>1-2-3 Science</b> Learn to integrate science concepts, exploration, and developmentally appropriate activities into children's daily experiences.	\$5	Online	Learning Environments
Monday, July 22 7 – 8 p.m.	<b>Subtle Signs: Child Neglect</b> Neglect is the most common type of child maltreatment, and is more difficult to recognize than physical abuse. Learn the subtle signs of neglect, and how to take steps to help.	\$5	Online	Child Abuse & Neglect
Monday, July 29 6:30 – 7:30 p.m.	<b>Introduction to the Early Learning Guidelines</b> What children learn between birth and age 5 creates the foundation for learning for years to come. Learn how you can use the ELG's to guide you in your curriculum planning.	\$5	Online	Age Appropriate Planning
Monday, July 29 7:30 – 8:30 p.m.	<b>Fatherhood and the Role it Plays in Early Childhood</b> Explore the role of fathers in young children's lives, and strategies for childcare programs that can encourage father involvement.	\$5	Online	Partnerships with Parents
Monday, August 12 6 – 7 p.m.	<b>Minimizing The Risk of Shaken Baby Syndrome</b> Proactively minimize the risk of Shaken Baby Syndrome in your childcare program by recognizing and managing stressful situations.	\$5	Online	Child Abuse & Neglect
Monday, September 16 6:30 – 8 p.m.	<b>Building a Policy: Safe Sleep</b> Learn the steps to creating, implementing, sustaining and evaluating a policy with the focus on safe sleep.	\$0	Redfield	Program Health & Safety
Tuesday, September 24 6 – 7 p.m.	<b>Who Needs the Mess? Kids Do! Importance of Family Style Meals</b> Learn about how serving and eating "family-style" meals at child care benefits children.	\$5	Online	Nutrition for Children

# Social Emotional Learning Opportunities

Ideas and insight to positive guidance and behavior management techniques

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Monday, July 15 6 – 7 p.m.	<b>Emotion Motion</b> Learn how to teach children to be more aware of their bodies' response to stress and ways to help them calm themselves down.	\$5	Online	Guidance & Behavior Management
Thursday, August 8 6 – 7 p.m.	<b>Beyond Challenging Behavior</b> Better understand the meaning behind challenging behaviors, what you can do as providers, and how to talk to parents about your concerns.	\$5	Online	Guidance & Behavior Management
Monday, September 16 6:30 – 7:30 p.m.	<b>A Space to Be Me</b> Explore how the childcare environment affects children's social and emotional development.	\$5	Online	Learning Environments

**Social Emotional Infant Toddler Series: Registration per class is not available. Participants must register for the entire series.**

Monday, August 5 7:30 – 9 p.m.	<b>Importance of Relationships</b> Social emotional development begins at birth & continues throughout life, providing a foundation for meaningful relationships & learning.	\$20	Online	Guidance & Behavior Management
Monday, August 12 7:30 – 9 p.m.	<b>Creating Supportive Environments &amp; Routines</b> Explore ways to create meaningful & engaging learning spaces, which promote social emotional development & support appropriate behaviors.		Online	Learning Environments
Monday, August 19 7:30 – 9 p.m.	<b>Social Emotional Teaching Strategies</b> Focus on a variety of approaches to support the development of social emotional skills; identify strategies to support social emotional literacy.		Online	Guidance & Behavior Management
Monday, August 26 7:30 – 9 p.m.	<b>Supporting Children's Success</b> Learn to react to challenging behaviors and support children learning problem-solving skills and to handle anger & disappointment.		Online	Guidance & Behavior Management

# Infant/Toddler Learning Opportunities

Classes with an emphasis on caring for children  
6 weeks to three years old.  
(Location details given upon registration)



## Classes

*Learn and Take: Learn today - put your learning into practice tomorrow.*

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Monday, August 12 7 – 8 p.m.	<b>The Period of PURPLE Crying (O)</b> The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$5	Online	Child Abuse & Neglect

## Infant/Toddler Entry Level Series:

Registration per class is not available. Participants must register for the entire series.

Thursday, July 11 7:30 – 9 p.m.	<b>Ages Of Infancy</b> Developmental needs of infants and toddlers as they grow and explore.	\$20	Online	Child Growth & Development
Thursday, July 18 7:30 – 9 p.m.	<b>Social Emotional Development: Understanding Temperament</b> Understanding each infant and toddler's social & emotional development and temperament; appropriate guidance techniques.		Online	Guidance & Behavior Management
Thursday, July 25 7:30 – 9 p.m.	<b>How Young Children Learn: Appropriate Environments For Infants &amp; Toddlers</b> Providing appropriate environments and learning experiences that support the learning needs of infants and toddlers.		Online	Age Appropriate Planning
Thursday, August 1 7:30 – 9 p.m.	<b>Health &amp; Safety For Infants &amp; Toddlers</b> Best basic health and safety practices in infant and toddler care.		Online	Program Health & Safety

## Infant/Toddler Best Practice Series:

Registration per class is not available. Participants must register for the entire series.

Tuesday, September 3 7:30 – 9 p.m.	<b>Continuity of Care in Small Infant &amp; Toddler Groups</b> Essential practices of primary care, continuity of care, and small group sizes.	\$20	Online	Child Growth & Development
Tuesday, September 10 7:30 – 9 p.m.	<b>Culturally Diverse Caregiving: Partnering with Parents</b> Partnering with families to honor and incorporate children's cultures in everyday caregiving.		Online	Cultural Diversity
Tuesday, September 17 7:30 – 9 p.m.	<b>Responsive Care and Inclusion of All Infants &amp; Toddlers</b> Best practices in providing individualized care; providing inclusive care for children with special needs.		Online	Inclusion of All Children
Tuesday, September 24 7:30 – 9 p.m.	<b>Planning Their Day: Routines, Schedules &amp; Transitions</b> Purposefully planning daily routines, schedules and transitions as part of infant and toddler curriculum.		Online	Age Appropriate Planning

# Preschool Learning Opportunities

Classes with an emphasis on caring for  
three to five year old children.  
(Location details given upon registration)



*Classes - Learn and Take: Learn today - put your learning into practice tomorrow.*

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Tuesday, September 24 7 – 8 p.m.	<b>'Always' Foods, 'Sometimes' Foods</b> Help children learn to make healthy food choices by learning about the difference between everyday foods, and foods to choose 'sometimes'.	\$5	Online	Nutrition for Children

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<b>Preschool Entry Level Series:</b> Registration per class is not available. Participants must register for the entire series.				
Thursday, September 5 7:30 – 9 p.m.	<b>Child Growth &amp; Development</b> Fostering the growth and development of children through appropriate environment, activities, and interactions.	\$20	Online	<i>Child Growth &amp; Development</i>
Thursday, September 12 7:30 – 9 p.m.	<b>Behavior Management &amp; Guidance</b> Using positive guidance techniques and establishing a program climate that promotes positive behavior.		Online	<i>Guidance &amp; Behavior Management</i>
Thursday, September 19 7:30 – 9 p.m.	<b>Program Health &amp; Safety</b> Understand the importance of promoting and teaching practices that keep children safe and healthy.		Online	<i>Program Health &amp; Safety</i>
Thursday, September 26 7:30 – 9 p.m.	<b>Social Interactions And Learning Environments</b> Supporting children's individual needs through learning environments and relationships.		Online	<i>Learning Environments</i>
<b>Preschool Early Learning Guidelines Series:</b> Registration per class is not available. Participants must register for the entire series.				
Thursday, August 8 7:30 – 9 p.m.	<b>Approaches to Learning for Preschoolers</b> The use of everyday tasks and an enriching environment to support creativity, imagination, and increasingly complex & challenging play.	\$20	Online	<i>Age Appropriate Planning</i>
Thursday, August 15 7:30 – 9 p.m.	<b>Social &amp; Emotional Development in Preschoolers</b> Supporting foundational social & emotional skills such as relationship building and recognizing, managing, & expressing emotions.		Online	<i>Guidance &amp; Behavior Management</i>
Thursday, August 22 7:30 – 9 p.m.	<b>Communication, Language &amp; Literacy in Preschoolers</b> Providing an environment for daily exploration, play, & social interactions to support early literacy skills & oral language development.		Online	<i>Interpersonal Communication &amp; Relationships</i>
Thursday, August 29 7:30 – 9 p.m.	<b>Cognitive, Health &amp; Physical Development in Preschoolers</b> Building relationships and providing an environment & activities to support reasoning, motor development, and health & safety skills.		Online	<i>Child Growth &amp; Development</i>

## Out of School Time Learning Opportunities

Classes with an emphasis on caring for school age children. (Location details given upon registration)

<b>Out of School Time Best Practice Series:</b> Registration per class is not available. Participants must register for the entire series.				
Monday, September 9 7:30 – 9 p.m.	<b>Building Relationships With Communities, Families And Schools</b> Fostering the growth and development of children through appropriate environment, activities, and interactions.	\$20	Online	<i>Interpersonal Communication &amp; Relationships</i>
Monday, September 16 7:30 – 9 p.m.	<b>Observation, Assessment And Inclusion</b> The importance of observations and assessment to support all OST children in an inclusive setting.		Online	<i>Child Growth &amp; Development</i>
Monday, September 23 7:30 – 9 p.m.	<b>Developmentally Appropriate Planning And Curriculum</b> Learn how planning high quality program activities and experiences will promote children's success.		Online	<i>Age Appropriate Planning</i>
Monday, September 30 7:30 – 9 p.m.	<b>Guidance And Behavior Management</b> Learn about managing groups, modeling leadership, and effective use of routines and schedules.		Online	<i>Guidance &amp; Behavior Management</i>

## ECE Class Policy

To ensure accurate class registration, individuals must call to register for classes.

### e-Learning Online Classes

In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats
3. Complete 3 learning statements at the end of the class.

### Classroom Classes

1. Class participants arriving later than 10 minutes past the class start time will not be given credit for class attendance.
2. CHILD Services strives to provide a positive learning environment for all participants. If a class participant disrupts the positive learning environment, the participant risks not being given credit for the class.
3. CHILD Services respects the attention needs of young children and the learning needs of class participants. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes with a class participant.

**JUST A REMINDER**  
Cancellation-  
Please remember, if you register for a class and are unable to attend, it is a courtesy to call and cancel your registration.

# Family Child Care Provider Focus Learning Opportunities

Classes specific to care provided in a family day care setting.

(Location details given upon registration)



Classes – Learn and Take: *Learn today – put your learning into practice tomorrow.*

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Monday, July 8 7:30 – 8:30 p.m.	<b>Menu Planning</b> Menu planning got you down? Learn ideas to freshen up your meals and make planning a breeze.	\$5	Online	<i>Nutrition for Children</i>

## Family Day Care Best Practice Series:

Registration per class is not available. Participants must register for the entire series.

Tuesday, August 6 7:30 – 9 p.m.	<b>Purposeful Planning: Healthy &amp; Safe Learning Environments</b> High quality practices to ensure children's physical and developmental well-being; comprehensive health & safety program planning.	\$20	Online	<i>Program Health &amp; Safety</i>
Tuesday, August 13 7:30 – 9 p.m.	<b>Best Practices in Relationship Building</b> Best practices for caring, respectful, & committed relationships with and between children & families; balancing parenting & caregiving roles.		Online	<i>Interpersonal Communication &amp; Relationships</i>
Tuesday, August 20 7:30 – 9 p.m.	<b>Developmentally Appropriate Learning Activities in Family Child Care</b> High quality practices for providing activities & materials to support children in developing skills & gaining an understanding of their world.		Online	<i>Child Growth &amp; Development</i>
Tuesday, August 27 7:30 – 9 p.m.	<b>Professional &amp; Business Practices in Family Child Care</b> High quality, caring, and ethical best practices for professional and business policies & procedures.		Online	<i>Program Management &amp; Regulations</i>

# Management Learning Opportunities

Classes with an emphasis on managing child care programs.

## Management Series:

Registration per class is not available. Participants must register for the entire series.

Tuesday, July 2 7:30 – 9 p.m.	<b>Management Fundamentals</b> Learn about the importance of effective program management and explore how it affects the childcare setting.	\$20	Online	<i>Program Management &amp; Regulations</i>
Tuesday, July 9 7:30 – 9 p.m.	<b>Fiscal Fundamentals</b> Learn about tools to help childcare programs plan, monitor & track income and expenses. Explore budgets, balance sheets, profit & loss, and more.		Online	<i>Program Management &amp; Regulations</i>
Tuesday, July 16 7:30 – 9 p.m.	<b>Human Resources Fundamentals</b> Learn about staff recruitment, retention, training and staff evaluations to maintain a successful childcare program.		Online	<i>Program Management &amp; Regulations</i>
Tuesday, July 23 7:30 – 9 p.m.	<b>Power Of Partnerships</b> Increase skills for building a strong community and team of committed staff.		Online	<i>Interpersonal Communication &amp; Relationships</i>

## Want a little help with:

- Planning activities for children
- Managing children's behaviors
- Setting up children's play areas

Sanford Children's CHILD Services staff are available to come to you and answer questions and provide suggestions regarding your daily work with children.

For more information call Sanford Children's CHILD Services (605) 226-5675.



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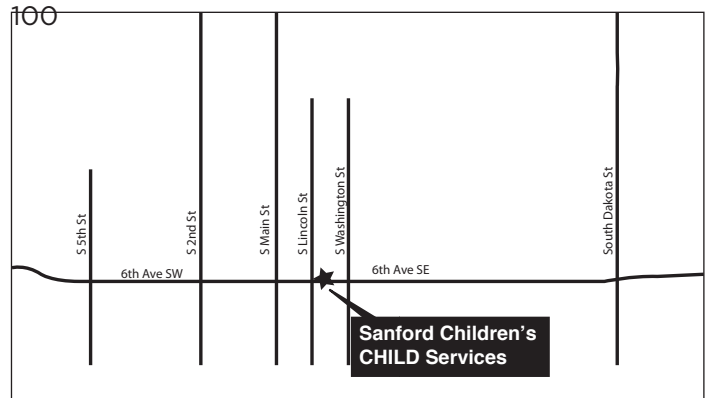
# SANFORD Children's

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CHILD Services  
110 6th Ave SE, Suite 100  
Aberdeen, SD 57401

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Office Location: 110 6th Ave SE Suite



Classes are held at Sanford Children's  
CHILD Services office.

