

Sanford Children's CHILD Services of Sioux Falls

Region Five Newsletter | June/July/August 2018



Preventing Behavior Problems and Injuries

One of the most important things you can do to keep children safe is to supervise them throughout the day by listening, interacting, watching and looking for ways to prevent problems from occurring. This is referred to as active supervision. According to the American Academy of Pediatrics, “active and positive supervision” involves:

- Knowing each child’s abilities.
- Establishing clear and simple safety rules.
- Being aware of and scanning for potential safety hazards.
- Standing in a strategic position.
- Scanning play activities and circulating around the area.
- Focusing on the positive rather than the negative to teach what is safe for the child and other children.
- Teaching children the appropriate and safe use of each piece of equipment (e.g., using a slide feet-first only and teaching why climbing up a slide can cause injury, possibly a head injury).

Here are some tips for providing active supervision:

- **Know where behavior issues or injuries have occurred.** Draw the general layout of your room or playground on a piece of paper. Mark the areas where issues occurred during the day. At the end of the day, review these areas to determine solutions for the problem areas.
- **Sit or kneel at the children’s eye level.** What do you see that needs to be changed to prevent behavior or safety issues from arising? Make the needed changes.
- **Minimize your distractions.** Limit talking on the phone, personal conversations or using headphones. Your attention should be on and with the children in your care. Children move very quickly, it is common for children to wander away to another room, slip out an open door, climb to get something instead of asking for help, etc.
- **Supervise rest time.** Have at least one adult in the room with children during rest time to support children who do not sleep, who wake early, or who may have sleep problems.
- **Have access to help.** When outdoors or inside during rest time, have a walkie-talkie or approved cell phone to be able to get help if you are alone with the children.

Active supervision throughout the day is the most effective strategy for creating a safe environment and preventing injuries in young children. Supervision is not about sitting back and waiting for things to happen and then reacting to what has happened. Supervision is an active approach of watching and engaging with children to ensure that children of all ages can explore their environments safely.

For more ideas about ways to incorporate active supervision into your care setting, call (605) 312-8390 to set up a time to talk with a CHILD Services staff member.

Meet the Staff

ECE Region 5 Director:
Kim Overby

CHILD Manager:
Amy Heisinger

CHILD Supervisor:
Margie Schade

Infant Toddler Specialist:
Naomi Hoffman

Training Staff:
Amy Heisinger
Casey Johnston
Karli Dubro
Kaycee Albertson
Kelly Gilbert
Lisa Gibson
Margie Schade
Mindy Greenfield
Naomi Hoffman
Sarah Shin

CHILD Services Office Hours:
Monday – Friday,
8 a.m. – 5 p.m.



SANFORD
Children's



CPR and Certified First Aid	General Learning	Infant/Toddler Learning	Preschool Learning	Out of School Time Learning	FitCare Learning	Family Learning	Rural Child Care Learning	e-Learning Online	Management Learning	CDA
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This publication was funded by the Department of Social Services, Division of Child Care Services.

NEW
See Page 10

**Check Out CDA Hybrid
CDA Information Meeting**
Thursday, July 26 • 6:30 -7:30 p.m.
Learn about CDA class requirements,
fees, and scholarship opportunities.

**Yankton Saturday
August 4th**
See Page 7

ECE Class Policy

To ensure accurate class registration, individuals must call to register for classes.

e-Learning Online Classes

In order to receive credit for online classes, participants must:

1. Log into class within 5 minutes of the class start time.
2. Demonstrate attendance by participating in class polls and chats
3. Complete 3 learning statements at the end of the class.

Classroom Classes

1. Class participants arriving later than 10 minutes past the class start time will not be given credit for class attendance.
2. CHILD Services strives to provide a positive learning environment for all participants. If a class participant disrupts the positive learning environment, the participant risks not being given credit for the class.
3. CHILD Services respects the attention needs of young children and the learning needs of class participants. In order to maintain an appropriate learning environment for all class attendees, children are not allowed to attend classes with a class participant.

**JUST A
REMINDER**
Cancellation-
Please remember, if you
register for a class and
are unable to attend, it
is a courtesy to call
and cancel your
registration.

Starting 6/1/2018, Certified First Aid payment must be received 24 hours prior to the start of class.

CPR and Certified First Aid

CPR and Certified First Aid Class Registration

and Payment Policy: Certified First Aid & CPR reservation is not confirmed until payment is received. If payment has not been received 24 hours prior to the start of the class, this class reservation will be given to the first participant that secures this reservation with a payment.

CPR and Certified First Aid Class Refund Policy: *Class cancellation is required prior to the start of class, otherwise payment will be forfeited and is non-transferrable.*

Heartsaver® CPR AED

This video-based, instructor-led course teaches adult, child and infant CPR, AED use, and how to relieve choking. This course teaches skills with the AHA's practice-while-watching technique, which allows instructors to observe the students and provide feedback.

Fee: \$20 per class

Class Dates:

- Saturday, June 2, 2018 • 8:30 – Noon – **Mitchell**
- Saturday, June 16, 2018 • 8:30 – Noon – **Sioux Falls**
- Tuesday, June 26, 2018 • 6:30 – 10 p.m. – **Sioux Falls**
- Saturday, July 14, 2018 • 8:30 – Noon – **Sioux Falls**
- Saturday, July 21, 2018 • 8:30 – Noon – **Vermillion**
- Monday, July 23, 2018 • 6:30 – 10 p.m. – **Sioux Falls**
- Thursday, August 9, 2018 • 6:30 – 10 p.m. – **Sioux Falls**
- Saturday, August 25, 2018 8:30 - Noon – **Sioux Falls**



**Course
renewal
is every
2 years.**

Certified First Aid

The American Heart Association's Heartsaver Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives. A Heartsaver Pediatric First Aid Course Completion Card will be given to students upon successful completion of the course.

Fee: \$5 per class

Class Dates:

- (Additional classes may be added – check website for updates)*
- Wednesday, July 25, 2018 • 6:30 – 9 p.m. – **Sioux Falls**

See General classes for Basic First Aid
for Child Care Providers

Check out our classes online at www.sanfordhealth.org/CHILDservices.
Register for classes by calling (605) 312-8390 or (800) 235-5923.

General Learning Opportunities

Classes for caregivers of all ages of children.

(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Classes

Learn and Take: Learn today-put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Thursday, June 7 6:30 – 7:30 p.m.	Basic First Aid for Child Care Providers (O) Participants will gain knowledge related to common childhood accidents and injuries and will receive instruction that will enable caregivers to perform first aid.	\$5	Online	Program Health & Safety
Thursday, June 14 6:30 – 7:30 p.m.	More than a Babysitter: Professionalism in Child Care This class discusses what it means and looks like to be an early childhood professional and identifies ways to further develop your professionalism.	\$0	Sioux Falls	Professionalism
Monday, June 18 6:30 – 7:30 p.m.	Communicable Diseases (O) What is a communicable disease? How do you prevent its transmission? Learn how germs are transmitted and how to keep children healthy.	\$5	Online	Identification & Prevention of Communicable Diseases
Monday, June 18 7:30 – 8:30 p.m.	Medication Administration (O) Learn why, when and how to safely give medication in child care.	\$5	Online	Program Health & Safety
Tuesday, July 10 7:30 – 8:30 p.m.	Fatherhood and the Role it Plays in Early Childhood Explore the role of fathers in young children's lives, and strategies for child care programs that can encourage father involvement.	\$0	Sioux Falls	Partnerships with Parents
Monday, July 16 6:30 – 7:30 p.m.	Involving Parents Involved parents are a valuable part of any child care program. Get tips to get parents involved.	\$0	Dell Rapids	Partnerships with Parents
Monday, July 16 7:30 – 8:30 p.m.	Embracing Cultural Diversity What does cultural diversity mean? Get activity ideas to support cultural diversity in your child care environment.	\$0	Dell Rapids	Cultural Diversity
Thursday, July 26 6:30 – 7:30 p.m.	Child Abuse and Neglect (O) Learn how to identify the symptoms of child maltreatment. Learn what it means to be a mandated reporter of child abuse and neglect.	\$5	Online	Child Abuse & Neglect
Thursday, July 26 7:30 – 8:30 p.m.	Food Handling Techniques Keep everyone safe from food related illness. Learn about precautions during food preparation, storage and while feeding infants.	\$5	Online	Food Handling Techniques
Thursday, August 2 6:30 – 7:30 p.m.	Adapting Your Learning Environment for All Children Learn how all children, including those with special needs, can thrive in an environment arranged to support learning and development.	\$5	Online	Inclusion of All Children
Saturday, August 4 9 – 10 a.m.	Dealing with Feelings Discuss methods for teaching children to identify & constructively deal with their emotions.	\$0	Yankton	Guidance & Behavior Management
Saturday, August 4 10 – 11 a.m.	Moving Beyond "Use Your Words" - The Magic of I-Statements Learn how adults and children can use "I-Statements" to improve, rather than deteriorate, communication and relationships.	\$0	Yankton	Interpersonal Communication & Relationships
Saturday, August 4 11 a.m. – Noon	Share the Wealth You have a treasure-trove of information to share with the families you serve; learn how to guide them towards informed practices.	\$0	Yankton	Partnerships with Parents
Tuesday, August 14 6:30 – 7:30 p.m.	Emergency Preparedness (O) Be prepared for emergencies in your child care program. Learn how to develop a plan for emergency situations.	\$0	Sioux Falls	Program Health & Safety

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 312-8390 or (800) 235-5923.

Social Emotional Learning Opportunities
Ideas and insight to positive guidance and behavior management techniques.

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Tuesday, June 12 6:30 – 7:30 p.m.	<u>A Circle of Support for Social Emotional Development</u> Explore how to work with parents to support children's social emotional needs.	\$5	Online	Partnerships with Parents

Infant/Toddler Learning Opportunities

Classes with an emphasis on caring for children

6 weeks to three years old.

(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Thursday, June 7 7:30 – 8:30 p.m.	<u>Professionalism in Infant Care</u> Infant caregivers work with the most vulnerable of ages but often aren't perceived as early childhood professionals. Learn ways to promote yourself as a professional to parents, supervisors and coworkers.	\$5	Online	Professionalism
Wednesday, June 13 7:30 – 9:30 p.m.	<u>*Guidance & Discipline/Understanding Children's Behavior</u> Participants will learn about age appropriate strategies in guiding the behavior of young children and gain knowledge on what behavior might mean.	\$5	Online	Guidance & Behavior Management
Wednesday, June 27 7:30 – 9:30 p.m.	<u>*Respectful Care/Primary Caregiving</u> Participants will learn about providing quality group care of young children.	\$5	Online	Interpersonal Communication & Relationships
Wednesday, July 11 7:30 – 9:30 p.m.	<u>*Environments for Group Care/More Than Just Routine</u> Participants will learn ways to set up an environment for young children and discover what young children are learning during daily routines.	\$5	Online	Learning Environments
Wednesday, July 25 7:30 – 9:30 p.m.	<u>*Brain Development/Discoveries of Infancy</u> Participants will learn that young children are born ready to learn; how they learn and what they can do to support their learning.	\$5	Online	Child Growth & Development
Thursday, August 2 7:30 – 8:30 p.m.	<u>Child Care Essentials: Shaken Baby Syndrome (O)</u> Never shake a baby! Learn the symptoms and outcomes of pediatric head trauma and ways to prevent it from happening.	\$5	Online	Child Abuse & Neglect
Wednesday, August 8 7:30 – 9:30 p.m.	<u>*Language Development/Special Needs</u> Participants will learn how young children communicate and benefits of including children with unique needs.	\$5	Online	Inclusion of All Children
Tuesday, August 14 7:30 – 8:30 p.m.	<u>Period of PURPLE Crying (O)</u> The Period of PURPLE Crying is a way to help parents and providers understand this time in a baby's life, which is a normal part of every infant's development.	\$0	Sioux Falls	Child Abuse & Neglect
Wednesday, August 22 7:30 – 9:30 p.m.	<u>*Harmonizing Cultural Diversity/Acknowledge, Ask and Adapt</u> Participants will learn what culture means when caring for young children and how to communicate with families to resolve concerns.	\$5	Online	Cultural Diversity

Have you hired new staff recently?

After July 1, 2017 all new hires have 90 days to complete orientation training. South Dakota state-specific orientation training can be accessed through this website: <http://www.sdstate.edu/frn>

Click on Orientation to Child Care then South Dakota Orientation Training On-Demand.

Check out our classes online at www.sanfordhealth.org/CHILDservices.

Register for classes by calling (605) 312-8390 or (800) 235-5923.

Physical Activity Technical Assistance (PATA) Program

The PATA program can help you add more physical activity into your daily routine by assisting with:

- Policy development
- Staff technical assistance
- Resources

Call (605) 312-8390 or email childsrv@sanfordhealth.org for more information or to get started.



HAVE CHILDREN WITH ENDLESS AMOUNTS OF ENERGY?

LOOKING FOR WAYS TO CHANNEL THAT ENERGY INTO POSITIVE PLAY?

WANT INDOOR/OUTDOOR PHYSICAL ACTIVITY IDEAS TO MAXIMIZE YOUR SPACE?

BENEFITS OF THE PROGRAM

- Increase daily physical activity
- Improve positive behaviors
- Personalized help in writing and implementing your physical activity policy
- Receive physical activity ideas for different ages
- Learn indoor and outdoor activities

Preschool Learning Opportunities

Classes with an emphasis on caring for three to five year old children.

(Location details given upon registration)



Classes				
Learn and Take: Learn today – put your learning into practice tomorrow.				
Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Tuesday, June 12 7:30 – 8:30 p.m.	Setting Goals for Professional Growth Do you think about where you want to go in the early childhood profession? Learn how goal-setting can get you on a path to success in the field.	\$5	Online	Professionalism
Tuesday, July 10 6:30 – 7:30 p.m.	Including All in the Preschool Setting Is your preschool setting as inclusive as possible? Learn best practices in inclusive care.	\$0	Sioux Falls	Inclusion of All Children

Out of School Time Learning Opportunities

Classes with an emphasis on caring for school age children.

(Location details given upon registration)



Classes				
Learn and Take: Learn today – put your learning into practice tomorrow.				
Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Thursday, June 14 7:30 – 9 p.m.	Partnering with Parents in OST Learn ways to help families of your school-age program feel welcomed, comfortable and respected.	\$0	Sioux Falls	Partnerships with Parents
Tuesday, August 7 6:30 – 8:30 p.m.	Supporting Social Emotional Development with Sanford Harmony Sanford Harmony is a research-based, social-emotional learning program. Participants will receive a toolkit with materials designed to teach children about cooperation, empathy, and effective communication.	\$0	Sioux Falls	Guidance & Behavior Management

Check out our classes online at www.sanfordhealth.org/CHILDservices. Register for classes by calling (605) 312-8390 or (800) 235-5923.

fitCare Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings.

All fitCare classes provide caregivers with activities to help teach children about making healthy choices.

(Location details given upon registration)



Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title	Fee	Location	Licensing/ Pathways
Tuesday, July 10 6:30 – 8:30 p.m.	Be fit ... RECHARGE Your Energy Learn about what it means to be <i>fit</i> as well as ways to ensure children get their rest and relaxation so they have the energy to make healthy choices.	\$0	Sioux Falls	Program Health & Safety Learning Environments
Tuesday, July 17 6:30 – 8:30 p.m.	Motivate Your MOOD Our MOOD influences the choices we make. Help children learn about MOOD and how to turn their MOOD around to make healthy choices.			Guidance & Behavior Management Age Appropriate Activities
Tuesday, July 24 6:30 – 8:30 p.m.	Think Your FOOD Food habits start early in life. Learn how to teach children about making healthy food choices.			Nutrition for Children Learning Environments
Tuesday, July 31 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.			Child Growth & Development Age Appropriate Activities
Monday, June 11 6:30 – 8:30 p.m.	Think Your FOOD See above for class descriptions.	\$0	Sioux Falls	Nutrition for Children Learning Environments
Thursday, June 21 6:30 – 8:30 p.m.	MOVE Your Body See above for class descriptions.	\$0	Online	Child Growth & Development Age Appropriate Activities
fitCare Technical Assistance	<u>Taking a fitCare class is required to participate</u> Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	Licensing Credit Available		Categories determined based on Action Plan

Family Child Care Provider Focus Learning Opportunities

Classes specific to care provided in a family day care setting.

(Location details given upon registration)



Classes
Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title <small>*=Part of a State of SD Core Curriculum (O)=Qualify for required orientation training topics</small>	Fee	Location	Licensing/ Pathways
Tuesday, June 5 7:30 – 9:30 p.m.	*Under One Roof Environment, a daily schedule and learning centers can positively affect one's program. Gain awareness and ideas of effective ways to set up your child care environment, both indoors and out.	\$5	Online	Learning Environments
Tuesday, June 19 7:30 – 9:30 p.m.	*You and Your Family Finding a way to make time for your own children while running a child care program can be difficult. Explore various challenges such as sharing space, toys and a parent with other children, as well as other characteristics unique to this situation.	\$5	Online	Child Growth & Development
Monday, July 9 7 – 8 p.m.	Paperwork...Who Needs It? You Do! No one really enjoys paperwork but it has to be done. Learn how paperwork can actually make your program run smoother.	\$0	Sioux Falls	Program Management & Regulations

Rural Child Care Provider Learning Opportunities

Classes offered in rural areas in southeastern South Dakota.
(Location details given upon registration)



Classes

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Monday, July 16 6:30 – 7:30 p.m.	Involving Parents Involved parents are a valuable part of any child care program. Get tips to get parents involved.	\$0	Dell Rapids	Partnerships with Parents
Monday, July 16 7:30 – 8:30 p.m.	Embracing Cultural Diversity What does cultural diversity mean? Get activity ideas to support cultural diversity in your child care environment.	\$0	Dell Rapids	Cultural Diversity
Saturday, June 2 8:30 a.m. – Noon	CPR See page 2 for CPR payment/refund policy along with more information.	\$20	Mitchell	Program Health & Safety
Saturday, July 21 8:30 a.m. – Noon	CPR See page 2 for CPR payment/refund policy along with more information.	\$20	Vermillion	Program Health & Safety
Saturday, August 4 9 – 10 a.m.	Dealing with Feelings Discuss methods for teaching children to identify & constructively deal with their emotions.	\$0	Yankton	Guidance & Behavior Management
Saturday, August 4 10 – 11 a.m.	Moving Beyond "Use Your Words" - The Magic of I-Statements Learn how adults and children can use "I-Statements" to improve, rather than deteriorate, communication and relationships.	\$0	Yankton	Interpersonal Communication & Relationships
Saturday, August 4 11 a.m. – Noon	Share the Wealth You have a treasure-trove of information to share with the families you serve; learn how to guide them towards informed practices.	\$0	Yankton	Partnerships with Parents

e-Learning Online Opportunities

We know life can be busy...
So we are bringing learning right to you.



Live engaging online classes via the internet.

Requirements:

- Computer with internet connectivity
- Adobe Flash Player 10.1 or higher
Free Flash Player – download at www.adobe.com
- Due to technical incompatibility, do not use smart phones to access online classes

e-Learning Online Class Policy:

- Class registration is closed 48 hours prior to scheduled class start time.
- Monday class registration is closed 5 p.m. on the Thursday prior to the class.
- Online classes are \$5 per class hour.

- Class registration is secured once payment is received.
- Class participants are emailed the class link within 24 hours prior to scheduled class start time.
- **Class credit:** Credit is given once all class requirements are completed:
 - Log into class within 5 minutes of the class start time.
 - Demonstrate attendance by participating in class polls and chats.
 - Complete 3 learning statements at the end of the class.
- **Refunds:** No cash refunds are given for online classes. Credit will be given towards another online class if cancellation is received 24 hours prior to class.

Check out our classes online at www.sanfordhealth.org/CHILDservices.
Register for classes by calling (605) 312-8390 or (800) 235-5923.

e-Learning Online Opportunities

Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title *= <i>Part of a State of SD Core Curriculum</i> (O)=Qualify for required orientation training topics	Fee	Location	Licensing/ Pathways
Tuesday, June 5 7:30 – 9:30 p.m.	*Under One Roof Environment, a daily schedule and learning centers can positively affect one's program. Gain awareness and ideas of effective ways to set up your child care environment, both indoors and out.	\$5	Online	<i>Learning Environments</i>
Thursday, June 7 6:30 – 7:30 p.m.	Basic First Aid for Child Care Providers (O) Participants will gain knowledge related to common childhood accidents and injuries and will receive instruction that will enable caregivers to perform first aid.	\$5	Online	<i>Program Health & Safety</i>
Thursday, June 7 7:30 – 8:30 p.m.	Professionalism in Infant Care Infant caregivers work with the most vulnerable of ages but often aren't perceived as early childhood professionals. Learn ways to promote yourself as a professional to parents, supervisors and coworkers.	\$5	Online	<i>Professionalism</i>
Tuesday, June 12 6:30 – 7:30 p.m.	A Circle of Support for Social Emotional Development Explore how to work with parents to support children's social emotional needs.	\$5	Online	<i>Partnerships with Parents</i>
Tuesday, June 12 7:30 – 8:30 p.m.	Setting Goals for Professional Growth Do you think about where you want to go in the early childhood profession? Learn how goal-setting can get you on a path to success in the field.	\$5	Online	<i>Professionalism</i>
Wednesday, June 13 7:30 – 9:30 p.m.	*Guidance & Discipline/Understanding Children's Behavior Participants will learn about age appropriate strategies in guiding the behavior of young children and gain knowledge on what behavior might mean.	\$5	Online	<i>Guidance & Behavior Management</i>
Monday, June 18 6:30 – 7:30 p.m.	Communicable Diseases (O) What is a communicable disease? How do you prevent its transmission? Learn how germs are transmitted and how to keep children healthy.	\$5	Online	<i>Identification & Prevention of Communicable Diseases</i>
Monday, June 18 7:30 – 8:30 p.m.	Medication Administration (O) Learn why, when and how to safely give medication in child care.	\$5	Online	<i>Program Health & Safety</i>
Monday, June 18 7:30 – 9 p.m.	Managing vs. Leadership Learn how management assures that the program and objectives of the organization are implemented. Build leadership skills to cast vision and motivate others.	\$5	Online	<i>Program Management & Regulations</i>
Tuesday, June 19 7:30 – 9:30 p.m.	*You and Your Family Finding a way to make time for your own children while running a child care program can be difficult. Explore various challenges such as sharing space, toys and a parent with other children, as well as other characteristics unique to this situation.	\$5	Online	<i>Child Growth & Development</i>
Thursday, June 21 6:30 – 8:30 p.m.	MOVE Your Body Children don't naturally move enough in their day. Learn ways to help children get enough move time in their day.	\$0	Online	<i>Child Growth & Development</i> <i>Age Appropriate Activities</i>
Wednesday, June 27 7:30 – 9:30 p.m.	*Respectful Care/Primary Caregiving Participants will learn about providing quality group care of young children.	\$5	Online	<i>Interpersonal Communication & Relationships</i>
Wednesday, July 11 7:30 – 9:30 p.m.	*Environments for Group Care/More Than Just Routine Participants will learn ways to set up an environment for young children and discover what young children are learning during daily routines.	\$5	Online	<i>Learning Environments</i>
Wednesday, July 25 7:30 – 9:30 p.m.	*Brain Development/Discoveries of Infancy Participants will learn that young children are born ready to learn; how they learn and what they can do to support their learning.	\$5	Online	<i>Child Growth & Development</i>
Thursday, July 26 6:30 – 7:30 p.m.	Child Abuse and Neglect (O) Learn how to identify the symptoms of child maltreatment. Learn what it means to be a mandated reporter of child abuse and neglect.	\$5	Online	<i>Child Abuse & Neglect</i>
Thursday, July 26 7:30 – 8:30 p.m.	Food Handling Techniques Keep everyone safe from food related illness. Learn about precautions during food preparation, storage and while feeding infants.	\$5	Online	<i>Food Handling Techniques</i>

Thursday, August 2 6:30 – 7:30 p.m.	<u>Adapting Your Learning Environment for All Children</u> Learn how all children, including those with special needs, can thrive in an environment arranged to support learning and development.	\$5	Online	<i>Inclusion of All Children</i>
Thursday, August 2 7:30 – 8:30 p.m.	<u>Child Care Essentials: Shaken Baby Syndrome (O)</u> Never shake a baby! Learn the symptoms and outcomes of pediatric head trauma and ways to prevent it from happening.	\$5	Online	<i>Child Abuse & Neglect</i>
Wednesday, August 8 7:30 – 9:30 p.m.	<u>*Language Development/Special Needs</u> Participants will learn how young children communicate and benefits of including children with unique needs.	\$5	Online	<i>Inclusion of All Children</i>
Monday, August 20 7:30 – 9 p.m.	<u>Creating a Positive Work Environment</u> We will examine the characteristic of a respectful workplace and discuss the director's role in establishing and maintaining a workplace where behaviors exhibit respect for one another.	\$5	Online	<i>Program Management & Regulations</i>
Wednesday, August 22 7:30 – 9:30 p.m.	<u>*Harmonizing Cultural Diversity/Acknowledge, Ask and Adapt</u> Participants will learn what culture means when caring for young children and how to communicate with families to resolve concerns.	\$5	Online	<i>Cultural Diversity</i>

Extended Learning Opportunities

Take any of the classes in this section and add on the option to have CHILD Services staff come to your work site and assist you in putting your learning into your daily work with children.



Class Title	Fee	Location	Licensing/Pathways
<u>fitCare Series</u> See page 6 for class dates, times and more information. Complete a fitCare self-assessment, determine a goal and receive technical assistance with individual coaching to help develop an action plan to reach your goal.	See page 6	Sioux Falls	<i>Various Categories</i>

Management Learning Opportunities

Classes with an emphasis on managing child care programs.

Classes – Learn and Take: Learn today – put your learning into practice tomorrow.

Date/Time	Class Title	Fee	Location	Licensing/Pathways
Tuesday, June 5 6:30 – 7:30 p.m.	<u>Building a Policy: Physical Activity (Informational Webinar)</u> Learn the steps to creating, implementing, sustaining and evaluating a policy with the focus on physical activity.	\$0	Online	<i>Program Management & Regulations</i>
Monday, June 18 7:30 – 9 p.m.	<u>Managing vs. Leadership</u> Learn how management assures that the program and objectives of the organization are implemented. Build leadership skills to cast vision and motivate others.	\$5	Online	<i>Program Management & Regulations</i>
Monday, August 20 7:30 – 9 p.m.	<u>Creating a Positive Work Environment</u> We will examine the characteristic of a respectful workplace and discuss the director's role in establishing and maintaining a workplace where behaviors exhibit respect for one another.	\$5	Online	<i>Program Management & Regulations</i>

Management Support Services

CHILD Services teaches classes, but did you know we offer services to help you in your everyday program management too?

- Looking for answers to enhance your staff's professional development needs?
- Wondering how to help your teachers manage their classrooms?
- Need assistance in developing partnerships with your parents?
- New to managing a child care program and don't know where to start?

CHILD Services can help! Just give us a call and we'll help you sort through which services will best meet your needs.

Classes to prepare participants to apply for a Child Development Associate (CDA) credential.

New This Fall! CDA Hybrid

What is CDA Hybrid?

- CDA Hybrid is a combination of online and in-person classes.
- Each CDA course is three online classes and one in-person class.

Why Earn a CDA?

1. Increase your **professional knowledge**.
2. Have **confidence** when working with the children in your care.
3. Establish your **credibility** with parents.
4. Gain **professional recognition** in your field.
5. **Articulates to Associate or Bachelor degree credits** in higher education program in South Dakota.

How many classes do I need to take to apply for my CDA?

- 32 classes in total (8 courses with 4 classes each)

Benefits of CDA Hybrid

Combines the best of both class types!

Online classes provide:

- Live interactive experiences
- Less travel time
- Convenient access

In-person classes provide:

- Support with assignment completion
- Networking with others
- Engaging discussions

Class Information

<p align="center">CDA Informational Meeting Thursday, July 26, 2018 • 6:30 – 7:30 p.m. Sioux Falls, SD</p> <p>Learn about the Child Development Associate (CDA) credential. Licensing/Pathways: <i>Professionalism</i> Please register by calling, (605) 312-8390</p> <p>New CDA class sessions begin September 10, 2018. Register by August 15, 2018</p> <p>To register, submit a completed Registration form and \$95 registration fee to CHILDServices. Call for a registration form or download from: sanfordhealth.org/CHILDServices/CommunityPartners/EarlyChildhood/ChildDevelopmentAssociate</p>	<p align="center"><u>CDA Eligibility Class Enrollment Requirements</u></p> <p align="center"><i>Personal:</i></p> <ul style="list-style-type: none"> • Be 18 years of age or older • Hold a high school diploma or equivalent • Be able to speak, read and write well enough to fulfill the responsibilities of a CDA candidate • Sign a statement of ethical conduct <p align="center"><i>Experience:</i></p> <ul style="list-style-type: none"> • Have 480 hours of experience working with children within the last 3 years <p align="center"><i>Observation Setting:</i></p> <ul style="list-style-type: none"> • Able to be observed working in one of the following child care settings <ul style="list-style-type: none"> ○ Center-based infant/toddler (birth to age 3) ○ Center-based preschool (3 to 5 year olds) ○ Family day care (birth through age 5) ○ Home Visitor
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Ready to Apply?

Finished face-to-face CDA classes and ready to apply for your CDA credential?

Checklist:

- | | |
|--|---|
| <input type="checkbox"/> Complete your bookwork | <input type="checkbox"/> Make sure classes are paid in full |
| <input type="checkbox"/> Complete your Professional Portfolio | <input type="checkbox"/> Get transcript from CHILDServices |
| • Competency Statements, Resource Collection Items, Family Questionnaires, Professional Philosophy Statement | <input type="checkbox"/> Choose a Professional Development Specialist |
| | <input type="checkbox"/> Apply to National CDA Council |

For application guidance go to www.cdacouncil.org

(605) 312-8390
 or (800) 235-5923
 to review
 your checklist.

CDA Renewal

CDA renewal fee is \$150 for paper renewal applications and \$125 for online renewal applications submitted through YourCDA.

When do I need to renew my CDA?

A CDA Credential is valid for three years from the date of award, each Credential issued after June 1, 2013 will need to be renewed every three years. Please remember, it is your responsibility to keep track of when you need to renew your CDA. Sanford Children's CHILDServices does not maintain renewal dates and will not be notifying you when your expiration is drawing near. You can go to www.cdacouncil.org and find out how to renew your certification.

Check out our classes online at www.sanfordhealth.org/CHILDServices.

Register for classes by calling (605) 312-8390 or (800) 235-5923.

Pathways to Professional Development Series

(Formerly Supplemental Training Series)

- Three courses conveniently offered online.
 - Open enrollment allowed for each course of the series.
 - Registration per class is not available. Participants must register for all classes that are part of a course.
- Out-of-class time work required for course credit.
- Complete your CDA and take all three courses of the Pathways to Professional Development Series to receive college credit when you enroll in participating South Dakota colleges and universities.
 - Earn up to twelve college credits (credits allowed depend on participating South Dakota college or university policy).

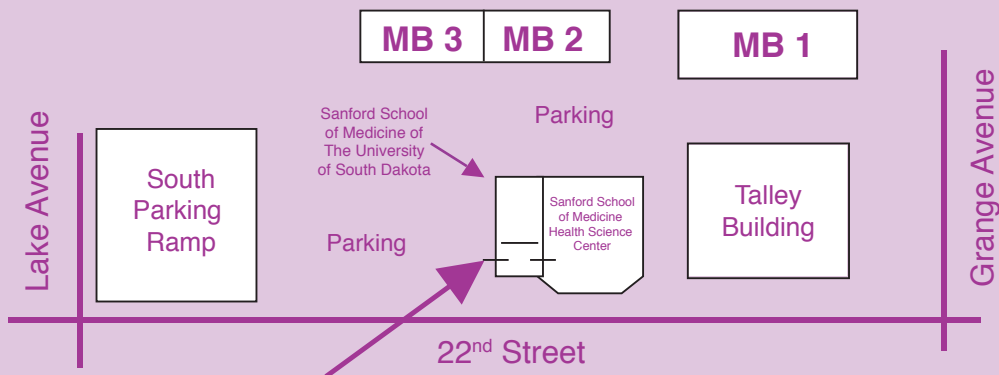
Meeting Children's Basic Needs (SDCDA 300)				
Monday, June 4 7:30 – 10 p.m.	Providing a Safe & Healthy Environment Early childhood health and safety standards and applications.	\$10	Online	<i>Program Health & Safety</i>
Monday, June 11 7:30 – 10 p.m.	Providing for Children's Nutritional Needs Professional and personal use of USDA SuperTracker resources, childcare nutritional standards & responsibilities.		Online	<i>Nutrition for Children</i>
How Children Learn and Grow (SDCDA 310)				
Monday, June 18 7:30 – 10 p.m.	Theories of Child Development: Prenatal, Birth & Early Brain Development Overview of the latest research in early brain development and its impact and applications for ECE professionals.	\$25	Online	<i>Child Growth & Development</i>
Monday, June 25 7:30 – 10 p.m.	Theories of Child Development: Dewey & Montessori Overview of research methods and the history of theories of child development; the theories of Dewey & Montessori.		Online	<i>Child Growth & Development</i>
Monday, July 2 7:30 – 10 p.m.	Theories of Child Development: Erikson, Bronfenbrenner & Bandura Developmental theories of Erikson, Bronfenbrenner & Bandura; ongoing critical thinking and comparison of various theories.		Online	<i>Child Growth & Development</i>
Monday, July 9 7:30 – 10 p.m.	Theories of Child Development: Piaget & Vygotsky Developmental theories of Piaget & Vygotsky; professional and personal implications of Gardner's theories of multiple intelligences.		Online	<i>Child Growth & Development</i>
Monday, July 16 7:30 – 10 p.m.	Growth and Development of School-Age Children Overview of school age children's growth and development.		Online	<i>Child Growth & Development</i>
You the Professional (SDCDA 320)				
Monday, July 23 7:30 – 10 p.m.	Exploring Adult Learning Styles Influencing factors and theories of adult learning; individual learning styles.	\$10	Online	<i>Interpersonal Communication & Relationships</i>
Monday, July 30 7:30 – 10 p.m.	Best Practice: Program Administration and Leadership An overview of staff supervision and development strategies, basic fiscal management skills, and 'best practice' program administration policies and procedures.		Online	<i>Program Management & Regulations</i>

Check out our classes online at www.sanfordhealth.org/CHILDservices.
Register for classes by calling (605) 312-8390 or (800) 235-5923.

2018 Training Schedule
June/July/August

These classes meet the South Dakota child care training requirements for licensing and registration.

Address Service Requested



Go in the main entrance of the Sanford School of Medicine Health Science Center (1400 W. 22nd). Instead of going straight ahead into the Wegner Library, turn left and go through the double doors. Signs will be posted to guide you.

Office Location:
CHILD Services Office
1115 W. 41 St.
Sioux Falls, SD
(605) 312-8390
(800) 235-5923

