

Sanford Health Transplant Sioux Falls Living Donor Selection Criteria

Absolute contraindications to living kidney donation:

- Incompatible blood type or positive cross match unless involved in Kidney Paired Exchange program or a desensitization protocol
- Age less than 18 years
- Mentally incapable of making an informed decision
- Uncontrollable hypertension or history of hypertension with evidence of end stage organ damage
- HIV
- Diabetes
- Active malignancy, or incompletely treated malignancy
- High suspicion of donor coercion
- High suspicion of illegal financial exchange between donor and recipient
- Evidence of acute symptomatic infection (until resolved)
- Diagnosable psychiatric conditions requiring treatment before donation, including any evidence of suicidality
- BMI > 40 kg/m²
- Diagnosis of gestational diabetes ≤ 5 years ago

Relative contraindications to living kidney donation:

- History of malignancy
- Nephrolithiasis
- Hypertension
- Multiple renal arteries and veins
- Psychosocial Instability
- Medical diagnosis complicated by nephrectomy
- Hepatitis C
- Obesity (BMI > 30 kg/m²)
- Diagnosis of gestational diabetes ≥ 5 years ago

Living Kidney Donor Selection Criteria

1. Altruistic motivation
2. Volunteerism
3. Age range 18-65 years old. Older donors may be considered in certain situations.
4. Medical suitability
5. Psychological suitability. Donor should be willing to undergo a psychological and psychosocial exam.
6. Willingness to donate and undergo evaluation process and surgery.
7. Ability to give informed consent.
8. Compatibility (ABO, cross match, size or age) unless proceeding with Kidney Paired Exchange (see Kidney Paired Exchange Protocol)