

Sanford Transplant Fargo Selection Criteria

- All referrals will be reviewed by the Transplant Team members for consideration to undergo a multi-disciplinary transplant evaluation.
- The formal decision of adding the patient on the UNOS waitlist will be made by the Transplant Selection Committee.
- Patient selection criteria will be utilized to ensure a consistent, fair, non-discriminatory approach to evaluating kidney transplant candidates.

Eligibility for kidney transplantation:

- End stage renal disease (ESRD) or an estimated glomerular filtration rate (eGFR) less than or equal to 20mL/min/1.73m².
- Candidates who have an eGFR between 21-25mL/min/1.73m² and demonstrate signs of uremia can be eligible for zero mismatch deceased donor kidney transplants (UNOS listing) or scheduled for a living donor kidney transplant.
- Candidate's understanding of the risks and benefits of kidney transplantation and the need for long-term immunosuppression medications is demonstrated by completion of their pre-transplant evaluation and signing the Consent for Transplant Patients.

Absolute contraindications for kidney transplantation:

- Active malignant neoplasm except non melanoma skin cancer
- Active infectious disease
- Inability to adhere to medical management and follow up
- Psychiatric illness impairing consent or adherence to a complex treatment plan
- Current drug abuse
- Aggressive recurrent native kidney disease
- Multiple medical co-morbidities that increase the risk for life-threatening complications or death during the first 5 years after kidney transplantation
- Severe immune deficiency state

Relative contraindications for kidney transplantation:

- Multi-vessel coronary artery disease
- Left ventricular ejection fraction ≤ 35
- Severe chronic obstructive pulmonary disease as evidenced by a forced expiratory volume 1 (FEV1) $< 50\%$ of predicted volume
- Tobacco use
- Psychosocial or financial instability
- Limited rehabilitative potential
- Documented non-adherence
- History of early recurrence of primary kidney disease after transplant
- BMI ≥ 45 kg/m², Individuals with a BMI of 40-45 can be considered a candidate depending on their age, body habitus and other co-morbidities.
- Poor functional capacity as determined by a physical therapy assessment and/or the inability to achieve physical therapy treatment goals.

*Upon completion of the initial evaluation, further testing may be needed. Additional testing could include, but is not limited to:

- Specialty consultations
- Health maintenance and infection screening