

Sanford Health Transplant Fargo Living Donor Selection Criteria

Inclusion criteria for living donation

- Altruistic motivation
- Volunteerism
- Compatible blood type
- Medical suitability
- Psychosocial stability

Absolute contraindications to living kidney donation

- Less than 18-years-old
- Cognitively incapable of making an informed decision
- Uncontrollable HTN or history of HTN with evidence of end stage organ damage
- Presence of renal disease
- Significant anatomic abnormalities in the kidney
- Diabetes
 - Type 1 diabetes
 - Type 2 diabetes where an individualized assessment of donor demographics or comorbidities reveals either
 - Evidence of end organ damage or
 - Unacceptable lifetime risk of complications
- Presence of significant coronary artery disease or pulmonary disease
- Positive Hepatitis C Antibody
- Positive Hepatitis B Core Antibody
- HIV
- High suspicion of donor coercion
- Active malignancy or incompletely treated malignancy
- Pregnancy
- Evidence of acute symptomatic infection (until resolved)
- High suspicion of illegal financial exchange between donor and recipient
- Uncontrolled diagnosable psychiatric conditions requiring treatment before donation, including any evidence of suicidality
- Active untreated substance abuse

Relative contraindications to living kidney donation:

- History of malignancy
- Single prior episode of nephrolithiasis without evidence of secondary risk
- Hypertension
- Multiple renal arteries and veins
- Psychosocial Instability
- Medical diagnosis complicated by nephrectomy

- Obesity (BMI > 35)
- Incompatible blood type and positive crossmatch unless involved in donor exchange program or a desensitization protocol
- High risk behaviors as defined by US Public Health