Sanford USD Medical Center – Sioux Falls CARF Accredited Inpatient Rehabilitation Unit 2025 Patient Outcomes

As a patient of the rehabilitation unit, you have the right to know a little about us. We recognize you have a choice in health care services and we want to thank you for choosing Sanford USD Medical Center.

DIAGNOSIS	NUMBER OF PATIENTS	SANFORD AVERAGE LENGTH OF STAY	NATION AVERAGE LENGTH OF STAY	AVERAGE AGE	OVERALL SATISFACTION WITH REHAB STAY*	SANFORD DISCHARGE TO COMMUNITY	NATION DISCHARGE TO COMMUNITY
Stroke	143	18.5	13	67	98%	72%	83%
Brain Injury	56	16	12	61	100%	64%	83%
Multiple Trauma	36	13	13	47	100%	94%	87%
Spinal Cord Injury	46	24	17	63	97%	81%	80%
Debilitation	32	13	11	69	96%	94%	81%
Orthopedic	28	15	12	58	95%	88%	83%
Neurologic Conditions	7	17	11	45	100%	71%	87%
Amputation	15	17	13	57	100%	87%	81%

62% Males 38% Females

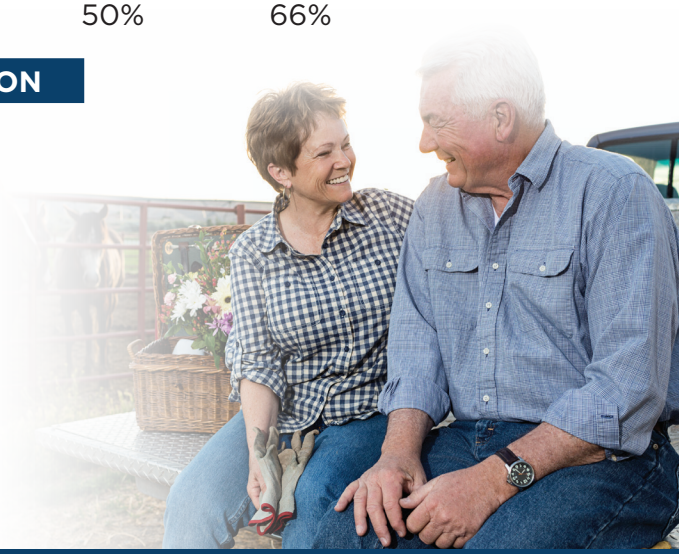
** Good or very good responses*

Patients on this unit may be 15 years and older. Younger patients will be evaluated on an individual basis for appropriate admission. 331 were admitted to the inpatient rehab unit with 3 under the age of 18. Ventilator-dependent patients will be referred to an alternative facility for ventilator management.

DISCHARGE DESTINATION	SANFORD	NATION
Transfer back to acute care	8%	8%
Discharge to long-term care	15%	8%
Expired	0	970

PATIENTS ACHIEVING FUNCTIONAL DISCHARGE GOAL	SANFORD	NATION
Sanford patients were at or above an expected ability to care for themselves at discharge.		
All patients	57%	71%
Stroke	52%	67%
Sanford patients were at or above an expected ability to move around at discharge.		
All patients	59%	69%
Stroke	50%	66%

PATIENT STATISTICS:	SANFORD	NATION
Average age	62	68
Medicare as primary insurance	51%	63%
Discharged to home	77%	83%
Discharged back to hospital	8%	8%
Discharged to long-term care	15%	8%



PATIENT SATISFACTION:

Overall rating of the care received:

98% rated very good or good.

Data from UDSMR CY 2025

Sanford USD Medical Center – Sioux Falls CARF Accredited Inpatient Rehabilitation Unit 2025 Stroke Patient Outcomes

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FOR YOUR INFORMATION	SANFORD	NATION
Average number of days patients stayed on the inpatient rehabilitation unit:		
Stroke	18.5	13

Patients on this unit may be 15 years and older. Younger patients will be evaluated on an individual basis for appropriate admission. 143 stroke patients were admitted to the inpatient rehab unit. Ventilator-dependent patients will be referred to an alternative facility for ventilator management.

PATIENT STATISTICS:	SANFORD	NATION
Average age	67	69
Medicare as primary insurance	29%	33%
Discharged to home	72%	83%
Discharged back to hospital	8%	7%
Discharged to long-term care	20%	9%

Patients participate in at least 3 hours of therapy per day, 5 of 7 days a week.

PATIENT SATISFACTION: (90 DAYS AFTER DISCHARGE)

How prepared did you feel for discharge?

95% rated very good or good.

How satisfied were you with your overall rehabilitation stay?

98% rated very good or good.

Visit sanfordhealth.org for more information. keyword "rehabilitation"

Data from UDSMR CY 2025

EDUCATION EFFORTS INCLUDE:

- Prevention and recognition of the signs/symptoms of recurring stroke.
- Information related to complications of stroke such as falls, dehydration, skin breakdown.
- Treatment of various conditions related to stroke such as high blood pressure, depression and high cholesterol.
- Adjustment to lifestyle changes.
- Learning to take care of yourself safely.
- Practicing new skills in a community setting.
- How to continue participation in daily activities/roles.
- Helping your family/ care provider care for you.

SANFORD HEALTH

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