

Sanford Medical Center – Sioux Falls

CARF Accredited Inpatient Rehabilitation Unit

2020 Patient Outcomes

As a patient of the rehabilitation unit, you have the right to know a little about us. We recognize you have a choice in health care services and we want to thank you for choosing Sanford Medical Center.

FOR YOUR INFORMATION	SANFORD	NATION
Average number of days patients stayed on the inpatient rehabilitation unit:		
Stroke	17.4	14.8
Brain Injury	15.6	12.0
Debilitation	12.7	11.6
Multiple Trauma	13.1	12.1
Spinal Cord Injury	22.7	17.7

Patients on this unit may be 15 years and older. Younger patients will be evaluated on an individual basis for appropriate admission. 350 patients were admitted to the inpatient rehab unit with 1 under the age of 18. Ventilator dependent patients will be referred to an alternative facility for ventilator management.

PATIENT STATISTICS:	SANFORD	NATION
Average age	62.6	65.9
Medicare as primary insurance	54.6%	64.3%
Discharged to home	71.4%	81.1%
Discharged back to hospital	12.3%	9.4%
Discharged to long term care	16%	9.2%

TOP FOUR TYPES OF PATIENTS SERVED:	
Stroke	39.4%
Brain Injury	16.8%
Spinal Cord Injury	7.7%
Multiple Trauma	11.7%

Patients participate in at least 3 hours of therapy per day, 5 of 7 days a week.

PATIENT SATISFACTION:
Overall rating of the care received:
95% rated very good or good.

Visit www.sanfordhealth.org
keyword “rehabilitation” for more information.



Sanford Medical Center – Sioux Falls CARF Accredited Inpatient Rehabilitation Unit 2020 Stroke Patient Outcomes

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FOR YOUR INFORMATION

SANFORD

NATION

Average number of days patients stayed on the inpatient rehabilitation unit:

Stroke	17.4	14.8
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Patients on this unit may be 15 years and older. Younger patients will be evaluated on an individual basis for appropriate admission. 138 stroke patients were admitted to the inpatient rehab unit. Ventilator dependent patients will be referred to an alternative facility for ventilator management.

PATIENT STATISTICS:

SANFORD

NATION

Average age	68.9	68.4
Medicare as primary insurance	66.7%	67.5%
Discharged to home	64.5%	79%
Discharged back to hospital	10.1%	8.8%
Discharged to long term care	25.4%	11.9%

Patients participate in at least 3 hours of therapy per day, 5 of 7 days a week.

PATIENT SATISFACTION: (90 DAYS AFTER DISCHARGE)

How prepared did you feel for discharge?

94% rated very good or good.

How satisfied were you with your overall rehabilitation stay?

94% rated very good or good.

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Data from UDSMR CY 2020

EDUCATION EFFORTS INCLUDE:

- Prevention and recognition of the signs/symptoms of recurring stroke.
- Information related to complications of stroke such as falls, dehydration, skin breakdown.
- Treatment of various conditions related to stroke such as high blood pressure, depression, and high cholesterol.
- Adjustment to lifestyle changes.
- Learning to take care of yourself safely.
- Practicing new skills in a community setting.
- How to continue participation in daily activities/roles.
- Helping your family/care provider care for you.