

# Sanford South University Hospital Fargo – Acute Rehabilitation

Serving the region since 1984.

CARF Accredited – Aspiring to Excellence in Rehabilitation since 1991.

Patient Outcomes FY 2020 – Acquired Brain Injury – “Believe You Can Achieve”



As a person interested in the rehabilitation unit, you have the right to know about us. We recognize you have a choice in health care services and we want to thank you for considering/choosing Sanford Health.

What is ABI (Acquired Brain Injury)? ABI is injury to the brain caused by traumatic brain injury, stroke, or injury to the brain after birth caused by illness, tumor, hemorrhage, anoxia, infection, etc.

We served people 14 years and older this past year tallying 419 patients. We served 5 adolescents < 18 years.

Patients participate in at least 3 hours of therapy per day, 5 of 7 days a week, while also having their medical needs met. Length of stay can be influenced by various factors such as severity of injury, medical status, etc.

Impairment	# of Patients in FY 2020	Sanford Rehab Fargo Average Length of Stay	Region Average Length of Stay
Multi Trauma	35	11.3	11.4
Stroke	192	14.7	15.1
Traumatic Brain Injury	30	16.9	14.7
Non-Traumatic Brain Injury	56	12.5	12.3

Patient Statistics	Multi Trauma		Stroke		Traumatic Brain Injury		Non-Traumatic Brain Injury	
	Sanford	Region	Sanford	Region	Sanford	Region	Sanford	Region
Average age	42.3	50.3	68.1	68.9	50.9	60.4	57.4	61.6
Medicare as primary insurance	5.7%	20.4%	50.0%	47.2%	36.7%	38.9%	30.4%	39.2%
Discharged to community	100%	90.8%	76.0%	78.8%	66.7%	83.9%	73.2%	81.0%
Discharged to acute care	0%	5.8%	8.3%	7.3%	23.3%	7.9%	16.1%	9.7%
Discharged to SNF	0%	3.3%	15.1%	13.4%	10.0%	7.3%	10.7%	9.0%
# of adolescents served	2		0		2		1	

## Patient Satisfaction Surveys

Likelihood of recommending hospital to others:
<ul style="list-style-type: none"> <li>99%</li> </ul>
Overall satisfied with program and outcomes
<ul style="list-style-type: none"> <li>94.1%</li> </ul>
Rehab program helped you meet goals:
<ul style="list-style-type: none"> <li>91.5%</li> </ul>

## Quality Outcomes

No Catheter Associated Urinary Tract Infections
No Central Line Infections
No hospital acquired C.diff
Change in patients ability to care for themselves: 12.0 compared to nation 11.9*
Change in patients' ability to move around: 29.5 compared to nation 29.5*
*These measures reflect our rehab's average change in self-care and mobility scores between admission and discharge.

For more information about the Sanford Health inpatient rehabilitation unit, please visit us online at [sanfordhealth.org](http://sanfordhealth.org) keyword: rehabilitation.

Data from UDSMR and Press Ganey FY 2019

**Education efforts include:**

- Prevention and recognition of the signs/symptoms of recurring stroke/ABI.
- Information related to complications of stroke/ABI such as falls, dehydration and skin breakdown.
- Treatment of various conditions related to stroke such as high blood pressure, depression and high cholesterol.
- Adjustment to lifestyle changes.
- Learning self-care.
- Practicing new skills in a community setting.
- How to continue participation in daily activities/roles.
- Family/care giving help.

**What our Rehab has to offer Patients / Families / Acute Teams:**

Interdisciplinary Team Approach with care managed by Board Certified Physical Medicine and Rehabilitation Physicians

- Nursing has over 454 years of rehab experience
  - 47.8% of nurses on rehab are certified.
- Occupational Therapy has over 125 years of rehab experience
  - Trained to assess and manage visual disturbances
  - Driving program to address concerns post rehab stay on site!
- Physical Therapy has over 107 years of rehab experience
- Speech Language Pathology has over 107 years of rehab experience
  - Trained in dysphagia treatments and video fluoroscopic swallow studies
- Recreational Therapy – 2 full time staff & Psychology/Psychiatry/Behavioral Health Therapy on Site
  - Offers community outings for re-entry into the community
  - Leads and organizes our Brain Injury support group
- Multiple therapists are Certified Brain Injury Therapists available in both Inpatient and Outpatient Programming
- 24/7 internal medicine availability in house for medical management / emergency needs with the ability to provide services such as lab, x-ray, dialysis, respiratory care, etc. ON SITE
- Sanford Medical Center in Fargo is:
  - CARF accredited in General Rehabilitation and Brain Injury (the only one in ND)
  - Comprehensive Stroke Certified (the only one in ND)
  - Certified Level 1 Trauma Center (the only one in ND)
  - Non-Profit Organization

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