

Sanford South University Hospital Fargo – Acute Rehabilitation

Serving the region since 1984.

CARF Accredited – Aspiring to Excellence in Rehabilitation since 1991.

Patient Outcomes FY 2019 – Acquired Brain Injury – “Believe You Can Achieve”



As a person interested in the rehabilitation unit, you have the right to know about us. We recognize you have a choice in health care services and we want to thank you for considering/choosing Sanford Health.

What is ABI (Acquired Brain Injury)? ABI is injury to the brain caused by traumatic brain injury, stroke, injury to the brain after birth caused by illness, tumor, hemorrhage, anoxia, infection, etc.

We served people 14 years and older this past year tallying 333 patients. We served 6 adolescents < 18 years and 28 young adults 18-35.

Patients participate in at least 3 hours of therapy per day, 5 of 7 days a week, while also having their medical needs met. Length of stay can be influenced by various factors such as severity of injury, medical status, etc.

Impairment	# of Patients in FY 2019	Sanford Rehab Fargo Average Length of Stay	Region Average Length of Stay
Stroke	156	14.2	14.3
Traumatic Brain Injury	23	15.3	11.4
Non-Traumatic Brain Injury	43	12.7	11.8

Patient Statistics	Stroke		Traumatic Brain Injury		Non-Traumatic Brain Injury	
	Sanford	Region	Sanford	Region	Sanford	Region
Average age	66.6	68.4	55.5	63.0	61.5	62.7
Medicare as primary insurance	52.6%	51.7%			51.2%	46.3%
Discharged to community	57.1%	75.8%	78.3%	83.3%	65.1%	81.9%
Discharged to acute care	10.9%	7.5%	4.3%	6.6%	20.9%	9.6%
Discharged to SNF	32.1%	16.3%	17.4%	9.6%	14.0%	8.2%
# of adolescents served	1		0		0	

Patient Satisfaction Surveys

Likelihood of recommending hospital to others:
<ul style="list-style-type: none"> 93.3% rated very good or good.
Overall care at hospital:
<ul style="list-style-type: none"> 93.3% rated very good or good.

90 Day Follow-Up Surveys

Recommend Rehab program?
<ul style="list-style-type: none"> 100%
Satisfaction with Rehab?
<ul style="list-style-type: none"> 95.5%

Education efforts include:	
<ul style="list-style-type: none"> Prevention and recognition of the signs/symptoms of recurring stroke. Information related to complications of stroke such as falls, dehydration and skin breakdown. Treatment of various conditions related to stroke such as high blood pressure, depression and high cholesterol. 	<ul style="list-style-type: none"> Adjustment to lifestyle changes. Learning self-care. Practicing new skills in a community setting. How to continue participation in daily activities/roles. Family/care giving help.

For more information about the Sanford Health inpatient rehabilitation unit, please visit us online at sanfordhealth.org keyword: rehabilitation.

Data from UDSMR and Press Ganey FY 2019

Continued Education efforts include: GREAT for Discharge (Patient & Family Education Classes)	
<ul style="list-style-type: none"> • Nursing – <ul style="list-style-type: none"> ○ CVA Class • Physical Therapy – <ul style="list-style-type: none"> ○ Safety in the Home • Occupational Therapy – <ul style="list-style-type: none"> ○ Driving After Rehab • Speech Language Pathology – <ul style="list-style-type: none"> ○ Cognition ○ Dysphagia ○ Language • Recreational Therapy – <ul style="list-style-type: none"> ○ Community Re-entry ○ Mindfulness 	<ul style="list-style-type: none"> • Case Management – <ul style="list-style-type: none"> ○ Insurance & Discharge Planning • Nutrition Therapy – <ul style="list-style-type: none"> ○ What you need to know regarding Nutrition • Pharmacy – <ul style="list-style-type: none"> ○ Blood Pressure Medications ○ Heart Burn Medications ○ Medication Disposals

What our Rehab has to offer Patients / Families / Acute Teams:
<p>Interdisciplinary Team</p> <ul style="list-style-type: none"> • Nursing has over 454 years of rehab experience <ul style="list-style-type: none"> ○ 47.8% of nurses on rehab are certified. • Occupational Therapy has over 125 years of rehab experience <ul style="list-style-type: none"> ○ Trained to assess and manage visual disturbances ○ Have Neuro-Ophthalmology on site! ○ Driving program to address concerns post rehab stay on site! • Physical Therapy has over 107 years of rehab experience • Speech Language Pathology has over 107 years of rehab experience <ul style="list-style-type: none"> ○ Trained in dysphagia treatments and video fluoroscopic swallow studies • Recreational Therapy – 2 full time staff <ul style="list-style-type: none"> ○ Offers community outings for re-entry into the community ○ Leads and organizes our Brain Injury support group • Multiple therapists are Certified Brain Injury Therapists available in both Inpatient and Outpatient Programming • 24/7 internal medicine availability in house for medical management / emergency needs with the ability to provide services such as lab, x-ray, dialysis, respiratory care, etc. ON SITE • Sanford Medical Center in Fargo is: <ul style="list-style-type: none"> ○ Advanced Comprehensive Stroke Certified (the only one in ND) ○ Certified Level 1 Trauma Center ○ Non-Profit Organization

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