

Sanford South University Hospital Fargo – Acute Rehabilitation

Serving the region since 1984.

Patient Outcomes FY 2018 – Acquired Brain Injury Program

CARF Accredited – Aspiring to Excellence in Rehabilitation since 1991.



As a person interested in the rehabilitation unit, you have the right to know about us. We recognize you have a choice in health care services and we want to thank you for considering/choosing Sanford Health.

What is ABI (Acquired Brain Injury)? ABI is injury to the brain caused by traumatic brain injury, stroke, injury to the brain after birth caused by illness, tumor, hemorrhage, anoxia, infection, etc.

We served people 14 years and older this past year tallying 177 patients. We served 3 adolescents < 18 years and 21 young adults 18-35.

Patients participate in at least 3 hours of therapy per day, 5 of 7 days a week, while also having their medical needs met. Length of stay can be influenced by various factors such as severity of injury, medical status, etc.

Impairment	# of Patients in FY 2017	Average Length of Stay
Stroke	115	16
Traumatic Brain Injury	17	15
Non-Traumatic Brain Injury	45	18

Patient Statistics	Stroke		Traumatic Brain Injury		Non-Traumatic Brain Injury	
	Sanford	Region	Sanford	Region	Sanford	Region
Average age	70	69	57	62	56	62
Medicare as primary insurance	72.2%	55.3%	35.3%	47.6%	33.3%	42.8%
Discharged to community	65%	73%	82%	77%	78%	79%
Discharged to acute care	6%	8%	6%	9%	7%	10%
Discharged to SNF	28%	19%	12%	13%	13%	10%
# of adolescents served	0		2		0	

Patient Satisfaction

Very Good	Good	Fair	Poor	Very Poor
Overall care at hospital:				
78.4%	21.6%	0.0%	0.0%	0.0%
Likelihood of recommending hospital to others:				
76.5%	21.6%	0.0%	2.0%	%

Education efforts include:

- Prevention and recognition of the signs/symptoms of recurring stroke.
- Information related to complications of stroke such as falls, dehydration and skin breakdown.
- Treatment of various conditions related to stroke such as high blood pressure, depression and high cholesterol.
- Adjustment to lifestyle changes.
- Learning self-care.
- Practicing new skills in a community setting.
- How to continue participation in daily activities/roles.
- Family/care giving help.



For more information about the Sanford Health inpatient rehabilitation unit, please visit us online at sanfordhealth.org keyword: rehabilitation.

Data from UDSMR and Press Ganey FY 2018