



SANFORD REHABILITATION HOSPITAL

ACUTE REHABILITATION
INPATIENT BRAIN
INJURY PROGRAM
SCOPE OF SERVICE • FARGO

SANFORD[®]
HEALTH

Rehabilitation Mission

Our mission is to provide quality, cost effective, comprehensive rehabilitation to those who have the potential and wish to attain a higher level of self-sufficiency and to minimize the human and economic cost of illness and injury.

Our vision

To improve the human condition through exceptional care, innovation and discovery.

Our values

The relentless pursuit of perfection through:

- Courage
- Passion
- Resolve
- Advancement
- Family
- Compassion

The Sanford Health promise to patients and employees

To deliver a flawless experience that inspires.

Our Patients

We provide service to persons who have a temporary, progressive or permanent illness or impairment which interrupts physical function, language, cognitive adaptation, social, vocational and economic status.

Admission Criteria

Sanford Inpatient Rehabilitation receives referrals from a variety of settings, physicians, acute hospitals, skilled nursing facilities and long-term care acute care hospitals.

1. Evaluated by a physiatrist (Physical Medicine and Rehabilitation MD) and pre-admission screening is completed by an Admission Coordinator.
2. Remains medically acute with initial tests and evaluation completed for treating diagnosis, and willing/able to participate in a daily three-hour therapy program or is showing progress towards tolerating three hours of therapy a day.
3. If traumatically brain injured, patient demonstrates cognitive functioning at a minimum of Rancho Los Amigos Scale of 4.

4. Demonstrates the ability and desire to improve their physical, cognitive and functional skills however is unable to do at least 2 of the following:
 - Complete activities of daily living
 - Move self from place-to-place
 - Manage elimination needs
 - Communicate or understand information
 - Cognitively process information, memory and reasoning
5. Person's condition requires an integrated team approach of intensive daily therapies and 24 hours a day rehabilitation nursing care.
6. Anticipated discharge plan should be identified prior to admission with goal to return to community living setting most common.
7. We do not provide service to those on mechanical ventilation nor typically those with cardiac function of less than 20%.

Ages Served 14 years of age or older

Medical Management Diagnostics/studies completed and diagnosis established.

- Patient is stable yet requires medical management plan while on rehab
- IV/NG/PICC/Trach/PEG/Dialysis/ acute pain/wound management/ radiation therapy etc. accepted.

Therapy Patient will be able to participate in 3 hours of therapy a day, 5 of 7 days/week; or a modified program over 6 days/week if needed.

- **Rehabilitation Nursing** is provided 24/7.

An acquired brain injury (ABI) is an injury to the brain that has occurred since birth, however is not congenital nor birth trauma. An ABI can be caused by direct neurological insult (e.g. trauma, stroke, anoxia, tumor, etc.), or indirectly via metabolic/systemic illness (e.g. cardiac disease, leukemia, kidney disease, exposure to ingested or inhaled toxins, etc.).

Care Team

Rehabilitation care is directed by a Board Certified Physiatrist who specializes in physical medicine and rehabilitation.



Services Provided

The service provides a comprehensive assessment of the individual status of each patient in order to develop predicted outcomes and establish an interdisciplinary plan of care to meet the medical and rehabilitative needs identified. The assessment of needs extends to educational, leisure, cultural, spiritual and vocational for planning the provision of care. Emotional health and substance abuse are assessed and managed through consultation with psychiatry, psychology and/or chemical dependence counselors. Community reintegration needs are assessed and programming developed based on individual needs. The plan of care is designed in collaboration with patient and family.

The interdisciplinary team commonly consists of the following:

- Patient/family
- Physicians Assistant
- Program Case Manager
- Psychologist
- Rehabilitation Nurse
- Physical Therapist
- Occupational Therapist
- Speech Pathologist
- Social Worker
- Recreational Therapist

Other team members available as needed include but are not limited to:

- Nutritional Services
- Audiology Services
- Chemical Dependency Counseling
- Diagnostic Radiology
- Laboratory Services

- Orthotic/Prosthetic Services
- Respiratory Services
- Other Medical Specialties
- Child Life Specialist
- Psychiatrist
- Pharmacist
- Payers/Case Manager
- Spiritual Services

Accreditation



- CARF; Commission on Accreditation of Rehabilitation Facilities: General Inpatient Rehabilitation and Inpatient Brain Injury Programming for adolescents and adults
- TJC; The Joint Commission

Program Evaluation

As a service we evaluate our clinical, financial, workforce, service and operational excellence.

Knowing how we have done our jobs is important to us and will help us in improving our care programs and meeting the needs of the individuals we serve.

As patients and families, we will seek your feedback through a survey sent to your home at discharge and a follow up call when you are home. We welcome your feedback and suggestions at any time during your stay.

As professional stakeholders, we seek input through annual surveys and personal feedback.

We seek to provide outcome data to the professional and local communities through sanfordhealth.org.

Code of Ethics

- Respect for patient
- Respect for Sanford associates
- Fair and honest business practices
- Confidentiality of patient on proprietary information
- Honesty and fairness in information provided to the community

Conflicts of Interest: Transactions are evaluated based on Sanford's best interest rather than personal interest of associates.

Compliance and reporting of violations will be reported to risk management, the Clinical Ethics Committee, Billing Compliance Manager or legal counsel as pertinent.

Related Policies: Guidance to ethical issues and conduct are found in Sanford's Mission Statement, Vision, Human Resource, Legal Ethical Manuals and available on upon request.

Payer Information

- Medicare pays for the cost of inpatient rehabilitation provided you meet the criteria. The physiatrist will make the decision, however it is subject to review by Medicare.
- Benefits will be verified prior to admission and pre-authorization for admission obtained from Insurance, Medical Assistance and Managed Care.
- Self-payment can be arranged through consultation with Financial Counselors at Sanford.
- Each patient approved will receive a financial disclosure regarding benefits from the business office.
- Case management will consult with your insurance company for continued authorization during your stay. They may also guide you in filing for additional financial assistance if necessary.

- We accept pending MA and approved Sanford Financial Assistance. Case management seeks prior authorization/referrals on Rehab admissions.

For people who do not meet admission criteria, the physiatrist makes recommendations for alternative rehabilitation services and discharge.

After Hospitalization

Sanford has the following services to support you:

- Physical Medicine and Rehabilitation Clinic
- Outpatient Therapy: physical, speech and occupational therapy with assistive technology training and vision therapy
- Neuro Psychology Clinic
- Coordinated Treatment Center: Spinal Cord Clinic; Brain Injury Clinic, Peds and Adult; Neuro-muscular disorder clinic
- Brain Injury Support Group
- Stroke Support Group
- Home Health
- Drivers Evaluation and Retraining
- Prosthetic Orthotics Service and clinic
- Seating clinic
- Primary and Medical Specialty Services

Community Base Services

- North Dakota Brain Injury Network (NDBIN)
- Minnesota Brain Injury Association
- Freedom Resource Center
- Interagency Program for Assistive Technology (IPAT)
- National Organizations such as; MS Society, MD Association, ALS Association, Paralyzed Vets, Amputee Association
- Accessible transportation resources
- Accessible recreation resources
- Head Injury Association of North Dakota

Sanford Health Rehabilitation hospital has been proudly serving the region for 35 plus years.