Sanford Medical Center - Sioux Falls CARF Accredited Inpatient Rehabilitation Unit 2018 Patient Outcomes

As a patient of the rehabilitation unit, you have the right to know a little about us. We recognize you have a choice in healthcare services and we want to thank you for choosing Sanford Medical Center.

| For your information | Sanford | Region | |
|--|---------|--------|--|
| Average number of days patients stayed on the inpatient rehabilitation unit: | | | |
| Stroke | 17.3 | 14.4 | |
| Brain Injury | 12.3 | 11.4 | |
| Spinal Cord Injury | 24.5 | 18.6 | |
| Debilitation | 13.7 | 10.6 | |
| Amputation | 12.4 | 12.8 | |
| | | | |

Patients on this unit may be 15 years and older. Younger patients will be evaluated on an individual basis for appropriate admission. 309 patients were admitted to the inpatient rehab unit with 6 under the age of 18. Ventilator dependent patients will be referred to an alternative facility for ventilator management.

| Patient Statistics: | Sanford | Region |
|-------------------------------|---------|--------|
| Average age | 62.1 | 64.7 |
| Medicare as primary insurance | 54.2% | 58.9% |
| Discharged to home | 73.8% | 78.3% |
| Discharged back to hospital | 7.1% | 7.9% |
| Discharged to long term care | 18.8% | 13.5% |

Top four types of patients served:

| Stroke | 53% |
|--------------------|-----|
| Brain Injury | 13% |
| Spinal Cord Injury | 7% |
| Multiple Trauma | 7% |

Patients participate in at least 3 hours of therapy per day, 5 of 7 days a week.

Patient satisfaction:

Likelihood of recommending this hospital to others:

95.5% rated very good or good.

Overall rating of the care received:

95% rated very good or good.

For more information visit us online at www.sanfordhealth.org – enter keyword rehabilitation

Data from UDSMR and Press Ganey CY 2018





Sanford Medical Center – Sioux Falls CARF Accredited Inpatient Rehabilitation Unit 2018 Stroke Patient Outcomes

As a patient of the rehabilitation unit, you have the right to know a little about us. We recognize you have a choice in healthcare services and we want to thank you for choosing Sanford Medical Center.

| For your information | Sanford | Region | |
|--|---------|--------|--|
| Average number of days patients stayed on the inpatient rehabilitation unit: | | | |
| Stroke | 17.3 | 14.4 | |

Patients on this unit may be 15 years and older. Younger patients will be evaluated on an individual basis for appropriate admission. 164 stroke patients were admitted to the inpatient rehab unit. Ventilator dependent patients will be referred to an alternative facility for ventilator management.

| Patient Statistics: | Sanford | Region |
|-------------------------------|---------|--------|
| Average age | 66.6% | 67.6 |
| Medicare as primary insurance | 61.6% | 64.8% |
| Discharged to home | 69.3% | 75.2% |
| Discharged back to hospital | 6.7% | 7.7% |
| Discharged to long term care | 23.9% | 16.8% |

Patients participate in at least 3 hours of therapy per day, 5 of 7 days a week.

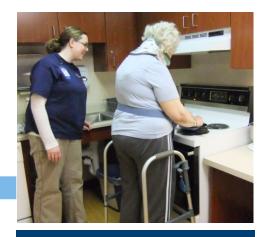
Patient satisfaction: (90 days after discharge)

How prepared did you feel for discharge? 89% rated very good or good.

How satisfied were you with your overall rehabilitation stay?: 92% rated very good or good.

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Data from UDSMR and Press Ganey CY 2018



Education efforts include:

- Prevention and recognition of the signs/ symptoms of recurring stroke.
- Information related to complications of stroke such as falls, dehydration, skin breakdown.
- Treatment of various conditions related to stroke such as high blood pressure, depression, and high cholesterol.
- Adjustment to lifestyle changes.
- Learning to take care of yourself safely.
- Practicing new skills in a community setting.
- How to continue participation in daily activities/roles.
- Helping your family/care provider care for you.

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