

# Sanford Medical Center - Sioux Falls

## CARF Accredited Inpatient Rehabilitation Unit

### 2018 Patient Outcomes

As a patient of the rehabilitation unit, you have the right to know a little about us. We recognize you have a choice in healthcare services and we want to thank you for choosing Sanford Medical Center.

For your information	Sanford	Region
Average number of days patients stayed on the inpatient rehabilitation unit:		
Stroke	17.3	14.4
Brain Injury	12.3	11.4
Spinal Cord Injury	24.5	18.6
Debilitation	13.7	10.6
Amputation	12.4	12.8

Patients on this unit may be 15 years and older. Younger patients will be evaluated on an individual basis for appropriate admission. 309 patients were admitted to the inpatient rehab unit with 6 under the age of 18. Ventilator dependent patients will be referred to an alternative facility for ventilator management.

Patient Statistics:	Sanford	Region
Average age	62.1	64.7
Medicare as primary insurance	54.2%	58.9%
Discharged to home	73.8%	78.3%
Discharged back to hospital	7.1%	7.9%
Discharged to long term care	18.8%	13.5%

Top four types of patients served:	
Stroke	53%
Brain Injury	13%
Spinal Cord Injury	7%
Multiple Trauma	7%

Patients participate in at least 3 hours of therapy per day, 5 of 7 days a week.

**Patient satisfaction:**  
 Likelihood of recommending this hospital to others:  
 95.5% rated very good or good.  
  
 Overall rating of the care received:  
 95% rated very good or good.

For more information visit us online at [www.sanfordhealth.org](http://www.sanfordhealth.org)  
 – enter keyword rehabilitation

Data from UDSMR and Press Ganey CY 2018



# Sanford Medical Center – Sioux Falls

## CARF Accredited Inpatient Rehabilitation Unit

### 2018 Stroke Patient Outcomes

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For your information	Sanford	Region
Average number of days patients stayed on the inpatient rehabilitation unit:		
Stroke	17.3	14.4

Patients on this unit may be 15 years and older. Younger patients will be evaluated on an individual basis for appropriate admission. 164 stroke patients were admitted to the inpatient rehab unit. Ventilator dependent patients will be referred to an alternative facility for ventilator management.

Patient Statistics:	Sanford	Region
Average age	66.6%	67.6
Medicare as primary insurance	61.6%	64.8%
Discharged to home	69.3%	75.2%
Discharged back to hospital	6.7%	7.7%
Discharged to long term care	23.9%	16.8%

Patients participate in at least 3 hours of therapy per day, 5 of 7 days a week.

#### Patient satisfaction: (90 days after discharge)

How prepared did you feel for discharge?  
89% rated very good or good.

How satisfied were you with your overall rehabilitation stay?:  
92% rated very good or good.

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#### Education efforts include:

- Prevention and recognition of the signs/symptoms of recurring stroke.
- Information related to complications of stroke such as falls, dehydration, skin breakdown.
- Treatment of various conditions related to stroke such as high blood pressure, depression, and high cholesterol.
- Adjustment to lifestyle changes.
- Learning to take care of yourself safely.
- Practicing new skills in a community setting.
- How to continue participation in daily activities/roles.
- Helping your family/care provider care for you.