

# June 2019

## Silver Sneakers and Silver & Fit Schedule

Silver Sneakers-Jean Janisch  
 Water Aerobics(Grand Stay)-Snookie Bondy  
 Better Balance-Diane Lion  
 Water Aerobics(Franklin Pool)-Diane Lion

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30 No Silver Sneakers	31
<b>3</b> 8:00-9:00am-Better Balance No Silver Sneakers 11:30am-12:15pm-Water Aerobics	<b>4</b> 8:00-9:00am-Better Balance No Silver Sneakers 11:30am-12:15pm-Water Aerobics 6:20-7:00pm-Water Aerobics	<b>5</b> 8:00-9:00am-Better Balance No Silver Sneakers 11:30am-12:15pm-Water Aerobics	<b>6</b> 8:00-9:00am-Better Balance No Silver Sneakers 6:20-7:00pm-Water Aerobics	<b>7</b> 8:00-9:00am-Better Balance
<b>10</b> 10:00-11:00am-Silver Sneakers	<b>11</b> 10:00-11:00am-Silver Sneakers 11:30am-12:15pm-Water Aerobics 6:20-7:00pm-Water Aerobics	<b>12</b> 10:00-11:00am-Silver Sneakers 11:30am-12:15pm-Water Aerobics	<b>13</b> 10:00-11:00am-Silver Sneakers 11:30am-12:15pm-Water Aerobics 6:20-7:00pm-Water Aerobics	<b>14</b> 8:00-9:00am-Better Balance
<b>17</b> 10:00-11:00am-Silver Sneakers	<b>18</b> 10:00-11:00am-Silver Sneakers 11:30am-12:15pm-Water Aerobics 6:20-7:00pm-Water Aerobics	<b>19</b> 8:00-9:00am-Better Balance No Silver Sneakers 11:30am-12:15pm-Water Aerobics	<b>20</b> 8:00-9:00am-Better Balance No Silver Sneakers 11:30am-12:15pm-Water Aerobics 6:20-7:00pm-Water Aerobics	<b>21</b> 8:00-9:00am-Better Balance
<b>24</b> 8:00-9:00am-Better Balance No Silver Sneakers	<b>25</b> 8:00-9:00am-Better Balance No Silver Sneakers 11:30am-12:15pm-Water Aerobics 6:20-7:00pm-Water Aerobics	<b>26</b> 10:00-11:00am-Silver Sneakers 11:30am-12:15pm-Water Aerobics	<b>27</b> 10:00-11:00am-Silver Sneakers 11:30am-12:15pm-Water Aerobics 6:20-7:00pm-Water Aerobics	<b>28</b> 8:00-9:00am-Better Balance