

# Sanford Fetal Care Center



**SANFORD**<sup>®</sup>  
HEALTH



## Complete Care In One Place

Sanford Fetal Care Center offers comprehensive multidisciplinary maternal-fetal care all on one medical campus. Our team of maternal-fetal medicine specialists and over 70 pediatric subspecialists provide expertise and personalized care for families facing high-risk pregnancies.

As one of the few truly comprehensive care programs in the region, we offer a complete range of diagnostic capabilities, imaging, obstetric and pediatric subspecialty consultation and many fetal interventional procedures. Our team of specialists has a wealth of experience with diagnosis and management of complex fetal anomalies.

# Our Approach To Care

We bring together recognized maternal-fetal medicine specialists and pediatric sub-specialties to deliver leading technologies, integrated support services and the best care. We work closely with each patient's referring physician and welcome involvement at every step.

Each patient who visits us receives a comprehensive diagnostic evaluation, which may include prenatal ultrasound, fetal echocardiogram and a fetal MRI along with diagnosis-specific sub-specialty consultation. Once this evaluation has been completed, an interdisciplinary team of experts meets to review every aspect of the evaluation and prepare recommendations for a plan of care.

The maternal-fetal care team will review the fetal imaging findings with the patient and her family to explain the implications and the team's recommendations for a plan of care. Our recommendations may include prenatal management, the potential role of fetal intervention, suggested delivery management, postnatal treatment and long-term implications of diagnosis.

We encourage clear, open communication between a patient, her family and our medical team to ensure patients feel prepared and fully informed before making decisions regarding the next steps. Our dedicated RN coordinators guide families through every step by organizing seamless, integrated care.

“ The RN coordinator arranged time for us to meet with our doctor to discuss the surgery, meet another doctor from the NICU and tour the NICU – all before our baby was even born! ”

– Jeri Jastram



Jeri, Corey & baby Kellen



## State-of-the-art, Medical Campus

The Sanford Fetal Care Center is conveniently positioned within the Sanford USD Medical Center campus. The Maternal-Fetal Medicine clinic is located in Medical Building 3 and the Children's Hospital, our Castle of Care, is just a few steps away. In the hospital, the delivery room is physically connected to the Boekelheide Neonatal Intensive Care Unit (NICU), the region's only level IV NICU.

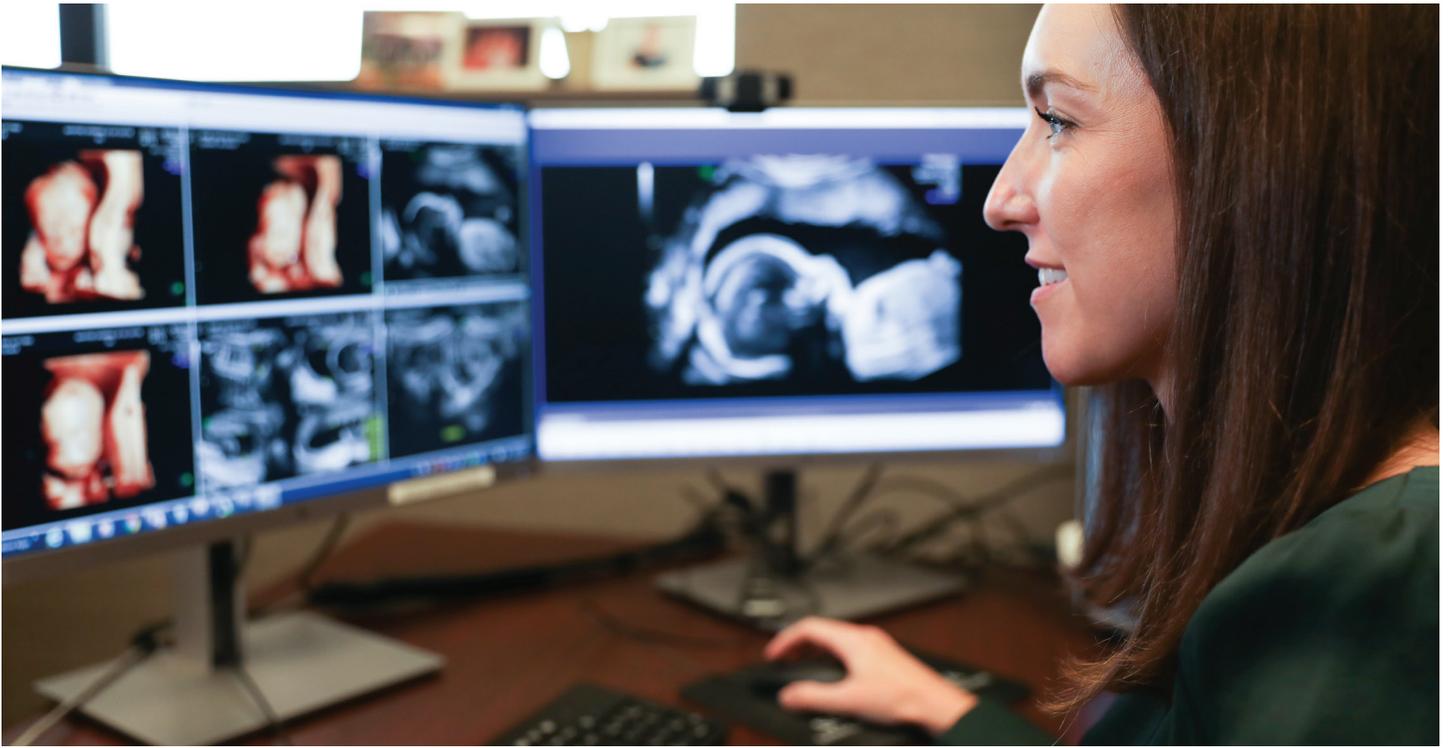
Mothers will experience a warm, comforting place to receive expert care and be near their infants and can easily take part in their care.

“ We deeply appreciate everything the Sanford Maternal-Fetal Medicine care team did to take care of our little one. Every single provider was thoughtful, caring and knowledgeable! ”

- Samantha Fleckenstein



IMAGE LEFT: Sam, Josh & baby Maeryn



# Extraordinary Treatments and Procedures

At Sanford Fetal Care Center, our team of experts performs a wide range of procedures to address fetal anomalies. We can diagnose and care for a number of conditions through the latest treatments and procedures. Our fetal surgery team includes pediatric surgeons, maternal-fetal medicine specialists and several pediatric specialists determined to improve outcomes and enhance quality of life for every mother and baby we treat.

## **At-risk pregnancies**

**Down syndrome/chromosome disorder screening**

**Genetic counseling**

**Prenatal testing**

**Pregnancy screening tests**

**Counseling for fetal congenital heart disease and/or fetal arrhythmias**

**Fetal procedures**

**Palliative care and family support**

## **Some of the conditions we treat**

- Congenital pulmonary airway malformation
- Diaphragmatic hernia, including those that require ECMO
- Congenital heart disease
- Gastroschisis
- Intestinal atresia
- Intrauterine growth restriction
- Omphaloceles
- Pregnancy over 35
- Premature rupture of membranes
- Preterm labor
- Twin-to-twin transfusion syndrome
- Complex multiple gestation pregnancies
- Complex renal conditions, including those that require CRRT
- Hydrops

# Referring A Patient

Whether you are a perinatologist, OB/GYN, certified nurse midwife or family medicine physician, when you refer a patient to Sanford Fetal Care Center, we consider you a part of our team. We partner with you to find the best care for your patient.

You are welcome to attend each and every meeting, and we'll work closely with you to ensure you are involved in every step. Our team will send the comprehensive consultation letter that summarizes our findings and will forward any important notes and follow-up care instructions. We are available by phone at any time to answer your questions.

At the initial meeting, we review and recommend the appropriate approach for your patient during pregnancy through labor and delivery. Most often, we support patients remaining with their primary care provider for delivery; however, in specific high-risk pregnancies we will recommend your patient deliver at our facility.

If your patient has a preexisting condition where other specialists are involved in care, we welcome those specialists to work with us during pregnancy. We encourage patients to keep the providers they had prior to enrolling with us and welcome these providers to contact our coordinators any time with any questions or concerns about care.

**Our maternal-fetal medicine specialists are available for urgent referrals, consultations and transfers 24 hours a day, seven days a week.**

Monday-Friday,  
8 a.m.-5 p.m.  
(877) 652-1843

After-hours  
and weekends:  
(605) 328-4645





## Meet Our Team

Our comprehensive team of leading fetal care specialists offers advanced care and treatment for mothers and babies during and after a high-risk pregnancy. From the latest technologies to innovative techniques, we deliver patient-focused, compassionate care and support at every moment.

Scan to meet our team ▶





**SANFORD FETAL CARE CENTER**

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[sanfordhealth.org](https://sanfordhealth.org) keyword: fetal care