

## Survivorship Retreat

An event for women who are cancer survivors

September 17  
10 a.m.–3:30 p.m.

Sanford Barn  
2510 East 54th St. N.  
Sioux Falls, SD

### Schedule of events

9:30 a.m.	<b>Registration</b>
10:15 a.m.	<b>Welcome</b> Keely Hack, MD  <b>The Power of Survivorship</b> Keely Hack, MD  <b>Fact or Hype: What Science Says Now</b> Kevin Byrd, MD; Ryan Nowak, MD; Larissa Risty, MS, CGC; Allison Watson, MD, PhD
11:45 a.m.	<b>Lunch</b>
12:30 p.m.	<b>Understanding and Managing Lymphedema</b> Tessa Rockwell, PT, DPT, CLT  <b>Acupuncture: Restoring Balance, Relieving Symptoms</b> Blake Blowers, D.Ac.  <b>Healthy, Holistic Living</b> Karrie Heckman, RN, HNB-BC  <b>Bone Health and Movement</b> Jacquie Kelley, MSN, APRN-CNP, AOCNP  <b>Chemo Brain: Strategies to Reclaim Clarity and Focus</b> Emily Hutchinson, MSW, IHT  <b>Fueling the Future: Nutrition and Supplements</b> Kristen Maughan, MS, RDN, LN
2:30 p.m.	<b>Break</b>
2:45 p.m.	<b>Living Forward</b> Jaime Franken, Keynote Speaker
3:15 p.m.	<b>Closing remarks</b>

	Keely Hack, MD
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**Keynote speaker**

At age 41, Jaime Franken received a life-changing cancer diagnosis. Through every challenge, the love and support of her young children and family gives her the strength to keep moving forward. Today, Jaime is passionate about inspiring others to rise above fear and embrace each day with hope, resilience and purpose.