

Survivors of Stroke Support Group-Bemidji



2:30–4 p.m.

Meets monthly, the fourth Tuesday

2019 dates:

Jan. 22	Feb. 26	Mar. 26	Apr. 23
May 28*	Jun. 25	Jul. 23	Aug. 27
Sep. 24	Oct. 22	Nov. 26	Dec. 24

***May 28 (2:30-5:30) Unmasking project/Stroke Awareness month dinner**

Sanford Medical Center Bemidji – Education Center

(Enter through the east entrance of the medical center)

Meet others affected by stroke to share stories and ideas, provide and receive support and learn more about stroke-related concerns. Topics discussed include: Health, exercise, employment, spirituality, medical questions, and legal and financial issues. Group input and participation is always welcome.

For more information, call Shannon Pitt at 218-333-5856.

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