

# STROKE AND BRAIN INJURY SUPPORT GROUP

## 2026 MEETING DATES:

**JANUARY 12<sup>TH</sup>**

**FEBRUARY 9<sup>TH</sup>**

**MARCH 16<sup>TH</sup>**

**APRIL 13<sup>TH</sup>**

**MAY 11<sup>TH</sup>**

**SEPTEMBER 14<sup>TH</sup>**

**OCTOBER 12<sup>TH</sup>**

**NOVEMBER 9<sup>TH</sup>**

**DECEMBER 14<sup>TH</sup>**

**TIME: 3-4P.M.**

***BISMARCK VETERANS MEMORIAL LIBRARY***

***MEETING ROOM B***

***515 N. 5<sup>TH</sup> ST.***

***BISMARCK, ND***



CAREGIVERS AND FAMILY MEMBERS ARE WELCOME.

*Meet others affected by stroke or brain injuries. The support group meets to share stories and ideas, provide and receive support, and learn about related issues. Topics discussed include health issues, exercise programs, employment opportunities, legal and financial issues, spirituality and medical questions.*

For more information, please contact Brannigan Hamrick at [Brannigan.hamrick@commonspirit.org](mailto:Brannigan.hamrick@commonspirit.org) or (701)530-6640 or Maddie Wilke at [Maddie.Wilke@SanfordHealth.org](mailto:Maddie.Wilke@SanfordHealth.org) or (701)323-5861