



# Sanford Health Podiatric Medicine and Surgery Residency Program

**SANFORD**  
HEALTH



## Program overview

The Podiatric Medical and Surgery Residency at Sanford Health is a comprehensive, three-year program that leads to certification in forefoot, rearfoot, ankle, and reconstructive surgery. Sanford Health Podiatric Medicine and Surgery Residency is a resource-based, competency-driven, assessment-validated program that consists of training in inpatient and outpatient medical and surgical management.

The first year of resident training is similar to an internship year, where the resident will complete most of their medicine based rotations. During the second and third years of training, the resident will receive mainly podiatric clinical and surgical training.

The goal of the Sanford Health Podiatric Medicine and Surgery Residency is to train podiatric residents, who, will have the skills and knowledge to treat a variety of podiatric conditions in the clinical and surgical setting. The resident should exhibit integrity, sensitivity, self-motivation, and treat all patients in an ethical manner.

The program is approved by the Council on Podiatric Medical Education and currently accepts two resident each year. It is open to applicants who are graduates of an accredited podiatric medical school.

## About Sanford Health

Sanford Health, the largest rural health system in the United States, is dedicated to transforming the health care experience and providing access to world-class health care in America's heartland. Headquartered in Sioux Falls, South Dakota, the organization serves more than one million patients and 220,000 health plan members across 250,000 square miles. The integrated health system has 47 medical centers, 2,800 Sanford physicians and advanced practice providers, 170 clinical investigators and research scientists, more than 200 Good Samaritan Society senior care locations and world clinics in 8 countries around the globe.

## Welcome

The students in our program have the opportunity to learn through daily interaction with physicians and patients. In addition to podiatry, students have access to a variety of orthopedic surgical cases, trauma and total replacement surgeries.

Our new Medical Center which opened in July 2017 in Fargo, gives students access to state-of-the art technology. By combining it with our three hospital campuses including the South University Hospital, students have the ability to analyze and implement educational opportunities that have been successful.

Yes, we are in the Midwest and are proud of what it offers residents.

Thank you for the interest in our program. We are very excited about the opportunity to be involved in your education.

Dr. Timothy Uglem, *program director*





## About Fargo, North Dakota

While the facilities and people students will work with during training are impressive, the community where they will live is also enticing. Students can work and live in a thriving, growing community in the Upper Midwest that provide a variety of retail, dining, musical, sporting events and outdoor activities.

Discover all that Fargo offers. [www.fargomoorhead.org](http://www.fargomoorhead.org)



## How to apply

To apply for the Podiatric Residency Program, go to: [www.sanfordhealth.org](http://www.sanfordhealth.org) and search for: podiatric residency.

## Contact us

For more information about the Sanford Health Podiatric Residency Program please contact:

- Timothy Uglem, DPM, program director, at [Timothy.Uglem@SanfordHealth.org](mailto:Timothy.Uglem@SanfordHealth.org).
- Sara Oestrich, program coordinator, at (701) 417-5677 or [Sara.Oestrich@sanfordhealth.org](mailto:Sara.Oestrich@sanfordhealth.org).

## Program faculty



**Timothy Uglem,**  
DPM, FACFAS,  
*Program Director*



**Richard Arness DPM,**  
FACFAS



**Bradley Anderson**  
DPM, FACFAS



**JP Naughton**  
DPM  
*Department Head*



**Alexander Chong**  
MSAE, MSME



**Sara King**  
MS,  
*Program Administrator*

## Stipend & Benefits

Along with excellent educational opportunities, podiatric medical and surgical residents will receive full time benefits through Sanford Health including but not limited to: health and dental insurance, short/long term disability, paid time off, life insurance and employee retirement plan.

The current salary structure:

PGY 1: \$63,106

PGY 2: \$65,379

PGY 3: \$67,734

## Research

Residents will have unprecedented opportunities to conduct research in our newly designed Biomechanical & Bioengineering Lab and Bio-skills Lab. In addition, they will have hands-on opportunities to recognize proper bone cutting practices on cadavers through our Bio-skills Lab.

## Residents



**Robert Ivey**  
PGY-3



**Sarah Laney**  
PGY-3



**Shane Duggan**  
PGY-2



**Pavlo Kolyesnykov**  
PGY-2



**Nathan Fischer**  
PGY-1



**Ryan Jameson**  
PGY-1

## PGY-1 Didactic Rotation Schedule

| July                     | August            | September | October               | November                         | December |
|--------------------------|-------------------|-----------|-----------------------|----------------------------------|----------|
| Radiology/<br>Psychology | Internal Medicine | TRACS     | Orthopedic<br>Surgery | Anesthesia<br>Infectious Disease | Podiatry |

| January       | February      | March                   | April               | May                          | June     |
|---------------|---------------|-------------------------|---------------------|------------------------------|----------|
| Basic Science | Basic Science | Emergency<br>Department | Vascular<br>Surgery | Endocrinology/<br>Wound Care | Podiatry |