

Listed below are a variety of additional resources available to you.

### Bright Start Responsive Parenting

This project is funded by the State of South Dakota Office of Child Care Services. This six-week series of classes is designed for parents who have children ages birth to three years. Classes cover a variety of topics including: discipline, temperament, and stress. Classes are FREE, and child care may be available.

### Success by 6 Parenting Classes

These classes are designed to give information about how children develop and why they do the things they do. Topics include sibling issues, temperament, and childhood behaviors. Classes vary in length and are FREE.

### Temperament Project

This project is funded by the Sioux Empire United Way Success By Six Program. Services provided are FREE. Learning about temperament can help with discipline issues, behavior concerns, and social development. Individual temperament consultations are available, as well as temperament screenings.

### Mutch Women's Health Library

Various materials of interest to women are available for check-out at the Mutch Women's Center for Health Enrichment. Books, videos, and pamphlets cover a variety of topics including, but not limited to: parenting, stress, and health information.

# 2008 Family and Friends Adult/Child & Infant CPR Training

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## Family and Friends Adult/Child & Infant CPR

This course is designed for people who want to learn rescue skills for loved ones. The presumption is that class participants will complete this course mainly for the rescue of family members or friends. This class is not designed for participants who must obtain a credential for CPR course attendance. Please take the Community Adult/Child & Infant CPR course if needing, or desiring, a CPR *credential*. Contact Sanford Children's C.H.I.L.D Services for additional information.

### **Family and Friends Adult/Child & Infant CPR course participants will learn:**

- Signs of choking in Adults, Children, and Infants
- Relief of Foreign Body Airway Obstruction (i.e. choking) in Adults, Children & Infants
- Rescue skills in Adult, Child & Infant CPR

Dress comfortably, as you will be working with mannequins on the floor. Contact Sanford Children's C.H.I.L.D Services if special accommodations are needed to attend this class.

### Location:

Classes will be held at  
Sanford Children's C.H.I.L.D. Services  
1115 W. 41st St. • Sioux Falls, SD 57105

## 2008 Family and Friends Adult/Child & Infant CPR Registration

Class fee is for the participant and one immediate family member.

**Name of Participant #1** \_\_\_\_\_

Mailing \_\_\_\_\_  
Address \_\_\_\_\_  
(Street or PO Box)

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_  
(day ) \_\_\_\_\_ (evening ) \_\_\_\_\_

Email Address \_\_\_\_\_

Date of Birth \_\_\_\_\_

**Name of Participant #2** \_\_\_\_\_

*(if different than above please complete below)*

Mailing \_\_\_\_\_  
Address \_\_\_\_\_  
(Street or PO Box)

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_  
(day ) \_\_\_\_\_ (evening ) \_\_\_\_\_

Email Address \_\_\_\_\_

Date of Birth \_\_\_\_\_

### Please Indicate Desired Class

Date	Day of Week	Class Times	Class Fee
<input type="checkbox"/> January 21	Monday	6:30 - 8:30 p.m.	\$20
<input type="checkbox"/> February 18	Monday	6:30 - 8:30 p.m.	\$20
<input type="checkbox"/> March 8	Saturday	9 - 11 a.m.	\$20
<input type="checkbox"/> April 14	Monday	6:30 - 8:30 p.m.	\$20
<input type="checkbox"/> April 26	Saturday	9 - 11 a.m.	\$20
<input type="checkbox"/> May 19	Monday	6:30 - 8:30 p.m.	\$20
<input type="checkbox"/> June 16	Monday	6:30 - 8:30 p.m.	\$20
<input type="checkbox"/> July 21	Monday	6:30 - 8:30 p.m.	\$20
<input type="checkbox"/> August 16	Saturday	9 - 11 a.m.	\$20
<input type="checkbox"/> August 18	Monday	6:30 - 8:30 p.m.	\$20
<input type="checkbox"/> September 15	Monday	6:30 - 8:30 p.m.	\$20
<input type="checkbox"/> October 20	Monday	6:30 - 8:30 p.m.	\$20
<input type="checkbox"/> November 17	Monday	6:30 - 8:30 p.m.	\$20
<input type="checkbox"/> December 15	Monday	6:30 - 8:30 p.m.	\$20

**Total Amount Paid** \$ \_\_\_\_\_

Class fee is non-refundable and must be received 24-hours prior to the start of class. **To register** for a class, contact Sanford Children's C.H.I.L.D Services by phone and pay with a credit card OR submit a completed registration form and payment to:

Sanford Children's C.H.I.L.D Services • 1115 W. 41st Street  
Sioux Falls, SD 57105 • (605) 333-0698 • 1-800-235-5923 ext. 4

Class size is limited to 10 participants. In the event that the class is full, you will be contacted to make other arrangements. In the event you are unable to attend the class for which you register, contact the office **24-hours prior to the date of the class** to reschedule.

\* Class fee is subject to change.

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